

Introducing the Care Management Team and the Integrated Care Model

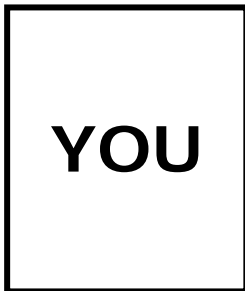
This is a template that you can use to introduce your integrated care team to patients. You may combine this with other educational pieces you regularly distribute to patients, or you may create a single document that meets all your needs.

The template includes placeholders for photographs of your team members and their contact information.

We recommend that you customize this template to meet your clinic's needs. Below are some suggestions:

- Add other staff as appropriate to your clinical operation (e.g. case managers, clinical psychologists).
- Add team members' names and pictures.
- Include a brief overview of the approach your clinic uses for behavioral health care.

Your Integrated Care Team



What is the patient's role?

You are the most important person on the team! You will get the best care if you participate actively with your primary care physician (PCP) and your care manager (CM). Tell them what is working for you and what is not working for you. Work with your team to track your progress using a simple checklist. Let them know if you have questions or concerns about your care. If you take medication, know what it is and take it as prescribed.



PCP Name and Photo

What is the primary care provider's role?

The PCP oversees all aspects of your care at the clinic.

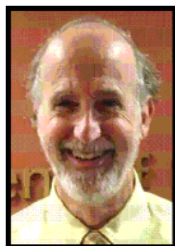
He or she will work closely with the other members of the care team to make sure you get the best care possible. The PCP will make and / or confirm your diagnosis and may write or refill prescriptions for medications. The PCP works closely with your care manager to stay informed about your treatment progress. The PCP may also consult with the team psychiatrist if there are questions about the best treatments for you.



CM Name and Photo
Telephone (xxx) xxx-xxxx
Email janed@email.rog

What is the care manager's role?

The care manager works closely with you and the PCP to implement a treatment plan. The CM answers questions about your treatment. He or she will check-in with you to keep track of your treatment progress and can help identify side effects if you are taking medications. The PCP and the CM work together with you if a change in your treatment is needed. The CM may also provide counseling or refer you for counseling if that is part of your treatment plan.



Team Psychiatrist Name
and Photo

What is the team psychiatrist's role?

The psychiatrist is an expert consultant to the PCP and the CM. The team psychiatrist is available to advise your care team about diagnostic questions or treatment options, especially if you don't improve with your initial treatment. The CM meets and consults regularly with the team psychiatrist to talk about the progress of patients in the program and to think about treatment options. With your permission, the team psychiatrist may meet with you in person or via telemedicine to help inform your care.