

Behavioral Health Training Conference

Guiding Behavioral Health Innovation Beaver Run Resort & Conference Center Breckenridge, CO

September 25 - 28, 2019



Greetings,

Welcome to the Colorado Behavioral Healthcare Council 2019 Annual Conference. For over 50 years, the Council has hosted trainings and conferences for board members, clinicians, and the community to further expand innovation, share best practices, and drive all of the best thinking toward the vision that services are best provided locally, in the place where healing and wellness can take root and become the foundation for a lifetime of success. This year's theme, "Guiding Behavioral Health Innovation," speaks to the insightful and creative work being done in the fields of behavioral health and substance use disorders, not only here in Colorado, but all over the world. Together, we are reducing stigma, leading cutting-edge research, and bringing forth solutions to some of our greatest challenges. As a result, Colorado has been a leader in supporting community-based services, and individuals are reaching out in record numbers to receive treatment.

Here, in Colorado, we celebrate the numerous innovative approaches being made by the members of CBHC, state and local government, and our many stakeholders and friends. This past year alone, a new behavioral health licensing bill was passed which will pave the way for smoother transitions for those who need care. We have seen one of our community mental health centers open a state-of-the-art psychiatric hospital while another will be starting a grant-funded program to train clinicians on infant and youth mental health. Our managed service organizations will be utilizing telehealth to improve Medication-Assisted Treatment.

We have seen a new gubernatorial administration that is not afraid of change and is looking to the future by creating the Office on Saving People Money on Healthcare, as well as the Governor's Behavioral Health Task Force.

These examples only scratch the surface when it comes to forward-thinking in motion. During this celebration of innovation, I encourage you to come together, share, learn from one another, and continue to dream and to create. After all, as John Steinbeck once said, "Ideas are like rabbits. You get a couple and learn how to handle them, and pretty soon you have a dozen."

Sincerely,

Doyle Forrestal CEO, CBHC



Ann C. Noonan Conference Co-chair



Fernando Martinez Conference Co-chair



Featured Speakers

General Session | Never Enough | Thursday | 9:00am - 10:30am How Affective Homeostasis Creates Addiction: Marijuana & Opiates *with Judy Grisel*

Keynote | The Medicine of Music | Friday | 8:15am - 10:00am with Vijay Gupta | Sponsored by



CBHC Awards Presentations

Mental Health First Aid Awards Thursday | 8:45am-9:00am | (Breckenridge Ballroom)

Golden Lightbulb & Golden Abacus Awards Thursday | 6:15pm-6:30pm | (Colorado Ballroom)

Board Member Awards | (Imperial Ballroom) Saturday | 7:30am - 9:15am | Board Breakfast & Awards

Thursday Networking Reception Sponsored by Health

5:00pm-7:00pm (Colorado Ballroom)

Gather for our Networking Reception with hors d'oeuvres

6:15pm - 6:30pm | Golden Abacus & Golden Lightbulb Awards

2019 CBHC Conference

Planning Committee

Ann C. Noonan CBHC Conference Co-chair Noonan Consults, LLC Longmont, CO

Fernando Martinez CBHC Conference Co-chair

Chief Executive Officer San Luis Valley Behavioral Health Group Alamosa, CO

Doyle Forrestal *Chief Executive Officer CBHC, Denver, CO*

Barbara Becker Director of Mental Health First Aid Colorado CBHC, Denver, CO

Natalie Strom *Membership Services and Communications Coordinator, CBHC, Denver, CO*

Evan Narotsky Event & Outreach Specialist Community Reach Center Westminster, CO

Eric Smith

Manager of Training and Staff Development Mental Health Center of Denver Denver, CO

Pamela Collins Vaughn Director of Training and Consumer Advocacy North Range Behavioral Health Greeley, CO

CBHC

Colorado Behavioral Healthcare Council

CBHC Members

Thank you to our member organizations!

Community Mental Health Centers

AllHealth Network AspenPointe Aurora Mental Health Center Axis Health System Centennial Mental Health Center Community Reach Center Health Solutions Jefferson Center for Mental Health Mental Health Center of Denver Mental Health Partners Mind Springs Health North Range Behavioral Health San Luis Valley Behavioral Health Group Solvista Health Southeast Health Group SummitStone Health Partners The Center for Mental Health

Managed Service Organizations

AspenPointe Health Network Mental Health Partners Signal Behavioral Health Network, Inc. West Slope Casa

Specialty Clinics

Asian Pacific Development Center Servicios de la Raza

Continuing Education Credits

CBHC provides pre-approved Certificates of Attendance for attendees to submit to NAADAC & NASW, for their continuing education credits.





National Association of Social Workers



Colorado Behavioral Healthcare Council

2019 Annual Training Conference Guiding Behavioral Health Innovation



Beaver Run Resort Breckenridge, CO

September 25 - 28, 2019

Continuing Education Unit Credits from: NASW & NAADAC

Registration Fees | Register online today at www.cbhc.org/2019-conference

Pre-Conference Workshops | Wednesday, September 25th, 2019

\$50 | **Pre-Conference #1** | **Mental Health First Aid of the Rockies Summit (Full-Day)** (Wednesday | 8:00am - 4:30pm | Includes training, breakfast, lunch & coffee breaks)

- \$150 | Pre-Conference #2 | Reframing for Innovation: Exploring Responses to Poverty Through Multiple Perspectives (Full-Day) (Wednesday | 8:00am - 5:00pm | Includes training, breakfast, lunch & coffee breaks)
- \$50 | Pre-Conference #3 | Humanizing the Patient Experience to Build Customer Loyalty & Financial Sustainability (Half-Day) (Wednesday | 8:00am - 12:00pm | Includes training, breakfast & coffee break)

(Note: Pre-Conference fees are separate from conference fees shown below)

CBHC Conference Fees

(Note: Conference fees do not include the Pre-Conference Workshop fees shown above)

Full Conference | \$475

Thursday/Friday/Saturday | (Thursday 8:00am - Saturday 11:15am) (Includes Thursday networking reception, all conference sessions, breakfasts, lunches and coffee breaks)

Friday & Saturday Only (2-Day) | \$350 For FRIDAY & SATURDAY only | (Friday 8:00am - Saturday 11:15am) (Includes Thursday networking reception, Friday and Saturday sessions, breakfasts, lunches and coffee breaks)

CBHC Conference Cancellation/Refund Policy

Conference registration fees, less a \$100.00 administration fee, will be refunded upon written notice of cancellation if received no later than August I, 2019. *After that date, no refunds will be provided. There will be no provision for partial registration fees or refunds for activities not attended. Email cancellations to Tracyhmsr@gmail.com before August I, 2019.* **Questions?** *Email Tracy at Tracyhmsr@gmail.com or call 303-525-2811.*

CBHC Annual Training | 4

BEAVER RUN

Hotel Reservations

Beaver Run Resort & Conference Center 620 Village Road, Breckenridge, Colorado 80424

Call 1-800-525-2253 for reservations today!

Hotel rooms start at \$119 + tax and service charge

Be sure to mention you are attending the CBHC Conference to receive the discount rate.

Hotel registration web link: https://bit.lu/2Nouf8b

Group Rate Deadline: All reservations must be made by September 1, 2019 to receive the CBHC group rate. The group rate will be given on a first-come, first-served basis until the block is full, so make your reservations early. If your organization has special hotel billing requirements for multiple rooms, please contact Beaver Run directly for assistance in coordinating your group hotel reservations.

Hotel Cancellation/Refund Policy: Beaver Run Resort & Conference Center

A one-night deposit is required at the time of booking. Reservations must be canceled at least 72 hours prior to arrival to receive refund, less a \$35.00 processing fee. Cancellations made fewer than 72 hours from arrival date are subject to a one-night cancellation fee. Reduction in length of stay or room type within the 72 hour penalty period, no shows, late arrivals, and early departures are considered cancellations, and are therefore non-refundable.

Deposit: A deposit of one-night room rate, in the form of a credit card payment or check, will be required when making an individual reservation. Neither CBHC nor Beaver Run will be coordinating roommate accommodations. Coordination of roommates and payment for rooms are the responsibility of the individual and the member organization making the reservation. The standard Beaver Run cancellation policy will apply.

Tax Exemption: To receive tax exemption for lodging, a tax-exempt certificate and agency check or credit card must be presented to the hotel upon arrival.

Relax, Play & Enjoy

Yoga | Coppertop 2

Start off the morning with 45 minutes of yoga on Thursday, Friday, and Saturday. *Instructors have been hired to teach yoga classes for conference attendees*.

Resort Workout Facilities | *Building 3* All attendees staying at the Beaver Run Resort are provided complimentary access to the workout facilities located next to the pool in building 3.

Pool & Hot Tub | Building 3

Take a dip in the indoor/outdoor pool or soak in a hot tub.

Massage | Building 1

Get a chair massage in the CBHC Exhibit Hall or enjoy a relaxing massage in the SPA at Beaver Run in building 1. *For spa appointments call:* 970-453-8757.

Hiking | Mountain Trails

Take advantage of the beautiful mountains and trails surrounding Beaver Run for a hike.

Check out our Breckenridge hospitality table, located in the convention center on the third floor foyer, to get details about local tours, hiking trails, fly fishing, and mountain biking!



Guiding Behavioral Health Innovation



7:00am - 5:00pm CBHC Registration Open Third Floor Foyer	
	Pre-Conference Workshops (Additional Fee Required)
Peak 17 Breckenridge Ballroom MHFA Breakouts in Peaks 14/15 & Peak 16 CI Bm Bu	Pre-Conference #1 Mental Health First Aid of the Rockies Summit Mental Health First Aid Colorado invites you to connect with the regional MHFA movement, celebrate our impact, and rekindle your passion for saving lives. Learn from leading subject-matter experts and connect with your peers with networking opportunities. The Summit is designed to inspire, challenge, and recognize instructors and their potential, as well as recognize agencies that are broadly supporting the movement. Adult and youth MHFA coordinators, instructors and, leaders from Colorado throughout the Rocky Mountain region and beyond are welcome! <i>Sponsored by: The National Council, The Colorado Health Foundation and</i> <i>American Foundation for Suicide Prevention, Colorado Chapter</i> Schedule: 8:00am - 8:45am Break II:45am - I:15pm Lunch with Presentation 2:45pm - 3:00pm Break 4:30pm End
Coppertop 2	Pre-Conference #2 Reframing for Innovation: Exploring More Robust Responses to Poverty through Multiple Perspectives This session will explore alternative explanations of poverty as a gateway to innovative interventions that participants can prototype and develop. Why are some people poor? What should we do about it? These questions have prompted many different answers for hundreds of years. This pre-conference will invite participants to find new insights and opportunities for their work by applying a variety of perspectives on poverty – even those they would rather avoid. <i>Eric Meade</i> <i>Sponsored by: The Colorado Health Foundation & Colorado Community Health Alliance</i> Schedule: 8:00am - 9:00am Breakfast & Networking 10:30am - 10:45am Break 12:00pm - 1:00pm Lunch 2:30pm - 2:45pm Break 5:00pm End
Imperial Ballroom (Half-Day) 8:00am - 12:00pm CI Bm Bu	Pre-Conference #3 Humanizing the Patient Experience to Build Customer Loyalty and Financial Sustainability The Medicaid healthcare business has become a competitive one. No longer do private sector providers shun Medicaid beneficiaries; rather, they actively recruit these individuals. Community Health Centers and Community Behavioral Health Centers must actively compete for this line of business. So how does a center keep its Medicaid revenue from shrinking? Research is showing that client engagement and experience in the form of 'human kindness' is much more beneficial than beating the productivity whip or other types of solutions to increase market share. Dorothy A. Perry, PhD, MBA, MEd Sponsored by: Credible Behavioral Health Software Schedule: 8:00am - 9:00am Breakfast & Networking 10:30am - 10:45am Break 12:00pm End

CI Clinical Bm Board Bu Business/Upper Mgmt

Schedule at a Glance | September 26, 2019 | Thursday

		7:00am - 8:00am Morning Yoga Coppertop 2				
	7:45am - 7:00p	om CBHC Registration Open <i>Third Floor Foyer</i> om Exhibit Hall Open <i>Colorado Ballroom</i> m Breakfast in Exhibit Hall <i>Colorado Ballroom</i>				
	8:45am - 10:30am					
	Breckenridge Ballroom	Awards Mental Health First Aid Colorado AwardsImage: Book Book Book Book Book Book Book Boo				
- AL		General Session Never Enough: How Affective Homeostasis Creates Addiction: Marijuana & Opiates <i>Judith E. Grisel, PhD</i>				
F	10:30ar	n - 11:00am Coffee Break in Exhibit Hall <i>Colorado Ballroom</i>				
	11:0	0am - 12:00pm *Note 11:00am MarComm Group Starts				
	Peak 17	#IOI Phase-Based Care in Community Mental Health: Innovation to Reduce Wait Time and Improve Outcomes Jules Rosen, MD & Michelle Hoy, LPC, CACIII				
	Peak 11/12	#IO2 Enabling Middle-Management (and Your Organization) Eu to Thrive Through Utilization of Business Intelligence and Data Analytics Tools <i>Clay Cunningham, MS, LPC, CHC</i>				
	Coppertop 2	#103 Aurora Mental Health Center First Episode PsychosisCI(FEP) Kristyn R. Olson, LCSW & Kerry-Ann Lewis Pearcy, PhD				
	Coppertop 3	#104 Updates on Telehealth Laws and Reimbursements Matt Bu Ullrich, Esq				
	Imperial Ballroom	#105 The Neurobiology of Traumatic Stress and the Healing Power of Yoga: Lecture Janine M. D'Anniballe, PhD				
	12:00pm - I:	30pm Lunch (Room locations)*Note 11:00am MarComm Group				
	Trair	Lunch for all attendees (<i>Colorado Ballroom</i>) puicide Prevention Advocates Lunch (<i>Base Nine Lounge</i>) ning & Development Lunch (<i>Spencer's Private Dining Room</i>) nopm MarComm Group Lunch (Mercury Board Room - Bldg. 4)				
		I:30pm - 3:00pm				
	Peak 6/7/8	#200 Becoming a Transformed Behavioral Health Provider: How to Feel Comfortable Serving Asian Communities in Clinical Work <i>Monica M. Gerber, PhD; Thanh Nguyen, MA; Hue Phung, BA</i>				
	Peak 9/10	#201 Collaborative Healthcare Innovation: Putting the Cart Bm Before the Horse Wes Williams, PhD				
	Peak 11/12	#202 Thriving With Managed Care: Organizational Eu Competencies & Best Practices for Succeeding John Talbot, PhD				

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Schedule at a Glance | September 26, 2019 | Thursday

I:30pm - 3:00pm (cont'd)			
Coppertop 2	#203 Reducing Suicide Risk through the Implementation of Zero Suicide: Challenges and Opportunities from Three Perspectives <i>Amy Moran, LPC; Michelle Hoy, LPC, CACIII;</i> <i>Heather Trish, NCC, LPC</i>		
Coppertop 3	#204 Hub-and-Spoke Model for MAT in Northern Colorado Lesley Brooks, MD; Cyndi Dodds, MS; Heather Ihrig RN, BSN; Staci Shaffer		
Imperial Ballroom	#205 The Neurobiology of Traumatic Stress and the Healing Power of Yoga: Practice <i>Janine M. D'Anniballe, PhD</i>		
Peak 17	#206 OBH Contract Updates Carie Gaytan, MBA & Camille Harding, LPC		
3:00pm - 3:30pm Coffee Break in Exhibit Hall Colorado Ballroom			
	3:30pm - 5:00pm		
Peak 6/7/8	#300 Connecting Heads and Hearts to Engage Employees: Leadership Responsibilities in Driving Culture <i>Cynthia</i> <i>Grant, PhD, MBA, LCSW</i>		
Peak 9/10	#30I The Tale of Two Campaigns: How Larimer County Won at the Ballot Box Laurie E. Stolen, BS, MA & Representative Leslie Herod		
Peak 11/12	#302 Succeeding With Value-Based Reimbursement:EnOPEN MINDS Organizational Competencies & ManagementBest Practices For Value-Based Contracting John Talbot, PhD		
Coppertop 2	#303 Putting Prevention to Work: A Health Equity Approach to Reimagining Colorado's Substance Use Disorder Primary Prevention Systems <i>Alexandra Caldwell, MPH</i>		
Coppertop 3	#304 Behavioral Health and Intellectual and Developmental Disabilities <i>Regina Haugland-True, MA, LPC, LAC</i>		
Imperial Ballroom	#305 The Value of a Facility Dog: Demonstrating Impact for Clients and Staff in a Trauma Treatment Clinic Janine M. D'Anniballe, PhD & Fievel the Facility Dog		
Peak 17	#306 CBHC Policy Update Frank Cornelia, MS, LPC; Moses Gur, MA; Gil Romero, JD		
	5:00pm - 7:00pm		
Colorado Ballroom	Thursday Networking Reception Sponsored by Health Colorado 6:15pm-6:30pm Golden Abacus & Golden Lightbulb Awards!		

Schedule at a Glance | September 27, 2019 | Friday

	6:45am - 7:30am Morning Yoga Coppertop 2		
	7:	7:15am - 4:30pm CBHC Registration Open <i>Third Floor Foyer</i> 7:15am - 4:30pm Exhibit Hall Open <i>Colorado Ballroom</i> 7:15am - 8:15am Breakfast in Exhibit Hall <i>Colorado Ballroom</i>	
5		8:15am - 10:00am	
11/14	Breckenridge Ballroom	Keynote The Medicine of Music with Vijay GuptaCI Bm BuSponsored by Colorado Access	
A P	I0:00an	n - 10:30am Coffee Break in Exhibit Hall Colorado Ballroom	
		10:30am - 12:00pm	
	Peak 6/7/8	#400 Culture Eats Strategy for Breakfast: How HR and Diversity and Inclusiveness Work Together to Create a Top Workplace <i>Jeff Tucker, JD & Leslye Steptoe, PhD</i>	
	Peak 9/10	#401 Counseling in Spanish and English: Phenomenological Experiences of Bilingual Counselors <i>Bradley James Crookston, PhD, LPC, NCC</i>	
	Peak 11/12	#402 Queering Recovery: Bringing Inclusion and Intersectionality to the Forefront <i>Samantha A. Field, CACII, LPC</i>	
	Coppertop 2	#403 Blocking Subpoenas: How to Keep Mental Health Clinicians Treating, Not Testifying <i>Casey Frank, JD, MPH</i>	
	Coppertop 3	#404 Tax Reform Impact to Non-Profits & New Accounting Standards Jami Johnson, CPA & Adam Smith, CPA	
	Imperial Ballroom	#405 Got Infant Mental Health? How the 'Right Start for Colorado' Initiative Supports Colorado's Infant/Early Childhood Mental Health Workforce Shannon Bekman, PhD, IMH-E & Michelle Roy, PhD, IMH-E	
	Peak 17	#406 Creating a Behavioral Health Roadmap for Colorado: El Bm Part 1 <i>Michelle Barnes, MBA</i>	
		12:00pm - 1:30pm Lunch (see room locations below)	
		Lunch for all attendees (Colorado Ballroom) Deputy Directors' Lunch (<i>Base Nine Lounge</i>) CBHC Board of Directors' Lunch (<i>Imperial Ballroom</i>)	
		I:30pm - 3:00pm	
	Peak 6/7/8	#500 How the Toyota Production System Shaped Juvenile Justice Reform in Longmont Christina Pacheco Sims, MA, LPC; Hilda Zamora Hursh, MSW; Tara Johnson, BA; The Honorable Robert Frick, JD	

Schedule at a Glance | September 27, 2019 | Friday

	1:30pm - 3:00pm (Cont'd)
Peak 9/10	#501 Lessons Learned from the LEAD and Angel Initiative Jeff Satur; Mike Butler; Dan Eamon; Michelle Webb
Peak 11/12	#502 Hunger in Colorado and the Impacts on Mental Health, G Health and Suicide <i>Erin Ulric, MPH</i>
Coppertop 2	#503 Everything You Wanted to Know About Transgender (But Were Afraid to Ask) <i>Tabbitha Elphaba Cardinal</i>
Coppertop 3	#504 Psychology of Fraud and Stupid Human Tricks: Is Your Gybersecurity Team Ready? <i>Rand Gambrell, CVA, CFE, ABV, CFF</i> & Rick Lucy, CISA
Imperial Ballroom	#505 Implementing Acudetox in the Community Behavioral Health Organization Setting Scott Clawson, CACIII & Nataeah Barron, LMFT, LAC
Peak 17	#506 Creating a Behavioral Health Roadmap for Colorado: CI Bm Stakeholder Meeting - Part 2 <i>Michelle Barnes, MBA</i>
3:00pm	- 3:30pm Coffee Break in Exhibit Hall Colorado Ballroom
	3:30pm - 4:30pm
Peak 6/7/8	#600 Health First Colorado's SUD Benefit: Medicaid Coverage for Inpatient and Residential Treatment <i>Kim</i> <i>McConnell, PhD & Susan Mathieu, MPP</i>
Peak 9/10	#601 A Story of Implementing a Family-Centered, Co-Occurring Residential Program Janis Pottorff, LCSW, IMH-E® III; Tiffany Gunnells, PhD, LPC, CACIII; Kathryn Warner, MA, CACIII
Peak 11/12	#602 Applying Trauma-Informed Approaches to Victims of Human Trafficking Elaine Fisher, MEd, LPC, NCC & Mary Landerholm, MSW
Coppertop 2	#603 Confidentiality Laws and Coordinated Care: Avoiding Legal Hazards in an Era of Big Data and Rapid Care Integration <i>David Hayden, LPC, MBA</i>
Coppertop 3	#604 Building a Strong Board Dan M. Prater
Imperial Ballroom	#605 Using Data Dashboards for Tracking MedicaidEncountersEncounters & Other Complex Data Analysis Sam Madden,BSc & Mark Towne, MPA, BS
Breckenridge Ballroom 4:45pm-5:10pm 5:15pm-6:45pm Jason DeShaw Performance	Special Event Serenity in the Storm with Jason DeShaw Sponsored by Southeast Health Group Presentation by the Southeast Health Group Ag Advisory Committee Jason DeShaw is a national award-winning mental health speaker and country singer from Montana. For over a decade he has been a professional country singer performing across North America and Europe.

Schedule at a Glance | September 28, 2019 | Saturday

7:00am - 8:00am Morning Yoga Coppertop 2			
7:00a	m - 11:30am CBHC Registration Open Third Floor Foyer		
	7:30am - 8:30am Breakfast Colorado Ballroom		
7:30am- 9:15am Imperial Ballroom	Special Board Breakfast & Awards		
9:30am- 11:15am Imperial Ballroom	#705 Board Session Change Management: Start Implementing ^{Bm} with Michelle Barnes, MBA & John Freer, MS		
	8:30am - 10:00am		
Peak 6/7/8	#700 Aurora Research Institute's Cost-Benefit Analysis: Framework and Case Examples Kerry-Ann Lewis Pearcy, PhD & Adam D. Soberay, PhD		
Peak 9/10	#701 Housing is Healthcare Cathy Alderman, JD, MSPH; Katherine Helgerson, MSS; Kristin Toombs, MPA; Cate Townley, MURP, MUD		
Peak 11/12	#702 Innovation and the Expansion of Opioid UseImage: Bin Bin Disorder Treatment in Colorado Linda Martin, LPC, LAC		
Coppertop 2	#703 Culture First: Creating an Exceptional Onboarding Experience <i>Craig Iverson, MA & Cathie McLean, MA, LPC, CACIII</i>		
Coppertop 3	#704 Utility of the ECHO Model in Improving Primary Care Provider Self-Efficacy in Delivering Pediatric Behavioral Health Services <i>John F. Thomas, PhD</i>		

Download CBHC Session Handouts

Go to <u>www.cbhc.org/2019-conference</u> for handouts and more information about the conference.

Session Evaluation

DRAWING



2 Night Stay at Beaver Run Resort

& \$100 Visa Gift Card



Turn in your evaluations to the CBHC Registration Desk for a chance to win.

* One entry per conference attendee. Please include your name and email with your evaluation.

MENTAL HEALTH FIRST AID COLORADO



UP **90%**

of individuals with mental disorders are treatable.

1 IN 4 people will experience a

mental health challenge or crisis in their lifetime. of all lifetime cases of mental illness begin before age 14.

50%

JOIN THOUSANDS OF OTHER COLORADANS IN BEING A FIRST RESPONDER FOR YOUR COMMUNITY'S MENTAL HEALTH.

SIGN UP FOR A COURSE TODAY!

www.mhfaco.org

Mental Health First Aid of the Rockies Summit Wednesday, September 25, 2019 | 8:00am - 4:30pm | Peak 17 (MHFA Breakouts in Peaks 14/15 & Peak 16)

Sponsored by



American Foundation for Suicide Prevention Colorado Chapter

Clinical
 Board
 Business/Upper Mgmt

Pre-Conference #1 | Mental Health First Aid of the Rockies Summit

CI Bm Bu

The Colorado

Health Foundation™

Mental Health First Aid Colorado invites you to connect with the regional MHFA movement, celebrate our impact, and rekindle your passion for saving lives. Learn from leading subject-matter experts and connect with your peers with networking opportunities. The Summit is designed to inspire, challenge, and recognize instructors and their potential, as well as recognize agencies that are broadly supporting the movement. Adult and youth MHFA coordinators, instructors and, leaders from Colorado, throughout the Rocky Mountain region and beyond are welcome!

What is Mental Health First Aid?

Mental Health First Aid teaches how to identify, understand and respond to signs of mental illnesses and substance use disorders. The program provides an eight-hour course that introduces participants to risk factors and warning signs of mental health concerns, builds understanding of their impact, and provides an overview of common treatments. Through role-playing and simulations, it demonstrates how to assess a mental health crisis, select interventions, provide initial help, and connect people to professional, peer and social support as well as self-help resources.

Mental Health First Aid encourages early detection and intervention by teaching participants about the signs and symptoms of specific illnesses like anxiety, depression, schizophrenia, bipolar disorder, eating disorders, and addictions. The program offers concrete tools and answers key questions, like "What can I do?" and "Where can someone find help?" Participants are introduced to local mental health resources, national organizations, support groups, and online tools for mental health and addiction treatment and support. Mental Health First Aid USA is operated by the National Council for Behavioral Health.

Reframing for Innovation: Exploring More Robust Responses to Poverty through Multiple Perspectives Wednesday, September 25, 2019 | 8:00am - 5:00pm | Coppertop 2 Sponsored by: The Colorado Health Foundation & Colorado Community Health Alliance

Pre-Conference #2 | Reframing for Innovation: Exploring More Robust Responses to Poverty through Multiple Perspectives





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This session will explore alternative explanations of poverty as a gateway to innovative interventions that participants can prototype and develop. Why are some people poor? What should we do about it? These questions have prompted many different answers for hundreds of years. Are the poor lazy? Are there just not enough jobs? Is there a "culture" or a "mindset" of poverty? Do the stresses of poverty keep people poor?

This preconference will invite participants to find new insights and opportunities for their work by applying a variety of perspectives on poverty – even those they would rather avoid. While it's hard work, this process can enable a deeper understanding of poverty and can point to new opportunities to more effectively address it.

The preconference will draw upon Eric Meade's new book, *Reframing Poverty: New Thinking and Feeling About Humanity's Greatest Challenge.* In the morning, participants will do the difficult work of engaging with different - and seemingly conflicting-perspectives on poverty. In the afternoon, they will apply the insights they have gained to develop and prototype new solutions for the communities they serve. You will leave the preconference with specific next steps identified for enhancing the impact of their work. Join Eric Meade, a futurist, facilitator, strategist, and author whose clients have included the Robert Wood Johnson Foundation, the Colorado Health Foundation, the U.S. Department of Veterans Affairs, the National Association of Community Health Centers, and numerous nonprofits and professional societies in the healthcare sector.



Eric Meade, Author, <u>Reframing Poverty: New Thinking and Feeling About</u> <u>Humanity's Greatest Challenge</u>. Eric is a nationally- recognized futurist, speaker, consultant, and author. He is the principal of the Whole Mind Strategy Group, a consulting consortium based in Superior, Colorado. His book, <u>Reframing Poverty</u>, opens a new conversation about poverty by emotions we humans have about it. Eric's recent consulting projects include

leading a six-month leadership development program for community health center CEOs in Colorado, with funding from the Colorado Health Foundation; creating online courses for the Robert Wood Johnson Foundation's Culture of Health Leaders program; leading a strategic planning process for the Department of the Interior; and facilitating the last five strategic planning retreats of the VA Office of Rural Health. Eric has served on the Board of Directors of Counterpart International, a global development NGO, and as Chairman of the Board of the World Future Society. He holds adjunct appointments in American University's Social Enterprise program and the University of Denver's Healthcare Leadership program. He is on the faculty of the command course for law enforcement officers in the state of California, and he is an Equity, Diversity, and Inclusion (EDI) trainer with CommonHealth ACTION. In addition to his book <u>Reframing Poverty</u>, Eric has published articles in the Stanford Social Innovation Review, Monthly Developments, Community Health Forum, Rural Health Voices, World Future Review, and The Futurist. He is also a co-author of <u>Personal Success in a Team Environment</u>, a leadership development workbook for front-line managers and staff.

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Humanizing the Patient Experience to Build Customer Loyalty and Financial Sustainability

Wednesday, September 25, 2019 | 8:00am - 12:00pm | Imperial Ballroom

Clinical Bm Board Business/Upper Mgmt

Pre-Conference #3 | Humanizing the Patient Experience to Build CI Bm Customer Loyalty and Financial Sustainability

The Medicaid healthcare business has become a competitive one. No longer do private sector providers shun Medicaid beneficiaries; rather, they actively recruit these individuals. Community Health Centers and Behavioral Health Community Centers must actively compete for this line of business.

So how does a center keep its Medicaid revenue from shrinking? Research is showing that client engagement and experience in the form of 'human kindness' is much more beneficial than beating the productivity whip or other types of solutions to increase market share.



Dorothy A. Perry, PhD, MBA, MEd is the Chief Executive Officer of Health Solutions since January of 2011. Since that time Health Solutions has worked to build a company culture of accountability. The emphasis on rebuilding the company culture has resulted in an increase in revenues from \$14.6M to \$42.1M over an eight-

year period, or a 188% change. Dr. Perry has her Doctorate in Healthcare Administration.

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CBHC Annual Training | 18

General Session | Never Enough: How Affective Homeostasis Creates Addiction: Marijuana & Opiates

CI Bm Bu

Neural and behavioral changes wrought by chronic exposure to drugs produce addiction. Adaptation during periods of rapid brain development results in lasting changes in brain structure and function, paving the way for psychopathology.



Judith Grisel, PhD, is an internationally-recognized behavioral neuroscientist and a professor of psychology at Bucknell University, with expertise in pharmacology and genetics, whose research focuses on determining root causes of drug addiction. A current focus of her laboratory is to understand the role of endogenous opiate neurotransmission in different trajectories of alcohol abuse in men and women. Professor Grisel recently published <u>Never Enough: The Neuroscience and Experience of</u> <u>Addiction</u>, a New York Times bestseller.

#101 | Phase-Based Care in Community Mental Health: Innovation to Reduce CI Wait Time and Improve Outcomes

Despite the established benefit of non-pharmacological therapies for mood disorders, treatment plans of prescribers and non-prescribers in Community Mental Health Centers (CMHCs) are not coordinated to address individual needs based on illness severity, or "phase of illness." To address this, we created "integrated" team-based clinics.

Jules Rosen, MD is Chief Medical Officer of Mind Springs Health, Clinical Professor of Psychiatry at the University of Colorado School of Medicine. Prior to joining Mind Springs Health in August of 2013, Dr. Rosen was Professor of Psychiatry at the University of Pittsburgh School of Medicine, and Chief of Geriatric Psychiatry at University of Pittsburgh Medical Center.

Michelle Hoy, LPC, CACIII (see bio page 22)

#102 | Enabling Middle-Management (and Your Organization) to Thrive Bu through Utilization of Business Intelligence and Data Analytics Tools

Participants will gain knowledge of Community Reach Center's methodology of putting key data analytics and business intelligence tools in the hands of mid-level managers. These tools enable managers to make real-time clinical, operational, and financial decisions to positively impact programs in real time. *Clay Cunningham, MS, LPC, CHC is the Chief Operations Officer for Community Reach Center. Prior to his role as COO, he served as the Director of Quality Assurance and Compliance. He is an appointee to Gov. Hickenlooper's Colorado Mental Health Advisory Board for Service Standards and Regulations. Clay led Community Reach Center's process in achieving CARF (Commission on Accreditation of Rehabilitation Facilities) accreditation.*

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#103 | Aurora Mental Health Center First Episode Psychosis (FEP) Program The session will provide a full review of the First Episode Psychosis (FEP) Program, which is a new supportive wraparound program offered at Aurora Mental Health Center for individuals ages 15-29 years experiencing their first episode of psychosis. Services available to clients include individual therapy, medication management, case management, education & employment services, access to a peer specialist for mentoring and support, and psychoeducation for the family. These services are offered in the community, schools, FEP office, and Drop-In Center. The presentation will provide a comprehensive exploration of all steps of the implementation of the FEP within the target population in Aurora, Colorado. Fidelity to the model will be discussed to address any peculiarities for the population of interest.

Kristyn R. Olson, LCSW is the program manager for the First Episode Psychosis (FEP) team at Aurora Mental Health Center (AuMHC). She has worked at AuMHC for more than five years. Prior to implementing the FEP model (RAP Team), she worked as an outpatient therapist on the adult intensive services team. Kristyn was born and raised in Colorado. She completed her Masters of Social Work and Bachelors of Human Development and Family Studies at Colorado State University.

Kerry-Ann Lewis Pearcy, PhD is a research associate at the Aurora Research Institute (ARI). She is a PhD candidate (ABD) at the University of Denver where she has also served as an adjunct professor of statistics, research and evaluation.

#104 | Updates on Telehealth Laws and Reimbursements

This session will provide organizations with the most up-to-date telehealth information, ranging from law and policy updates to recent reimbursement changes and challenges.

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Matt Ullrich, Esq is a health care attorney at the law firm of Caplan and Earnest. Matt's practice focuses on the following seven areas: telehealth, HIPAA, Medicaid, Medicare, long-term care, behavioral health, and transactions. Previously, Matt worked at Medicaid with behavioral health clinicians and organizations throughout the state. Matt was honored as one of the Best Lawyers in America as well as a Colorado Super Lawyers Rising Star in health care law in 2018 and 2019.

#105 | The Neurobiology of Traumatic Stress and the Healing Power of Yoga: Lecture

This workshop will explore the neurobiological and psychological impact of trauma and introduce trauma-information yoga as a supplemental healing intervention, helping reduce trauma symptoms and facilitate students' re-connection to their bodies.

Janine M. D'Anniballe, PhD is a licensed psychologist and a nationally recognized expert in sexual assault and traumatic stress, and treatment for survivors. Dr. D'Anniballe currently serves as the Director of Trauma Services at Mental Health Partners in Lafayette, Colorado. She also has been the Director of Moving to End Sexual Assault (MESA), the rape crisis center serving Boulder and Broomfield Counties in Colorado for the last 20 years.

#200 | Becoming a Transformed Behavioral Health Provider: How to Feel Comfortable Serving Asian Communities in Your Clinical Work

Asian communities are often overlooked and subject to stereotypes like the "Model Minority Myth" in healthcare settings. The Asian Pacific Development Center will use our expertise in building healthy alliances with communities, adapting evidence-based treatments, and promoting whole-health preventive care to train attendees to feel more competent working with Asian-identifying clients. *Monica M. Gerber, PhD is Coordinator of Clinical Services for the Behavioral Health Clinic at Asian Pacific Development Center. A clinical psychologist with the goal of working within multiple systems to empower displaced and historically-oppressed communities, Monica completed her pre-doctoral internship training with Aurora Mental Health Center and the Asian Pacific Development Center (APDC).*

Thanh Nguyen, MA is a Behavioral Health Clinician at Asian Pacific Development Center. She has worked at APDC as a behavioral health clinician for five years. Being born and raised in South Vietnam has given her a better way to understand the cultural differences when serving individuals. Serving people with mental health challenges is her calling, as she wants to show people how they can transform their suffering.

Hue Phung, BA is a Program Coordinator for the Behavioral Health and Elder Wellness Programs. She has been at APDC for two years as a Vietnamese Navigator, where she outreached to more than 1,000 individuals about behavioral health services. Her passion is serving the community by educating about the importance of behavioral health and services to better address health needs.

#201 | Collaborative Healthcare Innovation: Putting the Cart Before the GI Bm Horse

Being in a collaborative healthcare space opens opportunities to partner with other organizations to introduce new technologies and care models that increase access, efficacy, and engagement, thereby reducing barriers to treatment for the people we serve.

Wes Williams, PhD serves as Vice President and Chief Information Officer at the Mental Health Center of Denver, overseeing information systems. Under his guidance, MHCD has been recognized as a leader in technology innovation; always striving to ensure access, efficacy and engagement remain top priorities. Wes's clinical background and technical expertise help him provide innovative solutions to the challenges of building systems that meet the needs of clinicians, payers, regulators and the people we serve.

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#202 | Thriving With Managed Care: OPEN MINDS Organizational Competencies & Best Practices For Succeeding With Managed Care

The focus of this seminar is on managed care readiness and health plan contract management within Colorado. In an evolving managed care marketplace new payer service delivery requirements and expectations are changing the way community mental health provider organizations deliver traditional mental health services. The partnership between payer and provider has resulted in the alignment of shared goals for timely access to treatment and services, client care coordination, targeted client outcomes, strategic market planning/ outreach, and intake and admissions processes. To be successful in this environment, provider organizations must be managed care ready and positioned as a "preferred provider" in this competitive market.

John Talbot, PhD is currently Vice President of Corporate Strategy at Jefferson Center for Mental Health (JCMH) in Denver, Colorado. In this role, he is responsible for the development and implementation of corporate strategy, strategic alliances and new product development.

#203 | Reducing Suicide Risk through the Implementation of Zero Suicide: Challenges and Opportunities from Three Perspectives

Every Community Mental Health Center in Colorado has implemented Zero Suicide. Hear about the process from three diverse centers, including the common issues they have faced, the unique challenges, and the successes of each. Suicide prevention experts from Mind Springs Health (western slope), Health Solutions (southern portion of the state), and Jefferson Center for Mental Health (front range) will give overviews of their own center's experience, including "how to" tips on implementation and lessons learned.

Amy Moran, LPC is a Licensed Professional Counselor and the Director of the Acute Treatment Unit at Health Solutions in Pueblo, CO. Amy also serves as the lead of the Zero Suicide initiative at Health Solutions. Amy is certified in Choice Theory/Reality Therapy and is a Question, Persuade, Refer (QPR) trainer. Amy has spent 20 years working in the community behavioral health setting.

Michelle Hoy, LPC, CACIII is Executive Vice President at Mind Springs Health. Michelle joined Mind Springs Health (MSH) in 2004 as a therapist working with children and adults. Michelle has expertise in mental health and substance use disorder issues as well as Trauma-Informed Care and Motivational Interviewing. Michelle was named the Executive Vice President of the Mental Health Center in 2015. She currently administers all behavioral health services across the 10 county region.

Heather Trish, NCC, LPC is the Director of Culturally Relevant and Trauma Informed Services at Jefferson Center for Mental Health. She holds an EdM in Psychological Counseling and an MA in Organizational Psychology from Columbia University, has a Certificate in Conflict Resolution from the International Center for Cooperation and Conflict Resolution, is an EMDR Consultant, a Question, Persuade, Refer (QPR) trainer, and leads her organization's Trauma Informed Care and Zero Suicide Initiatives. She has served as Assistant Director for the 9/11 Mental Health program in New York City, as a Career Counselor Consultant at the NYU Stern Graduate School of Business.

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#204 | Hub-and-Spoke Model for MAT in Northern Colorado

CI Covers community collaboration that led to the development of the Northern Colorado Opioid Prevention Workgroup (NCOPW) and the Colorado Opioid Synergy Larimer and Weld (CO-SLAW) network, one of the most innovative approaches to Substance Use Disorder (SUD) treatment in the state. In addition to a multi-county, multi-system commitment to development of a hub-and-spoke model of care, the CO-SLAW network of eight healthcare providers offers robust MAT services, targeted care coordination for persons on MAT.

Lesley Brooks, MD serves as the Chief Medical Officer for Sunrise Community Health and as the Assistant Medical Director for the North Colorado Health Alliance in Northern Colorado. Dr. Brooks also serves as the Co-Chair of the Provider Education Work Group for the Colorado Consortium for Prescription Drug Abuse Prevention, which leads the state's coordinated response to the opioid and prescription drug epidemic, as well as acting as the Co-Chair of the Northern Colorado Opioid Prevention Workgroup.

Cundi Dodds, MS, LMFT is the Chief Clinical Officer at SummitStone Health Partners. Her work has included more than two decades with behavioral health organizations in Northern Colorado. She provides clinical oversight and program development for a community mental health center with 320+ employees and 26 locations in Larimer County, providing 150,000+ services through a comprehensive continuum of care to nearly 10,000 individuals annually.

Heather Ihrig, RN, BSN serves as project director for the Colorado Opioid Synergy in Larimer and Weld counties, a grant-supported MAT network. She has been a nurse for 20 years, most recently serving in leadership roles at Banner's North Colorado Medical Center.

Staci Shaffer has worked in the field of law enforcement for over 24 years. She currently serves as a Lieutenant in the Jail Division at the Larimer County Sheriff's Office, located in Fort Collins, Colorado. In her role, she manages the health services contract and has worked to implement Medication Assisted Treatment with the medical vendor.

#205 The Neurobiology of Traumatic Stress and the Healing Power of Yoga: Practice

We will do an hour-long yoga practice, so please wear comfortable clothes in which you can move. Yoga mats will be provided. Janine M. D'Anniballe, PhD (see bio page 20)

#206 | OBH Contract Updates

At this workshop the Office of Behavioral Health will cover the Division's strategic planning efforts, along with contract and business practice updates.

Carie Gaytan, MBA is the Director of Finance for the Office of Behavioral Health, Community Programs Division, responsible for financial management, budgeting, contracts and procurement, accounting, and fiscal compliance.

Camille Harding, LPC is the Director of the Colorado Department of Human Services, Office of Behavioral Health, Division of Community Behavioral Health. The Community Behavioral Health Division Teams are responsible for Substance Use Prevention and Early Intervention, Criminal Justice services, including jail-based behavioral health treatment, Child and Adolescent Services, Adult Treatment Services, and Workforce and Innovation.

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#300 | Connecting Heads and Hearts to Engage Employees: Leadership Bu Responsibilities in Driving Culture Bm

Review of the responsibility of leaders to create a culture of connection. Organizational change initiatives that can be applied to help employees (and the organization) thrive will be discussed.

Cynthia Grant, PhD, MBA, LCSW is a member of the Executive Team at AllHealth Network, an organization that has seen dramatic increases in employee engagement in a very short time period. She proudly serves as the Chief Clinical Officer of an incredible team of leaders.

#301 | The Tale of Two Campaigns: Winning on behavioral health ballots in Denver & Larimer Counties.

Attendees will learn more about what it takes to successfully use storytelling, as well as other key lessons learned in these campaigns to advocate for funding to support behavioral health. Rep. Leslie Herod was an advocate for the successful Denver City/ County initiative creating a behavioral health programming funding source. She has been an active ally in the Colorado legislature, working on issues of behavioral health, community safety and criminal justice reform, and as such, was valuable in community conversations about the importance of the behavioral health initiative. Lessons learned supporting a successful tax initiative, which will enable Denver to create new programming for their most vulnerable populations. *Laurie E. Stolen, BS, MA* is the Behavioral Health Director for Larimer County and this years' recipient of the Conrad Ball Award for her significant contributions to improving the quality of Justice in Larimer County. She is a guest lecturer at CSU, a published contributing author, the former Director of the Alternative Sentencing Department and Pretrial Services with Larimer County Criminal Justice, and former Inmate Services Director for the Larimer County Sheriff's Office/Jail Division.

Representative Leslie Herod (HD-8) was elected in 2016 as the first LGBTQ African American in the General Assembly, while receiving the highest number of votes of any candidate running in a contested election. She serves as the Chair of the House Finance Committee, Vice Chair of the House Judiciary Committee, and Vice Chair of the Committee on Legal Services. Rep. Herod also chairs the Colorado Black Democratic Legislative Caucus and the Arts Caucus.

#302 | Succeeding With Value-Based Reimbursement: An OPEN MINDS Executive Seminar On Organizational Competencies & Management Best Practices for Value-Based Contracting

The focus of this seminar is on organizational competencies & management best practices for values-based contracting in Colorado. Once organizations gain the competencies needed for value-based contracting and have a leadership team with the necessary skills, the next important area to focus upon is the competencies that are needed to respond to and acquire a value-based contract. OPEN MINDS has developed its population health/value-based readiness assessment tool. This tool prepares teams for value-based contracting to ensure all the required competencies needed for success. In this seminar, executives will learn organizational and technical competencies needed to succeed with values-based contracting. *John Talbot, PhD (see bio page 22)*

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#303 | Putting Prevention to Work: A Health Equity Approach to CI Eu Reimagining Colorado's Substance Use Disorder Primary Prevention Systems

Learn about Colorado's first strategic plan for primary prevention of substance use disorders. The plan will address needs such as uncoordinated funding and disparities in substance use and prevention.

Alexandra Caldwell, MPH is a Director at the Colorado Health Institute (CHI), the state's leading nonpartisan health policy research institute. Her work focuses on evaluation and strategic planning in behavioral health and other emerging health policy issues in Colorado and nationally.

#304 | Behavioral Health and Intellectual and Developmental Disabilities: Moving Beyond Labels and Anxiety to Effective Care

Most of us will work with clients who have intellectual or developmental disabilities (I/DD) at some point in our career, but rarely do we get formal training on how to be an effective and culturally-sensitive clinician with this community. As a result, we may be unsure of what appropriate assessment and interventions look like. We may be even more confused by all the systems and acronyms that accompany these clients. In this training, you will learn what cultural sensitivity looks like, common presenting concerns, and how to handle some snafus to become a better practitioner with the I/DD population.

Regina Haugland-True, MA, LPC, LAC has been working as a therapist at North Range Behavioral Health for five years, primarily working with adults with developmental disabilities and women coping with trauma. She received her BA and MA from the University of Northern Colorado and is a recipient of the Colorado Health Service Corp Loan Forgiveness program. When not advocating for cultural sensitivity in mental health services, she enjoys spending time traveling with her husband and going for walks with her Catahoula leopard dog and one-year old daughter.

#305 | The Value of a Facility Dog: Demonstrating Impact for Clients and Staff in a Trauma Treatment Clinic

Learn about the benefits of a facility dog to clients and staff; understand the impact Fievel has had on improving client engagement, reducing secondary traumatic stress in staff, and helping clients with regulation and transition in and out of sessions.

Janine M. D'Anniballe, PhD (see bio page 20)

Fievel the Facility Dog, a facility dog from Canine Companions for Independence Inc., joined Colorado's Moving Beyond Trauma and Moving to End Sexual Assault in 2018. *Fievel has greatly impacted engagement and satisfaction for clients, families, and staff.*

#306 | CBHC Policy Update

How did Behavioral Health fare in 2019 and what's on the horizon for 2020? Bu Join CBHC's policy team to understand how your legislators' actions affect how you will be providing services in your community.

Frank Cornelia, MS, LPC is the Deputy Director and Chief Strategy Officer for CBHC. Before joining CBHC in 2012, he was a clinical professional with years of experience providing care to diverse client populations. Although he is no longer a practicing counselor, he finds his clinical skills continue to be useful as a registered lobbyist. Frank holds a Bachelor's Degree in Psychology from the University of Minnesota and a Master's Degree in Health & Human Development from Montana State University.

Moses Gur, MA is the Director of Policy and Member Engagement for CBHC. He holds a Master of Arts in Forensic Psychology from the University of Denver, where he studied the intersection of mental health and the legal system. His experience ranges from direct services, professional development, and policy analysis across every step of the Sequential Intercept Model. Before joining the CBHC policy team, he was a policy fellow for the Substance Abuse and Mental Health Service Administration.

Gil Romero, JD is a Principal/Attorney with Capitol Success Group, a government affairs and lobbying firm he started in 1999. He is currently the lead lobbyist for CBHC. Gil served in the Colorado House of Representatives from 1984 – 1998; eight of those years he served on the powerful Joint Budget Committee. He is a former Judge Advocate General and a Major in the Army National Guard. He holds a Juris Doctorate Degree from the University of Colorado Law School, and a Bachelor of Arts Degree in Political Science, University of Colorado, with a Master's Degree from Harvard University.

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Friday | Keynote Speaker

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Keynote | The Medicine of Music Cl Bm with Vijay Gupta

Sponsored by Colorado Access

In this talk, Vijay (Robert) Gupta explores the connection between music and mental health, explaining why music's redemptive power may hold more potential than we realize. Gupta draws from his work as director of Street Symphony—a classical music outreach concert series—to illustrate how music can help bring people back from the brink of their darkest times.



How does music speak to people in ways language cannot? Why is music education vitally important, especially to those who are most in need? Erudite, eloquent, and passionate, Gupta shows audiences that music isn't just something to be enjoyed—it's something that can change lives.

#400 | Culture Eats Strategy for Breakfast: How HR and Diversity and Inclusiveness Work Together to Create a Top Workplace Bu

While strategic planning, skilled employees, and technology tools are important, organizations often fail without a healthy workplace culture. Having a workplace culture that is positive, forward-focused and solution-oriented gives a competitive advantage.

Jeff Tucker, JD has worked with the Mental Health Center of Denver's executives and managers, helping each employee meet his/her career goals and championing a culture of well-being. Jeff received his Juris Doctorate in 1996 from Drake University Law School with a focus in employment and civil law, and has more than 20 years' experience in human resources.

Leslye Steptoe, PhD is the Vice President of Diversity & Inclusiveness at the Mental Health Center of Denver. She is primarily responsible for the design and implementation of an evidence-based approach to cultural proficiency, and works within all levels of the organization to connect Diversity & Inclusiveness with the Mental Health Center of Denver's strategic mission and vision. Dr. Steptoe has more than 20 years' experience in the Diversity & Inclusiveness field.

#401 Counseling in Spanish and English: Phenomenological Experiences **CI** of Bilingual Counselors

This original empirical study sought to understand Bilingual Spanish/English counseling. Findings from this study highlight implications for counselors and supervisors, in connection to the Multicultural and Social Justice Counseling Competencies.

Bradley James Crookston, PhD, LPC, NCC is currently an Intensive Outpatient Counselor and Functional Family Therapist for North Range Behavioral Health. He is bilingual in both Spanish and English, and has substantial experience in working with bilingual individuals and families within the Latinx population in the U.S. He completed his dissertation on bilingual counseling and is the sole author of the study conducted for the presentation. Additionally, his education background includes a BA in Psychology, an MA in Clinical Counseling, and a PhD in Counselor Education and Supervision. He also has provided bilingual supervision to bilingual professional counselors. Lastly, he is a Licensed Professional Counselor in CO and possesses approximately six years in the counseling field, three of which have been providing bilingual counseling.



Open a browser on your device and enter:

Network: Beaver Run Meeting Password Voucher | CBHC

#402 | Queering Recovery: Bringing Inclusion and Intersectionality to the **CI** Forefront

According to the J. Walter Thompson Innovation Group, in 2016, more than 52% of Gen Z's (ages 13-20) reported they identify as something other than straight. In the same study, 56% of Gen Z's said that they knew someone who went by gender neutral pronouns such as "they," "them," or "ze." As this generation paves the way for inclusion, behavioral health organizations need to catch up in order to best serve this rapidly growing demographic, asking the questions: *Who is not being included? Whose voice is not being heard?* Through self-reflection, short experiential activities, and lecture, this presentation provides tools and strategies to build and maintain an inclusive and accessible program for LGBTQIA+ youth and young adults. We will outline the benefit of designing and facilitating inclusive programming, with specific attention to substance use, residential settings, staff training, therapeutic strategies, and how to weave in relevant curriculum for queer-identified youth and young adults.

Samantha A. Field, CACII, LPC is a Wilderness Therapist, and CACII with extensive training in trauma. Sam identifies as a Queer Woman whose identity has radically informed her personal and professional world. She has worked across the globe assessing and implementing culturally-competent health care programs. Sam has a private practice, works as an addiction counselor and is a consultant for wilderness and residential programs.

#403 | Blocking Supboenas: How to Keep Mental Health Clinicians Treating, Not Testifying

The Judicial system is self-serving, and expects everyone to appear in court to resolve any issues. This arrangement is blind to the truth that when you bring treatment into the courtroom, you bring the courtroom back into the treatment. That is why actively-treating clinicians should stay away, because just appearing endangers the relationship with patients — even if you don't testify, and even if the patient thinks your presence is a good idea!

Casey Frank, JD, MPH has tried cases in Colorado Courts since 1991. He specializes in getting law and ethics to support the practice of medicine. At the University of Colorado, he is on faculty in the Forensic Psychiatry Fellowship program, and at the Center for Bioethics & the Humanities. He is Senior Editor of the Health Law Column at the Colorado Lawyer (the official state bar journal).

#404 | Tax Reform Impact to Non-Profits & New Accounting Standards

Does your organization have a tax liability under the Tax Cuts & Jobs Act? Are you ready for the new accounting standards? This session will dive into how Tax Reform is impacting the industry, discuss insights from adopters of revenue recognition, and considerations for the upcoming lease standard.

Jami Johnson, CPA is a Senior Manager with BKD and has over 10 years of experience providing accounting and audit services to not-for-profit health care entities, including: hospitals, mental health centers, and community health centers.

Adam Smith, CPA is a Senior Manager with BKD and has over 10 years of experience providing tax preparation and consulting services to tax exempt entities in Colorado and nationwide.

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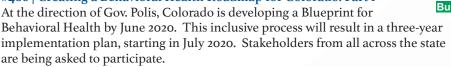
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#405 | Got Infant Mental Health? How the "Right Start for Colorado" Initiative is Supporting Colorado's Infant/Early Childhood Mental Health Workforce

This session will cover infant/early childhood mental health (IECMH), why birth-five mental health services are imperative, and how our SAMHSA-funded statewide training initiative can support and grow Colorado's IECMH workforce. *Shannon Bekman, PhD, IMH-E®* is a licensed clinical psychologist and the Director of Right Start for Colorado at the Mental Health Center of Denver. Dr. Bekman has been training professionals and students in child development, psychology and infant mental health for over 14 years. Dr. Bekman is clinical faculty with the Harris Program at University of Colorado and President-Elect of Colorado Association for Infant Mental Health. She has published on the topics of assessment and treatment of infant/early childhood mental health concerns.

Michelle Roy, PhD, IMH-E® is a licensed clinical psychologist and Program Manager of the Right Start for Infant Mental Health team at the Mental Health Center of Denver. Dr. Roy has over ten years' experience in providing evidence-based, trauma-informed, relationship-based infant mental health services to young children and their families. She has supervised and trained clinicians and students in these practices for the past four years.

#406 | Creating a Behavioral Health Roadmap for Colorado: Part 1



Michelle Barnes, MBA is the Executive Director of the Colorado Department of Human Services. Barnes has held senior leadership positions in a variety of organizations in different sectors. In 2008, she founded Interim Leadership Solutions to lead organizations in transition by serving as their interim CEO, where she honed her change-management skills. Barnes also spent a dozen years in high tech marketing/communications and holds an MBA from UCLA and a BA from William and Mary.



#500 | How the Toyota Production System Shaped Juvenile Justice Reform **Cl** in Longmont

The City of Longmont worked with partners to develop a model that diverts youth out of our municipal court system. Using Lean Process Improvement, REWIND's (Rebuilding Expectations and Walking Into New Directions) goals are to provide early intervention through needs assessment and service matching; decrease youth time in the municipal system; reduce recidivism and directly affect the minority over-representation data in our judicial district.

Christina Pacheco Sims, MA, LPC is a Licensed Professional Counselor graduated from the University of Colorado, Boulder with a BA in Psychology and an MA in Counseling Psychology from the University of Denver. She has worked with children, youth and families in Juvenile Court and Probation, Child Protection and Children and Youth Services for more than 22 years. She has experience working with homeless and ganginvolved youth, providing clinical supervision to graduate level counselors, working on systems alignment and program development.

Hilda Zamora Hursh, LSW is the City of Longmont's bilingual counselor and provides individual, family, and group therapy, working with individuals and families in crisis. She is a Licensed Social Worker in Colorado. She completed her education as an addictions counselor and is in the process of becoming a Certified Addictions Counselor. She has a Bachelor's Degree in Psychology from the University of California, Davis and a Master's Degree in Social Work from the University of Denver. She provides individual and group counseling for the REWIND Program.

Tara Johnson, BA is the City of Longmont's Chief Probation Officer. She is a Longmont native and graduated from Colorado State University with a Degree in Liberal Arts, with a Social Science emphasis and focus on juvenile justice and ethnic studies. She has over 20 years' experience working in the Longmont community, and is skilled in creating Trauma-Informed environments in working with juveniles and their families.

Judge Robert (Bob) J. Frick is the Presiding Judge for the City of Longmont. He graduated from the University of Iowa with a Bachelor of Science in Political Science and Minor in Business Administration, and received his Law Degree from Creighton University School of Law.

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Session Evaluation Drawing

2 Night Stay at Beaver Run Resort & \$100 Visa Gift Card

#501 | Lessons Learned from Law Enforcement Assisted Diversion (LEAD) Cl and the Angel Initiative

This session will cover Longmont's Law Enforcement Assisted Diversion (LEAD) program and the Angel Initiative program. LEAD allows officers to divert individuals from arrest and the criminal justice system into a harm-reduction intervention for low-level drug violations driven by unmet behavioral health needs. These individuals are referred to a trauma-informed intensive peer case management team that connects them to community-based resources and support. The LEAD program partners with Boulder County Public Health, the District Attorney's office, the Public Defender's office, Longmont's Municipal Judge, Longs Peak Hospital, City departments, and numerous community service providers and treatment providers. The Angel Initiative facilitates referrals for community members who are seeking treatment for their addiction to treatment providers, and is also backed by Longmont's intensive peer case management team.

Jeff Satur is a Deputy Chief with the Longmont (CO) Department of Public Safety and is currently assigned to the Police Service Division. Jeff started his career in law enforcement in 1985. Jeff has held several assignments within his agency, including Patrol, Training, IA, and Detectives. Jeff was a member of the department's Special Weapons and Tactics (SWAT) Team for more than 18 years. While in SWAT he worked as a less-lethal specialist and as a team leader on the entry team. Jeff also served as a Bomb Technician on a countywide Bomb Squad and as a detective, detective sergeant and detective commander of the countywide investigations (shoot team).

Mike Butler has over 30 years of comprehensive policing experience, ranging from beat officer to police chief with nationally-recognized police departments. Since 1993, Mike has been at the helm of the Longmont Police Department. In 2008, he assumed responsibilities for the Longmont Fire Department as well. During his tenure, the Longmont Police Department was chosen as one of the Top 10 Community Policing Departments in the nation by the United States Department of Justice. He has assisted in or taken a primary role in the development of several innovative management systems and programs.

Dan Eamon leads four divisions in Public Safety, the Community Health and Resilience Division, which includes the Office of Emergency Management, the Victim Services Group, Public Safety Volunteer Programs, and Community Health and Criminal Justice Diversion Programs. Dan's division includes the Law Enforcement Assisted Diversion (LEAD) program, the Crisis Outreach, Response and Engagement (CORE) teams, and the Community Health programs.

Michelle Webb serves as the Program Manager to the Longmont Department of Public Safety's Diversion Programs, which includes LEAD (Law Enforcement Assisted Diversion), CORE (Crisis Outreach Response and Engagement), the Angel Initiative, and Community Health.

#502 | Hunger in Colorado and the Impacts on Mental Health, Health and Cl Suicide

Despite our national reputation as a healthy state, hunger remains a reality for too many Coloradans. One in 10 Coloradans, including one in six children, is considered to be food insecure. Hunger is associated with depression, anxiety, cortisol levels, and suicidality. Colorado has now developed a collaborative Blueprint to End Hunger. Behavioral health providers/systems are key partners in ending hunger and improving outcomes in every corner of the state.

Erin Ulric, MPH serves as the Implementation Director for the Blueprint to End Hunger, whose mission is to end hunger in Colorado. She is passionate about collaborative work that addresses the (complex) root causes of poor health outcomes, including hunger. She approaches the work through a public health lens, with over 15 years working in public health with community-based organizations, state government and international nonprofit organizations. She holds her Master's in Public Health from Columbia University.

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#503 | Everything You Wanted to Know About Transgender (But Were Afraid to Ask...)

See the world through the eyes of a trans-female as she walks you through the ins and outs of her life experiences as transgender.

Tabbitha Elphaba Cardinal is an active member of the Transgender Community and is a strong advocate for cultural diversity. Tabbey has worked for a local community health center for seven+ years and is currently in a role as Senior Administrative Support; she has been instrumental in the development of her company's Employee Transgender Awareness Training and assists staff with questions surrounding how to support the Transgender Community. She is also a founding member her company's LGBTQ+ Steering Committee, is politically active, and a strong voice in the fight for the rights of all people.

#504 | Psychology of Fraud & Stupid Human Tricks: Is Your Cybersecurity Bu Team Ready?

In this session participants will go beyond fraud schemes and scams to explore the psychology and motivations of fraud perpetrators, and how relationships and internal controls can be manipulated, leaving organizations particularly susceptible to fraud. This session will also look at cyber risk and the challenges this creates for management and boards. The nearly-constant stream of data breaches, hacks and cyberespionage has created enormous challenges for companies that still regard cyber risk only as an IT issue. Learn how to address these cyber threats.

Rand Gambrell, CVA, CFE, ABV, CFF has more than 20 years of experience providing forensic accounting, economic damage analysis, fraud auditing, and bankruptcy and restructuring services, including serving as an expert witness, and providing business valuation services.

Rick Lucy, CISA has more than 30 years managing, developing and executing compliance efforts and directing internal audit programs ranging from smaller regional organizations to large, multinational corporations, and evaluating financial, operational and IT controls under many regulatory frameworks.

#505 | Implementing Acudetox in the Community Behavioral Health Organization Setting

Acudetox (acupuncture in the ear) can ease symptoms of mental health, substance use disorders, and balance systems within our bodies and minds. We will provide information on what it is, explain how our organization has implemented it and provide attendees the opportunity to receive a treatment. *Scott Clawson, CACIII has worked with youth with intensive substance use disorder needs with North Range for over 10 years. He is a certified Acupuncture Detoxification Specialist.*

Nataeah Barron, LMFT & LAC has worked with substance use disorders, severe mental illness, and families and couples with North Range for over six years. She is a certified Acupuncture Detoxification Specialist.

#506 | Creating a Behavioral Health Roadmap for Colorado: Stakeholder Cl Bm Meeting - Part 2

This is an opportunity for CBHC members to participate in an input session for the Behavioral Health Blueprint. The Leaders of the Behavioral Health Task Force will be in "listening mode" as you share your bold ideas and suggestions. *Michelle Barnes (see bio page 29)*

#600 | Health First Colorado's SUD Benefit: Medicaid Coverage for Inpatient and Residential Treatment

This session will discuss planned changes to the services covered by Colorado's Medicaid program, Health First Colorado. Specifically, the presenter will discuss the introduction of inpatient and residential SUD treatment benefits planned for 2020.

Kim McConnell, PhD currently serves as the ACC SUD Administrator for the State of Colorado's Department of Health Care Policy and Financing. Dr. McConnell is a licensed psychologist and has worked as a direct service provider and administrator in the substance use disorder field. She has held positions in an acute care hospital, the VA, and an adult probation department in Texas. She has also taught undergraduate and graduate-level psychology courses at Regis University, Texas State University, and St. Edward's University.

Susan Mathieu, MPP is currently the Manager of the Program Design Section in the Health Programs Office at the Colorado Department of Health Care Policy and Financing. Prior to taking on this role at the Department, Susan managed the Accountable Care Collaborative and designed and implemented Colorado's early expansion to open Medicaid eligibility in Colorado to include adults without dependent children. Susan has also been a consultant with Health Management Associates and with a small consulting firm in Washington, DC, and has assisted multiple states in re-designing their Medicaid programs.



#601 | A Story of Implementing a Family-Centered, Co-Occurring Residential Program

North Range Behavioral Health leadership addresses the significance of joining two unlikely programs for whole-family recovery: intensive addiction and early childhood trauma services. Considerations include guiding directions, implementation, lessons learned and future considerations.

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Janis Pottorff, LCSW, IMH-E[®] III received a Master's in Social Work from Colorado State University. Janis has nearly 40 years in the field, working with developmental disability, integrated health, and infant and early childhood mental health. She is a trainer for Zero to Three. Her work includes program development, direct interventions, training, clinical supervision, grant writing, and community collaboration. She currently serves as the Program Director for Family Connects, Early Childhood and Family Services.

Tiffany Gunnells, PhD, LPC, CACIII has a doctorate in Counselor Education and Supervision from Ohio University. Tiffany has almost 20 years of experience in behavioral health care, including co-occurring treatment with adults, children and families, clinical supervision, program development, teaching/training, and quality/process improvement. She currently serves as Program Manager in Quality Improvement at North Range Behavioral Health.

Kathryn Warner, MA, CACIII received a Master's in Clinical Mental Health Counseling from Argosy University. Kathryn began her career in the addiction field in 2002; her work includes Family Treatment Court, community outreach, grant writing, women's domestic violence shelter, and residential treatment programs. She currently services as the Program Director for Wings Intensive Addiction Services at NRBH, a gender-responsive, two generational approach for women with substance use disorders who are pregnant or have dependent children.

#602 | Applying Trauma-Informed Approaches to Victims of Human **Ci** Trafficking

The workshop will provide a comprehensive overview of all phases and specific structure of the partnership including organizational assessment, training, and action plan development.

Elaine Fisher, MEd, LPC, NCC is the Manager of Training and Clinical Supervision at Community Reach Center. She is a seasoned mental health professional with 17 years' experience involving program development and clinical supervision. Elaine holds a Bachelor's Degree in Human Development and Family Studies from Texas Women's University, and a Master's Degree in Mental Health Counseling from the University of Northern Texas. She is a certified Trust Edge Facilitator and co-chairs the Denver Anti-Trafficking Alliance Mental Health Subcommittee.

Mary Landerholm, MSW has seven years of experience working in victim services, specializing in training service providers and community members on using a trauma-informed and victim-centered response to exploitation. As a Lead Technical Training Analyst with NHTTAC, she provides content and logistical support for training delivery and survivor engagement programs. She also engages the State of Colorado's anti-trafficking efforts using a data-informed response to the issue of exploitation.

#603 | Confidentiality Laws and Coordinated Care: Avoiding Legal Hazards in an Era of Big Data and Rapid Care Integration

The movement to improve healthcare quality through coordination presents unique challenges for CMHC's. This session provides strategies to safely participate in data-sharing, care navigation, and criminal justice collaboration. **David Hayden, LPC, CACIII, MBA** is the Vice President of Quality and Compliance at Mind Springs Health, leading the quality and compliance efforts for the regional delivery system of inpatient, residential, and outpatient behavioral healthcare in northwestern Colorado. Dave brings 18 years of clinical and administrative healthcare experience to Mind Springs. Certified in Healthcare Compliance and Lean Six Sigma, Dave's areas of focus include data-driven, continuous quality improvement of healthcare delivery, and integration of behavioral health into a coordinated system of high-quality, low-cost, whole-patient care.

#604 | Building a Strong Board

Boards are the foundation of all strong nonprofits. This session will help executive members of management and board members to better understand their respective roles and responsibilities, strengthen the board's ability to provide adequate resources for the organization, and become more engaged in helping the organization to fulfill its mission.

Dan M. Prater has more than 20 years of experience in organizational leadership and management. He uses his background in the not-for-profit industry and higher education to help not-for-profit entities be more effective in accomplishing their missions. He is the founding director of Drury University's Center for Nonprofit Leadership and is the co-creator of the university's popular Master of Nonprofit and Civic Leadership program, for which he continues to serve as an adjunct instructor.

#605 | Using Data Dashboards for Tracking Medicaid Encounters and Bu Other Complex Data Analysis

This session will demonstrate how business analytics can be used to help track Medicaid encounters, measure productivity of staff, and support clinical changes in an organization.

Sam Madden, BSc is the Director of Quality Improvement & Compliance at AllHealth Network, a CMHC serving clients in Arapahoe and Douglas counties. Sam has experience with data analysis; performance improvement and outcome measures at the BHO level, within a CMHC; and within the National Health Service in the UK. Mark Towne, MPA, BS is the Quality Improvement and Compliance Data Manager at AllHealth Network. Mark specializes in database administration and creating custom reports and data dashboards to help guide the organization's decision-making processes. In 2018, Sam and Mark rolled out the use of Power BI at AllHealth Network. Power BI is a business intelligence tool from Microsoft that is now used across the CMHC to improve internal processes and increase service quality.

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Friday | Sessions & Speakers



Friday Special Event | Jason DeShaw CI Bm Sponsored by Southeast Health Group

4:45pm - 5:10pm | (hors d'oeuvres served) Join us for a special presentation by the Southeast Health Group Ag Advisory Committee.

5:15pm - 6:45pm | Serenity in the Storm Serenity in the Storm is Jason DeShaw's presentation: a story of hope, set to the soundtrack of his life. His journey to help

others has taken him to schools, communities, and psychiatric hospitals across the nation. He also shares the merits of compassion with professionals in law enforcement and medicine. He received the Champions Award in Washington D.C. for "exhibiting courage, leadership, and service on behalf of all people living with mental illness."



#700 Aurora Research Institutes' Cost-Benefit Analysis: Framework and Bu Case Examples

This session presents a framework for examining cost-benefit analyses within social programming and presents three case examples: trauma-focused psychological intervention for children, integrated care clinic, psychological offender rehabilitation program.

Adam D. Soberay, PhD is currently a Research Associate at the Aurora Research Institute, as well as an adjunct professor of statistics, research methods, and mathematics at the University of Denver and at Johnson & Wales University. He has experience in mental health as a researcher, evaluator, trainer, and clinician. His primary expertise is in the application of advanced statistical methodologies in the study of mental health-related outcomes.

Kerry-Ann Lewis Pearcy, PhD (see bio page 20)

#70I Housing is Healthcare

Housing instability and poor health are cyclical - the cause and effect are interchangeable. This session looks at the ties between homelessness and health, and identifies promising strategies that communities are using or may use to end homelessness, improve the health of their communities, and promote the health of all our residents.

Cathy Alderman, JD/MSPH has served as the Vice President of Communications and Public Policy for the Colorado Coalition for the Homeless (CCH) since 2015, where she oversees the Education and Advocacy (E&A) Team. The E&A Team is responsible for public/media relations, lobbying activities, social media, publications, community engagement, public outreach and education.

Katherine Helgerson, BA, MSS is the Manager of the Housing Choice Voucher Program at Colorado's Department of Local Affairs, Division of Housing. The Housing Choice Voucher Program at the Division of Housing assists over 6,000 low-income families, persons experiencing homelessness, and persons with disabilities in accessing affordable rental housing in the private market.

Kristin Toombs, MPA is Director of the Office of Homeless Initiatives for the Colorado Department of Local Affairs (DOLA), Division of Housing (DOH). Kristin guides the state's vision to make homelessness rare, brief and non-recurring, by managing housing and homeless service resources for individuals and families in need of housing. She also provies leadership to communities regarding homeless response strategies.

Cate *Townley, MURP, MUD* is a Senior Built Environment Specialist for the Colorado Department of Public Health and Environment (CDPHE). Her primary role at CDPHE is to work with community organizations, local public health agencies, and local governments to promote access to safe spaces for physical activity, increase access to shade, and prevent chronic disease for all Coloradans.

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#702 | Innovation and the Expansion of Opioid Use Disorder Treatment in Colorado

Access to opioid use disorder treatment has increased in Colorado since receiving two opioid-specific grants from SAMHSA. Participants will learn about Colorado's strategic plan (what has been accomplished and what remains), funding, community successes, and how agencies can get involved in resolving the opioid crisis.

CI Bm Bu

Linda Martin, LPC, LAC is a Licensed Professional Counselor and a Licensed Addictions Counselor with the Colorado Department of Human Services. She has worked with the Department of Corrections, Arapahoe Douglas Mental Health Network, University of Colorado ARTS and other community-based behavioral healthcare organizations. Linda has served on the board of her local NAMI organization, her county Community Corrections Board, the Juvenile Services Planning Board and CBHC. Linda's therapeutic and supervisory style is relational and person-centered.

#703 | Culture First: Creating an Exceptional Onboarding Experience Bu

There is significant competition for human resources in the behavioral health field. It is therefore imperative to retain highly-talented, creative, and engaged staff. Are you making a meaningful first impression? *Craig Iverson, MA* is the Director of Training, Staff Development, and Process Improvement at the Mental Health Center of Denver. In this role he leads process improvement activities using Lean and Six Sigma tools.

Cathie McLean, MA, LPC, CACIII is Director of Quality Improvement and Assurance at the Mental Health Center of Denver. She and her team collaboratively work with multiple stakeholders to develop creative solutions that engage persons served, and staff, in a meaningful way. Their efforts are driven by an interest in having everyone experience processes and services that are built on organization values, principles, and well-being culture.

#704 | Utility of the ECHO Model in Improving Primary Care Provider CI Self-Efficacy in Delivering Pediatric Behavioral Health Services

This session will review an ECHO learning series for primary care physicians (PCPs) that provides training in four practice areas (assessment, diagnosis, treatment, and management), focusing on six prevalent mental health issues: ADHD, anxiety, autism, depression, suicide, and trauma. Outcomes in self-efficacy scores will be discussed.

John F. Thomas, PhD is an epidemiologist and associate professor of epidemiology, pediatrics, psychiatry and family medicine at the University of Colorado School of Medicine. He is Executive Director of ECHO Colorado and spends half of his efforts there integrating ECHO into institutional, state and national efforts. He also serves as Telehealth Director for Children's Colorado, focusing on overall health system strategy, new and innovative models, and research and evaluation efforts.

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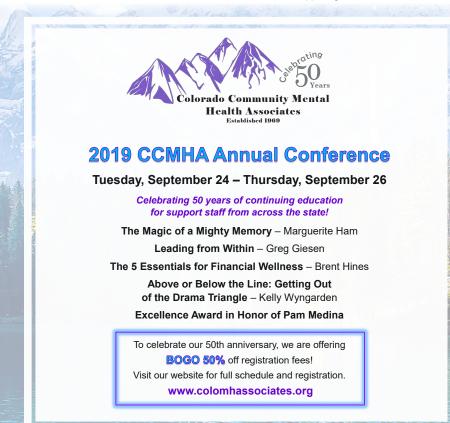
#705 | Change Management: Start Implementing

Our ability to change (as people and organizations) is key to success and joy. Using cutting edge research combined with implementation case studies, we will unlock the mysteries and fear around transition.

Michelle Barnes, MBA (see bio page 29)

John Freer, MS is a Strategic Development Partner at Executive Forum. John is extremely passionate about leadership development, organizational effectiveness, and the links between the two. After a 20-year career in corporate leadership, John brings a unique blend of leadership insight and organizational experience. His most recent role was as Director of Learning and Development for a Fortune 500 company where he oversaw onboarding, training, leadership development, and engagement. John is credentialed in the following: Certified StrengthsFinder Coach, Gallup; Leadership Styles & Climate, Korn Ferry/Hay Group; Emotional Intelligence, Korn Ferry/Hay Group; Business as Unusual (Change management training), Pritchett; 7 Habits of Highly Effective People, Covey; DiSC, Resources Unlimited; Five Behaviors of a Cohesive Team, Resources Unlimited and The Oz Principle (Accountability training), Partners in Leadership.

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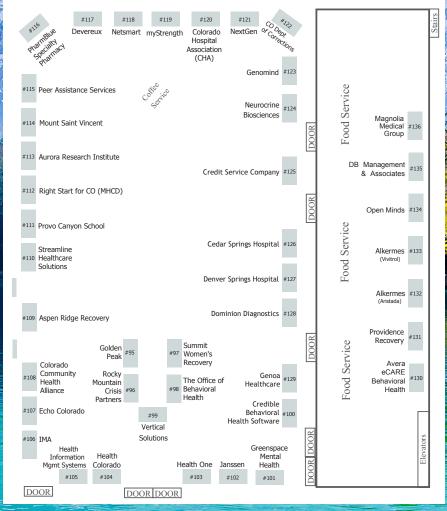
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⁷⁶*ethy*, *Minds*. Strong Communitée⁷⁶ The National Council for Behavioral Health is the unifying voice of America's health care organizations that deliver mental health and addictions treatment and services. Together with our 3,000 member organizations serving over 10 million adults, children, and families living with mental illnesses and addictions, the National Council is committed to all Americans having access to comprehensive, high-quality care that affords every opportunity for recovery. Since the National Council introduced Mental Health First Aid USA, and more than 1.5 million Americans have been trained.

Alkermes[®] #132 & 133 | Alkermes Inc. | 852 Winter Street, Waltham, Patient inspired[®] MA 02451 | 720-355-3938 | www.alkermes.com

Alkermes is a global biopharmaceutical company developing innovative medicines for the treatment of central nervous system (CNS) diseases. The company has a diversified commercial product portfolio and a substantial clinical pipeline of product candidates for chronic diseases that include schizophrenia, depression, addiction and multiple sclerosis.

American Foundation for Suicide Prevention AFSP Colorado Chapter | Sponsor of Mental Health First Aid of the Rockies Summit | 8200 S. Quebec St., #A3207, Centennial, CO 80112 303-565-9215 www.afsp.org/colorado

The American Foundation for Suicide Prevention, Colorado Chapter is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health through education and community programs, develops suicide prevention through research and advocacy, and provides support for those affected by suicide.

ASPENRIDGE #109 | AspenRidge Recovery | 900 S. Kipling Pkwy., Lakewood CO 80226 | 720-799-0500 | www.aspenridgerecovery.com

AspenRidge Recovery is a mental health, trauma and addiction treatment organization focusing on life skills, family systems, and reintegration into the community. We offer a 90-day extended care PHP, community IOP, and outpatient programming at our two convenient locations in Lakewood, CO and Fort Collins, CO.

#113 | Aurora Research Institute | 1290 N. Chambers Road, Aurora, CO 80011 | 303-617-2574 | www.arievaluation.org

Institute The Aurora Research Institute (ARI) provides cutting-edge, high quality, and culturally-responsive evaluation and consultation to behavioral health/SUD programs. ARI works closely with program staff and other stakeholders to design and implement evaluations that will provide action-oriented evaluation results, allowing programs to become more effective and efficient.

Avera *e*CARE^{*} #130 | Avera eCARE Behavioral Health | 4500 North Lewis Ave. Sioux Falls SD 57104 | 605-322-4767 | www.AveraEcare.org

Avera eCARE Behavioral Health collaborates with providers and nurses by extending 24/7 access to psychiatrists, medical social workers and behavioral health nurses. This team works within eCARE's virtual hospital hub to provide expert evaluation via two-way audio and video technology to emergency departments, medical inpatient and psychiatric inpatient units.

Figure 2135 Southgate Road, Colorado Springs, CO 80906 | 719-633-4114 | www.cedarspringshospital.com

Inpatient & Outpatient behavioral health and psychiatric treatment for children, adolescents and adults. Specialty programming available for children as young as two years; dedicated Residential Treatment Center for adolescents; Dual Diagnosis Rehabilitation for adults; and Acute Crisis Stabilization for all ages. Also offering Outpatient Medication Management, PHP and IOP services.



Colorado Access | *Sponsor of Keynote* 11100 E. Bethany Drive, Aurora, CO 80014 720-744-5500 | www.coaccess.com

Colorado Access is a local, nonprofit health plan that provides access to behavioral and

physical health services for Coloradans. Their mission is to increase access to highquality care for all Coloradans. Colorado Access currently serves the behavioral health needs of Medicaid recipients in Denver County and Northeast Colorado and partners to serve those in Adams, Arapahoe and Douglas counties.



#108 | Colorado Community Health Alliance Sponsor of the Board Breakfast & Awards and Reframing for Innovation: Exploring More Robust Responses to Poverty Through Multiple Perspectives | PO Box 13406, Denver, CO 80202 855-627-4685 | www.CCHAcares.com

Colorado Community Health Alliance (CCHA) is the Health First Colorado (Colorado's Medicaid Program) regional organization serving Boulder, Broomfield, Clear Creek, El Paso, Gilpin, Jefferson, Park and Teller Counties. We administer physical and behavioral health benefits and coordinate care and services for approximately 303,000 members.



#122 | Colorado Department of Corrections: Office of Clinical and Correctional Services | 1250 Academy Park Loop, Colorado Springs, CO 80910 | 719-226-4534 | www.colorado.gov/cdoc

Department of Corrections provides mental health services that are oriented towards improvement, maintenance or stabilization of offenders' mental health, contribute to their satisfactory prison adjustment, diminish public risk presented by offenders upon release, and aid the in the maintenance of an environment that preserves the basic human rights and dignity of offenders, correctional employees, and contract workers.



#120 | Colorado Telehealth Network (CTN) | 7335 East Orchard Road, Greenwood Village, CO 80111 | 720-489-1630 www.cotelehealth.com

Maximize access to health care services, especially in under-served regions of the state, through information and communications technology.

#100 | Credible Behavioral Health Software **CREDIBLE** Secure. Proven. Easy To Use. Sponsor of Reframing for Innovation: Exploring More Robust Responses to Poverty **Through Multiple Perspectives**

I Choice Hotels Circle, 11th Floor, Rockville, MD 20850 | 301-652-9500 www.credibleinc.com

With over 19 years of innovation and experience, Credible is committed to improving the quality of care and lives in behavioral health for clients, families, providers, and management. Since its founding in June 2000, Credible has Partnered with over 435 Partner Agencies in 36 states. Credible is proud to provide secure, proven, easy-to-use, web-based software for clinic, community, residential, and mobile care providers, leveraging a true Partnership approach.



CSC #125 | Credit Service Company, Inc. | 2150 Lelaray Street, Colorado Springs, CO 80909 | 800-467-3766 ext. 1007 CREDIT SERVICE COMPANY, INC www.creditservicecompany.com

Since 1947, Credit Service Company, Inc.'s healthcare-provider clients have been entrusting us to collect their accounts receivables, and our integrity, accountability and efficiency contribute to our success. We offer competitive rates on a contingency basis and are experienced in all stages of a patient's revenue cycle. CSC is licensed and registered in 44 states and based in Colorado Springs.

DBMA

#135 | DB Management & Associates | PO Box 500, Nederland, CO 80466 | 877-891-9352 | www.dbmafl.com

We have been providing Practice Management Consultation to behavioral health and other ancillary providers for more than 18 years. Our services consist of provider enrollment, consultation, training, data information and billing services. We assist our customers in navigating the ever- changing world of Third-Party Reimbursement.

#127 | Denver Springs Hospital | 8835 American Way, Denver Springs Englewood, CO 80112 | 720-410-6099 | www.denversprings.com At Denver Springs, we offer integrated treatment programs designed to work with individuals through each step of recovery. We assess and personalize programs and services to help you become happier, stronger, and healthier than ever before. We offer inpatient and outpatient services for mental health, addiction and co-occurring disorders.

Devereux Advance Behavioral Health | 8405 Church Ranch Blvd., Westminster, CO 80021 | 303-438-2265 www.devereux.org

Devereux Colorado utilizes a trauma-informed, solution-oriented model of therapy to serve children and adolescents with emotional and behavioral challenges. We serve youth and families in their homes and communities to better meet their needs. Our clinicians and staff utilize evidence-based interventions and strength-based approaches in working with children and families to promote stability, health and safety.

#128 | Dominion Diagnostics | 211 Circuit Drive North Kingstown, RI 02852 | 877-734-9600 www.DominionDiagnostics.com

Dominion Diagnostics, a CAP-accredited and CLIA-certified national medical laboratory, is the premier laboratory provider of advanced clinical quantitative urine drug monitoring services for Addiction Treatment programs, Behavioral/ Mental Health providers, Physician offices and Pain Management practices. Dominion is the exclusive provider of state-of-the-art clinical reporting tools, including its new Comprehensive Analysis of Reported Drugs (CARD)[™].



#107 | Echo Colorado | 13055 East 17th Avenue, Room 127, Aurora, CO 80045 | 720-275-0074 | www.echocolorado.org

The Echo Group empowers customers to be the most clinicallyeffective and financially-strong by providing industry-leading

EHR, billing software, managed care and Revenue Cycle Management products and services. Save time, collect more money, and get the information you need to run your complex business with the power of the Visual Health Record.

gen@a #129 | Genoa, a QoL Healthcare Company 3140 Neil Armstrong Blvd., Suite 110, Eagan, MN 55121 healthcare 612-200-1673 | www.genoa-qol.com

Genoa, a QoL Healthcare Company, is the nation's market-leading provider of pharmacy services dedicated to the behavioral health community and those affiliated with managing the cost and quality of their care. For more information about our on-site pharmacy models, please visit us at: www.genoa-qol.com.



GENOMIND^{*} #123 | Genomind | 2200 Renaissance Blvd., Suite 100, King of Prussia, PA 19406-2755 | 877-895-8658 www.genomind.com

Genomind is a leading mental health care company, delivering the genetic testing tools that empower clinicians to optimize treatment decisions and create better outcomes for patients with mental illnesses. As the scientific leader in genetic testing, Genomind's flagship offering is Genomind Professional PGx[™] – the most comprehensive mental health genetic service available. Supported by a worldclass genetics lab and unique consultative approach, Genomind is advancing a new paradigm of personalized medicine in mental health care.

greenspace #101 | Greenspace Mental Health | 1 Adelaide St. East, Unit 530, Toronto, Ontario, Canada, M5C 2V9 | 888-446-6602 www.greenspacehealth.com

Greenspace is a progress monitoring platform developed out of leading research hospitals that makes it easy for clinicians to use evidence-based measures to simply and easily measure client progress through therapy. Greenspace works with clinics, hospitals, non-profits and health systems to provide better visibility into clinical outcomes and leverage their aggregate data both internally and externally.



#104 | Health Colorado Inc. | Sponsor of **Thursday Networking Reception** 1740 Eagleridge Blvd., Suite 110, Pueblo, CO 81008 | 719-621-9500 www.healthcoloradorae.com

Health Colorado is licensed by the State of Colorado, Division of Insurance, as a Health Maintenance Organization (HMO) and is subject to various statutes and regulations governing the conduct of its business. As a regional organization under contract with the State, we manage physical and behavioral health services for individuals who live within our nineteen (19) counties. We comply with both Federal and State regulations governing the operation of managed care health plans financed with Federal and State health care funds.

Hins Health Information Management Systems Sponsor of Coffee Breaks

#105 | Health Information Management Systems (HiMS) 1117 N. Third St., Phoenix, AZ 85004

866-779-2575 | www.hmsfirst.com

HiMS advances the health care community to better serve patients by delivering customizable enterprise software solutions and outstanding customer service through employee empowerment and innovation.

Behavioral Health & Wellness Center #103 | HealthONE Behavioral Health and Wellness Center | 700 Potomac St., Aurora, CO 80011 A Campus of The Medical Center of Aurora 24 hour help line: 844-556-2012 | www.auoramed.com/mentalhealth

HealthONE's Behavioral Health and Wellness Center is a leader in providing mental health services for all ages. We believe in providing continuity of care and offering physician-led services for those struggling with life's everyday challenges. We offer comprehensive outpatient and inpatient services.



#106 | IMA, Inc. | 1705 17th Street, Denver, CO 80202 303-615-7478 | www.imacorp.com

IMA is a full-service insurance and employee benefits brokerage & consulting firm. As the 28th largest broker in the country, IMA is 100% employee owned and offers a full range of risk management, insurance, employee benefits, total rewards and retirement plan services.

HIO2 | Janssen Pharmaceuticals, Inc. | 1125 Trenton Harbourton Road, Titusville, NJ 08560 | 800-526-7736 www.janssen.com/us/ | www.JanssenPharmaceuticalsInc.com

Janssen Pharmaceuticals, Inc. is a pharmaceutical company of Johnson & Johnson that provides medicines for health concerns in several therapeutic areas, including diabetes, mental health, pain management and cardiovascular disease.

#136 | "Magnolia Medical Group | 1850 Race St., Denver, CO 80206 | 303-209-5115 | www.magnoliamed.com

Magnolia Medical Group specializes in the treatment of opioid and opioid related addictions. Our outpatient addiction program provides medical treatments and individual addiction counseling to treat opioid dependency.

#114 | Mount Saint Vincent | 4159 Lowell Blvd., Denver, CO 80211 | 303-458-7220 | www.msvhome.org

Mount Saint Vincent is a trauma-informed treatment center for children with behavioral and emotional challenges due to mental illness, trauma, abuse, or neglect. Using innovative therapeutic techniques, including the Neurosequential Model of Therapeutics, our programs help children and their families reach their full potential within their homes, schools, and communities.

my Strength ^{#119} | myStrength.com | 8480 E. Orchard Road, Suite 4400 Greenwood Village, CO 80111 | 303-779-0169 www.myStrength.com

myStrength is an innovative self-help resource transforming evidence-based content that can augment treatment for depression, anxiety, and substance use. The web and mobile applications include interactive tools, action plans, daily inspiration, and learning modules.

Golden Peak

#95 | Niznik Behavioral Health - Golden Peak | 2305 S. Fenton Drive Lakewood, CO 80227 | 888-676-9858 www.goldenpeakrecovery.com/about-us

Because of Golden Peak's commitment to your individual journey, we have the leading providers of rehabilitative treatment across the country to give you the best possible start to your new, sober life. All Niznik Behavioral Health facilities are fully accredited through the Joint Commission and provide the highest quality care throughout the recovery process. From detox through aftercare Niznik Behavioral Health provides the support you need to focus on healing.

Wetsmart #118 Netsmart | 4950 College Blvd., Overland Park, KS 66211 | 800-472-5509 | www.ntst.com

Netsmart innovates electronic health records, solutions and services that are powerful, intuitive and easy-to-use. Our platform provides accurate, up-to-date information which is easily accessible to care team members in behavioral health, post-acute and social services. We make the complex simple and personalized so our clients can concentrate on what they do best: provide much needed services and treatment that support whole-person care.

NEUROCEINE #124 | Neurocrine Biosciences | 12780 El Camino Real, San Diego, CA 92130 | 858-617-6700 | www.neurocrine.com

Neurocrine Biosciences is a San Diego-based biotechnology company focused on neurologic and endocrine related disorders.

#121 | NextGen Healthcare | 795 Horsham Road, Horsham, PA nextgen. 19044 | 215-657-7010 | www.nextgen.com

NextGen Healthcare provides customizable software, services, and analytics solutions to empower physician medical practice success, enrich the patient care experience, and lower the cost of healthcare. Solutions and services include: EHR software, Practice Management software and Financial Services (RCM/medical billing). Visit NextGen Healthcare for additional information.



#134 | OPEN MINDS | 15 Lincoln Square, Gettysburg, PA 17325 | 717-334-1329 | www.openminds.com

OPEN MINDS is a national market intelligence and strategic advisory firm focused on the sectors of the health and human service field, serving consumers with chronic conditions and complex support needs. Founded in 1987, the firm's 175+ associates provide market insights and innovative management solutions designed to improve operational and strategic performance.



#115 | Peer Assistance Services, Inc. | 2170 S. Parker Road, Suite 229, Denver, CO 80231 | 303-369-0039 Peer Assistance Services www.PeerAssistanceServices.org Since 1984 www.ShifttheInfluence.org

Peer Assistance Services, Inc. is a Colorado 501(c)(3) non-profit agency dedicated to quality, accessible prevention and intervention services in workplaces and communities, focused on substance use and related issues.

PharmBlue^{*} #116 | PharmBlue Specialty Pharmacy | 40 Pennwood Place, specialty Pharmacy^{*} Suite 300, Warrendale, PA 15086 | 855-779-4720 www.pharmblue.com

PharmBlue is a specialty pharmacy that understands that each organization, its staff, and its clients are unique. We offer a comprehensive host of pharmacy service solutions that can be customized to fit the needs of any size organization. Developing a partnership with PharmBlue provides support and assistance to your staff and helps improve outcomes for your clients.

Providence #131 | Providence Recovery Services | PO Box 895, Craig, CO 81641 | 970-824-LIFE (5433) | www.providence-recovery.com

Comprehensive outpatient addiction treatment center located in Northwest Colorado. Offering individual counseling, Intensive Outpatient, Partial Hospitalization, Sober Living, and Medication Assisted Treatment.



#III | Provo Canyon School | 4501 North University Ave. Provo, UT 84604 | 800-848-9819 | www.provocanyon.com

PROVO CANYON Provo Canyon School is a leading national provider of residential youth treatment supporting the academic, therapeutic, and developmental needs for both boys and girls ages eight through eighteen. We have established a reputation for being a premier school and residential treatment program serving youth that are struggling with emotional, behavioral and academic challenges.

RIGHT START #112 | Right Start for Colorado | 3401 Eudora St., Denver, Co — FOR COLORADO — 80207 | 303-300-6263 | www.mhcd.org/right-start-colorado Right Start for Colorado (RS-CO) is an infant and early childhood mental health (IECHM) initiative partially funded by SAMHSA to increase access to a full range of IECMH services at the community level, and to build statewide workforce capacity for individuals serving children birth-five by increasing knowledge of IECMH practices.

#96 | Rocky Mountain Crisis Partners PO Box 460695, Denver, CO 80246 | 303-928-7100 www.rmcrisispartners.org

Rocky Mountain Crisis Partners (RMCP) is a statewide, 24/7, year-round, community-based system of crisis intervention services from which people experiencing mental health and/or substance abuse crises can be assessed, safely and effectively stabilized, and efficiently linked to appropriate follow-up care and services. RMCP, a regional system of crisis intervention, offers skilled, hope-filled care to individuals and families in crisis. We believe that whether it is the first or one of many experiences, if treated in an atmosphere of respect and compassion, crisis can be a unique opportunity for individuals and families to connect to life changing treatment, support and education. RMCP provides telephonic and chat/text services to programs such as Colorado Crisis Services, Colorado's Gambling Addiction Hotline, The National Suicide Prevention Lifeline, hospital follow up services and our LiveConnect partnerships with organizations throughout Colorado.

#110 | Streamline Healthcare Solutions | 510 East Butler Court, Kalamazoo, MI 49007 | 877-467-4741 Www.streamlinehealthcare.com

Streamline Healthcare Solutions has been providing EHR software solutions to behavioral healthcare organizations since 2003. Our meaningful-use-certified system, SmartCare[™], is a web-based, enterprise application built for the delivery, management, and coordination of healthcare services. Our solution is equipped to evolve as business needs develop.



#97 | Summit Women's Recovery | 3801 E. Florida Ave., Suite 604, Denver, CO 80210 | 888-233-1553 RECOVERY www.womensrecovery.com

Summit Women's Recovery is a gender-specific Intensive Outpatient Program for women struggling with alcohol or substance abuse. Our expertise is in working with addiction, co-occurring mental health issues, and trauma. Included in our clinically savvy IOP is group therapy, individual therapy, case management, and addiction psychiatry.



The Colorado Health Foundation

The Colorado Health Foundation Sponsor of the Mental Health First Aid of the **Rockies Summit & Reframing for Innovation:** Exploring More Robust Responses to Poverty **Through Multiple Perspectives** 1780 Pennsylvania Street, Denver, CO 80203 303-953-3600 | www.coloradohealth.org

The Colorado Health Foundation is bringing health within reach for all Coloradans by engaging closely with communities across the state through investing, policy advocacy, learning and capacity building.



COLORADO #98 | The Office of Behavioral Health | 3824 W. Princeton Circle, Denver, CO 80236 | 303-866-7400 www.colorado.gov/pacific/cdhs/behavioral-health

The Office of Behavioral Health (OBH) administers the

two state mental health hospitals, purchases services to prevent and treat mental health and substance use disorders through contracts with behavioral health providers, regulates the public behavioral health system, and provides training, technical assistance, evaluation, data analysis, prevention services and administrative support to behavioral health providers and relevant stakeholders.

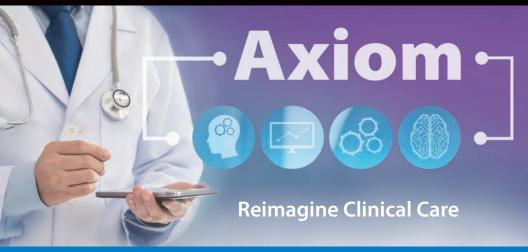
Lift The Label is a public awareness campaign that strives to remove damaging labels and stigma that prevent those with opioid addiction from seeking effective treatment. The campaign was developed by the Colorado Department of Human Services, Office of Behavioral Health and is funded by the Substance Abuse and Mental Health Services Administration.

Vertical Solutions #99 | Vertical Solutions | 12191 W. 64th Ave., Suite 110, Arvada, CO 80004 | 855-559-6637 | www.verticalsol.com

A leading provider of technology services to independent practices. Vertical Solutions' industry insight and knowledge of regulations lets you focus on your patients, not your technology. Our certified and highly-trained support team will work with you until the problem is solved, whether you're dealing with hardware, EMR, or network issues.

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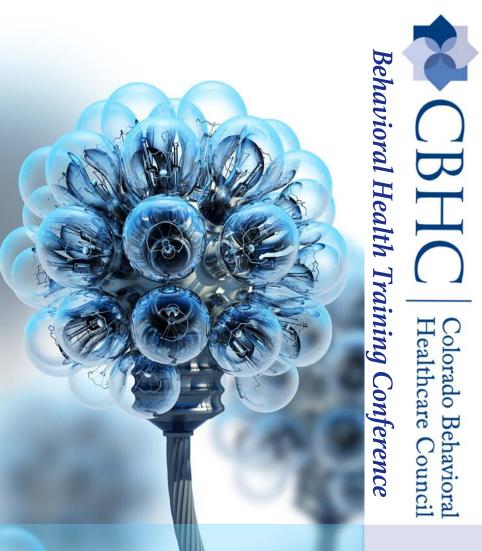


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2021 | Sept. 29 - Oct. 2, 2021
2022 | Sept. 21 - Sept. 24, 2022

Beaver Run Resort & Conference Center Breckenridge, CO September 25 - 28, 2019 **RIGHT START** #II2 | Right Start for Colorado | 3401 Eudora St., Denver, Co — FOR COLORADO — 80207 | 303-300-6263 | www.mhcd.org/right-start-colorado Right Start for Colorado (RS-CO) is an infant and early childhood mental health (IECHM) initiative partially funded by SAMHSA to increase access to a full range of IECMH services at the community level, and to build statewide workforce capacity for individuals serving children birth-five by increasing knowledge of IECMH practices.

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