Resilience Starts Here
Welcome,

On behalf of the Colorado Behavioral Healthcare Council, we welcome you to our 2017 Annual Conference. This year’s theme, “Resilience Starts Here,” seeks to solidify the notion that, as community leaders, it is incumbent upon us to adapt in times of positive disruption and evolution. If things don’t go as planned, we bounce back stronger than ever.

As the healthcare system continues to adapt and change, the behavioral health community demonstrates true resilience during times of uncertainty. Nelson Mandela once said, “Do not judge me by my success, judge me by how many times I fell down and got back up again.”

This is what we do. We are leaders and risk-takers who dare to step out and design a greater behavioral health system; who dare to stand up for the rights of citizens to have better access to care; who dare to believe people can live in recovery and contribute to the community. We are resilient because we have passion for our work and for life. Our enthusiasm for innovation and creating positive change is our hallmark. We are champions for our cause and use our energy, drive, and relentless optimism to continue to grow during times of adversity. We are nimble and responsive to the changing environment, and we are grateful to work and serve with our community partners.

At the core of these values, we must continue our journey to learn, inspire each other, and dare one another to dream big. We won’t always succeed, but we will continue to work and dream of ways we can help improve the lives of Coloradans, and our communities. In developing the program for this year’s conference, we sought a variety of perspectives, tools, and resources to promote thought and conversation so we may continue to innovate, evolve, support ourselves, and each other - through times of transition and uncertainty.

Be well,

Doyle Forrestal  
CEO, CBHC

Liz Hickman  
Conference Co-chair

Ann C. Noonan  
Conference Co-chair

www.cbhc.org
Featured Conference Speakers

General Session 1 | **Pete Earley** | Thursday | 8:45am-10:30am
Creating a More Welcoming Mental Health Care System

General Session 2 | **Gloria Wilder** | Friday | 8:15am-10:00am
Integrative Wellness: The Path to Reducing Stigma & Strengthening Communities

General Session 3 | **Big Daddy Tazz** | Saturday | 10:15am-12:00pm
Give Stigma a Bad Name!

CBHC Awards Presentations

**Mental Health First Aid Awards**
Thursday | 8:45am-9:00am (Breckenridge Ballroom)

**Golden Lightbulb & Golden Abacus Awards**
Thursday Networking Reception | 6:15pm-6:30pm (Colorado Ballroom)

**Board Member of the Year & Board Member Lifetime Achievement Awards**
Friday | 8:15am-8:30am (Breckenridge Ballroom)

**The George DelGrosso Award**
Saturday | 10:15am-10:30am (Breckenridge Ballroom)

Thursday Networking Reception
5:30pm-7:30pm (Colorado Ballroom)
Gather for our Networking Reception with hors d’oeuvres

Sponsored by

Behavioral Healthcare, Inc.
Colorado Health Partnerships, LLC
Foothills Behavioral Health Partners, LLC
Resilience Starts Here!

CBHC Members

Thank you to our member organizations!

Behavioral Health Organizations
Behavioral Healthcare, Inc.
Colorado Access
Colorado Health Partnerships, LLC
Foothills Behavioral Health Partners, LLC

Community Mental Health Centers
AllHealth Network
AspenPointe
Aurora Mental Health Center
Axis Health System
Centennial Mental Health Center
Community Reach Center
Health Solutions
Jefferson Center for Mental Health
Mental Health Center of Denver
Mental Health Partners
Mind Springs Health
North Range Behavioral Health
San Luis Valley Behavioral Health Group
Solvista Health
Southeast Health Group
SummitStone Health Partners
The Center for Mental Health

Managed Service Organizations
AspenPointe Health Network
Mental Health Partners
Signal Behavioral Health Network, Inc.
West Slope Casa, LLC

Specialty Clinics
Asian Pacific Development Center
Servicios de la Raza

2017 CBHC Conference Planning Committee

Liz Hickman
2017 CBHC Conference Co-chair
CEO, Centennial Mental Health Center
Sterling, CO

Ann C. Noonan
2017 CBHC Conference Co-chair
Director for Substance Abuse Disorders Center of Excellence, Mental Health Partners
Longmont, CO

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Director of Events, Sponsorships & Volunteers,
Mental Health Center of Denver, Denver, CO

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Director of Mental Health First Aid Colorado,
CBHC, Denver, CO

Harrison Cochran
President of Board of Directors, Aurora
Mental Health Center, Aurora, CO

Doyle Forrestal
Chief Executive Officer, CBHC, Denver, CO

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Stephanie Menke
Addiction Research and Treatment Services, University of Colorado, Denver, CO

Evan Narotsky
Event & Outreach Specialist, Community Reach Center, Thornton, CO

Janet Seeley
Board Member, SummitStone Health Partners, Fort Collins, CO

Pamela Vaughn
Director of Training and Consumer Advocacy,
North Range Behavioral Health, Greeley, CO

Angi Wold
Director of Operations, Addiction Research and Treatment Services, University of Colorado, Denver, CO

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Specialty Clinics
Asian Pacific Development Center
Servicios de la Raza
Registration Fees

Register online today at www.cbhc.org

Pre-Conference | Wednesday, October 4, 2017

Mental Health First Aid of the Rockies Summit | $25
(Wednesday 8:00am - 5:00pm | Includes training, breakfast, lunch & coffee breaks)

Mental Health First Aid Colorado invites you to connect with the regional MHFA movement, celebrate our impact, and rekindle your passion for saving lives. Get real-time coaching from national experts, learn from leading subject matter experts, and connect with your peers with facilitated networking. The Summit is designed to inspire, challenge, and recognize instructors and their potential. Adult and Youth MHFA coordinators, Instructors and leaders from Colorado, throughout the Rocky Mountain region and beyond, are welcome!

Full Conference | $475
Thursday/Friday/Saturday | Thursday 8:00am - Saturday 12:00pm.
(Includes Thursday networking reception, all conference sessions, breakfasts, lunches and coffee breaks).

Thursday Only | $250
For attendees on THURSDAY ONLY (Includes Thursday sessions, breakfast, breaks and lunch, and Thursday Welcome Networking Reception).

Friday & Saturday Only (2-Day) | $375
For those who want to attend FRIDAY & SATURDAY Only
(Includes Friday and Saturday sessions, breakfasts, lunches and coffee breaks).

CBHC Conference Cancellation/Refund Policy

Conference registration fees, less $100.00 admin fee, will be refunded upon written notice of cancellation, if received no later than August 1, 2017. After that date, no refunds will be provided. There will be no provision for partial registration fees or refunds for activities not attended.

Email cancellations to: Tracyinjoy@gmail.com before August 1, 2017.

Questions? Email Tracy at Tracyinjoy@gmail.com or call 303-525-2811
Hotel Reservations
Beaver Run Resort & Conference Center
620 Village Road, Breckenridge, Colorado 80424

Call 1-800-525-2253 for reservations today!

Hotel rooms start at $109 + tax and service charge

Be sure to mention you are attending the CBHC Conference to receive the discount rate.

Hotel registration web link: www.cbhc.org/conference17/hotel.html

Group Rate Deadline: All reservations must be made by September 1, 2017 to receive the CBHC group rates. Group rate will be given on a first come - first served basis, so make your reservations early. If your organization has special hotel billing requirements for multiple rooms, please contact Beaver Run directly for assistance in coordinating your group hotel reservations.

Hotel Cancellation/Refund Policy: Beaver Run Resort
A one night’s deposit is required at time of booking. Reservations must be cancelled at least 72 hours prior to arrival to receive refund, less a $35.00 processing fee. Cancellations made fewer than 72 hours from arrival date are subject to a one night’s cancellation fee. Reduction in length of stay or room type within the 72 hour penalty period, no shows, late arrivals, and early departures are considered cancellations, and are therefore non-refundable.

Deposit: A deposit of one night’s room rate, in the form of a credit card payment or check, will be required when making an individual reservation. Neither CBHC nor Beaver Run will be coordinating roommate accommodations. Coordination of roommates and payment for rooms are the responsibility of the individual and the member organization making the reservation. The standard Beaver Run cancellation policy will apply.

Tax Exemption: To receive tax exemption for lodging, a tax exempt certificate and agency check or credit card must be presented to the hotel upon arrival.
Relax, Play & Enjoy

Check out the many things you can enjoy while at the conference:

Tai Chi & Yoga
Start your morning off on Thursday, Friday and Saturday with 45 minutes of yoga or Tai Chi before breakfast. Instructors have been hired to teach classes just for conference attendees. Yoga will be in Copper Top 2; Tai Chi will be in the Building 3 Pool Area.

Resort Workout Facilities
All attendees staying at the Beaver Run Resort have complimentary access to the workout facilities located next to the pool in building 3. Take a few minutes to get the heart pumping and strengthen those muscles!

Pool & Hot Tub
Take a dip in the indoor/outdoor pool or soak in a hot tub after a long day.

Massage - by A Spa Affair
Get a chair massage in the CBHC Exhibit Hall or enjoy a relaxing massage in The Spa at Beaver Run in building 1. For appointments call: (970) 453-8757. In-house dial ext. 8757.

Hiking
Take advantage of the beautiful mountains and trails surrounding Beaver Run. Even a short 20 minute hike can change your day!

Horseback Riding
Explore the Ten Mile Range just as it was over a hundred years ago. Breckenridge Stables is offering all CBHC members 30% off their rates using CBHC as your code. Reservations required; call: (970)-453-4438.

Check out the Breckenridge Hospitality Table, located in the Convention Center, Third Floor Foyer to get details about local tours, hiking trails, mountain biking, fly fishing and horseback riding!
THE WELLNESS RACE

Complete Tasks - Challenge Friends
Enjoy the Race!

Download the event App
and be a part of the competition!
go to www.eventmobi.com/cbhc17

Compete to win by:
Visiting exhibitors, tweeting, choosing
healthy snacks, joining a yoga session

Get the high score and win!
Top 2 winners will each get a
$50 Amazon gift card

One entry per conference attendee. You must use the event App for a chance to win.
Competition ends on Saturday, October 7th after the last session, winners will be announced at the closing general session.
Mental Health First Aid of the Rockies Summit

Mental Health First Aid Colorado invites you to connect with the regional MHFA movement, celebrate our impact, and rekindle your passion for saving lives. Get real-time coaching from national experts, learn from leading subject matter experts, and connect with your peers with facilitated networking. The Summit is designed to inspire, challenge, and recognize instructors and their potential. Adult and Youth MHFA coordinators, Instructors and leaders from Colorado, throughout the Rocky Mountain region and beyond are welcome!

Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00am - 8:45am</td>
<td>Breakfast &amp; Networking</td>
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<tr>
<td>8:45am - 4:30pm</td>
<td>MHFA Summit</td>
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Thank you to our Mental Health First Aid of the Rockies Summit Sponsors!
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>7:00am - 8:00am</td>
<td><strong>Morning Tai Chi</strong></td>
<td>Building 3 Pool Area</td>
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<tr>
<td>7:00am - 8:00am</td>
<td><strong>Morning Yoga</strong></td>
<td>Coppertop 2</td>
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<tr>
<td>7:45am - 5:00pm</td>
<td><strong>CBHC Registration Open</strong></td>
<td>Third Floor Foyer</td>
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<tr>
<td>7:45am - 7:30pm</td>
<td>Exhibit Hall Open</td>
<td>Colorado Ballroom</td>
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<tr>
<td>7:45am - 8:45am</td>
<td>Breakfast in Exhibit Hall</td>
<td>Colorado Ballroom</td>
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**8:45am - 10:30am**

**Award Presentation:** Mental Health First Aid Colorado Award
Join us at the beginning of this session for the special award!

**General Session #1:** Creating a More Welcoming Mental Health Care System | Pete Earley

**10:30am - 11:00am** | Coffee Break in Exhibit Hall | Colorado Ballroom

**11:00am - 1:30pm**

**MarComm Group** (Invitation only - Includes Lunch | Mercury Boardroom - Building 4)

**11:00am - 12:00pm**

- **Peak 11/12** #101 Collaboration Between Behavioral Health and Criminal Justice: Why We Need It and How to Create It | Honorable Roxanne Bailin, Retired
- **Coppertop 2** #102 Boulder County’s Opioid Advisory Group: Partnering at the Local Level | Jamie Feld, MPH
- **Coppertop 3** #103 Maximizing Commercial Business within a Community Behavioral Setting | Bonnie Adams, LPC
- **Imperial Ballroom** #104 Ending the School-To-Prison Pipeline in Colorado: Advocating for Youth Who Are Being Punished and Pushed Out of School | Daniel Kim, PhD

**12:00pm - 1:30pm**

**Lunch** (see room locations below)

Lunch for all attendees (Colorado Ballroom)
Suicide Prevention Advocates Luncheon (Base Nine Lounge)
Training & Development Subcommittee Luncheon (Spencer’s Private Dining Room)

**1:30pm - 3:00pm**

- **Peak 6/7/8** #200 Suicide in Colorado: Aligning Behavioral Health Center Efforts with State Initiatives Through Community Collaborations | Barbara Becker, PhD; Sarah Brummett, MA, JD; Maranda Miller, BA, CPSII
- **Peak 9/10** #201 Spicing Up Manualized Curriculum: Keeping Clients (and You!) Interested & Involved | Anjali Nandi, MA, LAC, MAC
- **Peak 11/12** #202 Bending Healthcare Trends: Leading Practices for Managing Employee Benefit Costs | Kristen A. Russell, FSA, MAAA
- **Coppertop 2** #203 Integration Innovation: Key Learnings from the SIM Bi-Directional Integration Pilot Program | Donald W. Bechtold, MD, DLFAPA, DFAACAP; Jill Atkinson, PhD, LP; Toni Moon, MA; Danielle Smith; Emily Haller
<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session Title</th>
<th>Speaker(s)</th>
</tr>
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<tbody>
<tr>
<td>1:30pm - 2:00pm</td>
<td>Coppertop 3</td>
<td>#204 Achieving Calmness in the Midst of Chaos: Auricular Acupuncture and Meditation Sessions for Methadone Patients</td>
<td>Analice Hoffenberg, MD, MSPH</td>
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<td></td>
<td>Imperial Ballroom</td>
<td>#205 Don’t Fear the Data: Using QI Tools to Capture Outcomes</td>
<td>Diane Land, PhD, MPH, CHES</td>
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<tr>
<td>2:00pm - 2:30pm</td>
<td>Colorado Ballroom</td>
<td>#206 Building Bridges: Connecting Patients with Care</td>
<td>Kristen A. Russell, FSA, MAAA</td>
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<tr>
<td>2:30pm - 3:00pm</td>
<td>Coppertop 2</td>
<td>#207 Innovative Approaches for Treating Substance Use Disorders</td>
<td>Sean Sullivan, PsyD &amp; Jon Sockell, MBA</td>
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<td>Royal Ballroom</td>
<td>#208 The Future of Telehealth: Opportunities and Challenges</td>
<td>Steven G. Smith, MD, MPA</td>
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<td>#209 Tools for Enhancing Access to Care</td>
<td>Brent F. Johnson, MD, FSA</td>
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<tr>
<td>3:00pm - 3:30pm</td>
<td>Coffee Break in Exhibit Hall</td>
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<td>3:30pm - 4:00pm</td>
<td>Peak 9/10</td>
<td>#301 How Do Our Criminal Justice Clients Think? Effective Strategies for MH &amp; SUD Treatment</td>
<td>Anjali Nandi, LAC, MAC, MA</td>
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<td></td>
<td>Peak 11/12</td>
<td>#302 Was Your Last Health Benefits Renewal Fair? Tools to Evaluate and Predict Your Renewals</td>
<td>Kristen A. Russell, FSA, MAAA</td>
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<td></td>
<td>Coppertop 3</td>
<td>#303 How to Offer Virtual Reality Exposure Therapy in Your Practice</td>
<td>Sean Sullivan, PsyD &amp; Jon Sockell, MBA</td>
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<td>Imperial Ballroom</td>
<td>#304 Opioid Abuse: Interdisciplinary Approaches to the Epidemic</td>
<td>Robert J. Valuck, PhD, RPh</td>
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<td>#305 The Journey from Adolescence into Adulthood</td>
<td>Michelle Wiley, MA, LPC, CPRP</td>
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**Session Handouts:**
Speaker session handouts will be posted to www.cbhc.org and the app after August 15, 2017.

**Network:** Beaver Run Meeting
If one does not automatically open, open a browser on your device. Voucher: CBHC
### Schedule at a Glance | October 6, 2017 | Friday

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>6:30am - 7:30am</td>
<td><strong>Morning Tai Chi</strong></td>
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<td>6:30am - 7:30am</td>
<td><strong>Morning Yoga</strong></td>
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<tr>
<td>7:15am - 5:00pm</td>
<td>CBHC Registration Open</td>
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<tr>
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<td>7:15am - 8:15am</td>
<td>Breakfast in Exhibit Hall</td>
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<td>8:15am - 10:00am</td>
<td>Board Member of the Year &amp; Board Member Lifetime Achievement Awards</td>
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<tr>
<td>10:00am - 10:30am</td>
<td>Coffee Break in Exhibit Hall</td>
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<tr>
<td>10:30am - 12:00pm</td>
<td>General Session #2</td>
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<tr>
<td>12:00pm - 1:30pm</td>
<td>Lunch (see room locations below)</td>
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<tr>
<td>1:30pm - 3:00pm</td>
<td>Rate Setting and Cost Reporting</td>
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<tr>
<td>1:30pm - 3:00pm</td>
<td>Optimism and Positive Psychology in Practice</td>
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<tr>
<td>1:30pm - 3:00pm</td>
<td>Resilience through In-Home Peer Crisis Respite</td>
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<tr>
<td>1:30pm - 3:00pm</td>
<td>CBHC 2017 Policy Update</td>
</tr>
</tbody>
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**Room Locations**

- **Breckenridge Ballroom**
- **Peak 6/7/8**
- **Peak 9/10**
- **Peak 11/12**
- **Peak 17**
- **Imperial Ballroom**
- **Coppertop 2**
- **Colorado Ballroom**
- **Third Floor Foyer**
- **Third Floor Foyer**

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**Categories**

- **CI** Clinical
- **BM** Board
- **BU** Business/Upper Mgmt
- **IC** Integrated Care
- **AT** Addiction Treatment

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**URL** [www.cbhc.org](http://www.cbhc.org)
1:30pm - 3:00pm (Cont’d)
Coppertop 3 #504 Integrated Care of the Opioid Dependent Patient: Collaboration Between the Community Mental Health Center and the Federally Qualified Health Center | Vickie Gerber, MA, LPCC; Alex Murphy, MA, LPCC; Joseph (JC) Carrica III, EdD, MA, CAC; Kirsten Thom, LCSW, LAC, EMDR I, II; Brooke Badberg, MA, LAC; Lesley Brooks, MD

3:00pm - 3:30pm | Coffee Break in Exhibit Hall | Colorado Ballroom

3:30pm - 5:00pm
Peak 6/7/8 #600 Financial Reporting Changes on the Horizon | Ryan Reiff, CPA, FHFMMA, CHFP
Peak 9/10 #601 Family Focused Therapy for Youth with Bipolar Disorder | Dawn Taylor, PhD
Peak 11/12 #602 | You Have Peers Where? Connecting Hospitals to Peer Services | Jason Popish; Heather Rieth MSN, RN; Janice Curtis, CPS
Coppertop 2 #603 The Role & Responsibilities of the Board in Compliance | Cynthia Grant, PhD, LCSW, CHC
Coppertop 3 #604 The Angel Program: A Community’s Response to Addiction | Michael Butler, Public Safety Chief & Jeffrey M. Satur, Police Services Deputy Chief
Imperial Ballroom #605 Try Taoist Tai Chi: Strength, Flexibility and Health | Bob Tank Jr, LAC, LCSW, BCD, Retired

Networking Reception
Thursday, October 5, 2017
5:30pm-7:30pm
Colorado Ballroom & Patio

Golden Abacus & Golden Lightbuld Awards | 6:15pm-6:30pm
Plan to attend our social time together with light hors d’oeuvres!
All attendees welcome (no charge)

Sponsored by
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Colorado Health Partnerships, LLC
Foothills Behavioral Health Partners, LLC
### Schedule at a Glance | October 7, 2017 | Saturday

<table>
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<tbody>
<tr>
<td>7:00am - 8:00am</td>
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<tr>
<td>7:30am - 12:00pm</td>
<td><strong>CBHC Registration Open</strong></td>
</tr>
<tr>
<td>7:30am - 8:30am</td>
<td><strong>Special Board Breakfast</strong></td>
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<td>Les Wallace, PhD</td>
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</tbody>
</table>

#### 8:30am - 10:00am

- **Peak 6/7/8** #700 Mindful Mood Balance for Moms | Sona Dimidjian, PhD
- **Peak 9/10** #701 The Colorado Experience with Legalized Marijuana | Karen Rice, MD
- **Peak 11/12** #702 Community Recovery & Resiliency: Our Personal Pathway | Tonya Wheeler, CAC III, CPFS
- **Coppertop 2** #703 Innovations in Community Crisis Care: A Tale of Three Cities | Erin Milliken, LPC; Barbara Kleve; Charlie Davis, MA; Maigan Oliver, LPC; Chris Richardson, LCSW, CAC III; Jay Flynn, JD
- **Coppertop 3** #704 Succession Planning: A Wise Investment in Your Future | Rick Mack, MS
- **Imperial Ballroom** #705 Achieving a Governance Strategic Rhythm | Les Wallace, PhD

#### 10:00am - 10:15am | Coffee Break in Exhibit Hall | Colorado Ballroom

#### 10:15am - 12:00pm

- **Breckenridge Ballroom** Award Presentation: George DelGrosso Advocacy Award
  - Join us at the beginning of the General Session to celebrate the awardee!

- **General Session #3** | Give Stigma a Bad Name! | Big Daddy Tazz

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**WIN the new Amazon Echo Show**

Get the App or browse to [www.eventmobi.com/cbhc17](http://www.eventmobi.com/cbhc17) to evaluate sessions and the conference for a chance to win!
Get the event App!

Easy access to:

- Evaluations
- Session Handouts
- Session Schedule
- Sponsors & Exhibitors
- Speaker Information
- Program & Updates

Available on all devices!
Browse to www.eventmobi.com/cbhc17
...follow the instructions on your device.

Network: Beaver Run Meeting
If one does not automatically open, open a browser on your device.
Voucher: CBHC
MENTAL HEALTH FIRST AID COLORADO

KNOW THE SIGNS

LEARN THE ACTIONS

BE A LIFELINE

UP TO 90% of individuals with mental disorders are treatable.

1 IN 4 people will experience a mental health challenge or crisis in their lifetime.

50% of all lifetime cases of mental illness begin before age 14.

JOIN THOUSANDS OF OTHER COLORADANS IN BEING A FIRST RESPONDER FOR YOUR COMMUNITY’S MENTAL HEALTH.

SIGN UP FOR A COURSE TODAY!

www.mhfaco.org
Mental Health First Aid of the Rockies Summit

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**Peak 17**
Breckenridge Ballroom

**Mental Health First Aid of the Rockies Summit**
8:00am - 8:45am  **Breakfast & Networking**
8:45am - 4:30pm  **MHFA Summit**

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THE WELLNESS RACE

Complete Tasks - Challenge Friends
Enjoy the Race!

Download the event App and be apart of the competition!

go to [www.eventmobi.com/cbhc17](http://www.eventmobi.com/cbhc17)

Get the high score and win! Top 2 winners will get a $50 Amazon gift cards.
#101 | Collaboration Between Behavioral Health and Criminal Justice: Why We Need It and How to Create It

Collaboration between behavioral health and criminal justice systems can reduce harm to defendants with mental illness and their communities. This session will discuss initiatives and programs that create such collaborations.

Honorable Roxanne Bailin, Retired served as a judge in the 20th Judicial District from 1983 to 2013 and served as Chief Judge from 1998 to 2013. She helped develop an integrated probation program for high risk, high needs defendants with serious mental illness and helped develop treatment courts for felons, families involved in neglect and dependency cases, juveniles, and multiple DUI offenders.

#102 | Boulder County’s Opioid Advisory Group: Partnering at the Local Level

Addressing the opioid crisis locally requires involvement by multi-disciplinary sectors including law enforcement, treatment, healthcare, prevention and community members. Successes, challenges and opportunities will be discussed as well as statewide resources.

Jamie Feld, MPH is an Epidemiologist at Boulder County Public Health. She is a Europubhealth Masters and Rotary Scholar recipient. She has previous experience at the Centers for Disease Control and the U.S. Department of Veterans Affairs.

#103 | Maximizing Commercial Business within a Community Behavioral Setting

With the ever-evolving payment dynamics in the Behavioral Health world, it’s important to maximize every funding source. This session will show how North Range is doing just that with commercial Insurance.

Bonnie Adams, LPC is Program Director for the Counseling Center at West Greeley, a program of North Range. She has 18 years experience in the Behavioral Health field as a therapist and as a manager.
#104 | Ending The School-To-Prison Pipeline In Colorado: Advocating for Youth Who are Being Punished and Pushed Out of School
How can we use new policies and school data to advocate for youth who are being punished and pushed out of school through suspensions, expulsions, and school-based tickets and arrests?
Daniel Kim is State Organizing Director at Padres & Jóvenes Unidos, a racial justice community organization that led a coalition to pass: 2012 Smart School Discipline Law.

#200 | Suicide in Colorado: Aligning Behavioral Health Center Efforts with State Initiatives Through Community Collaborations
We will provide an overview of statewide projects that are housed in the Office of Suicide Prevention. We will discuss collaborations that CMHCs have with OSP and with community partners.
Barbara Becker, PhD is the Director of Mental Health First Aid Colorado. Before joining CBHC she worked in a CMHC for 12 years and served as their suicide prevention liaison in that role building relationships in the community around suicide prevention. She serves on the Colorado Suicide Prevention Commission. She was a founding member of the Colorado Chapter of the American Foundation for Suicide Prevention and of the Douglas/Arapahoe Suicide Prevention Coalition. She is the recipient of the AFSP 2015 Sandy Martin Grassroots Award for Advocacy.
Sarah Brummett, MA, JD, Director of the State Office of Suicide Prevention, works collaboratively with other programs, state agencies, non-profits, and private organizations to develop and implement effective prevention strategies.
Maranda Miller, BA, CPSII has over thirteen years of experience providing suicide prevention trainings in the communities of Northeast Colorado and is the Centennial Mental Health Center Suicide Prevention Specialist.

#201 | Spicing Up a Manualized Curriculum: Keeping Clients (and You!) Interested and Involved
This session will leave you inspired about running groups using a manualized curriculum. If you have ever felt stuck in a rut about groups or needed new ideas about how to creatively work with a manualized curriculum, this session is for you.
Anjali Nandi, MA, LAC, MAC is an organizational consultant with degrees in Psychology and the human service field, supporting agencies to find innovative ways of developing their potential through leadership training, skill building, staff wellness and implementation of evidence-based practices.

Rising employee health care costs are the bane of every CFO’s existence, especially for Behavioral Health Organizations whose revenue is fixed or barely growing.
Kristen Russell, FSA, MAAA is the CEO of Fall River Employee Benefits, whose mission is to be the most innovative and proactive benefits broker in Colorado. She brings to her clients twenty-five years of experience as an actuary, underwriting executive, broker and consultant in the health insurance and employee benefits industry.
In 2015, four Community Mental Health Centers (CMHCs) began participating in a pilot project for Colorado’s State Innovation Model (SIM) initiative, which focuses on integrating primary care and prevention services into the community behavioral health setting. Representatives from each participating CMHC will share key learnings to date, from this innovative project.

**Jill Atkinson, PhD, LP** has been at Community Reach Center since 2010 and currently serves as the Clinical Director for Integrated Care. As Clinical Director, she oversees all integrated care projects, the Child Development Center, Mountainland Pediatrics, and the Bi-Directional SIM project. Focusing primarily on consumers with serious and persistent mental illness, she has been committed to providing top-quality care in the non-profit arena for more than 20 years. Jill received her doctorate with a focus on community mental health and working with underserved populations.

**Donald W. Bechtold, MD, DLFAPA, DFAACAP** is the Vice President of Healthcare and Integration, and Medical Director at Jefferson Center for Mental Health. He is a board-certified adult, child and adolescent psychiatrist. Dr. Bechtold was a full-time faculty member of the University of Colorado School of Medicine until 2001 at which time he joined Jefferson Center. In addition to his work at Jefferson Center, Dr. Bechtold was the Medical Director of the Foothills Behavioral Health and Foothills Behavioral Health Partners BHOs from 2005-2011. Dr. Bechtold publishes and presents nationally with interest and expertise in consultation, training and technical assistance for bidirectional integrated healthcare, care coordination and care management, high utilizer management, healthcare neighborhood development, organizational culture change, management and leadership development.

**Toni Moon, MA** is Director of Health Homes and Integrated Care, Mental Health Partners. Toni has more than 20 years of experience in behavioral health care, including mental health treatment with adults, children and families, recovery-oriented program development and quality improvement.

**Danielle Smith** serves in the role of grant manager for the SIM Bidirectional Pilot Project as well as various other projects that focus on integrated physical health, behavioral health, and wellness. Dani provides project guidance throughout the organization, maintains communication with project administrators, and aids in data-driven decision making.

**Emily Haller, SIM Program Coordinator, CBHC** coordinates the SIM Bi-Directional Pilot Program, directly supports the four CMHC pilot sites, and collaborates closely with the broad network of SIM stakeholders.
#204 | Achieving Calmness in the Midst of Chaos: Auricular Acupuncture and Meditation Sessions for Methadone Patients

This session will briefly describe the peer-reviewed literature about compassion, meditation and auricular acupuncture, our experience offering them to patients, and give the audience the opportunity to experience a guided meditation session. 

Analice Hoffenberg, MD, MSPH is double Board-certified in Preventive and Addiction Medicine with a Master in Public Health. As Medical Director of MMT, she became interested in alternative methods to improve patients’ coping and functionality.

#205 | Don’t Fear the Data: Using QI Tools to Capture Process & Outcome Measures

This presentation will provide participants with project stories and examples for using quality improvement tools to simplify the outcomes evaluation process. Expert math skills not required.

Diane M. Land, PhD, MPH, CHES has extensive experience in community health, healthcare leadership and quality improvement. She recently transitioned from North Range Behavioral Health to Boulder Community Health as the Quality Improvement and Population Health Specialist for Ambulatory Physician Services.

#301 | How Do Our Criminal Justice Clients Think? Effective Strategies for MH & SUD Treatment

How do our criminal justice clients think and what do they need? Effective strategies for attending to criminogenic needs. This session will address the importance of attending to criminogenic needs when treating a criminal justice population. Specific emphasis will be paid to working with antisocial thinking, one of the top four criminogenic needs.

Anjali Nandi, MA, LAC, MAC is an organizational consultant in the human service field. She supports criminal justice agencies, hospitals and medical providers, and helps schools find innovative ways of developing their potential through leadership training, skill building, staff wellness and implementation of evidence-based practices. As a consultant and trainer, Anjali Nandi designs and delivers a variety of training seminars in the fields of behavior change, addictions and corrections to state and local agencies throughout the country on topics as varied as implementation; program evaluation; organizational development; skills for effective supervision; evidence-based practice; evidence-based sentencing for judges; impaired driving research; adult and juvenile assessment; group facilitation skills; curriculum building; vicarious trauma and staff wellness; cognitive skill-building; and basic and advanced Motivational Interviewing. She serves as an expert consultant to the Colorado SBIRT program, providing coaching and training to agencies across the state, as well as being a consultant for the Evidence-based Practice Implementation for Capacity (EPIC) project in Colorado.
#302 | Was Your Last Health Benefits Renewal Fair? Tools to Evaluate and Predict Your Renewals
Ever feel like your health insurance company pulled your last employee benefits renewal out of a hat? Get the tools to determine if the last renewal you received was fair, and even predict your next renewal in advance. We’ll walk you through multiple factors your insurance company uses when calculating your renewal, and use examples to show you how to follow the actual steps in the formula to see if they’re giving you full credit where they should. In addition, organizations that have access to claims experience or even a fully insured loss ratio can estimate their renewals in advance, which can greatly help when budgeting. This session is designed to simplify what insurance companies try to complicate, and empower you to negotiate even better.

*Kristen A. Russell, FSA, MAAA* (see bio page 18)

#303 | How to Offer Virtual Reality Exposure Therapy in Your Practice
Two decades of research has shown that Virtual Reality can help therapists administer highly effective exposure therapy. VR enables therapists to easily conduct exposure therapies from within the office, instead of in vivo. Until recently, though, only few therapists could access these VR treatment tools. Learn how therapists are administering VR treatments today at no cost and watch a live VR exposure therapy treatment. In this session, learn about the latest clinical research supporting VR’s efficacy for anxiety disorders, case studies from therapists who use VR in their practices, and how you can bring VR into your practice at no cost.

*Jon Sockell, MBA* is a technology entrepreneur in Palo Alto where he leads marketing at Limbix. He has a BA in Economics from Washington University and an MBA from Vanderbilt University.

*Sean Sullivan, PsyD* is a psychologist, author, and Director of Psychology at Limbix. Sean studied at Harvard and UCSF. His research focused on technology applications for psychotherapy.

#304 | Opioid Abuse: Interdisciplinary Approaches to the Epidemic
This session will describe current efforts to address the opioid epidemic in the U.S. and Colorado, focusing on innovative, interdisciplinary approaches to prevention, intervention, treatment, and recovery.

*Robert Valuck, PhD, RPh* is a Professor of Pharmacy, Epidemiology, and Family Medicine at the University of Colorado Anschutz Medical Campus, and Director of the Colorado Consortium for Prescription Drug Abuse Prevention.

#305 | The Journey from Adolescence into Adulthood
We all remember it – Adolescence. A whole-person, collaborative approach to mental health and wellbeing are essential in supporting a young person’s transition into adulthood.

*Michelle Wiley, MA, LPC, CPRP* launched and leads the team at Emerson St. for Teens and Young Adults, a program of Mental Health Center of Denver.
General Session 2 | Integrative Wellness: The Path to Reducing Stigma & Strengthening Communities

How do individuals and communities regain their collective strength in times of unexpected change? Dr. Wilder will explore the five keys to social justice, economic empowerment, quality healthcare, environmental safeguards, quality education and an unbiased legal system as a framework for building community resilience in challenging times.

Gloria Wilder, MD is the founder of CORE HEALTH, a community-driven social justice solutions company that is dedicated to helping health providers in underserved communities improve their quality of service. The company’s mission promotes strengthening individual health and wellness by enriching entire communities. CORE HEALTH’s Wellness Doctrine recognizes that a well community provides strong quality healthcare, education, housing, food, and economic opportunities for its residents. It was founded in 2005. Previously, Dr. Wilder served as Director of Community Pediatrics at Georgetown University Medical Center and Chair of Mobile Health Programs at Children’s National Medical Center. She oversaw the daily operations of the Children’s Health Project of DC, a program of the nationally recognized Children’s Health Fund. She volunteers her time and expertise as a pediatrician at safety net clinics throughout the DC region. Dr. Wilder serves on the Board of Directors for the Children’s Law Center, the International Mobile Health Association, the Meyers Foundation, and DC Action for Children. She serves on the prestigious DC Access to Justice Commission and on the health policy board for the Centene Corporation. She has given three years of service to the National Health Service Corps. Dr. Wilder is a nationally-recognized speaker and expert on poverty and economic segregation in healthcare. She serves as a consultant to numerous foundations and nonprofit organizations specializing in implementing outcome-driven community programs and assisting foundations in analyzing effective community initiatives. She has written articles for major national mainstream publications, served as an expert consultant for The Oprah Winfrey Show, and works with large media organizations like Today’s Child Communications on targeted marketing to communities of need throughout our nation.

#400 | Later Life: Behavioral Health & Resiliency

Learn about common behavioral health problems faced in later life and how to build resiliency as an innovative approach to better address the complex needs of older adults.

Amy Miller, LCSW is a clinician for the Senior Reach program at Jefferson Center for Mental Health and national consultant to Senior Reach programs across the country.

#401 | Implementing Behavioral Health Services in Educational Settings

This session will cover implementation processes for providing outpatient substance use and mental health services in local high schools. Outcomes highlighting successes and challenges will be discussed.

Dennis Ballinger LMFT, CACIII is the Director of Addiction and Forensic Services for AllHealth Network.

Dana Rogers LCSW is a Substance Use and Mental Health therapist for AllHealth Network.
**#402 | Cross-System Behavioral Health Crises Response Pilot Program for Individuals with Intellectual and Developmental Disabilities**

The Pilot provides crisis services to individuals who have an Intellectual or Developmental Disability with a behavioral health need that may require services not available through the existing health care system.

**Josh Negrini, HCBS-DD Waiver Coordinator** works with the Department of Health Care Policy and Financing (HCPF) with the Division for Intellectual and Developmental Disabilities (DIDD). He comes to the Department with more than 15 years of experience in the I/DD field.

**#404 | CBHC Ted Talks: Illustrations of Best Practices in Behavioral Health**

Sponsored by The Colorado Health Foundation

CBHC is proud to present this special session to highlight some of the excellent work being done through our community behavioral health system. Outstanding programs nominated for the Golden Lightbulb & Golden Abacus Awards have been invited to present a short talk on their programs and participate in discussion about how they have achieved success.

**#405 | Changes to the National Landscape for Behavioral Health**

This session will provide an overview of emerging behavioral health policy and financing issues emanating from the new Administration, including Medicaid policy, federal appropriations and parity enforcement.

**Chuck Ingoglia, MSW** is Senior Vice President of Public Policy and Practice Improvement for the National Council for Behavioral Health, where he leads the national charge to ensure people have access to their potential to live full and complete lives. During the last ten years at the National Council, he has made valuable contributions to the organization in establishing direction and achieving specific goals for the over 2,800 member organizations nationwide. As leader of the Policy and Practice Improvement Team, Mr. Ingoglia transforms the conversation about mental health and delivery of services. He effects change at both the national and state policy level by, among other things, playing a major role in Federal and State policy advocacy and analyses on myriad issues relevant to behavioral health financing and health reform. His influence and advice on policy is informed by insight gained as a result of providing site-of-service technical assistance to members. He holds a Master of Social Work and a Bachelor of Arts in Social Work, both from the Catholic University of America.

**#500 | Rate Setting and Cost Reporting**

In this session we will cover the rate setting process, including updates to the Colorado Unit Cost Report, and Cost Report Treatment for Capacity-Based Programs and Integrated Care and other related issues.

**Kevin Light** holds a Master’s Degree in Business Administration (with a concentration in information systems) and a Bachelor of Science in Business (with a concentration in business/finance) from the University of Colorado at Colorado Springs. He has more than 25 years of experience and eleven years of BH experience in the State of Colorado.
#501 | Optimism and Positive Psychology in Practice
In a difficult world, it can be hard to feel optimistic. This seminar will review the theories of Learned Optimism, Personal Control and the Happiness Advantage, all evidence-based theories of positive psychology. The seminar will also help you to understand self-defeating thinking and pessimism that prevents embracing optimism. The optimistic hope is that you will leave this seminar with strategies to consistently celebrate what is right in your world.

Cecelia B. Keelin, LPC practices out of Lakewood, focusing on private counseling, seminars, and organization support. She previously held supervisory positions in EAP and community mental health organizations.

#502 | Resilience Through In-Home Peer Crisis Respite
Mind Springs Health created an in-home, peer crisis respite program two and a half years ago. We serve the children, youth and adults who are experiencing stressful situations, and are at risk of needing a higher level of care. We have planned, changed, and changed again, as we have determined how to create the most effective program. Responding to the needs of our crisis clinicians, as well as outpatient staff, has been a moving target, and still is. We have developed a follow up process that enhances services, and helps meet Zero Suicide goals also.

Michelle Hoy, LPC, CAC III joined the organization in 2004 and oversees all outpatient and residential services in Mesa County. She has worked as a school-based therapist and was embedded in the Department of Human Services.

Janice Curtis, CPS is the manager of the Peer Support Services at Mind Springs Health. She was the first peer hired, and has worked with management to create some very innovative programs. They now have fifty peer specialists in a ten-county area.

#503 | CBHC 2017 Policy Update
How did behavioral health fare in 2017, and what’s on the horizon for 2018? Join CBHC’s policy team to understand how your legislators’ actions affect how you will be providing services in your community.

Frank Cornelia, MS, LPC is the Director of Government & Community Relations for CBHC. He has more than twenty years of experience in the behavioral health field, much of it as a clinical professional. Frank holds a Bachelor’s Degree in Psychology from the University of Minnesota and a Master’s Degree in Health & Human Development from Montana State University.

Moses Gur, MA is the Policy Associate for CBHC. He is a graduate from the University of Denver’s Masters of Forensic Psychology program where he studied the intersection of the legal system with the mental health service delivery system. Before joining the CBHC policy team, he was a policy fellow for the Substance Abuse and Mental Health Service Administration.

Gil Romero, JD is a Principal/Attorney with Capitol Success Group, a government affairs and lobbying firm he started in 1999. He is currently the lead lobbyist for CBHC. Gil served in the Colorado House of Representatives from 1984 – 1998, eight of those years he served on the powerful Joint Budget Committee. He is a former Judge Advocate General and a Major in the Army National Guard. He holds a Juris Doctorate Degree from the University of Colorado Law School, and a Bachelor of Arts Degree in Political Science, University of Colorado, with a Masters Degree from Harvard University.

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**Sessions & Speakers | Friday**

- **Clinical**
- **Board**
- **Business/Upper Mgmt**
- **Integrated Care**
- **Addiction Treatment**

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**CBHC Annual Training | 24**
#504 | Integrated Care of the Opioid Dependent Patient: Collaboration Between the Community Mental Health Center and the Federally Qualified Health Center (Panel)
Discussing evidence-based therapy approaches and medication management for treatment of opioid and alcohol dependency, including collaboration with primary care in an integrated behavioral and physical health setting.

**Vickie Gerber, MA, LPCC** is a Behavioral Health Consultant on the Integrated Care Team and MAT Therapist with North Range Behavioral Health in Greeley, CO.

**Alex Murphy, MA, LPCC** is also a Behavioral Health Consultant on the Integrated Care Team and MAT Therapist with North Range Behavioral Health in Greeley, CO.

**Lesley Brooks, MD** serves as the Chief Medical Officer for Sunrise Community Health and as the Assistant Medical Director for the North Colorado Health Alliance in northern Colorado. Dr. Brooks, a board-certified family physician, has practiced full scope family medicine including obstetrics in northern Colorado since 2008.

**Joseph (JC) Carrica III, EdD** is the Chief Operations Officer of Southeast Health Group. Serving on the High Plains Research Network Community Advisory Council since 2012, he has shared his operations knowledge of Medication Assisted Therapy strategies in southeast Colorado to include Vivitrol and Suboxone.

**Brooke Badberg MA, LAC** has worked with clients with addiction and mental health issues for more than seventeen years. She has a Master’s Degree in Forensic Psychology and is also a Licensed Addictions Counselor, currently employed at SummitStone Health Partners.

**Kirsten Thom, LCSW, LAC** is Outpatient Mental Health (MH) and Substance Abuse (SA) Supervisor at Summitstone Health Partners (SHP), 2008-Present. Kirsten has many therapeutic passions; however, she specializes in the integration of MH and SA treatment, provision of MH/SA services in the child welfare system, pregnancy-related depression/maternal mental health, and medication assisted treatment (MAT).

#600 | Financial Reporting Changes on the Horizon
The impact of accounting and auditing updates on the health care industry including not-for-profit reporting model, revenue recognition and lease recognition changes.

**Ryan Reiff, CPA, FHFMA, CHFP** has more than sixteen years of public accounting experience working with health care clients. He assists behavioral health centers, hospitals and physician groups and provides general business consulting. Ryan is a member of the American Institute of CPAs, Colorado Society of CPAs, and Healthcare Financial Management Association (HFMA), and serves as a board member. He is president for the Arizona chapter of HFMA. He is a Certified Healthcare Financial Professional (CHFP) and is a Fellow of the HFMA (FHFMA).
#601 | Family Focused Therapy for Youth with Bipolar Disorder
This talk will review Family-Focused Treatment for adolescents with Bipolar Disorder. Current evidence for the protocol, specific therapy skills and treatment considerations will be discussed.

Dawn Taylor, PhD is a psychologist in private practice and former Research Associate at the University of Colorado, and has worked on numerous studies exploring optimal psychosocial treatment options for people with Bipolar Disorder.

#602 | You Have Peers Where? Connecting Hospitals to Peer Services
Mind Springs Health, in collaboration with St. Mary’s Hospital, our regional physical health hospital, developed a program to utilize peers in the Emergency Department, to provide support to the patients. After starting in February, 2017, it was determined that peer staff could also be valuable support in other areas of the hospital, especially patients being served by the Psychiatric Evaluation Team at the hospital. Being a rather unusual program, we had little to guide us, and are still learning what’s best, including enhancing continuity of care.

Jason Popish is Peer Support Services Coordinator, Mind Springs Health at St. Mary’s Hospital, managing Peers to provide behavioral health services in a medical facility and promote resiliency within our community.

Heather Rieth MSN, RN is Clinical Nurse Manager, Psychiatric Evaluation Team at St. Mary’s Hospital in Grand Junction, CO. Heather builds collaborative relationships within the community along-side West Springs Hospital and the Peer Program.

Janice Curtis, CPS (see bio page 24)

#603 | The Roles & Responsibilities of the Board in Compliance
Discussion of the roles and responsibilities of the Board in overseeing compliance in behavioral health, how to evaluate your organization’s compliance program, and what to expect from your compliance officer.

Cynthia Grant, PhD, LCSW, CHC is the VP of Quality Improvement and Compliance at AllHealth Network where she also serves as the Corporate Compliance Officer.

#604 | The Angel Program: A Community’s Response to Addiction
Working in conjunction with the medical community and science-based recovery programs, the Longmont Department of Public Safety can make a difference in helping people suffering with addiction to obtain treatment, which will reduce the drug demand, thereby devaluing a seemingly endless drug supply. We want to remove the stigma associated with addiction by turning the conversation toward the disease rather than the crime of addiction. We are working directly with treatment centers to secure scholarships to fully-funded treatment programs.

Michael Butler, Public Safety Chief has more than thirty years of comprehensive policing experience ranging from beat officer to police chief with nationally recognized police departments. Since 1993, Mike has been at the helm of the Longmont Police Department. In 2008, responsibilities included the Longmont Fire Department as well.

Jeffrey M. Satur is a Deputy Chief with the Longmont (CO) Department of Public Safety and is currently assigned to the Police Service Division. Jeff has held a number of assignments within his agency, including Patrol, Training, IA, and Detectives. Jeff was a member of the department’s SWAT Team for more than eighteen years.
**#605 | Try Taoist Tai Chi: Strength, Flexibility and Health**

Taoist Tai Chi Society® internal arts of health incorporate stretching and turning into a sequence of movements that improve the health of body, mind, and spirit. They reduce tension, improve circulation and balance, and increase strength and flexibility. Over time, these internal arts reach deep inside the body to benefit its entire physiology and restore the calmness and peace of mind often lost through the excessive desires and anxieties of daily life.

**Bob Tank Jr, LAc, LCSW, BCD, Retired** has credentials in both Eastern and Western healthcare traditions. He is a Board-Certified Diplomat in Acupuncture and studied Chinese medicinal herbs extensively. He studied at the Colorado School of Traditional Chinese Medicine (CSTCM) in Denver, Colorado, graduating in 1998, and has been practicing the healing arts for over seventeen years. His healthcare experience began in 1974 and includes more than 35 years in the mental health field as a LCSW and BCD in clinical social work. He is a member of the Taoist Tai Chi Society USA and a daily practitioner of Taoist Tai Chi. He has studied this form for over 26 years and has instructed Taoist Tai Chi more than 16 years.

**Saturday | Sessions & Speakers**

**#700 | Mindful Mood Balance for Moms**

This session will address pregnancy-related depression, including implications for both women and their children. It will introduce interventions and practical skills that can help protect women from depression and promote resilience.

**Sona Dimidjian, PhD** is an Associate Professor, Department of Psychology and Neuroscience at the University of Colorado Boulder, and licensed clinical psychologist. Her research focuses on perinatal mental health.

**#701 | The Colorado Experience with Legalized Marijuana**

Data before and after legalization of recreational marijuana in Colorado will be presented, including the impact of marijuana on public health, public safety, the criminal justice system, and the economy.

**Karen Rice, MD** is a Psychiatrist at Mental Health Partners, in Boulder County.

**#702 | Recovery & Resiliency at Home**

Come and hear a journey of lived experience from a woman who has walked in active addiction and mental health disorders, and today has long-term recovery using pathways that have led her to a happy and productive life.

**Tonya Wheeler, CAC III, CPFS** is the Executive Director, Advocates for Recovery Colorado, and has been in long-term recovery since 1990. Her passion for helping others find/maintain long-term recovery remains evident in her work in treatment, advocacy, and recovery throughout Colorado.
#703 | Innovations in Community Crisis Care: A Tale of Three Cities

This panel will address three different models that have been developed in their communities, with an emphasis on practical tips for starting and maintaining these innovative interventions. Community programs presented will be:

**Denver:** The Denver Co-Responders, or Crisis Intervention Response Unit, is a group of six licensed clinicians working for the Mental Health Center of Denver, who work in partnership with the Denver Police Department. These clinicians work alongside police, responding to mental health-related 911 crisis calls either on foot, on bicycles or in police cars, providing professional crisis intervention and resources that help people get the help they need and avoid jail. The C-Responders provide crisis intervention and link people to a wide variety of services to solve both their immediate and long-term needs. **Colorado Springs:** The Community Response Team, comprised of a CSPD officer, a CSFD medical provider, and an AspenPointe licensed mental health professional, use a nondescript vehicle to respond to low level 911 calls. These calls include health and welfare checks, unit to unit calls, callers reporting suicidal ideation, and calls from the Colorado Mental Health Crisis Hotline. The team allows for timely response to those in psychiatric crisis, serves patients in their environment, reduces strain on first responders, and directs patients to the most appropriate level and location of care. **Boulder County:** Mental Health Partner’s EDGE program makes specially-trained mental health workers available as first responders to assist law enforcement with mental health crises in the community.

**Charlie Davis, MA** is EDGE Supervisor of Mental Health Partner’s EDGE program and CCC walk-in/mobile crisis services. He has 27 years of service at MHP in crisis intervention.

**Jay Flynn, JD** is the Vice President of Adult Recovery Services at the Mental Health Center of Denver. He has served as the Director of Adult services for the past three years and as the Deputy Director, for the past eight years. He oversees services provided to adults by multiple assertive community treatment and intensive case management teams, multiple outpatient teams, grant programs, residential facilities and a walk-in crisis center staffed by more than 400 professionals.

**Maigan Oliver, LPC** is Director of Acute and Forensic Services at Mental Health Partners where she oversees the 24/7, high acuity behavioral health programs. She has more than eleven years of experience including crisis, outpatient, residential, forensic services, trauma, child welfare, and adult and adolescent addiction services.

**Barbara Kleve,** Project Manager with AspenPointe oversees the Colorado Crisis Services project in southern Colorado, spanning 22 of the southeastern counties.

**Erin Milliken, LPC** graduated with her Master’s Degree in Counseling Psychology from the University of Denver in 2006. She has been a Licensed Professional Counselor since 2008 and is currently the Director of Crisis Services at AspenPointe.

**Christopher Richardson, LCSW, CAC III** is Program Manager of Co-Responder Unit with Mental Health Center of Denver, which connects Behavioral Health supports with Police response on calls related to mental health crisis in an effort to decrease citation and legal contacts with vulnerable populations.
#704 | Succession Planning: A Wise Investment in Your Future

Why is succession planning important? This presentation will include the answer to that question and will review several ways your organization can create a succession plan that meets your needs.

Rick Mack, MS is in Operations Management and is an HR/Executive Search consultant who spent the majority of his career as a corporate HR executive, leading the HR departments of the U.S. Olympic Committee and AspenPointe.

Special Board Breakfast | High Performance Governance (prior to #705)

Is your board of directors keeping up with the newer models of governance important to supporting how your center navigates the future? In this breakfast session, Les Wallace, PhD will highlight some pressure points of effective governance to which boards should be attending.

Les Wallace, PhD (see bio below)

#705 | Achieving a Governance Strategic Rhythm (Board Breakout Session)

Today’s board of directors must be a strategic asset to their centers. This requires changing up the old model of the “once-a-year” strategic retreat and reforming the entire year into a “strategic rhythm” that assures at least 70% of all board dialogue is about shaping our future and tracking our progress. In this session Les will take you through the changes to your board meetings and annual governance calendar necessary to achieve a strategic rhythm for your board.

Les Wallace, PhD is President of Signature Resources Inc. Les has a PhD in Communication and Organizational Behavior from the University of Oregon. Dr. Wallace is recognized for tracking business environment, and workplace trends and their impact upon business and government. His governance book Principles of 21st Century Governance is used by boards of directors while his leadership book, A Legacy of 21st Century Leadership is used in corporate America for leadership development. His latest book, Personal Success in a Team Environment is a handbook for helping staff contribute to a positive organizational culture and realize personal success.

General Session #3 | Give Stigma a Bad Name!

After thirty years of denying he had the mental illnesses that were controlling his life, Tazz realized that being a socially anxious, manic-depressive, attention deficit, dyslexic could either destroy or enhance his life... it was his choice. Today, audiences are happy to join him on his rapid cycle ride down the never-ending road to recovery that has led him from comedy venues across North America to the Psych ward at the Calgary Foothills Hospital. Tazz believes that it is time to educate, embrace, and empower everyone so that we can all stand tall and give stigma a bad name!

Big Daddy Tazz has been delighting crowds at fundraisers, corporate events, festivals and on television for almost 25 years. Known as the Bi-Polar Buddha, Tazz is equal part comedian and motivator, who likes to enlighten, educate and inspire. With his newest endeavour, “Stand Up Against Stigma,” Tazz believes that it is time to educate, embrace and empower so that we can all stand tall and give stigma a bad name!
Session Review & Evaluation

Let us know how we’re doing!

Scan the QR code below, browse to www.eventmobi.com/cbhc17 or get the mobile app to rate each session and the 2017 conference.

Review the sessions you attend and complete the conference evaluation for a chance to win Amazon Echo Show

*One entry per conference attendee, name and email must be included with the evaluation.
CBHC Exhibit Hall
Colorado Ballroom
(Next to CBHC Registration Desk on the Third Floor)
Thank You to Our Partners in Education

The Colorado Behavioral Healthcare Council would like to acknowledge and express its sincere appreciation for the exhibitors and sponsors who are participating in our CBHC Annual Training Conference.

#122 A-Train Marketing Communications, Inc. | 125 S. Howes St., Suite 502, Ft. Collins, CO 80521 | 970-419-3218
www.atrainmarketing.com
A-Train Marketing can help you build brand recognition, promote participation, expand your client base, and increase revenues. From branding and websites to digital and print advertising campaigns, we are dedicated to driving results that normalize conversations about behavioral health and ensure that the ones who need you become loyal advocates for life.

#135 | Arapahoe House | 8801 Lipan St., Thornton, CO 80260
303-657-3700 www.arapahoehouse.org
With ten locations and twenty quality services for adults, teens and families, the organization provides a full continuum of care throughout metro Denver. Founded in 1975, the nonprofit rehab center delivers essential and often life-saving treatment services to patients and their families based on national models of substance use disorder care.

Beacon Health Options | Sponsor of Lunch Each Day
9925 Federal Drive, Suite 100, Colorado Springs, CO 80921
719-538-1430 | www.beaconhealthoptions.com
Beacon provides managed MHSUD and specialty behavioral health services across the country. Locally in Colorado with our partners Colorado Health Partnerships, Foothills Behavioral Health Partners and Integrated Community Health Partners, our services cover 630,000 Medicaid members. Our Colorado team led Beacon’s national suicide prevention initiative, which you can learn more about at our website www.beaconlens.com/white-papers.

#127 | Behavioral Healthcare Inc. | Sponsor of Thursday Networking Reception
| 1290 Chambers Road, Aurora, CO 80011 | 303-361-8100 | www.bhicares.org
BHI provides for a continuum of behavioral health services, including mental health and/or substance use, that demonstrates a commitment to superior quality and respect for its members and families. BHI strives to promote recovery by focusing on the unique needs, strengths, and hopes of members and families in Adams, Arapahoe, and Douglas Counties.

Caplan & Earnest | Sponsor of Friday Morning Coffee Break
1800 Broadway, Suite, 200, Boulder, CO 80302-5289
303-443-8010 | www.celaw.com
Established in 1969, Caplan and Earnest, LLC, is a Boulder-based full-service law firm specializing in health care, education, litigation, estate planning, immigration, employment and business service transactions. With clients across Colorado, Caplan and Earnest has earned a national reputation as a strong resource and trusted advisor for clients.
Cedar Springs Hospital has been compassionately treating children and adults for more than ninety years. Our mission is to deliver the highest quality of services to individuals and their families who are dealing with the ramifications of mental illness and/or substance abuse issues. Assessments and referrals are available 24/7 free of charge. You can also reach us at 1-800-888-1088.

Choice House and Ladies Choice are premier providers in structured, enhanced sober living. Both facilities are gender specific and provide on-going support as well as individual and group therapeutic services. The Lookout Boulder is an extended-care program in a beautiful, lodge-like campus setting. The Lookout Boulder offers integrative services for adult men recovering from alcohol and/or drug dependency, with an emphasis on trauma and co-occurring disorders.

Colorado Access is a local, nonprofit health plan that provides access to behavioral and physical health services for Coloradans. Their mission is to increase access to high-quality care for all Coloradans. Colorado Access currently serves the behavioral health needs of Medicaid recipients in Denver County and Northeast Colorado and partners to serve those in Adams, Arapahoe and Douglas counties.

The mission of the Colorado Department of Corrections is “To protect the citizens of Colorado by holding offenders accountable and engaging them in opportunities to make positive behavioral changes and become law abiding, productive citizens.

Colorado Health Partnerships (CHP) is a joint entity formed in 1995 between Beacon Health Options and eight Community Mental Health Centers. This Behavioral Health Organization serves 43 of Colorado’s 64 counties, and manages behavioral health and substance use disorder benefits for over 450,000 Medicaid members in the Western/Southern Geographical Service Area.

CORHIO empowers people, providers and communities by providing the information they need to improve health. We manage one of the country’s largest and most successful health information exchange (HIE) networks.
Maximizing access to health care services, especially in underserved regions of the state, through information and communications technology.

Denver Springs Hospital | 8835 American Way, Englewood, CO 80112 | 720-384-3219
www.denversprings.com

We are a newly opened 96-bed inpatient psychiatric hospital, located in Englewood CO. We offer a range of treatment options from inpatient to outpatient treatment, based on the level of care that is appropriate for the patients’ needs. Activities include group therapy, educational sessions, holistic recreational therapies and family engagement, among others.

Devereux Colorado | 8405 Church Ranch Blvd., Westminster, CO 80021 | 303-466-7391
www.devereuxco.org

Devereux Colorado offers a full continuum of care for youth, as well as an Independent Living Program for young adults and an Employment Services Program for adults with intellectual disabilities. In addition to residential programming, we offer community-based services via our outpatient, intensive home-based and psychiatric medication management clinic.

Dominion Diagnostics | 211 Circuit Drive North, Kingstown, RI 02852 | 877-734-9600
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Dominion Diagnostics is a national drug monitoring partner that offers customizable testing options and unique clinical solutions for enhanced accuracy and insight into treatment efficacy and outcomes. Dominion’s Comprehensive Analysis of Reported Drugs (CARD)™, with every report, correlates test results with patients’ self-reported drug misuse and treatment-related medication use.

First Nonprofit Group of Amtrust Financial Services (rated “A” Excellent) provides state compliant, individually insured, cost-saving options to satisfy SUTA (State Unemployment Insurance Tax) requirements for nonprofit and governmental entities. Nationally, nearly 2,000 organizations rely on us to reduce, manage and safeguard their budget from uncertain unemployment insurance expenses.

Foothills Behavioral Health Partners | Sponsor of Thursday Networking Reception | 9101 Harlan St., Suite 100, Westminster, CO 80031 | 866-245-1959
www.fbhpartners.com

Foothills Behavioral Health Partners (FBHP) is a provider network that manages behavioral health services and offers the best in behavioral technologies to assist people coping with chronic, lifestyle-related illnesses in Jefferson, Boulder, Clear Creek, Gilpin and Broomfield counties. FBHP offers insurers and public purchasers of behavioral health one stop shopping for coordinated accessible, acceptable, impactful behavioral healthcare.
Genoa, a QoL Healthcare Company is the nation’s market-leading provider of pharmacy services dedicated to the behavioral health community and those affiliated with managing the cost and quality of their care.

Grand Canyon University is a private, Christian university with innovative doctoral programs and a variety of engaging emphases designed for passionate learners in preparation for leadership roles in many industries.

At Ieso, online CBT is delivered to patients with anxiety and depression disorders via synchronous written communication. Conversation occurs in real-time, with typed messages that create instant conversation between the therapist and patient, as if they were verbally speaking to each other.

Janssen Pharmaceuticals, Inc. is a pharmaceutical company of Johnson & Johnson that provides medicines for health concerns in several therapeutic areas, including diabetes, mental health, pain management and cardiovascular disease. Please also visit: www.JanssenPharmaceuticalsInc.com

Mount Saint Vincent is a treatment center for children with severe behavioral and emotional challenges due to mental illness, trauma, abuse, or neglect. Using innovative therapeutic techniques, including Neurosequential Model of Therapeutics, our programs help heal children. We offer adjunct modalities, such as art, animal-assisted, music and dance/movement.

myStrength is an innovative self-help resource transforming evidence-based content that can augment treatment for depression, anxiety, and substance use. The web and mobile applications include interactive tools, action plans, daily inspiration, and learning modules.

Netsmart is healthcare’s largest human services and integrated care technology provider. Netsmart technology platforms and expertise are integral to the delivery of outcomes-based services and care to more than 25 million persons nationwide.
Nonstop Administration and Insurance Services Inc.
Sponsor of the CBHC WiFi Lounge | 2300 Clayton Road, Suite 1450, Concord CA 94520 | 877-626-6057
www.nonstopwellness.com

The Nonstop Wellness program from Nonstop Administration and Insurance Services deflates the annual costs of healthcare for nonprofits while improving employee benefits and eliminating all deductible costs, copays, and coinsurance.

#131 | Otero Jr. College | 1802 Colorado Ave., La Junta, CO 81050 | 719-384-6963 | www.ojc.edu
Otero Junior College is located on an attractive 40-acre campus on the southern edge of La Junta, Colorado. Otero Junior College is proud of its reputation as one of the finest community colleges in the State of Colorado.

#115 | Provo Canyon School | 4501 N. University Ave., Provo, UT 84604 | 800-848-9819 | www.provocanyon.com
Provo Canyon School is a leading national provider of residential youth treatment supporting the academic, therapeutic, and developmental needs for both boys and girls ages 8-18. We have established a reputation for being a premier school and residential treatment program serving youth that are struggling with emotional, behavioral and academic challenges.

qualifacts #120 | Qualifacts Systems Inc. | 315 Deadrick St., Suite 2300 Nashville, TN 37238 | 615-386-6755 | www.qualifacts.com
Qualifacts®’ EHR technology and services simplify the complexities facing BH providers, enabling them to quickly adapt to the accelerating pace of change. As a strategic partner, Qualifacts helps customers focus on what’s most important – client care – by optimizing efficiency and productivity while also keeping them ahead of the ever-changing regulatory landscape to maximize reimbursements.

#109 | Rocky Mountain Crisis Partners | P.O. Box 460695, Denver, CO 80246 | 303-928-7100
www.metrocrisservices.org
Rocky Mountain Crisis Partners (RMCP) is a statewide, 24/7, year-round, community-based system of crisis intervention services from which people experiencing mental health and/or substance abuse crises can be assessed, safely and effectively stabilized, and efficiently linked to appropriate follow-up care and services. RMCP, a regional system of crisis intervention, offers skilled, hope-filled care to individuals and families in crisis. We believe that whether it is the first or one of many experiences, if treated in an atmosphere of respect and compassion, crisis can be a unique opportunity for individuals and families to connect to life changing treatment, support and education.

#129 | Streamline Healthcare Solutions | 510 E. Butler Court, Kalamazoo, MI 49007 | 877-467-4741
www.streamlinehealthcare.com
Streamline Healthcare Solutions has been providing EHR software solutions to behavioral healthcare organizations since 2003. Our meaningful use certified system, SmartCareEHR™, is a web-based, enterprise application built for the delivery, management, and coordination of healthcare services. Our solution is equipped to evolve as business needs develop.
For more than sixty years, SummitStone Health Partners has been transforming lives through recovery, renewal and respect by providing compassionate behavioral health prevention, intervention and treatment services in Larimer County. SummitStone provides more than fifty services dedicated to treating mental health and substance use disorders for people of all ages.

At Sunovion, patients are at the center of everything we do. We are creating innovative psychiatric, neurological and respiratory therapies that help transform people’s lives, while at the same time we are playing an increasingly active role in the future of global health.

The Colorado Health Foundation is singularly-focused on helping Coloradans live their healthiest lives by advancing opportunities to pursue good health and achieve health equity through grantmaking, policy and advocacy, strategic private investments and convening to drive change.

The Echo Group’s exclusive EHR / RCO Partner Program eliminates upfront costs, fees, and lost revenue from the EHR selection equation. Echo’s implementation and Revenue Cycle Optimization services have agencies up and billing within 90 days. Learn how the EHR / RCO Partner Program is a perfect fit for La Paz Community Health Care (http://www.echoman.com/rcm-ehr-partner-la-paz/).

Echo offers the most intuitive and flexible EHR, billing software, managed care, IT, and Revenue Cycle Optimization services available for behavioral healthcare.

TherapyNotes.com is the national leader in providing web-based behavioral health practice management and electronic health records software to private practices. TherapyNotes integrates patient scheduling, medical records, billing and electronic claims to streamline the way behavioral health practitioners manage their practice. Save time and streamline your workflow with a system that allows you to accelerate note writing, automate patient appointment reminders, accept credit cards, schedule in our online portal, and submit electronic claims. Safety and security are built in to give you peace of mind so you can focus on what’s most important - your clients. We pride ourselves on our knowledgeable, friendly, and accessible customer service that is unlimited and free by email or phone. Use the promo code CBHCCONV17 for two free months at www.TherapyNotes.com when you start your free trial.
Topaz Information Solutions knows the distinct needs of behavioral health providers. Founded by two community behavioral health organizations, we offer integrated healthcare IT solutions including EHR, practice management, billing, collections, claims, interoperability and connectivity. As a value-added partner with NextGen Healthcare, Topaz operates on an ONC-HIT 2014 certified platform.

Valant is a completely new platform built on modern technologies including an elastic and infinitely scalable data model, mobile app-inspired experience, and an on-demand ability to respond to change without additional investment in time, money, or training. Our platform isn’t an EHR, it’s the technology partner that all health providers need today.

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www.colomhassociates.org

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For more information contact: Pat Dillon | Board President | Pat.Dillon@mhcd.org
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