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URGENT INFORMATION FOR ALL COLORADANS: COMMUNITY MENTAL HEALTH CENTERS ARE OPEN AND PROVIDING SERVICES DURING COVID-19

Denver, Colorado – March 26, 2020 – As the COVID-19 pandemic continues to surge, many individuals across our state are facing anxiety, stress, grief and loss, depression, struggles with addiction, and more. Colorado’s 17 Community Mental Health Centers (CMHCs), which cover every county in our state, are committed to providing essential care during this time - not only to current clients - but to many others who would like access to services.

Colorado’s CMHCs are operating and providing services across the state to all residents, regardless of circumstance, in the safest ways possible.

In the interest of public health, all CMHCs have swiftly transitioned to virtual care options (telephone and web-based) for most services, including care management, individual and group outpatient therapy, and psychiatry. Other essential services such as 24/7 walk-in crisis clinics, medication assisted therapy, and withdrawal management remain open on a case by case basis. While Colorado’s CMHCs are committed to respecting guidelines set forth by the Centers for Disease Control and Prevention as well as mandates by Governor Polis, they are critical providers of healthcare and will remain open and dedicated to serving both new and existing clients.

“It is absolutely critical that all communities across our state know that there are options for them to access care for both mental health and substance use disorder needs,” stated Doyle Forrestal, CEO of the Colorado Behavioral Healthcare Council (CBHC). “Colorado’s statewide network of Community Mental Health Centers are creating innovative ways to care for new and existing clients, and we must make sure that no one falls through the cracks during this time of uncertainty.”

CBHC urges you to share this messaging in any way possible to ensure that those who may be struggling know that there are places to go to receive care. **For a full list of the Colorado CMHCs, visit <https://www.cbhc.org/covid-19-info/>. Here, individuals can find resources in their communities, set up appointments, and learn more about the innovative adjustments the CMHCs have made to preserve behavioral health access for all Coloradans.**

ABOUT CBHC

The [Colorado Behavioral Healthcare Council \(CBHC\)](http://www.cbhc.org) envisions a state where all people have the opportunity to lead healthy, purposeful lives. Our 23 member organizations represent a statewide network of integrated care providers and care management organizations, including all of Colorado’s 17 Community Mental Health Centers, 4 Managed Services Organizations, and 2 specialty health clinics. Together, we strengthen Colorado communities by ensuring innovative care and supporting the health, wellbeing, and safety of all Coloradans.

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