Colorado Behavioral Healthcare Council Annual Conference, 2018

**Adapting Behavioral Health Treatment for Individuals with Traumatic Brain Injury**

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**Objectives**

**Attendees will be able to:**

1. **Discuss statistics regarding the incidence and prevalence of TBI in the U.S.**
2. **Identify common characteristics associated with TBI**
3. **Discuss the complex basis for behavioral health issues facing individuals with TBI**
4. **List common psychosocial challenges facing individuals with TBI and their families**
5. **Identify evidence based treatment principles for individuals with TBI**
6. **Discuss methods for adapting psychotherapy techniques in individual, group and family therapy for this population**

**Presentation Description**

**An estimated 2.5 million people sustain a TBI each year, and an estimated 5.3 million Americans live with long-term TBI disabilities. Behavioral health issues can have a major impact on these individuals and their families. However, diagnosis and treatment of these issues can be complex. This presentation will include descriptive data, case studies, and attendee participation in applying clinical strategies to practice cases.**