- "Kids who suffer from mental health disorders...inevitably miss out on opportunities for learning and building relationships."
 - David Anderson, PhD, expert on schools and mental health at the Child Mind Institute

- "Over 5 million students affected by mental health disorders in the country are not receiving treatment."
 - American Journal of Psychiatry

School staff members must attend to hundreds – sometimes thousands – of students.





School District Demographics





just over 21,000 students



31 schools



63 languages spoken



65% utilize free and reduced lunch





The key to **SUCCESS**with this program is **listening**...

and lots of it!

- Schools aren't clear on what we do
- Schools are asked for things daily
- Strong relationships are key





And just when you think you're done listening...

There's still more to do!

- Does it work?
- Groundhog Day
- On average, 1 therapist supports 5 schools
- Schools already have internal support services

Data and Collaboration Meetings

- Began regular monthly meetings, clarified roles
- → Streamlined to 1 therapist supports 2 schools
- Created mutual target outcomes
- Year-round contracts



86%

of students decreased their rate of suspension and improved their grades (Goal 80%)

84%

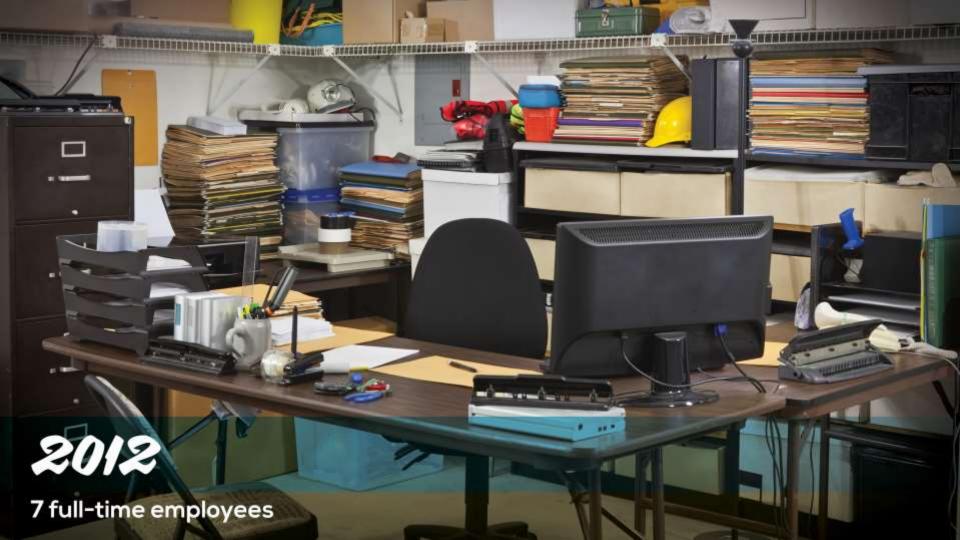
were promoted to the next grade level (Goal 80%)

86%

exhibited less frequent behavioral problems (Goal 80%)

94%

reported a better quality of life, increased satisfaction with school, and fewer emotional and substance use issues (Goal 80%)





Braided Funding into Service Buckets



- School Based Engagement Specialist*
- Youth and family meetings*
- Engagement groups
- Caregiver workshops*
- Screening for services
- Linkage between school and mental health center*

Enhanced Services

- Consultation*
- Education*
- Training*
- Classroom observation
- School planning and data meetings*
- Mental health education*
- Teacher support groups*
- Mental Health First Aid*

Direct Services

- Assessment
- Individual therapy
- Group therapy
- Safety planning
- Case management
- School meetings/IEP
- Data collection and dissemination
- Referral to other services as needed









2016 Team Meeting



with North Range School-Based Staff and District Psychologists/Counselors





Opportunity in Your Area?

- Collaboration is the cornerstone
- Start small and build WITH the school district
- Outcomes are key
- Braid available dollars
- Think big and outside of the box





North Range Behavioral Health

970.347.2120

www.NorthRange.org

Becky Wyperd, LPC

970.313.1164

rebecca.wyperd@northrange.org