

Counties Served: Jefferson, Gilpin, and Clear Creek

Senior Focus

Licensed therapists provide individual and family therapy for older adults with Medicare and/or commercial insurance. Senior Focus is professional, caring, responsive and unhurried. Through solution-focused counseling, Senior Focus helps older adults regain confidence, increase their ability to cope with everyday changes, and assists with maintaining health and independence.

For more information go to our website at www.SrFocus.org or call us at (303) 432-5575

Senior Outpatient Services

Mental health program offering individual, medication management, group therapy and case management services primarily for seniors who have Medicaid or no insurance. **(303) 425-0300**

Senior Peer Counseling

A program of senior volunteers trained to provide peer-to-peer support and encouragement for adults in private homes or in a community setting. **(303) 432-5716**

Senior Reach

By calling Senior Reach, you can help the older adult before a serious crisis develops. Services include assessment, counseling, wellness coaching and care management and can be provided in the senior's home. Senior Reach is for adults 60 years or better and living in Jefferson, Clear Creek, Gilpin, Broomfield or Boulder.

Warning signs may be:

- Changes in personal appearance, unkempt, dirty clothes or weight loss
- Personality changes, confusion, disorientation, memory loss
- Changes in the condition of the home, trash in yard, neglected pets
- Appears depressed, withdrawn, anxious, or recent loss of spouse
- Difficulty seeing, hearing, or walking, alcohol or substance abuse
- Confusion over money matters and an inability to afford necessities

Senior Reach also offers presentations in a variety of community settings on the unique needs of seniors. Contact us to schedule a training.

For more information, visit www.seniorreach.org or call us toll free at 1-866-217-5808

Senior Resource Center

Respite Care Through Adult Day Programs

Counties Served: Adams, Arapahoe, Clear Creek, Denver, Douglas, Gilpin, and Jefferson Center

Senior's Resource Center supports family caregivers by providing Adult Day Services through their Senior's Resource Center Adult Day Services sites in Wheat Ridge, Denver, Evergreen, and Sky Cliff Adult Day Program in Castle Rock. The programs are open Monday through Friday and offer a variety of social, artistic and recreational activities in a supportive, caring environment. The participants receive assistance with personal care needs and medication administration, as needed. Breakfast, lunch, and an afternoon snack are provided.

For more information, visit www.srcaging.org or call us at (303) 235-6961