

Early Childhood and You:
Networking and Experiential Treatment Activities for Early Childhood Behavioral Health

Learning Objectives and Outline Description of Session

- ✓ Preparation for Clinical Services
 - Referrals and assessment
 - Collaboration of services
 - Types of services offered

- ✓ Early Childhood Services
 - Plan according to developmental abilities and family dynamics
 - Timing and multiple brief activity segments
 - Experiential Activity

- ✓ Feelings Groups
 - Skills to deal with a range of feelings
 - Structure of the group
 - Experiential Activity

- ✓ Jam Program, group services during school breaks
 - Design and Usefulness
 - Weekly Topics
 - Experiential Activity

- ✓ Yoga and Mindfulness
 - Intention and treatment
 - Structure of the activity
 - Experiential Activity

- ✓ Success and Implementation
 - Success: expulsion/social skills/boundaries/healthy relationships
 - Getting started
 - Trauma Informed Environment for Early Childhood

List of Resources

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<http://buellfoundation.org/>

Grant funding in Colorado for Early Childhood programs

<http://www.coloradoofficeofearlychildhood.com/ecmhs>

Colorado Department of Human Services Office of Early Childhood

<http://coaimh.org/>

Colorado Association of Infant Mental Health

<http://www.beyondconsequences.com/>

Heather Forbes, LCSW
Trauma, Parenting, Attachment

<https://postinstitute.com/>

Dr. Bryan Post
Video learning, Trauma, Parenting, Attachment, Adoption

<http://www.centerforvictory.com/>

Eric Guy MSW LSW, Parenting, Fathers, Retreats, Leadership

<https://www.zerotothree.org/>

Zero to Three Network, Journals, Books, Development, Policy

<http://carolgraysocialstories.com/social-stories/>

Carol Gray, Autism, Social Stories

<http://nctsnet.org/>

The National Child Traumatic Stress Network
TF-CBT, Information on types of trauma, Treatments

<http://www.wingsforkids.org/>

Wings for Kids, Programming, DIY Resources