

Fievel Helps at Mental Health Partners

Who is Fievel?

He is the facility dog with Moving Beyond Trauma (MBT) and Moving to End Sexual Assault (MESA) teams of Mental Health Partners. Facility dogs are expertly trained to work in a professional setting, so he is not only friendly and fun, he is also very sweet and gentle.

Fievel was bred and trained by Canine Companions for Independence. He joined Mental Health Partners in 2018. He knows over 40 commands that allow him to interact with clients in a calm and loving way.



Fievel has an average of 54 client contacts per month. Totaling over 700 client contacts in 12 months.

Fievel Helps Clients

"He is so trusting. He helps me trust others."

"Fievel has been such a comfort when I've come out of pretty intense therapy sessions. I know there is good in the world."

"I needed this today." - A client petting Fievel and resting his head on Fievel's head.



■ Waiting Room (95.27%) ■ Therapy Room (4.73%)



"..., the hardest part about therapy is getting here repeatedly, if Fievel is in our brain then we can get to the door."

"When I get to see Fievel, he makes me feel noticed..."

Fievel Helps Staff

"He brightens my day, he brightens the space, you can feel his impact."



"He has added joy, laughter, and fun to the work environment..."

"He greatly reduces my stress, almost completely, in the moments I get to have with him."

"I smile every time I see Fievel in the hallway or meeting a waiting client, he brings such a calming and brightening presence to the center."

"Fievel brings such a calm and reassuring presence to our space - I know that our staff appreciates him as much as our clients."

"If I see him between sessions, I feel better able to shift from one client to the next."

