



# CITY OF LONGMONT REWIND

Rebuilding Expectations and Walking into New Directions

Program Report

January 1 – March 31, 2019

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**City of Longmont REWiND**  
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**YTD Report March 31, 2019**

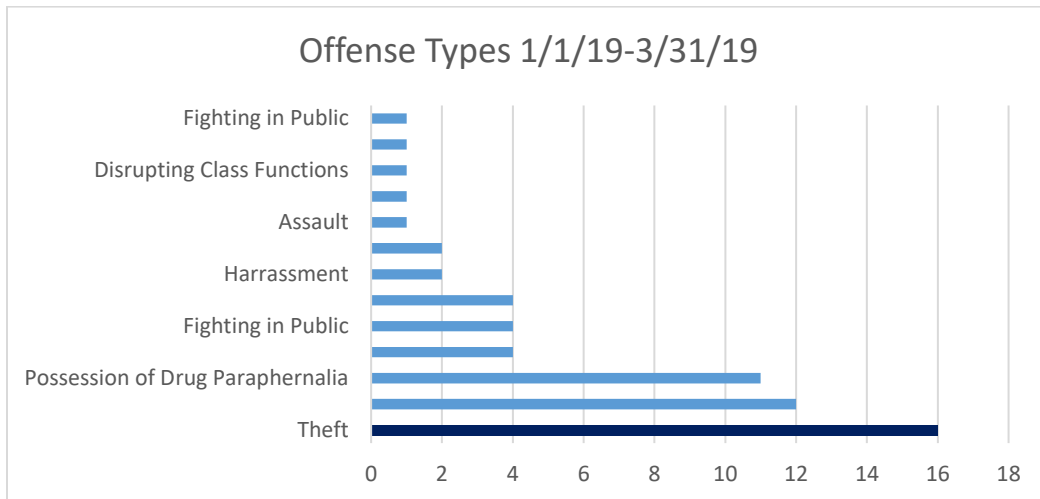
**Goals:**

- ❖ Provide early intervention through needs assessment and service matching
- ❖ Decrease youth time in the municipal criminal justice system
- ❖ Reduce recidivism

Total Number of Cases this Quarter	44	cases
Average Age	13.83	years
Males	20	or 46.%
Females	24	or 54%
Completed Cases This Quarter	37	cases
Average Number of Days In Program This Quarter	40.27	days
Longest Case (of total cases in REWiND)	215	days
Shortest Case (of total cases in REWiND)	13	days

We have had **3** youth decline opting-in to the program from 1/1/2019-3/31/2019

The majority of the offenses we have seen in REWiND are substance related. As a response, Children, Youth and Families and Probation are further aligning resources in order to meet this service need. 37.5% of all REWiND cases have a school nexus.

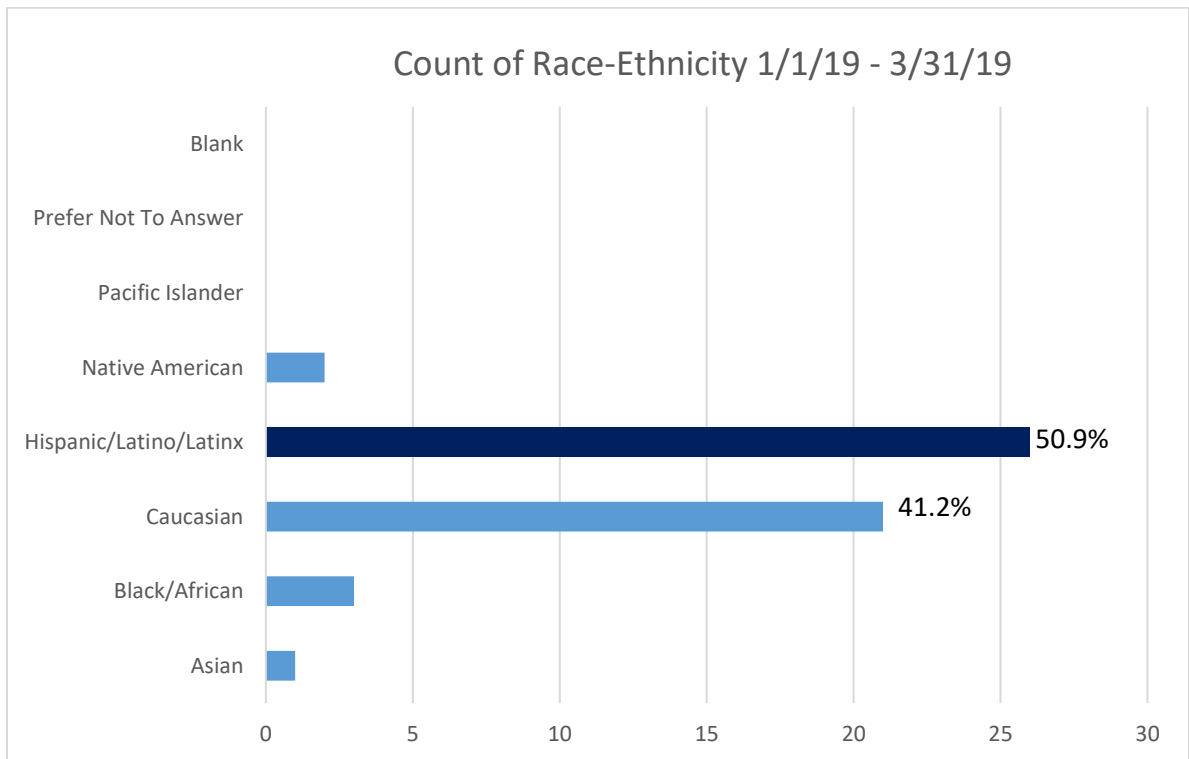


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**Self-Identification:** In developing the REWiND program, the Department of Justice was consulted to provide feedback on gathering race and ethnicity identification. Per their recommendation, race and ethnicity are captured by self-identification at intake. An example of how the data is captured is included below.

Please Self Identify your Race/Ethnicity:

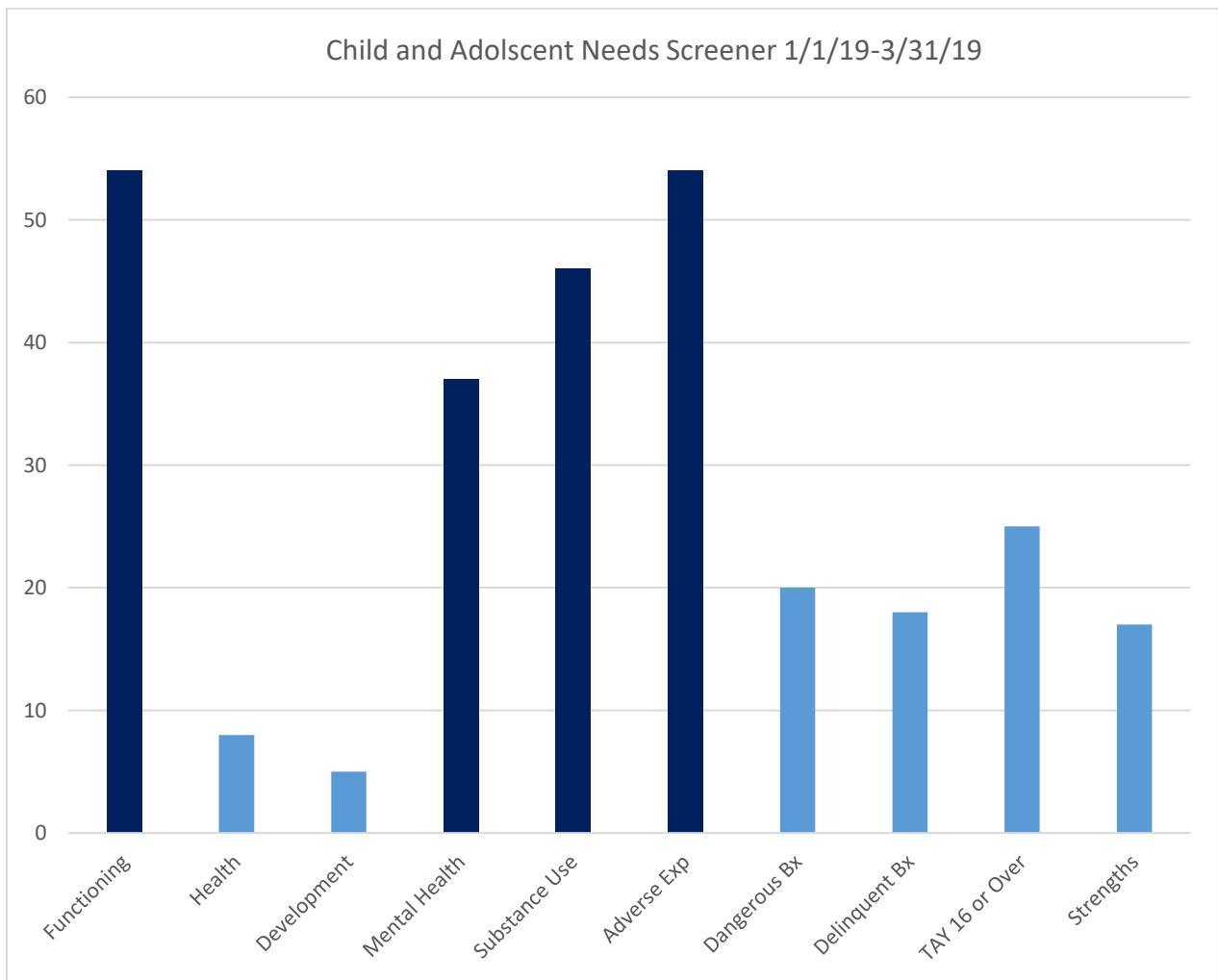
- Asian
- Black/African
- Caucasian
- Hispanic/Latino/Latinx
- Native American
- Pacific Islander
- Prefer Not To Answer
- (Blank)\_\_\_\_\_



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**Assessment and Service Matching:** Each youth and parent/guardian go through an assessment within 1.5 weeks of opt in to the program. The Child and Adolescent Needs and Strengths Screener (CANS) is used. The CANS is a multi-purpose tool developed for children’s services to support decision-making, including level of care and service planning, to facilitate quality improvement initiatives, and to allow for the monitoring of outcomes of services. Versions of the CANS are used in 50 states in child welfare, mental health, juvenile justice, and early intervention applications. A comprehensive, multi-system version exists as well. The CANS was developed from a communication perspective to facilitate the linkage between the assessment process and the design of individualized service plans including the application of evidence-based practices. We have 4 certified bilingual assessors

An average of **2.28** interventions are implemented per case to address needs and strengths.



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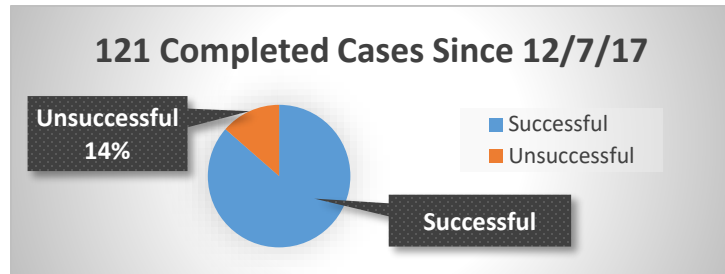
<p><b>1. CONCERNS ABOUT CHILD FUNCTIONING</b></p> <ul style="list-style-type: none"> <li>• Family</li> <li>• Hygiene</li> <li>• Physical Limitations</li> <li>• Sexuality/Sexual Development</li> <li>• School</li> <li>• Living Situations</li> <li>• Social Functioning</li> <li>• Sleep</li> <li>• Acculturation/Language/Cultural Identity</li> <li>• Specify Other</li> </ul>	<p><b>6. CONCERNS ABOUT CHILD'S ADVERSE LIFE EXPERIENCES</b></p> <ul style="list-style-type: none"> <li>• Sexual or Physical Abuse</li> <li>• Neglect</li> <li>• Witness to Violence</li> <li>• Hyper arousal</li> <li>• Excessive grief/loss</li> <li>• Re-experiencing of adverse (traumatic) life experience</li> <li>• Specify Other</li> </ul>
<p><b>2. CONCERNS ABOUT THE CHILD'S HEALTH</b></p> <ul style="list-style-type: none"> <li>• Complexity of Care</li> <li>• Emotional Response to Illness</li> <li>• Specify Other</li> </ul>	<p><b>7. CONCERNS ABOUT CHILD'S DANGEROUS BEHAVIOR</b></p> <ul style="list-style-type: none"> <li>• Suicide</li> <li>• Recklessness (other self-harm)</li> <li>• Danger to Others/Aggression</li> <li>• Fire Setting</li> <li>• Attention-seeking behaviors</li> <li>• Specify Other</li> </ul>
<p><b>3. CONCERNS ABOUT CHILD'S DEVELOPMENT</b></p> <ul style="list-style-type: none"> <li>• Does the youth's growth and development seem healthy?</li> <li>• Does the youth have a low IQ?</li> <li>• Are there deficits in the youth's adaptive functioning?</li> </ul>	<p><b>8. CONCERNS ABOUT DELINQUENT BEHAVIOR</b></p> <p>Legal Involvement</p> <ul style="list-style-type: none"> <li>• Peer Influence/Gang Involvement</li> <li>• Parent/Environmental Influences</li> <li>• Runaway</li> <li>• Prior Court Involvement</li> <li>• Community Safety</li> <li>• Specify Other</li> </ul>
<p><b>4. CONCERNS ABOUT CHILD'S MENTAL HEALTH</b></p> <ul style="list-style-type: none"> <li>• Mood</li> <li>• Anxiousness</li> <li>• Emotional Control</li> <li>• Argumentative and Defiant Behaviour</li> <li>• Impulsivity/Hyperactivity</li> <li>• Specify Other</li> </ul>	<p><b>9. YOUTH STRENGTHS</b></p> <ul style="list-style-type: none"> <li>• Family</li> <li>• Interpersonal</li> <li>• Optimism</li> <li>• Educational Setting</li> <li>• Talents/Interests</li> <li>• Spiritual/Religious</li> <li>• Community Life</li> <li>• Relationship Permanence</li> <li>• Resilience</li> <li>• Resourcefulness</li> <li>• Cultural Identity</li> <li>• Natural Supports</li> <li>• Specify Other</li> </ul>
<p><b>5. CONCERNS ABOUT YOUTH SUBSTANCE USE</b></p> <ul style="list-style-type: none"> <li>• Has the youth used alcohol or drugs on more than an experimental basis?</li> <li>• How does the youth's use impact their day-to-day life?</li> </ul>	<p><b>10. CONCERNS ABOUT THE CHILD'S CAREGIVER ENVIRONMENT</b></p> <ul style="list-style-type: none"> <li>• Treatment Involvement</li> <li>• Organization</li> <li>• Supervision</li> <li>• Physical</li> <li>• Mental Health</li> <li>• Parental Stress/Family Stress</li> <li>• Knowledge of child's condition</li> <li>• Relationship to the system</li> <li>• Social support</li> <li>• Match of parent knowledge to knowledge of others (congruence)</li> <li>• Basic Needs (i.e. food, clothing, financial)</li> <li>• Transportation</li> <li>• Substance Use</li> <li>• Residential Stability</li> <li>• Developmental</li> <li>• Citizenship/Language</li> <li>• Specify Other</li> </ul>
<p><b>11. TAY: Youth's Transition to Adulthood</b></p>	

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**Recidivism Data:**

Recidivism is measured at **3** different levels.

1. Participant receiving new offense **while in program** (after assessment).
2. Participant receiving new offense **1 year after completion** of REWiND.
3. Participant receiving new offense **3 years after completion** of REWiND.



Recidivism checks are done on a monthly basis as cases meet **1 year** and **3 year post closure**. **The National Crime Information Center** provides this data; it is a **nationwide records search**.

- **121** Completed Cases
- **19** Unsuccessful Cases
- **138** Cases currently in process
- **6** cases have been out of REWiND one year post closure and have not re-offended

**Testimonials:**

**Youth:**

**How do you view yourself differently now than before you participated in the REWiND program?**

- *I've stopped doing drugs and getting into legal trouble so I'd imagine I'm just behaving smarter.*
- *I know to like control my anger and make better decision compared to before.*
- *I'm more responsible and taking more responsibility over my actions.*

**After REWiND, what will you continue to do to keep you out of trouble? Please explain.**

- *Not be around the friends that tempt me to.*
- *Continue to avoid toxic/dangerous friends and try to invest more time into a part-time job.*
- *I've been staying in school and being more independent and not being around my friends as much.*

**In what ways was the REWiND staff helpful? Please explain.**

- *They were good at making me feel welcomed and understood. That getting into some trouble is something that happens to teenagers.*
- *They were all very supportive and they all reassured me to keep pushing to not give up ... they overall made sure I didn't give up.*
- *It was helpful because at first, we didn't like it, but towards the end we started to like it and we built friendships.*

**Parents:**

**In what ways was the REWiND staff helpful? Please explain.**

- *Very helpful in explaining the benefits of the program. Everyone I have worked with has been very friendly.*
- *I appreciated that this program existed for my son. I think that was where he should be for his offense.*
- *When we sat down and talked about our situation there was a lot of feedback and we felt that we were not alone.*
- *Getting him to understand that he made a mistake and that he can move on and make the right choices was really helpful.*

**In your opinion, what could we do to make the REWiND program more effective?**

- *Marketing; more people need to know that you exist and what your function is.*
- *Great program. Other cities should adopt it. It's better than having them go through the traditional court process. I think it is great, I don't have anything else to add to it.*
- *I thought it was good and it depends on the nature of what is already in place. I liked that there was community service.*