8:00 Networking Breakfast

8:45 Welcome -Barb Becker

9:00 General Session:

Inspiring a Mental Health First Aid Audience – Chris Natzke

10:00 Highlights from National – Tramaine EL-Amin

10:30 Break

10:45 Breakout Sessions A

The Art of Connection – Lawrence Martin

Opioid Overdose and Narcon: What to Know – Chris Hammond and Paige Warren

Resiliency with Mental Health First Aid – Kirsten Wulfsberg

11:45 Lunch

12:15 The Bridgespan Group – An overview of the strategic growth plan for MHFACO – Taz Hussein

1:15 Overview of MHFA in Colorado – Barb Becker

1:45 Breakout Sessions B

Cultural Considerations for Delivering Mental Health First Aid – Tramaine EL-Amin

Addressing the Needs of Older Adults through Mental Health First Aid – Amy Miller and Shannon Randall

S.M.A.R.T. Marketing Strategies for MHFA – Lindy Lewis and Meg McCabe

2:45 Break

3:00 Breakout Sessions C

Working Together to Prevent Suicide in Colorado: A Statewide Overview and Using MHFA – Lena Heilmann

Inclusiveness within Mental Health First Aid: What it is, What it isn’t, and Why it Matters – Jamie Adasi and Lakeysha Moluck

Triggers: They’re Not Just for Pistols Anymore – Desiree Lipka

4:00 Wrap-up and Presentation of Awards