



# CBHC Policy Guide 2019



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## ABOUT CBHC

Since 1967, the Colorado Behavioral Healthcare Council (CBHC) has served as the statewide membership association for Colorado’s community behavioral health providers.

**CBHC member organizations are the backbone of Colorado’s behavioral health safety net**, providing Coloradans in every county across the state with access to community-based services tailored to the unique needs of each community.

CBHC members include:

- **17 Community Mental Health Centers (CMHCs)**  
CMHCs provide a wide array of services to Coloradans living with mental illness and/or substance use disorders. CMHCs contract with the state to deliver behavioral health services.
- **4 Managed Service Organizations (MSOs)**  
MSOs contract with the Office of Behavioral Health in the Colorado Department of Human Services to manage block grant funding from the federal Substance Abuse and Mental Health Services Administration (SAMHSA). They contract with providers to ensure access to a full continuum of quality substance use disorder treatment services.
- **4 Crisis Service Organizations (CSOs)**  
CSOs contract with the Office of Behavioral Health in the Colorado Department of Human Services to ensure and coordinate a comprehensive statewide continuum of crisis response, stabilization, and support services. Crisis service modalities include walk-in centers, crisis stabilization units, mobile response, and respite services.
- **2 Specialty Clinics**  
The Asian Pacific Development Center and Servicios de La Raza provide culturally-informed services to Asian and Latino populations respectively.





## CBHC – 50 YEARS AT A GLANCE

Prior to CBHC’s creation in 1967, Colorado’s Community Mental Health Centers (CMHCs) worked together to support access to mental health services in every community across the state. Through formal and informal meetings, CMHCs collaborated to educate policy makers and standardized the way in which communities understand and approach behavioral health and treatment. Over time, officers were elected, duties were formalized, and the **Colorado Association of Community Mental Health Centers and Clinics was created. It was later renamed the Colorado Behavioral Healthcare Council (CBHC)**. During those early years, Colorado’s Community Mental Health Centers self-managed the association, focusing on the following key activities:


- **Advocating** on behalf of CMHCs, with an eye towards sound policy and adequate funding for quality services for individuals and communities.
- **Organizing representatives from across the system** in various categories and committees to facilitate shared learning, collaboration, and maximization of resources.
- **Facilitating annual conferences** for members, partners, stakeholders, and the state. CBHC initially held three annual conferences (Centers, Executives, and Board of Directors) which have since been consolidated into a singular annual conference.
- **Assisting members with systemic innovation** to ensure Colorado’s CMHCs are equipped with state-of-the-art resources and best practice program design.

From the very beginning, the CBHC membership has held strongly to the value that each member is responsible for the success of the entire system, not just their own center. To that end, CBHC depends heavily on member engagement to develop shared priorities to improve Colorado’s behavioral healthcare system. This organizing function of CBHC led to several key outcomes over the years, including:

- The development of a **statewide system for Colorado’s community-based behavioral health safety net**. **This shared vision has allowed CBHC members to support one another** and, at times, to share resources to ensure the success of every center, regardless of variations in regional circumstances.
- A **community focus built on the grassroots origins of the CMHCs**, which were developed to meet local needs. CBHC continues Colorado’s rich history of local investment in behavioral health through community-based organizing.
- The development of strong partnerships and collaborations with Colorado’s General Assembly, State Departments, and other statewide systems that interface with behavioral health.

Over the years, the role of CBHC evolved to respond to the shifting landscape of Colorado’s behavioral health system. Over time, CBHC hired staff to reduce the burden of board member management structures. Through the years, the membership has ebbed and flowed to represent the community behavioral health system. Currently, the membership includes all of Colorado’s 17 Community Mental Health Centers as well as two specialty clinics. In the early 2000s, the Behavioral Health Organizations (BHOs, then MHASAs) were invited into the membership to further solidify their partnerships with CMHCs. In 2013, the Managed Service Organizations (MSOs) joined the membership to ensure the indigent substance use disorder (SUD) services system was represented. Most recently, the Crisis Service Organizations (CSOs) became official members of CBHC. In July of 2018, CBHC bid farewell to the BHOs as members due to changes set in place by the Accountable Care Collaborative (ACC) Phase II and the development of the Regional Accountable Entities (RAEs).

Throughout time, CBHC’s values and core missions have remained consistent even as roles and membership categories have evolved. As a consequence, CBHC offers many of the same services to its members today that it did in 1967. **Beyond simply advocating for and organizing members, CBHC provides community engagement, education, regulatory advocacy, and other opportunities aimed at enhancing every aspect of Colorado’s comprehensive community behavioral health system.**

 *From the very beginning, the CBHC membership has held strongly to the value that **each member is responsible for the success of the entire system**, not just their own center.*





# OUR 2019 LEGISLATIVE PLATFORM

It’s a pivotal time for mental health and substance use disorder service providers in Colorado. At the local level, communities are clamoring for more services even as new investments and partnerships increase availability of crisis interventions and other needed services. At the federal level, partisan politics keep the topic of health care at the forefront; yet there is strong bipartisan agreement on the need to confront our nation’s opioid epidemic and improve access to mental health services. At the state level, change is constant. Implementation of ACC Phase II has dramatically changed how the state pays for and manages behavioral health services. The crisis system, only recently established as a statewide coordinated system, is being completely restructured under a recent RFP released by the Hickenlooper administration. Substance use disorder care has benefited from several investments, most notably SB-202 funding which has increased each year since it was first authorized in 2016.

With so much change occurring, CBHC and our member organizations are welcoming the opportunity to drive Colorado towards a future that embodies our vision that all Coloradans, regardless of circumstance, have access to quality behavioral health services so they can live and work in the community of their choice surrounded by their natural supports.

 *CBHC and our member organizations envision a future where all Coloradans, regardless of circumstance, have access to **quality behavioral health services.***

## Policy Priorities

- Streamline behavioral health facility licensure – ensure that regulations support the integrated services needed for people experiencing mental health and/or substance use disorder (SUD).
- Increase access to SUD services, including medication assisted treatment (MAT), withdrawal management (detox), and outpatient treatment services.
- Monitor the rollout of ACC Phase II – ensure that HCPF is holding each RAE accountable to the program values designed with stakeholder feedback.
- Decriminalize mental health and SUDs by providing more opportunities to support law enforcement and first responders to redirect people to treatment rather than the justice system.
- Expand opportunities for behavioral health workforce recruitment and retention.
- Provide access to community-based competency restoration services for individuals who have been found incompetent to proceed.
- Advance the uptake of Mental Health First Aid training by all professions serving the public.

## Budget Priorities

- Pursue a targeted rate increase for state-contracted community behavioral health providers so that they can offer competitive salaries to dedicated direct-care staff and maintain a comprehensive and efficient workforce.
- Decrease funding fragmentation, thereby increasing efficiency and reducing unnecessary administrative burden.
- Increase flexible funding for community providers to sustain and expand locally responsive services beyond the four walls to address health where people live, work, and play (e.g. schools and other community-based locations).
- Increase SB-202 funding to expand SUD services and treatment capacity across the state.
- Seek additional funding to expand access to Mental Health First Aid training statewide.



About the

# COMMUNITY MENTAL HEALTH CENTERS

Colorado’s 17 Community Mental Health Centers (CMHCs) provide a comprehensive continuum of evidence-based, culturally responsive services in partnership with many different community organizations. These community-based non-profit centers, as well as two specialty clinics within the CBHC membership, provide a wide range of treatment and community services, including, but not limited to: outpatient counseling and psychiatric services; crisis, emergency, and disaster response services; case management and care navigation, substance use disorder services including withdrawal management, child, youth, and family services, housing supports, vocational services, wellbeing promotion, and community organizing and coalition building.

The CMHCs work closely with the law enforcement, judicial, education, and public health systems to ensure access to care for anyone living with a mental health or substance use disorder. Through education, referrals, and linkages with schools, public agencies, businesses, and other community organizations, the CMHCs ensure that effective, high-quality behavioral health services are accessible to all Coloradans. CMHCs hold the value that all individuals deserve access to quality services where they live, work, and play.

Contacting the CMHCs:

AllHealth Network  
[www.allhealthnetwork.org](http://www.allhealthnetwork.org)  
303-730-8858

Asian Pacific Development Center  
[www.apdc.org](http://www.apdc.org)  
303-923-2920

AspenPointe  
[www.aspenpointe.org](http://www.aspenpointe.org)  
719-572-6100

Aurora Community Mental Health Center  
[www.aumhc.org](http://www.aumhc.org)  
303-617-2300

Axis Health System, Inc.  
[www.axishealthsystem.org](http://www.axishealthsystem.org)  
970-259-2162

Centennial Mental Health Center  
[www.centennialmhc.org](http://www.centennialmhc.org)  
303-646-4519

Community Reach Center  
[www.communityreachcenter.org](http://www.communityreachcenter.org)  
303-853-3500

Health Solutions  
[www.health.solutions](http://www.health.solutions)  
719-545-2746

Jefferson Center for Mental Health  
[www.jcmh.org](http://www.jcmh.org)  
303-425-0300

Mental Health Center of Denver  
[www.mhcd.org](http://www.mhcd.org)  
303-504-6500

Mental Health Partners  
[www.mhpcolorado.org](http://www.mhpcolorado.org)  
303-443-8500

Mind Springs Health  
[www.mindspringshealth.org](http://www.mindspringshealth.org)  
888-320-5218

North Range Behavioral Health  
[www.northrange.org](http://www.northrange.org)  
970-347-2120

San Luis Valley Behavioral Health Group  
[www.slvbhg.org](http://www.slvbhg.org)  
719-589-3671

Servicios de La Raza, Inc.  
[www.serviciosdelaraza.org](http://www.serviciosdelaraza.org)  
303-452-5851

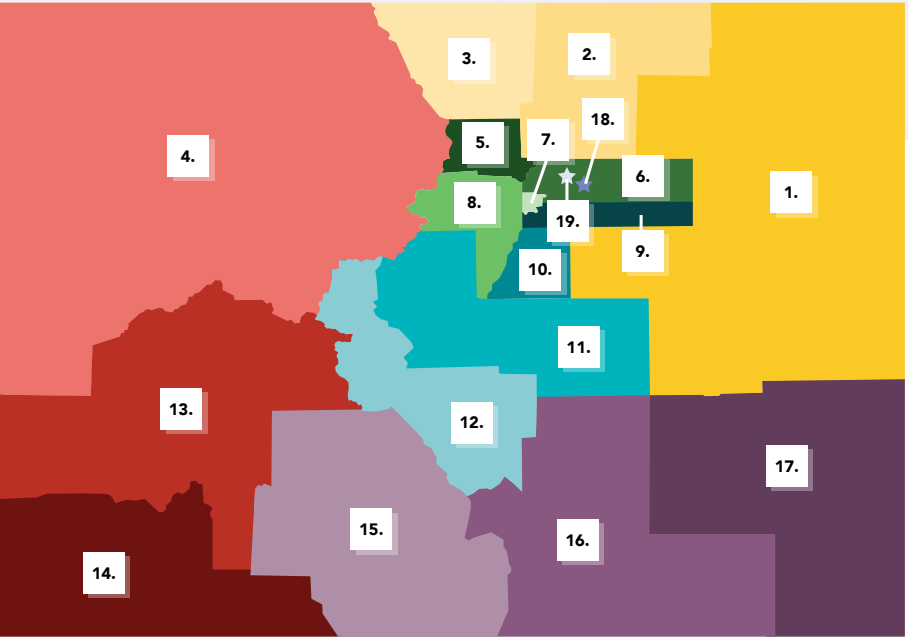
Solvista Health  
[www.solvistahealth.org](http://www.solvistahealth.org)  
719-275-2351

Southeast Health Group  
[www.southeasthealthgroup.org](http://www.southeasthealthgroup.org)  
800-511-5446

SummitStone Health Partners  
[www.summitstonehealth.org](http://www.summitstonehealth.org)  
970-494-4200

The Center for Mental Health  
[www.centermh.org](http://www.centermh.org)  
970-252-3210

# Colorado Community Health Centers by County Served



1. CENTENNIAL  
MENTAL HEALTH CENTER  
*Moving lives forward*  
Morgan, Logan, Sedgwick, Phillips,  
Washington, Yuma, Elbert, Lincoln,  
Kit Carson, and Cheyenne Counties

2. NORTH RANGE  
BEHAVIORAL HEALTH  
Weld County

3. SUMMITSTONE  
HEALTH PARTNERS  
Larimer County

4. MIND SPRINGS health  
*Prevention. Care. Recovery.*  
Mesa, Garfield, Rio Blanco, Moffatt,  
Routt, Eagle, Pitkin, Summit, Grand,  
and Jackson Counties

5. Mental Health  
PARTNERS  
*Healthy minds, healthy lives, healthy communities*  
Boulder and Broomfield Counties

6. COMMUNITY  
REACH  
CENTER  
Adams County

7. Mental Health  
Center of Denver  
Denver County

8. Jefferson Center  
for mental health  
Jefferson, Clear Creek and Gilpin Counties

9. Aurora  
Mental Health  
Center *Live Life to the Fullest*  
Arapahoe County\*

10. AllHealth  
NETWORK  
*Live Better.*  
Douglas County

11. ASPEN  
POINTE  
Park, Teller, and El Paso Counties

12. Solvista  
HEALTH  
Lake, Chaffee, Fremont, and Custer Counties

13. THE CENTER  
for mental health  
*providing help, hope and healing*  
San Miguel, Ouray, Hinsdale, Gunnison,  
Montrose, and Delta Counties

14. AXIS Health System  
Archuleta, La Plata, Montezuma, Dolores,  
and San Juan Counties

15. SAN LUIS VALLEY  
Behavioral Health Group  
*Dedicated to Hope, Healing and Recovery*  
Saguache, Mineral, Rio Grande,  
Alamosa, Conejos, and Costilla Counties

16. Health Solutions  
*Your Health Is Our Priority*  
Pueblo, Huerfano, and Las Animas Counties

17. SOUTHEAST  
HEALTH GROUP  
Crowley, Otero, Bent, Kiowa, Prowers,  
and Baca Counties

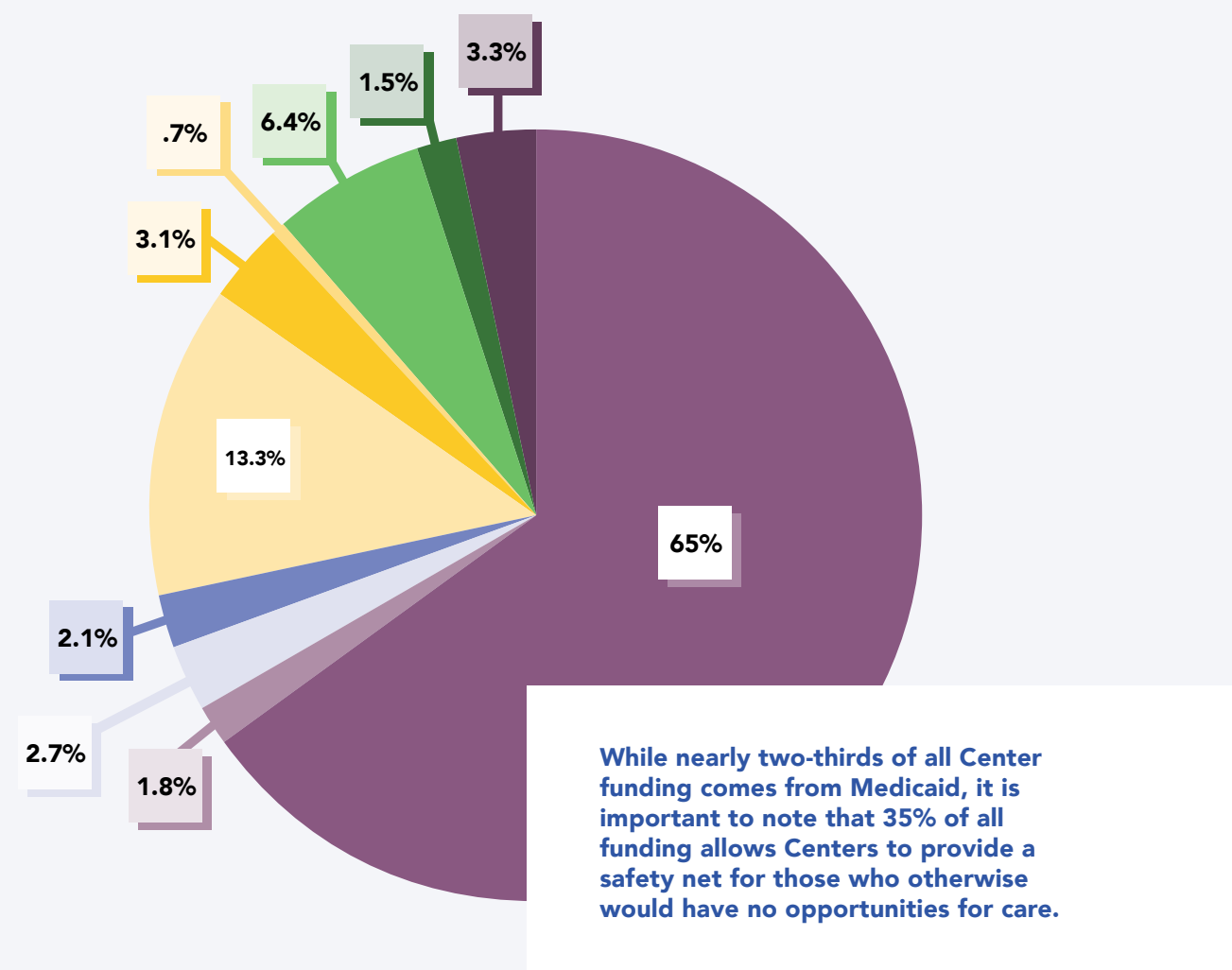
18. ASIAN PACIFIC  
Asian Pacific Development Center

19. SERVICIOS DE LA RAZA  
Servicios de la Raza

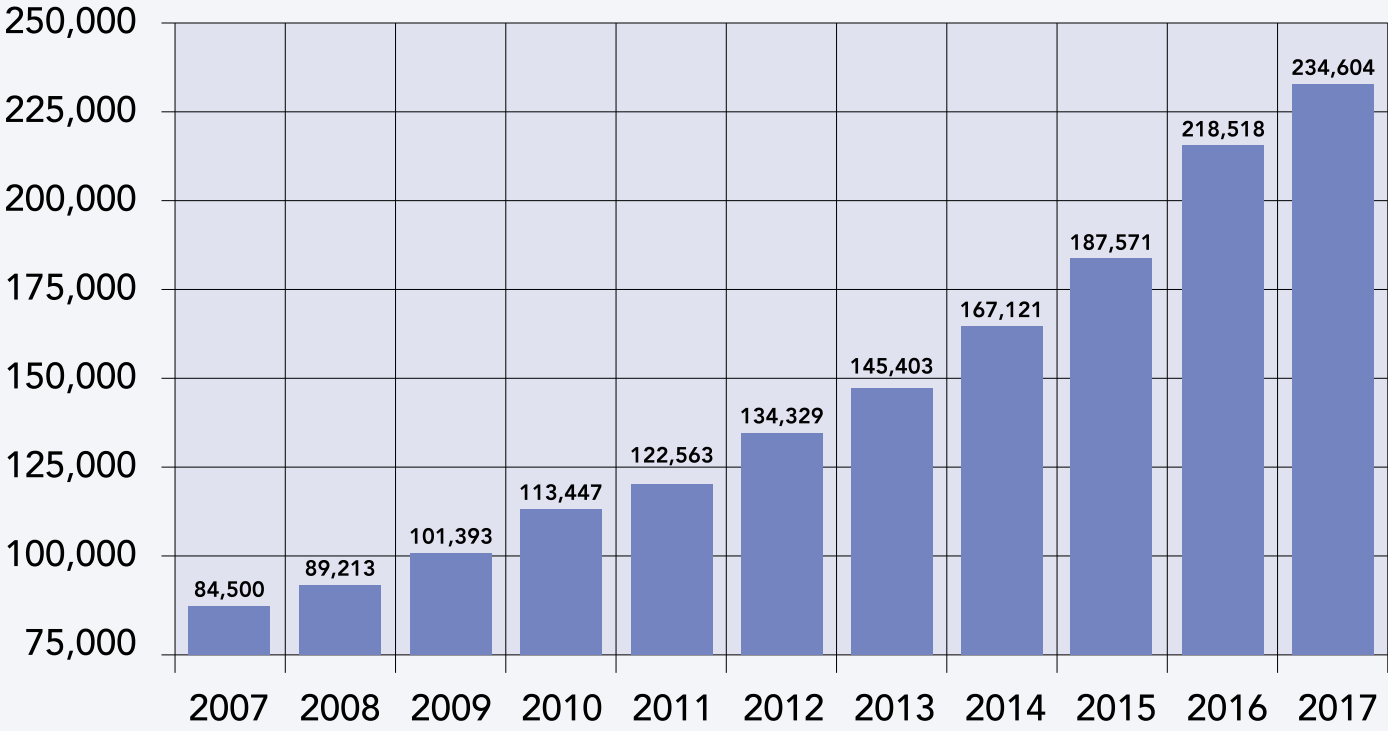
\* Arapahoe County is served by AllHealth Network excluding the city of Aurora, which is served by Aurora MHC



CMHC Revenues by Fund Source -  
Fiscal Year 2017



Number of Clients Served 2007 - 2017



INCREASED NUMBER  
of CLIENTS SERVED by  
COMMUNITY MENTAL  
HEALTH CENTERS

61.3%

IN just 4  
THE PAST  
YEARS  
ALONE

### CMHCs as Major Employers of Behavioral Health Workforce

Across the state, Colorado's Community Mental Health Centers are a major employer of behavioral health professionals. Combined, they employ nearly 7,000 Coloradans. Of these, 5,090 are direct care staff, including psychiatrists, nurses, psychologists, social workers, counselors, unlicensed clinicians in training, and peer professionals. Many rural CMHCs are among the largest employers in their communities, and the professionals they employ and the services they provide are key contributors to the economic vitality of their service regions.

65%	Medicaid	\$393,885,342	2.7%	3rd Party	\$16,645,097
13.3%	State of Colorado	\$80,318,610	2.1%	Federal/Grants	\$12,944,638
6.4%	Other	\$38,886,071	1.8%	Medicare	\$10,887,585
3.3%	Client Fees	\$20,165,164	1.5%	In-kind/Donated Meds	\$8,943,856
3.1%	Local Government	\$19,050,102	0.7%	Cash Contributions	\$3,953,452




About the


# MANAGED SERVICES ORGANIZATIONS


Colorado’s Office of Behavioral Health (OBH) has established seven service areas for substance use disorder (SUD) treatment in different geographical regions of the state – known as Sub-State Planning Areas (SSPAs). Presently, Colorado contracts with four Managed Services Organizations (MSOs) who contract with roughly 50 community-based providers at hundreds of locations across the state to ensure access to a full continuum of quality SUD services is available for individuals in need. These services include, but are not limited to, prevention and early intervention, withdrawal management (detox), outpatient treatment, day treatment, residential treatment, psychiatric care, including Medication Assisted Treatment (MAT), recovery support, and other specialized treatment services and supports. To ensure quality care, each MSO monitors providers in their networks for clinical quality improvement.

Funding for the MSO system comes primarily from the federal substance abuse, prevention, and treatment (SAPT) block grant and from state general fund dollars. Services provided within the MSO system help create a safety net for indigent Coloradans and other priority populations that have no dedicated funding source.

## The Value of Colorado’s MSOs

- 

Colorado’s MSOs are uniquely positioned to guide the inclusion of SUD services in public and private healthcare systems throughout the state.
- 

MSOs manage Colorado’s SB202 funding (now totaling \$15M/year), pioneering a funding model that expands treatment capacity in a way that is community directed.
- 

MSOs lead and promote SUD treatment and prevention in Colorado – positively impacting Colorado’s goal to achieve the healthcare Triple Aim.

### Contacting the MSOs:

<b>Mental Health Partners</b> 3180 Airport Rd. Boulder, CO 80301 303-441-1281 <a href="http://www.mhpcolorado.org">www.mhpcolorado.org</a>	<b>AspenPointe Health Network</b> PO Box 15318 Colorado Springs, CO 80935 719-572-6100 <a href="http://www.aspenpointe.org">www.aspenpointe.org</a>	<b>Signal Behavioral Health Network, Inc.</b> 6130 Greenwood Plaza Blvd, Suite 150 Denver, CO 80111 303-639-9320 <a href="http://www.signalbhn.org">www.signalbhn.org</a>	<b>West Slope Casa, LLC</b> PO Box 3410 Glenwood Springs, CO 81602 970-945-8661 <a href="http://www.westslopecasa.org">www.westslopecasa.org</a>
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## Colorado MSO Catchment Areas by Sub-State Areas (SSPA)



1.



Larimer, Weld, Morgan, Logan, Sedgwick, Phillips, Washington, Yuma, Elbert, Lincoln, Kit Carson, and Cheyenne Counties
2.



Denver, Adams, Arapahoe, Broomfield, Douglas, Jefferson, Clear Creek, and Gilpin Counties
3.



El Paso, Teller, Park, Lake, Chaffee, Fremont, and Custer Counties
4.



Pueblo, Crowley, Kiowa, Huerfano, Las Animas, Otero, Bent, Prowers, Baca, Saguache, Mineral, Rio Grande, Alamosa, Conejos, and Costilla Counties
5.



Archuleta, La Plata, Montezuma, Dolores, San Miguel, San Juan, Ouray, Hinsdale, Gunnison, Montrose, and Delta Counties
6.



Mesa, Garfield, Rio Blanco, Moffatt, Routt, Eagle, Pitkin, Summit, Grand, and Jackson Counties
7.



Boulder County




About the


# CRISIS SERVICE ORGANIZATIONS


Colorado’s statewide crisis services system is administered by the Office of Behavioral Health (OBH) and operated by four regional Crisis Service Organizations (CSOs). The CSOs partner closely with one another, the statewide Crisis Hotline, transportation providers, law enforcement, and many others to provide a continuum of crisis services around the state including: mobile response, transportation, walk-in centers, respite options, crisis stabilization units, acute treatment units, community coordination, and peer services. Access to crisis services has steadily risen since the system’s inception in 2014, with utilization rising 179% in under three years. In 2018, the CSOs were incorporated as members into the Colorado Behavioral Healthcare Council.

Colorado embraces core values that prioritize an individual’s ability to get rapid services close to home and with as little hassle as possible. With this approach, anybody can seek services for a self-defined crisis regardless of a diagnosis, ability to pay, or geographic location. Once a crisis is resolved, CSOs work to connect individuals to ongoing services in the community.

## The Value of Colorado’s CSOs

- 

Research suggests that \$2.16 is returned on every dollar invested in behavioral health crisis services.
- 

Colorado’s CSOs support specialty programs such as police/mental health professional partnerships (co-responders).
- 

From 2014 to 2017, over 87,000 individuals received over 117,000 distinct crisis services.


### Contacting the CSOs:

<b>Community Crisis Connection</b> 791 N. Chambers Rd. Suite 400 Aurora, CO 80011 303-617-2668 <a href="http://www.allhealthnetwork.org">www.allhealthnetwork.org</a>	<b>Northeast Behavioral Health Partners</b> 1300 N. 17th Ave. Greeley, CO 80631 719-572-6100 <a href="http://www.northeastbhs.org">www.northeastbhs.org</a>	<b>Southern Colorado Crisis Connection</b> PO Box 15318 Colorado Springs, CO 80935 719-572-6100 <a href="http://csu.aspenpointe.org">csu.aspenpointe.org</a>	<b>West Slope Casa, LLC</b> PO Box 3410 Glenwood Springs, CO 81602 970-945-81602 970-945-8661 <a href="http://www.westslopecasa.org">www.westslopecasa.org</a>
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## Colorado CSOs by Region




1.

**COMMUNITY CRISIS CONNECTION**


Boulder, Denver, Adams, Arapahoe, Broomfield, Douglas, Jefferson, Clear Creek, and Gilpin Counties
3.

**NORTHEAST BEHAVIORAL HEALTH COLORADO**

Larimer, Weld, Morgan, Logan, Sedgwick, Phillips, Washington, Yuma, Elbert, Lincoln, Kit Carson, and Cheyenne Counties
2.

**Southern Colorado Crisis Connection**

Pueblo, Crowley, Kiowa, Huerfano, Las Animas, Otero, Bent, Prowers, Baca, Saguache, Mineral, Rio Grande, Alamosa, Conejos, Costilla, El Paso, Teller, Park, Lake, Chaffee, Fremont, and Custer Counties
4.

**West Slope Casa**

Archuleta, La Plata, Montezuma, Dolores, San Miguel, San Juan, Ouray, Hinsdale, Gunnison, Montrose, Delta, Mesa, Garfield, Rio Blanco, Moffatt, Routt, Eagle, Pitkin, Summit, Grand, and Jackson Counties





## MENTAL HEALTH FIRST AID COLORADO

### What is Mental Health First Aid?

Mental Health First Aid (MHFA) is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it does build mental health literacy, helping the public identify, understand, and respond to signs of mental illness.

Just as CPR training helps a person with no clinical training assist an individual following a heart attack, Mental Health First Aid training helps a person assist someone experiencing a mental health crisis such as contemplating suicide. In both situations, the goal is to help support an individual until appropriate professional help arrives. Mental Health First Aiders learn a single 5-step strategy that includes assessing risk, respectfully listening to and supporting the individual in crisis, and identifying appropriate professional help and other supports. Participants are also introduced to risk factors and warning signs for mental health or substance use problems, engage in experiential activities that build understanding of the impact of illness on individuals and families, and learn about evidence-supported treatment and self-help strategies.

### Mental Health First Aid Colorado

Mental Health First Aid Colorado (MHFACO) was formed in 2008 to help guide the strategic dissemination and growth of the program statewide. MHFACO is housed within the Colorado Behavioral Healthcare Council (CBHC). The early foundation of Mental Health First Aid in Colorado was rooted in the Community Mental Health Centers, where the core strength still is found today. It includes a broad array of community and state level partners working together to advance MHFA. **There have been over 59,000 individuals certified in the state of Colorado to date. In 2017 there were 12,955 Coloradans certified. Currently, over 600 individuals have been trained as instructors**, although not all have maintained an active status. The current funding for this program is primarily provided through state General Fund Dollars.

The reach of MHFA trainings is broad, and trainings have taken place in a variety of locations, including educational settings, faith-based communities, military/veteran venues, and a targeted reach into communities that are predominantly Spanish speaking. There has been great interest from various law enforcement agencies to have officers trained, and to date nearly 20% of the public safety officers in Colorado have been trained. Additionally, MHFA has been embraced by businesses that have encouraged or required this for all employees, including local public health departments, casinos, and behavioral health systems.

Colorado is considered a national leader in how MHFA is developed and promoted in a statewide effort. The National Council for Behavioral Health has expressed interest in having Colorado serve as a model to other states hoping to organize and expand MHFA in their communities.

CBHC and its partners in MHFACO work diligently to provide MHFA to a variety of audiences and key professions. MHFACO seeks to expand those efforts and ensure access to MHFA in all 64 Colorado counties through capitalizing on the remarkable growth opportunity for the program in urban Colorado communities while simultaneously putting a focus on reaching traditionally underserved rural and frontier counties. This is made possible by the partnerships that have been established with the statewide network of behavioral health providers, consumer advocates, healthcare providers, state agencies, educators, criminal justice professionals, first responders and statewide associations.

59,000  
INDIVIDUALS  
CERTIFIED *in*  
COLORADO

12,955  
COLORADANS  
CERTIFIED *in*  
2017 ALONE

600+  
INDIVIDUALS  
TRAINED *as*  
INSTRUCTORS



## CBHC ANNUAL CONFERENCE

Held in beautiful Breckenridge at the Beaver Run Resort and Conference Center, CBHC's annual training conference is a great opportunity to connect with others working or serving in the field of behavioral health, learn more about state and national policy, and gain continuing education opportunities. Please visit [www.cbhc.org](http://www.cbhc.org) to learn more as new details arise. CBHC is pleased to announce that the next conference will take place from September 25 – 28, 2019.

*We look forward to seeing you there!*

### Future CBHC Conference Dates

**Beaver Run Resort  
& Conference Center**  
**Breckenridge, Colorado**

2019 | September 25 – 28

2020 | September 30 – October 3

2021 | September 29 – October 2



## CBHC STAFF & OFFICERS

### STAFF

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*Mental Health Center of Denver*

**J.C. Carrica**  
President-Elect  
*Southeast Health Group*

**Larry Pottorff**  
Secretary  
*North Range Behavioral Health*

**Daniel Darting**  
MSO Representative  
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**Lori Banks**  
CSO Representative  
*Community Crisis Connection*





**CBHC** | Colorado Behavioral  
Healthcare Council

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