

**Colorado Behavioral Healthcare Council**

*2011 Annual Training Conference*

**Program Brochure**

September 30 - October 2, 2011

*Beaver Run Resort & Conference Center, Breckenridge, CO*

**Behavioral Healthcare**

*Changes: The Way Forward*



## Welcome Letter

Dear Conference Attendee,

On behalf of the Colorado Behavioral Healthcare Council, we welcome you to our 2011 conference with an overview of the new conference format and exciting lineup of speakers!

This year the theme of "**Changes: The Way Forward**" stands to be a very exciting one. The conference offers state of the art thinking about how behavioral health organizations will change and how we can best prepare. There also is a robust Clinical Tract as we know clinical services will remain our core competency. New for 2011, we are excited to offer both the Clinical Tracts and the Board/Manager Tract simultaneously, Friday through Sunday, with the specific aim of appealing to a broader array of people.

Some specific highlights include Monica Oss from Open Minds who will speak on new business models and new ways of thinking about strategic planning. David Lloyd will address open access, central scheduling, and value based purchasing models. Dale Jarvis will share his latest thinking about Accountable Care Organizations and how purchasing will look in the future. Dr. Sandy Forquer will share work force changes we will need to be mindful of as price and quality become main drivers for purchasers as well as her thoughts on how to best capture the insured market. Barry Duncan will enlighten us all on client-directed, outcome-informed services which identifies at risk clients before they drop out and improves therapists' performance. Sally Spencer Thomas will address suicide prevention strategies that can be implemented in communities now.

On Saturday, we have a special keynote by Cynthia James. There is a lot of conversation today about the power of the mind-body connection and how the mind affects our health. When Integrative Technologies are brought into the field of behavioral support incredible things can happen. Cynthia will teach you how to connect with your patients utilizing this innovative technology.

On the Clinical Tracts, we have specific multi session workshops on autism, eating disorder, trauma informed care, working with older adults, and the Columbia model of working with youth who have an oppositional defiant disorder. We also have a focus on integration and offer workshops on medical knowledge clinicians will need to know in the future as well as on the IMPACT model of integrated care for depression. These workshops are offered by recognized experts in the field such as Sara Qualls, PhD on older adults, Jurgen Unutzer, MD, MPH, MA on IMPACT, and Isabelle Tierney, on eating disorders.

All of this great information plus many FUN activities await you! We have a workshop on Leadership and Laughter and a Sunday keynote on "Laugh as if Your Life Depended on it" as well as will have evening networking on Friday and our Board recognition on Saturday. Then if that is not enough, we are offering a "CEO University" on Monday which is an all day course for new CEOs or those who want to be CEOs.

The Annual CBHC Conference is THE place to be September 30-Oct 2! We are confident you will find this conference worth your time and your training money. It is a full agenda with powerful and meaningful speakers. See YOU in Breckenridge!

**George DelGrosso**

*George DelGrosso*  
Executive Director, CBHC

**Sharon Raggio**

*Sharon Raggio*  
2011 CBHC Conference Chair

## Contents

<b>Welcome Letter</b>	<b>1</b>
CBHC Members	2
2011 Conference Planning Committee	2
Beaver Run Resort & Conference Center	2
<b>Program Overview</b>	<b>3-6</b>
Friday	3
Saturday	4-5
Sunday	5-6
Monday (CEO University)	7
<b>Partners in Education</b>	<b>8</b>
<b>CCMHA Pre-Conference Program</b>	<b>9</b>
<b>Lecture Schedule</b>	<b>10-23</b>
All Business, Clinician, Board & Upper Mgmt. sessions now run simultaneously throughout the three day conference.	
<b>Registration Information</b>	<b>24</b>
On-line Registration	24
General Information	24
<b>Social Events</b>	<b>25</b>
<b>Hotel Reservations</b>	<b>25</b>



## Program Highlights

- ⚡ 3 Days of Educational Training Sessions
- ⚡ Advanced Specialized Skills Training
- ⚡ Friday Night Welcome Reception for All Attendees
- ⚡ Saturday Night Board Members Awards & Banquet
- ⚡ Exhibit Hall & Exhibitors
- ⚡ Continuing Education Credit Hours
- ⚡ Post Conference: CEO University (Monday)

## Saturday Keynote | Cynthia James

**Integrative Technologies:**  
Mind & Body Health at Work



## Members

### Community Mental Health Centers

AspenPointe  
Arapahoe/Douglas Mental Health Network  
Aurora Mental Health Center  
Axis Health Systems  
Centennial Mental Health Center  
Colorado West Regional Mental Health Center  
Community Reach Center  
Jefferson Center for Mental Health  
Larimer Center for Mental Health  
Mental Health Center of Denver  
Mental Health Partners  
Midwestern Colorado Mental Health Center  
North Range Behavioral Health  
San Luis Valley Comprehensive Community Mental Health Center  
Southeast Mental Health Services  
Spanish Peaks Mental Health Center  
West Central Mental Health Center

### Specialty Clinics

Asian Pacific Development Center  
Servicios de la Raza

### Behavioral Health Organizations

Access Behavioral Care - Colorado Access Behavioral Healthcare, Inc.  
Colorado Health Partnerships, LLC  
*dba Colorado Health Networks, LLC*  
Foothills Behavioral Health Partners, LLC  
Northeast Behavioral Health Partners, LLC



## *Planning Committee*

*Sharon Raggio*

2011 CBHC Conference Chair  
Chief Executive Officer  
CO West Regional Mental Health  
Glenwood Springs, CO

*George DeGrosso*

Executive Director  
CBHC, Denver, CO

*Jeannie Larsen*

Human Resource Specialist  
Southeast MHS, La Junta, CO

*Lisa La Rose*

Program Director and Supervisor  
SPMHC, Pueblo, CO

*Beth Loneragan*

Director of Clinical Operations and  
Performance Excellence  
Mental Health Partners, Boulder, CO

*Vicki Rodgers*

Deputy Chief Operating Officer  
Jefferson Center for Mental Health  
Arvada, CO

*Pam Romero, PhD*

Executive VP, Healthcare Services  
Axis Health Systems, Durango, CO



*Beaver Run Resort & Conference Center*

620 Village Road • Breckenridge, CO, 80424  
800-265-3560

# Program Overview | Friday

All Business, Clinician, Board & Upper Management sessions now run simultaneously throughout the three day conference.

 Business/CFO Session |  Clinician Session |  Board & Upper Management Session

## Thursday, September 29, 2011

3:00pm - 5:00pm CBHC Registration Open

## Friday, September 30, 2011

8:00am - 3:00pm CCHN & CBHC Executive Members Joint Meeting (Invitation Only)

7:00am - 4:30pm CBHC Registration Open

7:00am - 8:00am Continental Breakfast 

7:00am - 3:00pm Exhibit Hall Open


8:00am - 8:30am Conference Welcome & Awards Presentation


8:30am - 9:30am **General Session #1: The Good, the Bad, and the Ugly of Mental Health/Substance Abuse Services: Becoming Better at What We Do**  | *Barry Duncan, PsyD*

8:30am - 9:30am #100 Business Session #1: Meaningful Use: What it Means to Behavioral Health  | *Robyn Leone*

9:30am - 10:00am Coffee Break in Exhibit Hall

10:00am - 11:30am #101 Just the Facts, Ma'am: Becoming Better with Your Next Client  | *Barry Duncan, PsyD*

#102 Hope Illuminated: A Community Approach to Suicide Prevention  | *Sally Spencer-Thomas, PsyD, MNM*

#103 Multimodal Therapy for Disruptive Behavior Disorders - Part 1  | *Audra Stock, LPC, Amy Gallegher, PsyD*

#104 Medical Knowledge for Behavioral Health Providers  | *Benjamin Miller, PsyD*

#105 Business Session #2: DBH Business: Data & Evaluation  | *Andrew Martinez, Marci Eads*

#106 Scarred by Struggle, Transformed by Hope - Part 1  | *Sister Kateri Koverman, SC, LISW, LICDC*

#107 Integration of SA and MH-History: Beginning Steps - Part 1  | *J.C. Carrica III, MA, CAC*


11:30am - 1:00pm Lunch for all Attendees in Exhibit Hall 

1:00pm - 1:30pm Awards Presentation

1:30pm - 2:30pm **General Session #2: Suicide Prevention: Be a Shining Light of Hope**  | *Sally Spencer-Thomas, PsyD, MNM*

1:00pm - 2:30pm #200 Business Session #3: Updates on Important Fiscal Policy Issues: The Health Care Policy and Financing (HCPF) Perspective  | *Jed Ziegenhagen & Staff*

2:30pm - 3:00pm Coffee Break in Exhibit Hall

3:00pm - 4:30pm #201 How Being Bad Can Make You Better: Tailoring Services for Each Client  | *Barry Duncan, PsyD*

#202 The Aftermath of Suicide: Honoring Loss and Healing Communities  | *Sally Spencer-Thomas, PsyD, MNM*

#203 Multi-modal Therapy for Disruptive Behavior Disorders - Part 2  | *Audra Stock, Amy Gallegher, PsyD*

#204 Understanding Labs for Behavioral Health Providers  | *Steve Kitson, MD, Nancy Kitson, MD*

#206 Scarred by Struggle, Transformed by Hope - Part 2  | *Sister Kateri Koverman, SC, LISW, LICDC*

#207 Integration of SA and MH-History: How to Make it Live and Breathe - Part 2  | *J.C. Carrica III, MA, CAC*

3:30pm - 5:00pm #205 Business Session #4: How to Fix the Healthcare System: The Role of Safety Net CFOs, Business Managers and IT Staff |    | *Dale Jarvis* (Please note that this business session starts at 3:30pm)

5:00pm - 6:30pm **Networking Welcome Reception for All Attendees in Colorado Ballroom** 

Light hors d'oeuvres will be served so that afterwards you can enjoy the evening out with your friends.

# Saturday | Program Overview

All Business, Clinician, Board & Upper Management sessions now run simultaneously throughout the three day conference.

 Business/CFO Session |  Clinician Session |  Board & Upper Management Session

## Saturday, October 1, 2011

- 7:00am - 5:45pm CBHC Registration Open
- 7:00am - 8:00am Continental Breakfast 
- 7:00am - 4:15pm Exhibit Hall Open
- 8:00am - 8:30am Awards: Golden Abacus Award Presentation
- 8:30am - 9:30am **General Session #3: Behavioral Health in Colorado's New Normal: ACO Ready, Managed Care Ready & Integration Ready**   | **Monica E. Oss, MS**
- #304 Eating Disorders: Outpatient Therapy - Part 1  | **Isabelle Tierney, LMFT**
- #305 IMPACT Training: Overview of Evidence-based Integrated Mental Health Care - Part 1  | **Jürgen Unützer, MD, MPH, MA**
- #306 Seeking Safety: Evidence Based Treatment for PTSD & Substance Abuse Disorders - Part 1  | **Martha Schmitz, PhD**
- #307 Moral Reconciliation Therapy: Evidence-Based Treatment for Offenders with Substance Abuse Disorders - Part 1  | **Dr. Kenneth Robinson**
- #308 What Do You Need to Know About Aging to Serve Older Adult Clients? - Part 1  | **Sara Honn Qualls, PhD**
- 9:30am - 10:00am Coffee Break in Exhibit Hall
- 10:00am - 11:30am #401 Designing New Services (& Redesigning Current Services) For A Changing Market: Tools For Engineering Your Market Success   | **Monica Oss, MS; John F. Talbot, PhD**
- #402 National Council Update: From the Beltway – National Policy Trends that Will Impact Mental Health & Substance Disorder  | **Linda Rosenberg**
- #403 Tinkering, Tweaking, Change & Innovation  | **Justin W. Schulz, PhD**
- #404 Eating Disorders - Part 2  | **Isabelle Tierney, LMFT**
- #405 IMPACT Training: Population-Based Stepped Care Approaches to Integrated Mental Health Care - Part 2  | **Jürgen Unützer, MD, MPH, MA**
- #406 Seeking Safety - Part 2  | **Martha Schmitz, PhD**
- #407 Moral Reconciliation Therapy - Part 2  | **Dr. Kenneth Robinson**
- #408 What Do You Need to Know About Aging to Serve Older Adult Clients? - Part 2  | **Sara Honn Qualls, PhD**
- 11:30am - 12:45pm Lunch for all Attendees in Exhibit Hall 
- PIO Meeting & Lunch in Exhibit Hall Reserved Table 
- CBHC Annual Board of Directors' Meeting & Lunch in Peaks 6/7/8 
- Deputy Director's Meeting & Lunch in Spencer's Private Dining Room 
- Medical Director's & Psychiatrists Lunch: Sponsored by West Slope Casa, LLC  in Base Nine Lounge
- 1:00pm - 2:00pm Keynote: Integrative Technologies, Mind & Body Health at Work | **Cynthia James**
- 2:00pm - 2:30pm Coffee Break in Exhibit Hall

Register now at [www.cbhc.org](http://www.cbhc.org)

# Program Overview | Saturday & Sunday

All Business, Clinician, Board & Upper Management sessions now run simultaneously throughout the three day conference.

 Business/CFO Session |  Clinician Session |  Board & Upper Management Session

## Saturday, October 1, 2011 cont'd

- 2:30pm - 4:00pm
- #501 Implementing Your Strategic Vision: How to Take Your Organization From Plan to Action    | **Monica E. Oss, MS; John F. Talbot, PhD**
  - #502 Integrative Technologies: In Depth - Part 1   | **Cynthia James**
  - #503 Grassroots Advocacy  | **Moe Keller**
  - #504 Eating Disorders - Part 3  | **Isabelle Tiernery, LMFT**
  - #505 IMPACT Training: Implementing Evidence-Based Integrated Mental Health Care - Part 3  | **Jürgen Unützer, MD, MPH, MA**
  - #506 Seeking Safety - Part 3  | **Martha Schmitz, PhD**
  - #507 Moral Reconciliation Therapy - Part 3  | **Dr. Kenneth Robinson**
  - #508 What Do You Need to Know About Aging to Serve Older Adult Clients? - Part 3  | **Sara Honn Qualls, PhD**
- 4:15pm - 5:45pm
- #601 Healthcare Reform Update: Should We Prepare for Disruptive Innovation, Destructive De-Evolution, or Business as Usual?   | **Dale Jarvis**
  - #602 Integrative Technologies: In Depth - Part 2   | **Cynthia James**
  - #603 Board Roundtable  | **Michelle Christensen; Linda Olsen**
  - #604 Eating Disorders - Part 4  | **Isabelle Tiernery, LMFT**
  - #605 A Model for Brief, Effective Behavioral Health Treatment that Works in Integrated Care Part 1  | **Clare Scott, LCSW**
  - #606 Seeking Safety - Part 4  | **Martha Schmitz, PhD**
  - #607 Moral Reconciliation Therapy - Part 4  | **Dr. Kenneth Robinson**
  - #608 What Do You Need to Know About Aging to Serve Older Adult Clients? - Part 4  | **Sara Honn Qualls, PhD**
- 7:00pm - 9:00pm
- CBHC Board Awards & Buffet Dinner in Colorado Ballroom**   
(For Community MHC Board, Board Administration & their guests)



## Sunday, October 2, 2011


- 7:00am - 3:45pm **CBHC Registration Open**
- 7:00am - 8:00am **Continental Breakfast** 
- 7:30am - 12:30pm **Exhibit Hall Open**
- 8:00am - 8:30am **Awards:** Golden Light Bulb Award Presentation
- 8:30am - 9:30am **General Session #4: Laugh as Though Your Life Depended on It!**    | **Chicken Lips: Bob Wells**
- 9:30am - 10:00am **Coffee Break in Exhibit Hall**
- 10:00am - 11:30am
- #701 Leadership & Laughter    | **Chicken Lips: Bob Wells**
  - #702 HIE Panel: The Impact of Health Information Exchange on Healthcare Delivery   | **Dick Thompson; Amanda Kearney Smith; Phyllis Albritton; Robert Chalfant, MD**
  - #703 Neurobiology of Trauma and Implications for Treatment  | **Janine D'Anniballe, PhD**
  - #704 Business Skills Seminar for New/Emerging Managers - Part 1   | **Dan Fishbein, PhD**
  - #705 A Model for Brief, Effective Behavioral Health Treatment that Works in Integrated Care Part 2  | **Clare Scott, LCSW**
  - #706 Maximizing Positive Outcomes for Children and Adolescents with Autism Spectrum Disorders and Behavioral Health Concerns - Part 1  | **Judy Reaven, PhD**
  - #707 New Workforce Skills for Health Care Reform  | **Sandy Forquer, PhD**
  - #708 Access Redesign/Open Access Models   | **David R. Lloyd**
- 11:30am - 12:30pm **Lunch for all Attendees in Exhibit Hall** 

All Business, Clinician, Board & Upper Management sessions now run simultaneously throughout the three day conference.


 Business/CFO Session |  Clinician Session |  Board & Upper Management Session

## Sunday, October 2, 2011 Cont'd

12:30pm - 2:00pm


#801 Personnel Problems from H\$LL: Practical Solutions for the Difficult Employee - Part 1  | **Michael Johnson**

#802 Understanding Corporate Compliance for Board Members   | **Robert Bremer, LPC, PhD; Vicki Rodgers, MS, LPC; Charlotte Yianakopoulos-Veatch, PhD**

#803 A Three-Phase Treatment Model for Working with Adult Sexual Assault Survivors  | **Janine D'Anniballe, PhD**

#804 Business Skills Seminar For New/Emerging Managers - Part 2   | **Dan Fishbein, PhD**


#805 Trends in Online Mental Wellness: Expanding Care Options  | **Scott R. Cousino**

#806 Maximizing Positive Outcomes for Children and Adolescents with Autism Spectrum Disorders and Behavioral Health Concerns - Part 2  | **Judy Reaven, PhD**

#807 Growing Your Market: Focus on New Payment Methodologies   | **Sandy Forquer, PhD**

#808 Centralized Managed Scheduling: The Challenges and Benefits  | **David R. Lloyd**


2:15pm - 3:45pm

#901 Personnel Problems from H\$LL: Practical Solutions for the Difficult Employee - Part 2  | **Michael Johnson**


#902 Policy, Politics and Dollars: Under the Gold Dome with CBHC   | **George DelGrosso, Terri Hurst, Gilbert E. Romero, Esq, Joshua J. Rael, JD**

#903 Trauma Informed Treatment for Sexual Assault Survivors Served at CMH Centers  | **Janine D'Anniballe, PhD**

#904 Business Skills Seminar For New/Emerging Managers - Part 3   | **Dan Fishbein, PhD**

#906 Maximizing Positive Outcomes for Youth with Autism Spectrum Disorders - Part 3  | **Judy Reaven, PhD**

#907 Cultural Humility vs. Cultural Competency    | **Julie Kellaway, PhD**

#908 Value Based Purchasing: Cost Based Funding and Treat To Target Essentials  | **David R. Lloyd**



# New This Year

## CEO University

Monday, October 3, 2011

**CEO University for Region Eight** {Separate Fee & Registration Required} Post Conference

*For new CEOs and those senior leaders who hope to become a CEO.*

This is a daylong workshop for new CEOs or those who are in a senior leadership position currently and aspire to be a CEO soon. The workshop will cover essential knowledge and offer tools to help build skills on the following topics: Board relationships and management, workforce development tools, financial statements- how to read and zero in on key indicators, leadership and change management skills.

7:00am - 8:am  
7:00am - 8:00am  
8:00am - 9:30am  
9:30am - 10:00am  
10:00am - 12:00nn  
12:00nn - 1:00pm  
1:00pm - 2:30pm  
2:30pm - 3:00pm  
3:00pm - 5:00pm

**Registration Open**  
**Continental Breakfast in Peak 5** 📍  
**CEO University for Region Eight | Toolkit for Brand New CEO's**  
**Coffee Break** 📍  
**CEO University for Region Eight | Toolkit for Brand New CEO's cont'd**  
**Lunch in Peak 5** 📍  
**CEO University for Region Eight | Toolkit for Brand New CEO's cont'd**  
**Coffee Break** 📍  
**CEO University for Region Eight | Toolkit for Brand New CEO's cont'd**





# Partners In Education

## Thank You to Our Partners in Education

The Colorado Behavioral Healthcare Council would like to acknowledge and express its sincere appreciation for the unrestricted educational grants, sponsors and exhibitors who participate in our Annual Training Conference, and make it possible by their generous contributions and support.

### Anasazi Software, Inc.

9831 S. 51st Street C117, Phoenix, AZ 85044 | 480-503-8322 | [www.AnasaziSoftware.com](http://www.AnasaziSoftware.com)

Anasazi Software, Inc., has been providing superior software for behavioral healthcare since 1989. Anasazi software provides a sophisticated software solution to manage every aspect of your agency, from clinical to financial and everything in between.

### BKD CPAs & Advisors

1700 Lincoln St., Suite 800, Denver, CO 80203 | 303-861-4545 | [www.bkd.com](http://www.bkd.com)

The CPAs and advisors of BKD Health Care Group are dedicated to health care and personally committed to assist you by applying our technical expertise, unmatched client service and disciplined delivery of solutions to your management and financial needs. Visit [www.bkd.com](http://www.bkd.com) to receive timely email communications and webinars.



### Colorado Access BRONZE SPONSOR

10065 E. Harvard Ave., Suite 600, Denver CO 80231 | 800-511-5010 | [www.coaccess.com](http://www.coaccess.com)

Colorado Access is a nonprofit health plan that provides access to behavioral and physical health services for Coloradans. Established in late 1994, the company is sponsored by The Children's Hospital, Colorado Community Managed Care Network and University of Colorado Hospital/University Physicians, Inc.

### Mind Linc - Duke University Medical Center

3018 Duke University Medical Center, Durham, NC 27710 | 919-303-9704 | [www.mindlinc.com](http://www.mindlinc.com)

MindLinc's Behavioral Health comprehensive, fully configurable EMR-EPM-decision support system seamlessly integrates intake, clinical care, task management, and billing-claims management to help customers' improve quality and outcomes of care, productivity, financial performance, and achieve regulatory compliance. We have a number of Colorado providers as customers and offer SaaS-Hosted and client-server delivery models

### Open Minds SPONSOR: Saturday Continental Breakfast

163 York Street, Gettysburg PA 17325 | [www.openminds.com](http://www.openminds.com)

OPEN MINDS provides payers and providers in the health and human service industry with innovative management solutions designed to improve operational and strategic performance. We serve organizations, assisting consumers with complex health and human service needs, through research, consultation, market intelligence, staffing, and executive education events.

### Peer Assistance Services Inc.

2170 South Parker Road Suite 229, Denver CO 80231 | 303-369-0039 | [www.peerassistanceservices.org](http://www.peerassistanceservices.org)

Peer assistance Services Inc. is dedicated to quality, accessible prevention and intervention services in workplaces and communities, focusing on substance abuse and related issues.

### QoL meds

4900 Perry Highway, Pittsburgh, PA 15229 | 412-721-2171 | [www.qolmeds.com](http://www.qolmeds.com)

QoL meds is the only full service pharmacy company that truly has a focus on the Community Mental Health Center. The programs and services that QoL meds offers benefit the consumer by handling every aspect of their medications. QoL meds partners with CMHC's across the country to ensure their consumers receive the best prescriptive care possible. Please stop by our booth to learn more.

### Qualifacts Systems Inc.

200 2nd Avenue South, Nashville, TN 37201 | 866-386-6755 | [www.qualifacts.com](http://www.qualifacts.com)

Qualifacts is the largest SaaS provider of EHR and billing systems for behavioral health/human services providers. The company's web-based CareLogic Enterprise received ONC-ATCB certification as a Complete EHR supporting Meaningful Use criteria for Eligible Providers on March 22, 2011. It includes comprehensive, integrated clinical, financial, reporting and administrative information management capabilities.

### Rocky Mountain Health Plans

2775 Crossroads Blvd., Grand Junction, CO 81502 | 970 244-7760 | [www.rmhp.org](http://www.rmhp.org)

Founded in Grand Junction, CO in 1974, as a locally-owned, not-for-profit organization, Rocky Mountain Health Plans uniquely understands Colorado's health care consumers. RMHP believes receiving preventive care is key to maintaining good health. We are the only health plan in Colorado serving every market segment including employers, individuals, Medicare, Medicaid, and Child Health Plan Plus beneficiaries.

### The Colorado Trust (Advancing Colorado's Mental Health Care) BRONZE SPONSOR

1600 Sherman St., Denver, CO 80203 | 303-837-1200 | [www.coloradotrust.org](http://www.coloradotrust.org)



Advancing Colorado's Mental Health Care – a joint effort of Caring for Colorado Foundation, The Colorado Trust, The Denver Foundation and Colorado Health Foundation – supports human services agencies, mental health care providers and others in their shared efforts to improve the integration and coordination of mental health services in Colorado communities.

### The Joint Commission

One Renaissance Blvd., Oakbrook Terrace, IL 60181 | 630-792-5689 | [www.JointCommission.org](http://www.JointCommission.org)

### UNI/CARE Systems, Inc.

540 N. Tamiami Trail, Sarasota, FL 34232 | 941-954-3402 | [www.unicaresys.com](http://www.unicaresys.com)

UNI/CARE believes the use of Electronic Health Records and Coordinated Care extends beyond one patient, one family, one clinician, and one organization. Our mission is to connect people and systems, thus improving collaboration and decision making. Our solution is ONC-ATCB certified as a Complete EHR for Eligible Providers and pre-market CCHIT Certified® 2011 for Ambulatory and Behavioral Health.

### ValueOptions BRONZE SPONSOR

500 Campus Drive, Suite #300, Colorado Springs, CO 80920 | 719-538-1448 | [www.valueoptions.com](http://www.valueoptions.com)



ValueOptions® is a nationwide behavioral healthcare company who in partnership with Colorado Health Partnerships, Northeast Behavioral Health Partnership and Foothills Behavioral Health Partners, provides Medicaid mental health services for 60 of the 64 counties in Colorado. ValueOptions® also provides healthcare management services to Integrated Community Health Partners, the Region 4 Regional Collaborative Care Organization in Colorado's newest Medicaid healthcare reform initiative.

Partners In Education | Thank You!

# Colorado Community Mental Health Associates

## Pre-CBHC Conference Colorado Community Mental Health Associates Annual Fall Conference Program September 28 - 30, 2011

The CCMHA Board has sought out excellent speakers and topics for the upcoming 2011 CCMHA Annual Fall Conference at Beaver Run. We look forward to seeing YOU and the Support Staff from each of the Mental Health Centers and BHOs in Colorado.

### Wednesday, September 28, 2011

4:30am - 6:00pm      **Early Registration Open**

### Thursday, September 29, 2011

7:30am - 8:45am      Continental Breakfast & Registration

#### MORNING SESSION

9:00am - 11:30am      **Results Without Authority: Terry Hartman**

11:45am - 12:15pm      Lunch

12:15pm - 1:00pm      **Keynote: Ed Greene**

#### AFTERNOON SESSION

1:15pm - 4:15pm      **Maintaining a Positive Attitude in Changing Times: Karen Levine**

### Friday, September 30, 2011

7:30am - 8:15am      Hot Breakfast Buffet

#### MORNING SESSIONS

8:30am - 10:30am      **Unleashing Your Leadership Skills: Brian Tallant**

10:45am - 12:00nn      **The Improv Cure: Nick Janecky**

### Registration Fee

**\$125.00** - Full conference per person (includes cost for both breakfasts and the Keynote Luncheon)

**\$50.00** - Additional fee per guest for guest meals

*Registration form, workshop details, and biographical speaker information will be provided in the CCMHA 2011 Annual Fall Conference registration packet, which will be E-mailed to the Mental Health Centers and BHOs in Colorado.*

#### For More Information Contact:

Arlene Kingsley - Board President: (303) 257-9976

Email: arlenekingsley@aumhc.org

Vicki Esposito - Board Vice - President: (303) 853-3450

Email: v.esposito@communityreachcenter.org

### CCMHA Mission Statement

To enhance communication for non-clinical/administrative staff in the Colorado Mental Health system through education, training, and leadership development.

## 2011 CBHC Annual Training | Sessions

-  Business/CFO Session
-  Board & Upper Management Session
-  Clinician Session

All Business, Clinician, Board & Upper Management sessions now run simultaneously throughout the three day conference.

### Welcome | 8:00am - 8:30am | Welcome & Awards Presentation

### General Session #1 | 8:30am - 9:30am

#### The Good, the Bad, and the Ugly of Mental Health/Substance Abuse Services: Becoming Better at What We Do | Barry Duncan, PsyD |

Despite overall effectiveness, drop outs are a problem, many clients do not benefit, and therapists vary in effectiveness. Client-directed, outcome-informed services or PCOMS offers a viable solution by identifying at risk clients before they drop out or realize a negative outcome while simultaneously raising the bar of all therapists' performance.



**Barry Duncan, PsyD** is director of the Heart and Soul of Change Project ([www.heartandsoulofchange.com](http://www.heartandsoulofchange.com)) and author of *On Becoming a Better Therapist*. Barry co-developed the Partners for Change Outcome Management System to both give clients the voice they deserve and provide feedback about the client's response to services, thus enabling more effective care tailored to client preferences.

### #100 Business Session #1 | 8:30am - 9:30am

#### Meaningful Use: What it Means to Behavioral Health | Robyn Leone |

Federal incentives for eligible healthcare providers that Meaningfully Use Electronic Health Record (EHR) systems began in January 2011. This presentation provided details about the requirements of meaningful use, who's eligible for the program and what this program means for behavioral health providers in Colorado.



**Robyn Leone** is Director of the Colorado Regional Extension Center (CO-REC), a CORHIO-led initiative that is assisting primary care and safety net providers with EHR implementation and adoption, achieving meaningful use objectives. Ms. Leone brings more than 15 years of diverse health care industry experience to CO-REC, having held positions in health care administration, disease management program development, health IT, performance management, and health care quality improvement and analysis. She earned her Master's in Business Administration while co-owning a specialty medical clinic and is a Six Sigma Green Belt. Robyn lives in Denver, Colorado with her husband and 16-year old daughter.



To register for the CBHC 2011 Annual Conference and for more information go to [www.cbhc.org](http://www.cbhc.org)

# Friday

September 30, 2011

## #101 | 10:00am - 11:30am

### Just the Facts, Ma'am: Becoming Better with Your Next Client | **Barry Duncan, PsyD** |

This presentation provides a no nonsense discussion about how to get started using feedback to help clients help you do good work-- not sometime, next month, or even next week, but with your next client. It covers all you need to know about PCOMS to get started becoming a better therapist.

**Barry Duncan, PsyD** see bio page 10

## #102 | 10:00am - 11:30am

### Hope Illuminated: A Comprehensive Community Approach to Suicide Prevention | **Sally Spencer-Thomas, PsyD, MNM** |

As numerous headlines report on suicide, communities become increasingly eager to learn more about prevention. Suicide is a leading cause of death in the U.S., and a proactive public health approach is needed to prevent this type of tragedy. During this workshop best practices supporting a comprehensive approach will be explored.



**Sally Spencer-Thomas, PsyD, MNM**, As a clinical psychologist, mental health advocate, faculty member, and survivor of her brother's suicide, Dr. Sally Spencer-Thomas sees the issues of suicide prevention from many perspectives. Currently, she holds leadership positions for the Carson J. Spencer Foundation, the National Action Alliance for Suicide Prevention, and the American Association for Suicidology.

## #103 | 10:00am - 11:30am (Part 1)

### Multimodal Therapy for Disruptive Behavior Disorders | **Amy Gallagher, PsyD, Audra Stock, LPC** |

Multimodal Therapy for Disruptive Behavior Disorders is an Evidence Based Practice appropriate for use with children aged 6-16 demonstrating behavioral difficulties. High amount of parental involvement during the therapeutic process is encouraged through this program. Sessions will focus on usage and implementation of this model through didactics and interactive practice.



**Amy Gallagher, PsyD** is employed by Colorado West Regional Mental Health as the Pre-Doctoral Psychology Internship Training Director. Aside from maintaining a caseload of children with behavioral disorders, she provides supervision to child & family therapists, assists with the integrative care program, and provides early childhood services, consultation, and training.



**Audra Stock, LPC** has a Master of Arts in Psychology, is a Licensed Professional Counselor and a Licensed Addictions Counselor. She has over 15 years of experience working with children, adults, and families who are coping with mental illness, addictions, and co-occurring disorders. Audra holds the position of Regional Director at Colorado West Regional Mental Health for Mesa County Outpatient Services.

## #104 | 10:00am - 11:30am

### Medical Knowledge for Behavioral Health Providers | **Benjamin Miller, PsyD** |

For behavioral health providers working in primary care, there is a need to understand both behavioral health conditions and medical conditions. Understanding the medical culture is a good first step; however, for a truly integrated behavioral health provider there are certain pieces of medical information that must be known. This presentation will be a primer for behavioral health providers working in primary care that may or may not have a full working understanding of how their work can directly impact medical conditions. Four main areas will be covered in this presentation: Medical conditions that may impact on behavioral health conditions; what to know about medication(s); the importance of medical terminology; and, comprehensive interventions that go beyond just behavioral health.



**Benjamin Miller, PsyD**, Assistant is Professor, Department of Family Medicine, Associate Director of Primary Care Outreach and Research, University of Colorado Depression Center, University of Colorado School of Medicine.

## #105 Business Session #2 | 10:00am - 11:30am

### DBH Business: Data & Evaluation | **Andrew Martinez; Marci Eads** |

This presentation will focus on current Business/Data & Evaluation operations topics. This session will include time for questions to DBH administrators.

**Andrew Martinez** is Associate Director of Business and Support Services.

**Marci Eads** is Director, Data and Evaluation.

## #106 | 10:00am - 11:30am (Part 1)

### Scarred by Struggle: Transformed by Hope | **Sister Kateri Koverman, SC, MSW, LISW, LICDC** |

Historical overview (from antiquity to present day) of traumatic stress theories and labels; a review of combat/operational stress injuries (trauma, fatigue, grief, and ethical/moral belief); how traumatic memories are etched in the mind; and the hopeful transformation of these injuries through the Posttraumatic Growth Path.



**Sister Kateri Koverman, SC, MSW, LISW, LICDC** has spent years in war zones in Vietnam, Ethiopia, and El Salvador. Author of *Helping Veterans Rise Above the Ashes of Despair*. Them Bones Veteran Community, 2420 Drex Avenue, Cincinnati, OH 45212, [aboveashes@aol.com](mailto:aboveashes@aol.com), and [www.thembonesveteran.org](http://www.thembonesveteran.org).

## #107 | 10:00am - 11:30am (Part 1)

### Integration of SA and MH-History, Beginning Steps Part 1 | J.C. Carrica III, MA, CAC |

A for profit and non-profit perspective on integrating substance use disorder treatment into the mental health agency. A look into licensing, funding, staffing ratios, services, and major referral sources.



**Joseph (J.C.) Carrica III, MA, CAC**, Chief Program Officer, Southeast Behavioral Health Group. 711 Barnes Ave. La Junta, CO 81050. Mentor for the Mountain West Addiction Technology Transfer Center Leadership Institute and Coach for the Partners for Recovery and National ATTC Advanced Leadership Institute. Student at Creighton University attending the Ed.D. Interdisciplinary Leadership Program.

## Awards Presentations | 1:00pm - 1:30pm

### General Session #2 | 1:30pm - 2:30pm

#### Suicide Prevention: Be a Shining Light of Hope | Sally Spencer-Thomas, PsyD, MNM |

Suicide affects everyone and we all can play a role in suicide prevention. In this presentation Dr. Sally Spencer-Thomas inspires her audience to "join the movement" and shares with them three tasks on how to become suicide prevention advocates.

**Sally Spencer-Thomas, PsyD, MNM** see bio page 9

### #200 Business Session #3 | 1:00pm - 2:30pm

#### Updates on Important Fiscal Policy Issues: The Health Care Policy and Financing (HCPF) Perspective | Jed Ziegenhagen & Staff |

State staff from the Department of Health Care Policy and Financing will discuss recent work to incorporate outcomes-based incentives under the behavioral health capitation. Staff will also discuss anticipated reforms to the behavioral health care delivery system, including reforms to integrate behavioral health care with primary care.

**Jed Ziegenhagen** is Director, Rates and Analysis Division, Colorado Department of Health Care Policy and Financing.

### #201 | 3:00pm - 4:30pm

#### How Being Bad Can Make You Better: Tailoring Services for Each Client | Barry Duncan, PsyD |

This presentation covers the in and outs of tailoring psychotherapy to the individual client based on PCOMS feedback. You'll learn how to use ORS scores to engage clients in a discussion to continue empowering change if it is happening and to change, augment, or refer elsewhere if it is not.

**Barry Duncan, PsyD** see bio page 10

### #202 | 3:00pm - 4:30pm

#### The Aftermath of Suicide: Honoring Loss and Healing Communities | Sally Spencer-Thomas, PsyD, MNM |

For every person who dies by suicide an estimated six people are profoundly affected; sometimes for the rest of their lives, often for generations to come. This workshop will explore the many complexities that emerge as individuals and communities attempt to navigate the challenging territories of suicide "postvention."

**Sally Spencer-Thomas, PsyD, MNM** see bio page 11

### #203 | 3:00pm - 4:30pm (Part 2)

#### Multi-modal Therapy for Disruptive Behavior Disorders | Amy Gallagher, PsyD, Audra Stock, LPC |

Multi-modal Therapy for Disruptive Behavior Disorders is an Evidence Based Practice appropriate for use with children aged 6-16 demonstrating behavioral difficulties. High amount of parental involvement during the therapeutic process is encouraged through this program. Sessions will focus on usage and implementation of this model through didactics and interactive practice.

**Amy Gallagher, PsyD, Audra Stock, LPC** see bio page 11

### #204 | 3:00pm - 4:30pm

#### Understanding Labs for Behavioral Health Providers | Steve Kitson, MD, Nancy Kitson, MD |

1. To review the basic principles of diagnostic testing and interpretation for behavioral health providers.
2. To review therapeutic drug monitoring and test interpretation relative to medications used in Behavioral Health.
3. To review critical lab values that require immediate action.

**Nancy Kitson, MD**, Dartmouth Medical School 1991, Internship Internal Medicine, Oregon Health Sciences University, Portland, Oregon Residency Family Medicine, University of Utah Salt Lake City, Utah, American Board of Family Medicine Certified 1996, 2002, 2009, Family Medicine, Indian Health Service, Shiprock, New Mexico.

**Steve Kitson, MD**, University of Medicine and Dentistry -New Jersey Medical School 1981. Internship Internal Medicine- UMDNJ-University Hospital, Newark, NJ. Residency Psychiatry, University of Virginia Medical Center, Assistant Medical Director- Axis Health System, Durango, CO.

# Friday

September 30, 2011

## #206 | 3:00pm - 4:30pm (Part 2)

**Scarred by Struggle: Transformed by Hope** | **Sister Kateri Koverman, SC, MSW, LISW, LICDC** | 

Sr. Joan Chittister's book, of the same title, will be explained through military case examples of the movements from forced change to conversion, from isolation to spiritual independence, from darkness to faith, from fear to courage, from powerlessness to surrender, from vulnerability to self-acceptance, from exhaustion to endurance, from touching the scars to knowing them transformed.

**Sister Kateri Koverman, SC, MSW, LISW, LICDC** see bio page 11

## #207 | 3:00pm - 4:30pm (Part 2)

**Integration of SA and MH-History, How to Make it Live and Breathe** | **J.C. Carrica III, MA, CAC** | 

Now that you have a treatment license, what can you expect? Politics, pitfalls, and productivity.

**J.C. Carrica III, MA, CAC** see bio page 12

## #205 Business Session Part 4 | 3:30pm - 5:00pm (Note: Business Session starts at 3:30pm)

**How to Fix the Healthcare System: The Role of Safety Net CFOs, Business Managers and IT Staff** | **Dale Jarvis** | 

Many wheels of change are continuing to turn as healthcare reform unfolds – Medicaid expansion, health insurance exchanges, the development of person-centered healthcare homes and accountable care organizations, a new focus on prevention and early intervention, and new payment reform strategies. With all this change, how do CFOs, business managers, and IT staff in safety net health and behavioral healthcare organizations know where to begin? Are current systems and business workflows up to the task of succeeding in this new healthcare ecosystem? Is there a list of the key tasks we should add to our 2012-2014 workplans?

During this session participants will:

1. Explore how health, behavioral health, and social service providers will become reorganized into integrated healthcare neighborhoods that offer “one-stop shopping” experiences that help people in the safety net achieve the triple aim;
2. Examine the implications for the safety net delivery system's infrastructure backbone (IT, financial systems, business workflows);
3. Brainstorm the change initiatives that will be necessary to close the “as is” and “to be” infrastructure gaps.



**Dale Jarvis** is the founder of Dale Jarvis and Associates LLC, a Seattle-based consulting firm. Mr. Jarvis has extensive experience helping health plans and healthcare providers redesign their organizations to achieve better health for the populations they serve, better care for individuals, and reduced costs. He has contributed articles to publications and is a co-author of two books on healthcare system redesign. Mr. Jarvis has been a certified public accountant in the State of Washington and a member of the American Institute of Certified Public Accountants since 1982. Currently Dale is focusing on healthcare reform to help ensure that the needs of persons with mental health and substance use disorders are addressed as reform unfolds. This includes working with states, health plans, regional authorities, and at a national level to develop strategies that align the mental health and substance use safety net systems with general healthcare reform efforts.

5:00pm - 6:30pm

## Welcome & Networking Reception

Light hors d'oeuvres will be served so that afterwards  
you can enjoy the evening out with friends.

Welcome event for all attendees to visit  
with old friends and make new ones!

*Sponsored by the BHCs*

Access Behavioral Care - Colorado Access  
Behavioral Healthcare, Inc.  
Colorado Health Partnerships, LLC  
dba Colorado Health Networks, LLC  
Foothills Behavioral Health Partners, LLC  
Northeast Behavioral Health Partners, LLC

# Saturday

October 1, 2011

**Awards Presentation: Golden Abacus Award | 8:00am - 8:30am**

**General Session #3 | 8:30pm - 9:30pm**

**Behavioral Health in Colorado's New Normal: ACO Ready, Managed Care Ready & Integration Ready | [Monica E. Oss, MS](#) |  **

Cost pressures, competition, and reform are reshaping the health and human service landscape nationally – and here in Colorado. The emerging Colorado initiatives -- ACOs, RCCOs, health information exchanges, integration of behavioral and physical health – are creating a 'new normal' for behavioral health organizations across the state. Join Monica E. Oss, chief executive officer of OPEN MINDS, for a look at the strategic implications of these developments on behavioral health revenue streams, financing, and organizational positioning, and how to leverage new innovatives for competitive advantage.

1. The national context and the Colorado initiatives that are shaping the new normal.
2. Strategic implications of the shift to ACOs and integration – on revenue streams, financing, and organizational infrastructure.
3. Leveraging innovations for strategic advantage in the Colorado market.



**Monica E. Oss, MS**, Chief Executive Officer and Senior Associate, is the founder of OPEN MINDS. Since 1987, Ms. Oss has led the OPEN MINDS team and its research on health and human service market trends and its national consulting practice, leading numerous engagements with state Medicaid plans, county governments, private insurers, managed care programs, service provider organizations, technology vendors, neurotechnology and pharmaceutical organizations, and investment banking firms – with a focus on the implications of financing changes on delivery system design. Ms. Oss is a graduate of the University of Minnesota.

**#304 | 8:30am - 9:30am (Part 1)**

**Eating Disorders: Effective Outpatient Therapy | [Isabelle Tierney, LMFT](#) | **

In this workshop, you will learn how to work with eating disorders effectively and safely in an out-patient setting. Covering anorexia, bulimia, binge eating, and other eating disordered behaviors, you will learn successful treatment modalities, how to create a supportive treatment team, and when to refer out.



**Isabelle Tierney, LMFT** is a licensed Marriage and Family therapist from Boulder, Colorado, with an expertise in eating disorders and food and body image issues. She runs an international private practice and leads workshops and webinars. She is also a published writer and regular contributor to various blogs.

**#305 | 8:30am - 9:30am (Part 1)**

**IMPACT Training: Overview of Evidence-based Integrated Mental Health Care | [Jürgen Unützer, MD, MPH, MA](#) | **

In a nationwide study, IMPACT care more than doubled the effectiveness of depression treatment provided in primary care while also significantly improving physical functioning and quality of life. This presentation will describe the IMPACT model of collaborative depression care, the evidence supporting it, and extensions of the model in behavioral health settings.



**Dr. Jürgen Unützer, MD, MPH, MA** is an internationally recognized psychiatrist and health services researcher. He is Professor and Vice-Chair in the Department of Psychiatry at the University of Washington and Chief of Psychiatric Services at the UW Medical Center. Dr. Unützer directs the IMPACT Program and the AIMS Center dedicated to 'Advancing Integrated Mental Health Solutions.'

**#306 | 8:30am - 9:30am (Part 1)**

**Seeking Safety: Evidence-Based Treatment for PTSD & Substance Abuse Disorders | [Martha Schmitz, PhD](#) | **

The goal of this presentation is to describe Seeking Safety, an evidence-based treatment for trauma and/or substance abuse. We will cover; background on trauma and substance abuse (rates, presentation, models and stages of treatment, clinical challenges) as well as Implementation of Seeking Safety (overview, evidence base).



**Martha Schmitz, PhD**, offers continuing education workshops and supervision in the treatment of PTSD and substance abuse to clinicians throughout the United States and abroad. She has worked with Lisa M. Najavits, Ph.D., author of *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*, since 2000. Dr. Schmitz is Assistant Clinical Professor at UCSF School of Medicine and Staff Psychologist at San Francisco V.A. Medical Center.



# Saturday

October 1, 2011

## #307 | 8:30am - 9:30am (Part 1)

### Moral Reconciliation Therapy: Evidence Based Treatment for Offenders with Substance Abuse Disorders | Dr. Kenneth D. Robinson |

This workshop will provide participants with an overview of cognitive-behavioral approaches and their use with substance abuse clients. In addition, an overview of Moral Reconciliation Therapy's use with the "treatment resistant" persons will also be presented. Basic outcome research on the effectiveness of treating substance abuse clients will be presented. The primary characteristics, evolution and application of cognitive-behavioral techniques will be explained and demonstrated. The cognitive-behavioral method of Moral Reconciliation Therapy will be reviewed and attendees will be presented with the most recent outcome data. Information will be presented regarding implementation and results from the use of MRT® as a primary treatment modality.

#### Learning Objectives:

1. The participants will receive a description and overview of cognitive-behavioral programming.
2. The participants will understand how cognitive-behavioral interventions differ from traditional treatment methods.
3. The participants will understand how cognitive-behavioral interventions gain their treatment effectiveness.
4. The participants will review the latest research finding regarding cognitive-behavioral interventions.

The participants will have basic understanding of effective implementation strategies for cognitive-behavioral programs such as Moral Reconciliation Therapy.



**Dr. Kenneth D. Robinson** received his Doctor of Education Degree in Educational Psychology and Counseling and a Master of Science Degree in Psychology from the University of Memphis. He is President of Correctional Counseling, Inc. and is the co-developer of Moral Reconciliation Therapy (MRT®), which is listed on SAMHSA's National Registry of Evidence-Based Programs. Dr. Robinson conducts frequent trainings and workshops in MRT throughout the United States, Australia, Scotland and Puerto Rico. He is co-author of all the MRT treatment materials and other books including *How to Escape Your Prison*. He is on the faculty of the National Judicial College, National Drug Court Institute, and National DWI Treatment Staff Training for NTSHA.

## #308 | 8:30am - 9:30am (Part 1)

### What Do You Need to Know About Aging to Serve Older Adult Clients? | Sara Honn Qualls, PhD |



What aging-related changes in bio-psycho-social functioning make clinical work with older adults distinct? Specific topics address the ways mental health services are affected by aging physical health and psychological functioning, and the social contexts that influence well-being. Opportunities to build integrated care models are also explored.



**Sara Honn Qualls, PhD** is Kraemer Family Professor of Aging Studies, and Director, Gerontology Center at University of Colorado at Colorado Springs. She develops community-university partnerships to promote aging research and practice innovation. She authored six books and a video, and conducts research on aging families, senior housing, and caregiver interventions.

## #401 | 10:00am - 11:30am

### Designing New Services (& Redesigning Current Services) For A Changing Market: Tools For Engineering Your Market Success |

**Monica E. Oss, MS; John F. Talbot, PhD** |   This will include clinical, management, data, and business issues that need to be considered. The new Colorado health and human landscape opens up new opportunities for behavioral health. The challenge is building an organizational competency to identify these new business opportunities, vet these opportunities, and take them rapidly from concept to revenue. In this session, OPEN MINDS executives Dr. John Talbot and Monica E. Oss will discuss the OPEN MINDS best practice model for new service line feasibility analysis and development. Participants will leave this session with a step-by-step approach to building a new service line development function in their organization.

1. The path to new service line ideas – and how to “vet” them.
2. Moving from a new idea to feasibility analysis.
3. A recommended process for development and implementation of new service line.



**Monica E. Oss, MS**, see picture & bio page 14

**John F. Talbot, PhD**, Executive Vice President and Senior Associate, OPEN MINDS, has over 30 years experience in all aspects of health care, including upper management, consultation, education, direct clinical work, and serving as the president of a non-profit board. Dr. Talbot has provided consultation, training and operational assistance to behavioral health providers, nonprofit organizations, public sector entities, and managed care organizations across the country. Areas of focus for consultation and training include strategic planning, the development of successful strategic alliances,

board development, organizational re-engineering, operations management, leadership and management development, and change management.

## #402 | 10:00am - 11:30am

### National Council Update: From the Beltway – National Policy Trends That Will Impact Mental Health & Substance Disorder | Linda Rosenberg |

Policy and legislation that comes from the Federal level is increasingly important to behavioral health and health care reform. This workshop will focus on current trends, policy, and legislation that will affect the provision of behavioral health services and health reform at the state and local levels. NCCBH is actively involved in these issues at the national level. Participants will leave informed about the trends in Washington, and ways they can try to help impact decisions at the Federal level.



**Linda Rosenberg** is a certified social worker, family therapist, and psychiatric rehabilitation practitioner with more than 30 years of experience in the design and delivery of mental health services and the development and implementation of mental health policy. Since 2004, Rosenberg has been President and CEO of the National Council for Community Behavioral Healthcare, a not-for-profit advocacy and educational association of more than 1,800 organizations that provide treatment and support services to 6 million adults and children with mental illnesses and addictions. Under Rosenberg's leadership, the National Council has more than doubled its membership; helped to secure the passage of the federal mental health and addiction parity law. Prior to joining the National Council, Rosenberg served as Senior Deputy Commissioner of the New York state Office of Mental Health.



# Saturday

October 1, 2011

## #403 | 10:00am - 11:30am

### Tinkering, Tweaking, Change & Innovation | Justin Schulz, PhD |

Changes in healthcare will force innovation, but which innovations are likely to make a real difference? What are the secrets of truly successful innovative organizations? Participants will learn about four distinctly different types of innovation, learn what drives successful innovation, and evaluate risks against rewards.



**Justin Schulz, PhD** is a Clinical and Organizational Psychologist based in Littleton, Colorado. He developed innovative VN Veterans Outreach services that were modeled in over 400 locations. Dr. Schulz established a profitable Managed BHO, advised on the first decommissioning of an operational nuclear power plant, and has guided successful Mergers & Acquisitions.

## #404 | 10:00am - 11:30am (Part 2)

### Eating Disorders: Effective Outpatient Therapy | Isabelle Tierney, LMFT |

In this workshop, you will learn how to work with eating disorders effectively and safely in an out-patient setting. Covering anorexia, bulimia, binge eating, and other eating disordered behaviors, you will learn successful treatment modalities, how to create a supportive treatment team, and when to refer out.

**Isabelle Tierney, LMFT** see bio page 14

## #405 | 10:00am - 11:30am (Part 2)

### IMPACT Training: Population-Based Stepped Care Approaches to Integrated Mental Health Care | Jürgen Unützer, MD, MPH, MA |

This presentation will cover: Population-based care and care management; treatment initiation; proactive, systematic follow-up; clinical outcome tracking using a population-based registry tool; consultation and treatment change if initial treatment not successful; and relapse prevention. Participants will also learn about medication management and brief behavioral treatments.

**Dr. Jürgen Unützer, MD, MPH, MA** see bio page 14

## #406 | 10:00am - 11:30am (Part 2)

### Seeking Safety: Evidence Based Treatment for PTSD & Substance Abuse Disorders | Martha Schmitz, PhD |

**Martha Schmitz, PhD** see bio page 14

## #407 | 10:00am - 11:30am (Part 2)

### Moral Reconciliation Therapy: Evidence Based Treatment for Offenders with Substance Abuse Disorders | Dr. Kenneth D. Robinson |

**Dr. Kenneth D. Robinson** see bio page 15

## #408 | 10:00am - 11:30am (Part 2)

### What Do You Need to Know About Aging to serve Older Adult Clients? | Sara Honn Qualls, PhD |

**Sara Honn Qualls, PhD** see bio page 15



## Keynote | Cynthia James

### Integrative Technologies | 1:00pm - 2:00pm

#### Integrative Technologies, Mind & Body Health at Work | Cynthia James |

There is a lot of conversation today about the power of the mind-body connection and how the mind affects our health. When Integrative Technologies are brought into the field of behavioral support incredible things can happen. Cynthia will teach you how to connect with your patients utilizing this innovative technology.

**Cynthia James** is a transformational specialist guiding thousands of people to make changes for lasting healing in their lives. As a lecturer, teacher, performing artist and award winning author of *What Will Set You Free*, Cynthia James has coached and supported thousands of people into healthy and vibrant living.

## #501 | 2:30pm - 4:00pm

### Implementing Your Strategic Vision: How To Take Your Organization From Plan To Action | Monica E. Oss, MS; John F. Talbot, PhD |

Boards, management, business, clinical, and data elements are critical factors in an organizations implementation of their strategic vision. Learn key approaches to take your organization to the next level. In the evolving Colorado health and human environment, organization are building a new vision – and a new strategy – for the future. But there is a big gap between having a strategy and implementing a strategy. The organization that successfully and rapidly operationalize their strategy is the organization that will sprint past the competition. Join OPEN MINDS executives Monica E. Oss and Dr. John Talbot and to learn how to develop a strategic planning "roadmap" to successful implementation of your strategic plan -- a structured approach for moving from strategy thinking to strategic operations.

1. Using key metrics to manage strategic implementation.
2. Three approaches to help staff take ownership of your organization's future.
3. Effectively managing the change process with your board.
4. Financing change – capitaling development and infrastructure.

**Monica E. Oss, MS** see bio page 14

**John F. Talbot, PhD** see bio page 15

# Saturday

October 1, 2011

## #502 | 2:30pm - 4:00pm (Part 1)

**Integrative Technologies: In Depth** | [Cynthia James](#) |  

This workshop is designed to anchor the points from the general session and allow you to experience first-hand the meaning and power of Integrative Technologies. Participants will learn tools to enhance their practice and support mind/body integration. Bring your questions, curiosity and openness to the practice of these innovative techniques.

[Cynthia James](#) is a transformational specialist guiding thousands of people to make changes for lasting healing in their lives. A lecturer, teacher, performing artist and award winning author of *What Will Set You Free*.

## #503 | 2:30pm - 4:00pm

**Grassroots Training and Advocacy** | [Moe Keller](#) | 

Wonder how a bill becomes a law? Wonder how to contact a legislator, influence policy and stay informed? This presentation will address the legislative process: how bills get introduced, pass or die during the legislative session. Also, learn how to testify before a legislative committee.



[Moe Keller](#), Vice President of Public Policy and Systems Advocacy for Mental Health America of Colorado. With 16 years of legislative experience, State Representative (8 years) and Senator (8 years), Moe successfully carried many pieces of mental health legislation, including mental health parity, The Children's Mental Health Act and Seclusion and Restraint legislation.

## #504 | 2:30pm - 4:00pm (Part 3)

**Eating Disorders: Effective Outpatient Therapy** | [Isabelle Tierney, LMFT](#) | 

In this workshop, you will learn how to work with eating disorders effectively and safely in an out-patient setting. Covering anorexia, bulimia, binge eating, and other eating disordered behaviors, you will learn successful treatment modalities, how to create a supportive treatment team, and when to refer out.

[Isabelle Tierney, LMFT](#) see bio page 14

## #505 | 2:30pm - 4:00pm (Part 3)

**IMPACT Training: Implementing Evidence-Based Integrated Mental Health Care** | [Jürgen Unützer, MD, MPH, MA](#) | 

Workshop participants will learn how to implement evidence-based integrated mental health care in their clinical practice. The presentation will cover: Program development and implementation; adaptations of the IMPACT model for different populations, settings and staffing constraints; approaches to building an effective IMPACT team; and program evaluation and quality improvement.

[Dr. Jürgen Unützer, MD, MPH, MA](#) see bio page 14

## #506 | 2:30pm - 4:00pm (Part 3)

**Seeking Safety: Evidence Based Treatment for PTSD & Substance Abuse Disorders** | [Martha Schmitz, PhD](#) | 

[Martha Schmitz, PhD](#) see bio page 14

## #507 | 2:30pm - 4:00pm (Part 3)

**Moral Reconciliation Therapy: Evidence Based Treatment for Offenders with Substance Abuse Disorders** | [Dr. Kenneth D. Robinson](#) | 

[Dr. Kenneth D. Robinson](#) see bio page 15

## #508 | 2:30pm - 4:00pm (Part 3)

**What Do You Need to Know About Aging to serve Older Adult Clients?** | [Sara Honn Qualls, PhD](#) | 

[Sara Honn Qualls, PhD](#) see bio page 15

## #601 | 4:15pm - 5:45pm

**Healthcare Reform Update: Should We Prepare for Disruptive Innovation, Destructive De-Evolution, or Business as Usual?**

| [Dale Jarvis](#) |   

At last year's conference, Dale predicted that:

• Healthcare Reform is going to dramatically change the healthcare system in this country from a sick care system to a true health care system;

• Behavioral Health Clinician demand is going to significantly increase as they become an essential part of this reformed system;

• And the Behavioral Health Practice Setting of 2015 (or 2010) will look quite different than it does today.

If you read the newspapers and blogs, you would think he blew it with his predictions. But, what is really going on in Colorado and across the U.S. and how will this affect your organization and the consumers you serve?

Come to this session to find out what Dale has been learning in the dozen-plus states he has been working in since the 2010 CBHC conference and hear his predictions for Colorado as we approach 2014.

[Dale Jarvis](#) see bio page 13

# Saturday

October 1, 2011

## #602 | 4:15pm - 5:45pm (Part 2)

### Integrative Technologies: In Depth | Cynthia James |

This workshop is designed to anchor the points from the general session and allow you to experience first-hand the meaning and power of Integrative Technologies. Participants will learn tools to enhance their practice and support mind/body integration. Bring your questions, curiosity and openness to the practice of these innovative techniques.

Cynthia James see bio page 16

## #603 | 4:15pm - 5:45pm

### Board Roundtable | Michele Christensen; Linda Olsen |

We will facilitate an open question, answer and discussion session for board members. Attendees will have the opportunity to give and receive information from other board members and join in lively discussions about the critical issues boards are facing in these challenging times.



**Michele Christensen** 20+ year board member – Midwest Center for Mental Health, Montrose, Co. Co-founder, director and counselor – Canyon Chapel Ministries, a not for profit family counseling center and shelter established in 1979.

**Linda Olsen** has been a board member of Centennial Mental Health for 2 years as the Rep for Lincoln County. She accepted the position after the Lincoln County Rep retired. In Dec 09, Linda retired from Morgan Community College and the Small Business Development Center and is currently contracted back as a part time instructor for the Ag Business Program.

## #604 | 4:15pm - 5:45pm (Part 4)

### Eating Disorders: Effective Outpatient Therapy | Isabelle Tierney, LMFT |

In this workshop, you will learn how to work with eating disorders effectively and safely in an out-patient setting. Covering anorexia, bulimia, binge eating, and other eating disordered behaviors, you will learn successful treatment modalities, how to create a supportive treatment team, and when to refer out.

Isabelle Tierney, LMFT see bio page 14

## #605 | 4:15pm - 5:45pm (Part 1)

### A Model for Brief, Effective Behavioral Health Treatment that Works in Integrated Care | Clare Scott, LCSW |

Behavioral treatment in a primary care setting requires clinicians to work efficiently without compromising the common factors of good treatment. It also requires a flexible tool that is adaptable to all age groups, problems and cultures. Solution Focused Brief Treatment is an evidenced based treatment that meets those criteria. This presentation will give participants the basic information and practice needed to use SFBT in an Integrated Primary Care Clinic.



**Clare Scott, LCSW**, Manager of the Integrated Services Program, Mental Health Partners, 1333 Iris Ave, Boulder CO 80304, Since 2006 I have had the opportunity to supervise enthusiastic behavioral health professionals using a new model of service delivery as well as collaborate with like-minded community healthcare clinics whose leadership is committed to including behavioral health as an integral part of good medical care.

## #606 | 4:15pm - 5:45pm (Part 4)

### Seeking Safety: Evidence Based Treatment for PTSD & Substance Abuse Disorders | Martha Schmitz, PhD |

Martha Schmitz, PhD see bio page 14

## #607 | 4:15pm - 5:45pm (Part 4)

### Moral Reconciliation Therapy: Evidence Based Treatment for Offenders with Substance Abuse Disorders | Dr. Kenneth D. Robinson |

Dr. Kenneth D. Robinson see bio page 15

## #608 | 4:15pm - 5:45pm (Part 4)

### What Do You Need to Know About Aging to serve Older Adult Clients? | Sara Honn Qualls, PhD |

Sara Honn Qualls, PhD see bio page 15

7:00pm – 9:00pm

## CBHC Awards Banquet

(Board Members & Board Administration)

Join your colleagues for the  
Board Member of the Year Award & Lifetime Achievement Award  
and enjoy a special buffet dinner banquet.

# Sunday

October 2, 2011

**Awards Presentation: Golden Light Bulb Award | 8:00am - 8:30am**

**General Session #4 | 8:30pm - 9:30pm**

**Laugh As Though Your Life Depended On It | Bob Wells** |   

A laugh-filled session with a fresh perspective on how positive attitudes and inclusive humor is good on the job. You will learn exercises to control stress and shift attitudes, to help sustain a positive, cooperative and joy-filled environment throughout the year. *Laughter.* It's cheaper than therapy and quicker than Prozac!



**Bob Wells** is founder and president of the World Humor Organization and Chicken Lips in Denver. He is a director, actor, writer, teacher, and humorist. His keynote presentations and highly-interactive workshops focus on the brilliance of laughter to promote leadership, creative thinking, team building, customer service, public speaking, and humor for the health of the organization and the individual. World Humor Organization, 2145 South Lincoln Street, Denver, CO 80210.

**#701 | 10:00am - 11:30am**

**Leadership and Laughter | Bob Wells** |  

Leadership requires many skills and personal traits, and a healthy sense of humor is high on the list! Which leaders have displayed their humor, and how does humor affect those we lead? This is a highly interactive and fun look at an important tool for those who would lead.

**Bob Wells** see page 19

**#702 | 10:00am - 11:30am (Panel)**

**HIE Panel: The Impact of Health Information Exchange on Healthcare Delivery | Phyllis Albritton; Amanda Kearney-Smith; Dick Thompson; Robert Chalfant, MD** |  

Join a panel of experts who will discuss Health Information Exchange (HIE). HIE is a part of the new health care reform law and essentially offers ways to share information about consumer/patient treatment between providers (medical and behavioral health providers) electronically and in real time. Learn what efforts are already underway in CO and what is the future vision. Hear the pluses and negatives of HIE from a consumer and a psychiatrist view. Join the conversation and discuss the new wave of the future.



**Phyllis Albritton** is the Executive Director of the Colorado Regional Health Information Organization (CORHIO), a non-profit public-private partnership created to facilitate health information exchange to improve care for all Coloradans. CORHIO is designated the state-level entity for health information exchange (HIE) in Colorado.



**Amanda Kearney-Smith** is the Director of the state's consumer organization, the Wellness Education Coalition and Advocacy Network. Amanda has a Master's Degree in Developmental Psychology from Illinois State University. WE CAN! is located at 1385 S. Colorado Blvd., Suite 610, Denver, CO 80222.



**Dick Thompson** is the Executive Director and CEO of Quality Health Network, a community funded not-for-profit collaborative focused on quality improvement. The 2HN Health Information Exchange electronically integrates patient information from hundreds of disparate hospital, lab, surgical center, pharmacies, behavioral health, public health and physician systems - creating a virtual integrated delivery system.



**Robert Chalfant, MD**, Chief Medical Officer, Colorado West Regional Mental Health, Inc., Frisco, CO; Medical Director, West Slope Mental Health Stabilization Center, Grand Junction, CO; Outpatient Practice Psychiatrist; Team Leader, Community Liaison, Bridge Street Counseling, Franklin, TN, The Counseling Center, Columbia, TN; Program Coordinator, Connections and Solutions; Clinical Professor of Child and Adolescent Psychiatry, Psychiatric Hospital at Vanderbilt Nashville, TN 1991-1996; Psychiatric Consultant, DeDe Wallace Center, Three Springs Wilderness Center, Nashville, TN.

**#703 | 10:00am - 11:30am**

**Neurobiology of Trauma and Implications for Treatment | Janine D'Anniballe, PhD** | 

This presentation will be a combination of lecture and audience participation on the topic of trauma and its psychobiological effects. The presentation will begin with an exploration of the nature of traumatic events (such as sexual assault, domestic violence, and witnessing violence), and the difference between normal, situational, and traumatic stress. Next, physiological components of trauma will be introduced, such as brain structures and biochemistry, and the essence of phenomenon such as dissociation, hypervigilance, and flashbacks will be explored. Finally, implications for treatment of psychological trauma will be discussed and current holistic interventions in mitigating the post-traumatic stress response will be presented.



**Janine D'Anniballe, PhD** is the Director of Access, Emergency, and Community Services at the Mental Health Center serving Boulder and Broomfield Counties in Colorado. Previously, she was the Executive Director of Moving to End Sexual Assault (MESA), the rape crisis center in Boulder Colorado for ten years. She received her Ph.D. in Counseling Psychology from the University of Tennessee, specializing in the area of sexual abuse and trauma. Dr. D'Anniballe serves as a trainer for the Ending Violence Against Women Project for the State of Colorado, providing training throughout the state addressing system response issues in sexual assault cases. She has provided training and consultation to prosecutor, law enforcement, military, and university education programs in more than 25 states across the country. In 2003, Dr. D'Anniballe joined the faculty of the National Judicial Education Program that educates judges on sexual assault issues and how these cases are approached in the courtroom so as to minimize re-traumatization of victims without undermining defendants' constitutional rights. Additionally, she testifies as an expert witness in sexual assault cases throughout the state of Colorado.



# Sunday

October 2, 2011

## #704 | 10:00am - 11:30am (Part 1)

### Business Skills Seminar for New and Emerging Managers | [Dan Fishbein, PhD](#) |

A survey course presenting introductions to key topics and concepts across a wide spectrum of business operations. Includes recommended books and links for each topic. Designed as a survey course for staff and managers in clinical and human services who would like to broaden their knowledge and skills in business areas.



**Dan Fishbein, PhD**, Vice President for Corporate Business Development, Jefferson Center for Mental Health, Wheat Ridge. Trained in Clinical Psychology and initial stage of career was in direct services in a CMHC, a community hospital behavioral medicine department, and a managed care behavioral health staff model clinic. Next stage was as Clinical VP for Biodyne/Merit/Magellan, and expansion into marketing, management, network development and other business related areas. Oversees business development at Jefferson Center where he works closely with marketing, finance, and clinical operations to diversify services and revenue base.

## #705 | 10:00am - 11:30am (Part 2)

### A Model for Brief, Effective Behavioral Health Treatment that Works in Integrated Care | [Clare Scott, LCSW](#) |

**Clare Scott, LCSW** see bio page 18

## #706 | 10:00am - 11:30am

### Maximizing Positive Outcomes for Children and Adolescents with Autism Spectrum Disorders and Behavioral Health Concerns | [Judy Reaven, PhD](#) |

An overview of ASD will be presented, emphasizing assessment and intervention strategies for children and adolescents. The second session focuses on developing positive behavioral supports for challenging behaviors. The final session reviews co-occurring mental health symptoms in youth with ASD, and details a group CBT program to treat anxiety symptoms.



**Judy Reaven, PhD** is an Associate Professor of Psychiatry and Pediatrics and Director of the Autism and Developmental Disabilities Clinic of JFK Partners, University of Colorado, Anschutz Medical Campus, School of Medicine. She is an NIH-researcher and primary developer of a group CBT program for youth with ASD and anxiety.

## #707 | 10:00am - 11:30am

### New Workforce Skills for Health Care Reform | [Sandy Forquer, PhD](#) |

Healthcare reform has been described as a journey to top performance. Participants will discuss the latest emerging skill sets for executive staff to be successful in this new environment as well as enhanced skill sets to meet the needs of the persons served. The latter will include recommendations from the Annapolis Coalition.



**Sandy Forquer, PhD**, serves as Senior Vice President for State Government Programs, OptumHealth Public Sector, part of United Health Group. During her career, Dr. Forquer was also Senior Vice President for Strategic Development for ValueOptions, and Executive Director for Colorado Health Networks, the ValueOptions Colorado Medicaid Capitation Project. Throughout her career she has strived to translate recovery and resiliency principles into all aspects of her work, conversations and outcomes.

## #708 | 10:00am - 11:30am

### Access Redesign/Open Access Models | [David R. Lloyd](#) |

This workshop will provide case study information on how CBHOs nationally are re-designing their access to care flow processes to support more timely access to treatment for consumers. Also, the workshop will provide an overview of the open/same day access to treatment model and the very positive engagement outcomes achieved by centers nationally. Finally, the workshop will address the need to design and implement fully integrated access to care models that eliminate the physical health and behavioral health access to care silos.



**David R. Lloyd**, Founder of M.T.M. (Management, Training and Measurement) Services based in the Raleigh, North Carolina area provides co-location and bi-directional physical health integration change management and training support to Community Behavioral Healthcare Organizations nationally. Mr. Lloyd is the author of [How to Maximize Service Capacity](#) and [How to Deliver Accountable Care](#) that have been very helpful to Community Behavioral Healthcare Organizations nationally. In his books, Mr. Lloyd has developed principles and solutions about how CBHOs can deliver "Best Value" accountable care in a healthcare reform environment.



# Sunday

October 2, 2011

## #801 | 12:30pm - 2:00pm (Part 1)

### Personnel Problems from H\$LL: Practical Solutions for the Difficult Employee | [Michael Johnson](#) |

This is a two part session that will focus on a panel discussion of real world employment law issues and useful tools for successfully navigating personnel problems. The panel consists of an employment law attorney and human resource specialists. Topics will cover Family Medical Leave Act, Americans with Disabilities Act, Harassment, Social Media concerns including employee use of Facebook and Twitter, ethical violations, low productivity, medical marijuana, and other pertinent issues. The purpose of these sessions is to provide an opportunity for supervisors to gain a unique perspective on how difficult employee issues can be avoided and resolved.



**Michael Johnson** was born and raised in Colorado Springs, Colorado and he graduated with a Bachelor of Science in Business Administration from the University of Colorado at Boulder in 2002. After college, Michael moved to San Diego, California where he graduated from Thomas Jefferson School of Law. He is currently an employment lawyer with Mountain States Employers Council, a non-profit law firm that assists businesses with employment related legal matters. Specifically, he advises employers on how to deal with Federal and State governmental regulations, unemployment issues, discrimination claims and wage/hour issues. His clients include: non-profits, City and County government entities, and private sector employers.

## #802 | 12:30pm - 2:00pm

### Understanding Corporate Compliance for Board Members | [Robert W. Bremer, MA, LPC, PhD](#); [Charlotte Yianakopoulos-Veatch, PhD](#); [Vicki K. Rodgers, MS, LPC](#) |

Come learn about the landscape of corporate compliance for behavioral health organizations and community mental health centers. We will provide information about laws and initiatives that are impactful, why responsiveness to this changing environment is important, and the statewide efforts underway to enhance compliance programs and documentation standards.



**Robert Bremer, MA, LPC, PhD** is the Executive Director for ABC at Colorado Access. Prior to joining Colorado Access, Dr. Bremer was an Assistant Professor at the University of Colorado Depression Center, a fellow at the University of Pittsburgh, and worked as a clinician for MHCD. Rob is the CCQC Co-Chair.

**Charlotte Yianakopoulos-Veatch, PhD**, Clinical and Organizational Psychologist, licensed in Colorado and California, is serving Spanish Peaks MHC as Chief of Community and Staff Development. Dr. Yianakopoulos was Dean of Students and an instructor for the Professional School of Psychology in San Francisco and the Director of Service/Systems Integrations for ValueOptions. Charlotte co-chairs the CCQC project.



**Vicki K. Rodgers, MS, LPC** is the VP of Clinical Systems Administration at Jefferson Center. In addition to other clinical and administrative executive responsibilities, she is the Center's Corporate Compliance Officer. Vicki is the Chair of the Basic Documentation and Training subcommittee of the CCQC and is on the Steering Committee.



## #803 | 12:30pm - 2:00pm

### A Three-Phase Treatment Model for Working with Adult Sexual Assault Survivors | [Janine D'Anniballe, PhD](#) |

This presentation will outline a three phase clinical model useful for providing treatment to adult sexual assault survivors. Clinical case scenarios will be used to illustrate the practical application of each of the model's phases.

[Janine D'Anniballe, PhD](#) see bio page 19

## #804 | 12:30pm - 2:00pm (Part 2)

### Business Skills Seminar for New and Emerging Managers | [Dan Fishbein, PhD](#) |

[Dan Fishbein, PhD](#) see bio page 20

## #805 | 12:30pm - 2:00pm

### Trends in Online Health and Wellness: Expanding Care Options | [Scott R. Cousino](#) |

28% of all Internet users in the US, or over 57 million people, in the last year have searched for mental health information online. The Internet offers a meaningful opportunity to extend support—while helping to address the obstacles of cost, stigma and access that inhibit many from receiving appropriate care for mental disorders. This presentation will focus on emerging trends in online behavioral health and best practices for Web-based engagement. Additionally, to provide a practical illustration, a recently launched pilot involving Arapahoe/Douglas Mental Health Network and myStrength, Inc., a Denver-based online health and wellness company, will be discussed.



**Scott R. Cousino** is the CEO of myStrength, Inc, an online health and mental wellness company based in Denver. Prior to myStrength, Scott was an Internet executive at Alta Colleges, and was responsible for the initial launch and rapid growth of the company's fully accredited, Web-based learning platform. As President of the online college, Scott led an organization of over 600 employees and achieved a 45% increase in revenue (\$115 million) and five-fold increase in EBITDA margins. Scott has an MBA from the University of Colorado and a BBA with distinction from the University of Michigan.

# Sunday

October 2, 2011

## #806 | 12:30pm - 2:00pm (Part 2)

**Maximizing Positive Outcomes for Children and Adolescents with Autism Spectrum Disorders and Behavioral Health Concerns** | **Judy Reaven, PhD** | 

**Judy Reaven, PhD** | 

**Judy Reaven, PhD** see bio page 20

## #807 | 12:30pm - 2:00pm (Part 2)

**Growing Your Market: Focus On New Payment Methodologies** | **Sandy Forquer, PhD** |  

The shift from payment for volume to payment for value has begun. Participants will learn about new contracting and pay for performance methodologies that are already underway in the marketplace. How to prepare for this new world will also be discussed in an interactive forum.

**Sandy Forquer, PhD** see bio page 20

## #808 | 12:30pm - 2:00pm (Part 2)

**Centralized Managed Scheduling: The Challenges and Benefits** | **David R. Lloyd** | 

This workshop will provide case studies of how clinic-wide centralized schedule management has proven beneficial for integrated healthcare service delivery. The focus will also include development of individual clinician and clinic wide scheduling templates, "Back Fill" management using "Will Call" procedures along with an Engagement Specialist model that qualitatively supports quantitative based No Show Policies.

**David R. Lloyd** see bio page 20

## #901 | 2:15pm - 3:45pm (Part 2)

**Personnel Problems from H\$LL: Practical Solutions for the Difficult Employee** | **Michael Johnson** | 

**Michael Johnson** see bio page 21

## #902 | 2:15pm - 3:45pm (Part 2)

**Policy, Politics and Dollars: Under the Gold Dome with CBHC** | **George DelGrosso; Terri Hurst & Capitol Success Group; Gilbert E. Romero, Esq; Joshua J. Rael, JD** | 

CBHC Staff will discuss current public policy, the political landscape and issues impacting behavioral healthcare in the coming year.



**George DelGrosso** is the Executive Director of Colorado Behavioral Healthcare Council (CBHC), which is the membership organization for all the 17 Community Mental Health Centers, 5 Behavioral Health Organizations and two specialty clinics in Colorado. Prior to this position he was the Executive Director of Mental Health Centers in the San Luis Valley of Colorado and Cody, Wyoming. George has been in the mental health field for almost 30 years. The progression of his career started out as a psychotherapist, then a marriage and family therapist, to clinical supervisor and program developer before moving into upper level and senior management. George's expertise ranges from creating and implementing effective public policy for behavioral health, training and development of people who aspire to be leaders, expanding organizational effectiveness, solving system of care issues for children and adults who have mental health treatment needs, and providing integrated high quality mental health treatment in rural settings. In addition to his duties at CBHC, George serves on the Executive Committee of the National Council for Behavioral Healthcare, and is chair of the Council's Association Executives Committee. George combines his years of experience at different levels of community mental health, the information he has assimilated on a broad range of mental health issues, and his familiarity with mental health service delivery across the state of Colorado and nationally to educate policy makers and the public about successful service delivery.



**Terri Hurst** is the Director of Public Policy for the Colorado Behavioral Healthcare Council (CBHC). She is responsible for tracking, influencing, analyzing, and reporting on policy activities that will impact behavioral healthcare services at both the state and federal level. She also advocates on behalf of CBHC members and behavioral healthcare consumers. Terri has a Master's of Social Work and has worked in drug policy reform and public health policy for close to 10 years. She has also provided direct services to a variety of populations including adolescents, active drug users, and individuals involved with the criminal justice system.



**Gilbert E. Romero, Esq** is a Principal/Attorney with Capitol Success Group, a government affairs and lobbying firm he started in 1999. Since that time he has represented clients such as Rocky Mountain Institute (RMI); The Colorado Food Service Association; Adams State College; The Alliance; the Colorado Behavioral Healthcare Council; Ameristar Casinos and Sportique Scooter.



**Joshua J. Rael, JD** is an Associate with the Capitol Success Group, a public affairs and lobbying firm based in Denver, Colorado. Mr. Rael holds a Juris Doctorate degree from the University of Denver Sturm College of Law and a Bachelor of Arts in Political Science from Colorado State University-Pueblo.

## #903 | 2:15pm - 3:45pm (Part 2)

**Trauma Informed Treatment for Sexual Assault Survivors Served at Community Mental Health Centers** | **Janine D'Anniballe, PhD** | 

This presentation will outline the key principles for trauma-informed care and the prevalence of trauma in clients seeking services at mental health centers. Additionally, this workshop will examine common practices in agencies that can be re-traumatizing to survivors, and explore ways develop other community collaborations that can facilitate best clinical practice with this population.

**Janine D'Anniballe, PhD** see bio page 19

# Sunday & Monday

October 2 & 3, 2011

## #904 | 2:15pm - 3:45pm (Part 3)

Business Skills Seminar for New and Emerging Managers | [Dan Fishbein, PhD](#) |    
[Dan Fishbein, PhD](#) see bio page 20

## #906 | 2:15pm - 3:45pm (Part 3)

Maximizing Positive Outcomes for Children and Adolescents with Autism Spectrum Disorders and Behavioral Health Concerns | [Judy Reaven, PhD](#) |   
[Judy Reaven, PhD](#) see bio page 20

## #907 | 2:15pm - 3:45pm

Cultural Humility vs. Cultural Competency | [Julie Kellaway, PhD](#) |  

What is the difference Cultural Humility and Cultural Competency? This workshop will provide a positive framework and practical tools for therapists to: more easily assess the impact of culture on treatment and to strengthen the therapeutic relationship with clients from any background.



[Julie Kellaway, PhD](#), Administrative Director, North Range Behavioral Health, Greeley, Colorado. Dr. Kellaway received training from Colorado State University in counseling psychology, behavioral health research, and ethnic studies.

## #908 | 2:15pm - 3:45pm

Value Based Purchasing: Cost Based Funding and Treat to Target Essentials | [David R. Lloyd](#) | 

This workshop will provide an overview of new payment Value-Based Purchasing models that move the system of healthcare from "paying for volume to paying for value/quality." The focus will also be on the need to move to episodic care models that incorporate benefit design/levels of care service delivery models that are supported by treat to target clinical models such as use of the PHQ-9.

[David R. Lloyd](#) see bio page 20



Monday, October 3, 2011

## CEO University

CEO University for Region Eight {Separate Fee & Registration Required} Post Conference

*For new CEOs and those senior leaders who hope to become a CEO.*

This is a daylong workshop for new CEOs or those who are in a senior leadership position currently and aspire to be a CEO soon. The workshop will cover essential knowledge and offer tools to help build skills on the following topics: Board relationships and management, workforce development tools, financial statements-how to read and zero in on key indicators, leadership and change management skills.

7:00am - 8:am

Registration Open

7:00am - 8:00am

Continental Breakfast in Peak 5 

8:00am - 9:30am

CEO University for Region Eight | Toolkit for Brand New CEO's

9:30am - 10:00am

Coffee Break 

10:00am - 12:00nn

CEO University for Region Eight | Toolkit for Brand New CEO's cont'd

12:00nn - 1:00pm

Lunch in Peak 5 

1:00pm - 2:30pm

CEO University for Region Eight | Toolkit for Brand New CEO's cont'd

2:30pm - 3:00pm

Coffee Break 

3:00pm - 5:00pm

CEO University for Region Eight | Toolkit for Brand New CEO's cont'd



## On-line Registration

Please register online at [www.cbhc.org](http://www.cbhc.org)

E-mail registration confirmations will be provided to all attendees.

Payment can be made with either credit card or check!

## Registration Fees

### Full Conference (Friday/Saturday/Sunday) \$450

For Board, Upper Management, Business/CFO & Clinicians who are attending all three days; Includes Friday Welcome Reception; Does Not Include the Saturday Board Awards Dinner, which will be an additional \$55 fee. (Admittance to Sessions, Saturday Keynote, Friday, Saturday & Sunday Continental Breakfast, Friday, Saturday & Sunday Lunch & Coffee Breaks)

### Board/Upper Management 2-Day (Saturday/Sunday) \$425

For Board & Upper Management who are attending Saturday & Sunday; Includes Friday Welcome Reception; Includes Saturday Board Awards Dinner. (Admittance to Sessions, Saturday Keynote, Saturday & Sunday Continental Breakfast, Saturday & Sunday Lunch & Coffee Breaks)

### One Day Only (Friday) \$250

For Board, Upper Management, Business/CFO & Clinicians who are attending Friday Only; Includes Friday Welcome Reception; Does Not Include the Saturday Board Awards Dinner. (Admittance to Friday Sessions, Friday Continental Breakfast, Friday Lunch & Coffee Breaks)

### One Day Only (Saturday) \$250

For Board, Upper Management, Business/CFO & Clinicians who are attending Saturday Only; Does Not include Friday Welcome Reception; Does Not include the Saturday Board Awards Dinner, which will be an additional \$55 fee, available to Board & Board Member Administration. (Admittance to Saturday Sessions, Saturday Continental Breakfast, Saturday Lunch & Coffee Breaks)

### One Day Only (Sunday) \$250

For Board, Upper Management, Business/CFO & Clinicians who are attending Sunday Only; Does Not include Friday Welcome Reception; Does Not include the Saturday Board Awards Dinner, which will be an additional \$55 fee, available to Board & Board Member Administration. (Admittance to Sunday Sessions, Sunday Continental Breakfast, Sunday Lunch & Coffee Breaks)

### CEO University (Monday) Post Conference \$250

For new CEOs and those senior leaders who hope to become a CEO. Includes Continental Breakfast, Lunch & Coffee Breaks. (Separate One Day Registration Fee Required)



For registration questions please e-mail [TracyGMP@aol.com](mailto:TracyGMP@aol.com) or call Tracy at CBHC Registration 303-525-2811.

## Conference Cancellation/Refund Policy

Conference Registration Fees, less a \$75.00 administration fee, will be refunded upon written notice of cancellation received no later than September 15, 2011. After that date, no refunds will be provided. There will be no provision for partial registration fees or refunds for activities not attended.

## Conference Cancellations should be sent to:

Attention: Tracy O'Shaughnessy  
CBHC Conference  
9249 S. Broadway Blvd., #200-446  
Highlands Ranch, CO 80129

## Hotel Cancellation/Refund Policy

Summer Deposit/Cancellation Policies at Beaver Run Resort. A one night's deposit is required at time of booking. Reservations must be cancelled at least 72 hours prior to arrival to receive refund less \$35.00 processing fee. Cancellations made fewer than 72 hours from arrival date are subject to a one night's cancellation fee. Reduction in length of stay or room type within the 72 hour penalty period, no shows, late arrivals, and early departures are considered cancellations, and are therefore non refundable.

## Continuing Education

The National Board for Certified Counselors (NBCC), as well as the NAADAC have approved the Colorado Behavioral Healthcare Council to offer continuing education credits. For individuals attending the 2011 conference, CBHC will provide certificates of completion that include the contact hours for all conference attendees who request a certificate.

## Special Needs

If you have physical or communication needs that may affect your active participation in the conference, please contact Tracy O'Shaughnessy, CBHC Meeting Planner at [TracyGMP@aol.com](mailto:TracyGMP@aol.com) or 303-525-2811, prior to your arrival. If you require special hotel accommodations, please advise Beaver Run when you make your room reservation.

## Handouts

Handouts for this year's conference will be available online at [www.cbhc.org](http://www.cbhc.org) after September 15, 2011.



## Welcome Networking Reception

### Sponsored by

Access Behavioral Care - Colorado Access,  
Behavioral Healthcare, Inc.,  
Colorado Healthcare Partnerships, LLC,  
(dba Colorado Health Networks, LLC),  
Foothills Behavioral Health Partners, LLC,  
Northeast Behavioral Health Partners, LLC.

**Friday, September 30, 2011**

**5:00pm-6:30pm (no charge)**

Welcome event for all attendees, especially our Board Members! Enjoy light hors d'oeuvres while visiting with old friends and making new friends. This special evening promises to be a great start to the CBHC Annual Training Conference! **No additional fee for conference attendees.**

## CBHC Awards Banquet

**Saturday, October 1, 2011**

**7:00pm-9:00pm \$55.00**

Join colleagues for this special buffet banquet and the opportunity to recognize the **Board Member of the Year & Lifetime Achievement Award!** For Board & Board Administration and their guests. (\$55 fee included in Board/Upper Management 2-Day Fee.) **Guest tickets may be purchased online.**



## Hotel Reservations

Call Beaver Run Resort at 800-525-2253 and identify yourself with the CBHC Conference to receive the group rate(s) or visit [www.cbhc.org](http://www.cbhc.org) to make your hotel reservations online.

### Conference Room Rates

**Hotel Room \$105.00**

features two beds, full bath, small sitting area

**Deluxe Studio \$115.00**

features queen bed, sleeper sofa, mini kitchen, spa tub

**Colorado Suite \$125.00**

features queen bed, sleeper sofa, mini-kitchen, spa tub, fireplace, private balcony

**One Bedroom Suite \$125.00**

features queen bed, sleeper sofa, full kitchen, fireplace, private balcony

**Premium One Bedroom Suite \$145.00**

features queen bed, sleeper sofa, full kitchen, spa tub, fireplace, private balcony

**Two Bedroom Suite \$180.00**

features three queen beds, sleeper sofa, full kitchen, fireplace, private balcony

**Beaver Run Resort & Conference Center**  
620 Village Road

Breckenridge, Colorado 80424

Visit [www.beaverrun.com](http://www.beaverrun.com) for detailed information

**Group Rate Deadline:** All reservations must be received by September 7, 2011 to receive the CBHC group rates.

Reservations received after September 7, 2011 will be accepted at the group rate on a space available basis only. If your center has special hotel billing requirements, for multiple rooms, please contact Beaver Run directly for assistance in coordinating your group hotel reservations.

**Deposit:** A deposit of one night's room, in the form of a credit card or check will be required at the time of making an individual reservation. Neither CBHC or Beaver Run will be coordinating roommate situations. Coordination of roommates and payment for rooms are the responsibility of the individual making the reservation. The standard Beaver Run cancellation policy will apply.

**Tax Exemption:** To receive tax exemption for lodging, a tax exempt certificate and agency check or credit card must be presented to the hotel upon arrival. Individuals will not receive tax exemptions if they pay with personal checks, personal credit cards or cash. The tax exempt form is a PDF downloadable from the [www.BeaverRun.com](http://www.BeaverRun.com) website.

To register for the CBHC 2011 Annual Conference and for more information go to [www.cbhc.org](http://www.cbhc.org)

Notes:



*When your workday is done, and you are ready to relax, you will be able to enjoy some well-earned repose in Beaver Run's facilities and reception areas, which include several spacious outdoor decks overlooking the majestic Rocky Mountains.*





## Future Conference Dates

September 28 - 30, 2012

Beaver Run Resort, Breckenridge, CO

&

September 27 - 29, 2013

Beaver Run Resort, Breckenridge, CO

**Register Now  
for the 2011 CBHC  
Annual Conference!**  
Go to [www.cbhc.org](http://www.cbhc.org)