CBHC 2020

Virtual Training Conference

Supporting Community Resilience

September 30 - October 2, 2020
Welcome,

On behalf of the Colorado Behavioral Healthcare Council, welcome to our 2020 VIRTUAL Training Conference, Supporting Community Resilience. Who knew just how relevant this concept would be when we selected the theme a year ago? Today’s reality, with the challenges of the pandemic and changing attitudes to social justice and equality, has offered us a time for reflection and consideration of new approaches to how we live and do business.

Each of us have had to face day-to-day tasks in our personal life with creativity and patience. As a community, we have found new ways to connect and support each other. Professionally, we have had to navigate new tasks and problem solve things we never could have dreamed. During times of crisis, we often see enormous creativity, innovation, and the development of new practices to support and nurture resilience. With this in mind, we have structured this event with talented speakers and extensive opportunities for ongoing learning and interactive discussions.

This new virtual online platform allows for enhanced peer-to-peer networking and features that provide one-to-one live video chats, real-time interactive sessions and opportunities to expand on ideas that support resilience within our behavioral healthcare community. Another change this year is the inclusion of our pre-conference as part of the event for everyone. Now is a time when we all can find value from thinking about, and understanding secondary traumatic stress, both personally and professionally. We hope you enjoy this event, and that it will provide long lasting value as we think about what is most important to us in different way than we did when we were together last year.

The sheer process of designing this virtual event has demonstrated, more strongly than ever, just how important it is to connect, to support each other, and to nurture resilience in new and creative ways. Even though we will not have the opportunity to see each other in person this year please know that we had you in our hearts and minds when we designed this program and will very much look forward to “seeing” you all this year and in the years to come.

Be well,

Doyle Forrestal
CEO, CBHC

Fernando Martinez
Conference Chair
CEO, San Luis Valley Behavioral Health Group
Featured Speakers

**General Session | Doing Well By Doing Good: Using Quality to Reduce the Cost of Clinical Care**
*with Brent C. James, MD, MStat*
**Thursday, October 1, 2020 | 9:00am - 9:50am**
**LIVE Q&A | 9:55am - 10:30am**
Internationally recognized for his work in clinical quality improvement, patient safety, the infrastructure that underlies successful improvement efforts, culture change, data systems, payment methods, and management roles.

**Keynote | Hidden Valley Road: A Colorado Mental Health Story**
*with author Robert Kolker*
**Friday, October 2, 2020 | 9:00am - 10:00am**
**LIVE Q&A | 10:05am - 10:30am**
New York Times bestselling author of “Hidden Valley Road,” an Oprah’s Book Club selection and an instant #1 New York Times best-seller about one family’s struggle with mental illness in Colorado and their role in furthering research into schizophrenia.

**Movie Screening**
**The Shake-Up**
**Thursday from 5:30pm - 6:30pm**
**LIVE Q & A | 6:35pm - 7:00pm**
Join Ben Altenberg, Director & David Ley, PhD, Executive Director of New Mexico Solutions and Vice President, New Mexico Behavioral Health Providers’ Association
CBHC Members

Thank you to our member organizations!

Community Mental Health Centers
AllHealth Network
AspenPointe
Aurora Mental Health Center
Axis Health System
Centennial Mental Health Center
Community Reach Center
Health Solutions
Jefferson Center for Mental Health
Mental Health Center of Denver
Mental Health Partners
Mind Springs Health
North Range Behavioral Health
San Luis Valley Behavioral Health Group
Solvista Health
Southeast Health Group
SummitStone Health Partners
The Center for Mental Health

Managed Service Organizations
AspenPointe Health Network
Mental Health Partners
Signal Behavioral Health Network, Inc.
West Slope Casa

Specialty Clinics
Asian Pacific Development Center
Servicios de La Raza

2020 Virtual Conference

Planning Committee

Fernando Martinez
CBHC Conference Chair
Chief Executive Officer
San Luis Valley Behavioral Health Group
Alamosa, CO

Doyle Forrestal
Chief Executive Officer
CBHC, Denver, CO

Barbara Becker
Director of Mental Health First Aid Colorado
CBHC, Denver, CO

Natalie Strom
Membership Services and Communications Coordinator, CBHC, Denver, CO

Evan Narotsky
Event & Outreach Specialist
Community Reach Center
Westminster, CO

Eric Smith
Manager of Training and Staff Development
Mental Health Center of Denver
Denver, CO

Pamela Collins Vaughn
Program Manager of Training and Consumer Advocacy | Quality Improvement
North Range Behavioral Health
Greeley, CO

Continuing Education Credits

CBHC provides pre-approved Certificates of Attendance for attendees to submit to NAADAC & NASW for their continuing education credits.

Session attendance will be AVAILABLE ONLINE FOR 30 DAYS following the live virtual conference for obtaining Continuing Education Credits until November 2, 2020.
Register today at: https://rb.gy/kro4at

Pre-Conference Workshop | Wednesday, September 30th, 2020

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Full Conference | $350 per person

Wednesday/Thursday/Friday | (Wednesday 9:00am - Friday 4:15pm) (MDT) Mountain Daylight Time
(Includes all educational sessions, poster hall, exhibit hall, training & development resource room, movie screening and networking lounge. We encourage all attendees to visit our exhibitor and sponsor partners in education during the lunches and session break times.)

CBHC Conference Cancellation/Refund Policy

Conference registration fees will be refunded upon written notice of cancellation if received no later than September 1, 2020. After that date, no refunds will be provided. Email cancellations to: Tracyhmsr@gmail.com by September 1, 2020.

Questions? Email Tracy at Tracyhmsr@gmail.com or call 303-525-2811.
Relax & Network

Enjoy the same level of educational content you have come to expect from the comfort of your own home or office.

Check out all the interactive features available on the CBHC virtual platform, including 1-1 meetings with exhibitors, sponsors, speakers, and peers.

Trauma-informed Yoga | Wednesday 1:00pm - 2:00pm MDT

Enjoy the Trauma-informed Yoga Demonstration and Practice Class as a strategy for cultivating resilience and relaxation. You can watch this special presentation at any time throughout the conference on-demand after it plays live and for the following 30 days of access to the virtual platform.

Networking Lounge

An amazing feature of a virtual conference experience is that you can look for people with similar interests or programs and reach out to them effortlessly! Use the Schedule 1-to-1 Meeting feature to connect. Live Chat Discussions will be running the entire three days of the live conference for connection and sharing of experiences and lessons learned.

Visit the Exhibit & Sponsors Hall

Attendees are encouraged to visit the exhibitors and sponsors to learn more about what they offer you and your organization! Get to know more about their products and services by using the Schedule 1-to-1 Meeting feature to connect with them at any time during the three-day live conference experience. The more exhibitors you visit, the better chance you have of winning one of three $100 Visa Gift Cards!
CBHC Poster Hall

This year, CBHC’s member organizations will be featuring their unique projects in our Poster Hall Room. Learn about their initiatives, innovative ideas, and more about their organizations in general. You will also have the opportunity to speak to individuals within their organization about their initiatives and learn how to replicate them within your own organization.

Training and Development Room

CBHC, its members, and its many partners will offer webinars, videos, materials, and more to help you develop your personal skillset. You will be able to access any of this information, download the content, and connect with those who have provided it during the live conference, and for the full 30 days after the conference.

The learning experiences are endless this year!
## Pre-Conference Workshop (Included in registration fee)

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<td>Demonstration &amp; Practice</td>
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### Sponsors

- [Colorado Behavioral Health Council](https://www.cbhc.org)
- [Colorado Department of Human Services](https://www.colorado.gov/pacific/cdhsw)
- [The Colorado Health Foundation](https://www.coloradohealthfoundation.org)
- [Rocky Mountain Crisis Partners](https://www.rmnlp.org)
- [Netsmart](https://www.netsmart.com)
- [Janssen](https://www.janssen.com)
### Schedule at a Glance | October 1, 2020 | Thursday

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00am - 4:00pm</td>
<td>CBHC Registration Support &amp; Help Desk Open</td>
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<td>9:00am - 4:00pm</td>
<td>Exhibit Hall &amp; Sponsor Showcase Open</td>
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<tr>
<td>9:00am - 4:00pm</td>
<td>CMHC Poster Hall Open</td>
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<tr>
<td>9:00am - 4:00pm</td>
<td>Training &amp; Development Room Open</td>
</tr>
<tr>
<td>9:00am - 9:05am</td>
<td>Welcome from Doyle Forrestal, CEO, CBHC</td>
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<tr>
<td>9:05am - 9:50am</td>
<td>General Session</td>
</tr>
<tr>
<td>9:55am - 10:30am</td>
<td>Live Q &amp; A with Brent C. James, MD, MStat</td>
</tr>
<tr>
<td>10:30am - 11:00am</td>
<td>Visit the Exhibits &amp; Sponsors, CMHC Poster Hall and Networking Lounge</td>
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<tr>
<td>11:00am - 12:00pm</td>
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<tr>
<td>11:50am - 12:00pm</td>
<td>Live Q &amp; A with Speakers</td>
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<td>Visit the Exhibits &amp; Sponsors, CMHC Poster Hall and Network With Peers</td>
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<td>2:05pm - 2:30pm</td>
<td>Live Q&amp;A with Speakers</td>
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<tr>
<td>2:05pm - 2:30pm</td>
<td>Working Together to Fight Human Trafficking in Our Communities: An Interdisciplinary Effort</td>
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<tr>
<td>2:30pm - 3:00pm</td>
<td>Live Q&amp;A with Speakers</td>
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<tr>
<td>2:30pm - 3:00pm</td>
<td>Colorado Mobile Crisis Training Project</td>
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<tr>
<td>Time</td>
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<td>2:05pm - 2:30pm</td>
<td>Live Q&amp;A with Speakers Via Zoom</td>
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<tr>
<td>#202</td>
<td>The Role of Mental Health Professionals in Preventing Targeted Violence in Colorado</td>
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<td>#203</td>
<td>Housing Is Healthcare</td>
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<td>#204</td>
<td>Grant Management: Avoid Common Pitfalls &amp; Navigate the Guidance on Grants and Contributions</td>
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<td>#205</td>
<td>Foundations in Health Equity</td>
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<td>2:30pm - 3:00pm</td>
<td>Visit the Exhibits &amp; Sponsors, CMHC Poster Hall and Network With Peers</td>
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<td>3:00pm - 3:45pm</td>
<td>Sessions</td>
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<tr>
<td>3:50pm - 4:00pm</td>
<td>Live Q&amp;A with Speakers Via Zoom</td>
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<tr>
<td>#300</td>
<td>Colorado’s Response to the Opioid Crisis: What We’ve Done and Where We’re Going</td>
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<td>#301</td>
<td>Strategic Management in a Multi-Generational Workforce: Leveraging Strengths and Experiences of Each Generation</td>
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<td>#302</td>
<td>Community-Based Forensic Programs: A Partnership with Community Behavioral Health</td>
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<td>#303</td>
<td>Bilingual Spanish/English Counseling: A Form of Social Justice</td>
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<tr>
<td>#304</td>
<td>Get Results With Your Community Outreach Using Targeted Video</td>
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<tr>
<td>5:30pm - 6:30pm</td>
<td>Movie Screening</td>
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<tr>
<td>6:35pm - 7:00pm</td>
<td>Live Q&amp;A with Director &amp; Executive Director</td>
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Movie Screening

**The Shake-Up**

Thursday | 5:30pm-6:30pm
LIVE Q & A | 6:35pm - 7:00pm
### Schedule at a Glance | October 2, 2020 | Friday

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**Keynote** | Hidden Valley Road: A Colorado Mental Health Story | Robert Kolker | New York Times bestselling author of “Hidden Valley Road,” an Oprah’s Book Club selection and an instant #1 New York Times best-seller about one family’s struggle with mental illness in Colorado and their role in furthering research into schizophrenia.  

**Live Q & A with Robert Kolker**

| 10:30am - 11:00am | Visit the Exhibits & Sponsors, CMHC Poster Hall and Networking Lounge |

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<td><strong>11:50am - 12:00pm</strong></td>
<td>Live Q &amp; A with Speakers Via Zoom</td>
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**#400 Human Connection as Harm Reduction: How One Public Safety Department Is Using the Power of Relationships and Lived Experience to Heal Its Community**  
*Dan Eamon; Annabel Perez; Emily Van Doren*

**#401 Peer Review: Leveraging Technology and Impacting Staff Development** | Sarah Harrison, MNM, CPRP  
*Stephanie Johnson, LCSW, LAC*

**#402 Values, Gratitude, and Happiness: Building Resiliency During the School Day** | Sharon Raggio, LPC, LMFT, MBA & Amy Gallagher, PsyD

**#403 So Everyone Is Doing Telehealth: Now What?** | Calvin Parshad, MHA

**#404 New Ways to Win: A Provider Perspective on What It Takes to Become Data-Driven** | Jonathan Brown

| 12:00pm - 1:00pm | Visit the Exhibits & Sponsors, CMHC Poster Hall and Network With Peers |

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<td>Live Q &amp; A Via Zoom</td>
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**#500 Developing a Comprehensive Approach to Suicide Prevention: Why a National Collaborative and Why Colorado?**  
*Jerry Reed, PhD, MSW; Sarah Brummett, MA, JD; Heather N. Pelser, MSW; Duane K. L. France, MA, MBA, LPC*
## Schedule at a Glance | October 2, 2020 | Friday

### 1:00pm - 2:00pm | Sessions

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>2:05pm - 2:30pm</td>
<td>Live Q&amp;A with Speakers Via Zoom</td>
<td>Wes Williams, PhD &amp; Alires J. Almon, MA</td>
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<td>#501 Innovation in Real Life Part I: Making Innovation Work</td>
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<td>#502 Transforming Behavioral Health Requires Mature IT Capabilities</td>
<td>Kelly Phillips-Henry, PsyD, MBA; Kathe Snell, LPC; Doug Reynolds</td>
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<td>#503 Beyond the School-to-Prison Pipeline: Trauma-Informed Care in Schools</td>
<td>Apryl Alexander, PsyD</td>
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<td>#504 Piloting Uncharted Territory: Teen Mental Health First Aid</td>
<td>Allie Miller, BA &amp; Kara Bellendir, BS, CPS II</td>
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<td>#505 Best Practices for an Effective Finance Committee &amp; Financial Statement Basics for New Board Members</td>
<td>Dan Prater &amp; Lindie Eads, CPA</td>
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### 2:30pm - 3:00pm | Visit the Exhibits & Sponsors, CMHC Poster Hall and Network With Peers

### 3:00pm - 3:45pm | Sessions

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<tr>
<td>3:50pm - 4:00pm</td>
<td>Live Q&amp;A with Speakers Via Zoom</td>
<td>Kathy Tromans, MSW, LCSW &amp; Elaine Fisher, MEd, LPC, NCC</td>
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<td>#600 Update from Washington</td>
<td>Chuck Ingoglia, MSW, The National Council for Behavioral Health, President &amp; CEO</td>
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<td>#601 Innovation in Real Life Part II: Integrating Human-Centered Design in Innovation Work</td>
<td>Alires J. Almon, MA &amp; Liz Hamel, MSW</td>
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<td>#602 Managing Change: Toolkit for Supporting our Consumers, our Staff and Ourselves</td>
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<td>#603 Update on Health First Colorado’s SUD Benefit Expansion</td>
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<td>#604 Implementation of SBIRT in Primary Care: Successes and Barriers</td>
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### Get to know the Speakers!

*Schedule a 1-to-1 Meeting to connect with them at any time during the three-day live conference.*
MENTAL HEALTH FIRST AID COLORADO

KNOW THE SIGNS  LEARN THE ACTIONS  BE A LIFELINE

Up to 90% of individuals with mental disorders are treatable.

1 in 4 people will experience a mental health challenge or crisis in their lifetime.

50% of all lifetime cases of mental illness begin before age 14.

Join thousands of other Coloradans in being a first responder for your community’s mental health.

Sign up for a course today!

www.mhfaco.org
# Pre-Conference Workshop

**Wednesday | September 30, 2020**  
**9:00am - 2:15pm MST**

## Pre-Conference Workshop *(Included in registration fee)*

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**Understanding Secondary Traumatic Stress and Cumulative Stress: Part 1**  
Janine M. D’Anniballe, PhD & Lindsey Breslin, LCSW  
In part one of this session, participants will learn about secondary traumatic stress and the impact of cumulative stress and explore ways in which agency staff could be impacted by exposure to trauma through their work. Participants complete a Professional Quality of Life assessment to learn more about how they function with the positive and negative aspects of doing their work.

**Personal and Workplace Strategies to Build Emotional Resiliency: Part II**  
Janine M. D’Anniballe, PhD & Lindsey Breslin, LCSW  
In part two of the workshop, participants will learn various workplace and personal strategies to build emotional resiliency.

**Trauma-informed Yoga Demonstration Class as a Strategy For Cultivating Resilience**  
Janine D’Anniballe, PhD is a licensed psychologist and a nationally recognized expert in sexual assault and traumatic stress, and treatment for survivors. A native of Ohio, she received her undergraduate degree from the University of Dayton and her doctorate in Counseling Psychology from the University of Tennessee. Dr. D’Anniballe currently serves as the Director of Trauma Services at Mental Health Partners in Lafayette, Colorado. She also has been the Director of Moving to End Sexual Assault (MESA), the rape crisis center serving Boulder and Broomfield Counties in Colorado for the last 20 years.

Lindsey Breslin is the Hotline Supervisor at Moving to End Sexual Assault (MESA). She has over 20 years of experience in the social work field, providing direct service in the areas of gender-based violence, HIV/AIDS prevention, anti-human trafficking, suicide prevention and crisis work. Lindsey is passionate about providing the best services possible to survivors of sexual violence and working towards ending sexual assault in our community.
In 2010, an IOM expert panel found that “a minimum of 30%, and probably over 50%,” of all health care spending is qualified as sociated waste. Some other sources now place waste levels much higher. Each year health care delivery consumes more and more of the United States finite financial resources, often to the direct detriment of other important social goods. As pay-for-value and other “provider at risk” payment strategies continue to grow, the idea that higher clinical quality can eliminate waste and dramatically lower health care costs demands action, not just from the standpoint of professional values, but also in terms of organizational survival. Clinical waste has a structure. Understanding that structure can help practitioners identify opportunities, take effective action, follow through on contracting strategies and insure financial viability through better care. This lecture will track the full continuum of waste in health care delivery, with a particular emphasis on mental health services.

Brent C. James, MD, MStat is known internationally for his work in clinical quality improvement, patient safety, and the infrastructure that underlies successful improvement efforts, such as culture change, data systems, payment methods and management roles. He is a Clinical Professor at the Clinical Excellence Research Center (CERC), Department of Medicine, Stanford University School of Medicine. He holds adjunct faculty appointments at several other universities: Visiting Lecturer, Harvard School of Public Health (Health Policy and Management); Adjunct Professor, University of Utah David Eccles School of Business; Adjunct Professor, University of Utah School of Medicine (Family Medicine; Biomedical Informatics).
General Session

Doing Well By Doing Good:
Using Quality to Reduce the Cost of Clinical Care

Brent C. James, MD, MStat

Sponsored by

9:55am - 10:30am | Live Q & A with Brent James, MD
#100 | Creating a Resilient Organizational Culture

During these times of unprecedented change and challenge, organizational success and sustainability will be determined by organizational resilience – the capacity to quickly adapt to new business conditions and re-establish sustainable and, perhaps even superior, levels of performance. How do leaders of community mental health centers create organizational resilience to thrive while simultaneously battling a global pandemic, a statewide budget crisis, an urgent demand for diversity, equity and inclusivity, and record high demands for behavioral health services? This session will illustrate how AllHealth Network utilized principles of Evidence-Based Leadership (EBL) to transform the company’s culture and “hard-wire” organizational resilience into the organization. Since implementing Evidence-Based Leadership two years ago, AllHealth Network has achieved significant success in a variety of areas: Reduced organization turnover by 50%; Improved revenue by 17%; Established a culture of resiliency; Improved organizational alignment and accountability; Recognized by the Denver Post as a Top Workplace for two consecutive years. We look forward to discussing Evidence-Based Leadership, our process for implementation at AllHealth Network, and the impacts it has had on staff, operations and community relations.

William Henricks, MBA, PhD is President and Chief Executive Officer at AllHealth Network. Dr. Henricks has implemented Evidence Based Leadership (EBL) in two behavioral health organizations resulting in improved employee engagement, communication and organizational resiliency. With a background in both medical/surgical and behavioral health operations, Dr. Henricks was one of the first leaders to implement EBL, a management model well known in medical/surgical settings, in a community mental health center.

Beth Nixon, MS, SPHR, SHRM-SCP is a human resources professional with over 25 years of experience in the mental health industry. While she has worked in many areas of HR, her greatest interest and expertise lies in employee relations, organizational culture and data analytics. Beth has a B.A. in Psychology from the University of Michigan, and an M.S. in Human Resources from Purdue University.

Cynthia Grant, PhD, MBA, LCSW is a member of the Executive Team at AllHealth Network, an organization that has seen dramatic increases in organizational resiliency in a very short time period. She proudly serves as the Chief Clinical Officer of an incredible team of leaders who have successfully moved the organization in the direction of resilience while simultaneously strengthening relationships with community partners, increasing services provided to clients and engaging staff.
Substance use in the perinatal population in Colorado is a current Maternal and Child Health priority for the state, with substance misuse prevention in women of reproductive age as an identified area of focus for certain regions, including the Tri County Health Department covering Adams, Arapahoe and Douglas counties Health Department (Goforth, 2018). During this presentation, we review the risks of various types of substance use and misuse during pregnancy and in women’s reproductive years. We discuss the implications of substance use during pregnancy for prenatal care seeking as well as maternal morbidity and mortality. Notably, mental health, substance use and behavioral health concerns are the leading causes of maternal mortality in Colorado. With nearly 80% of all maternal deaths categorized as preventable, we can and must intervene sooner and more effectively. We will also overview Neonatal Abstinence Syndrome (NAS) and prevalence rates which increased by 120 percent in Colorado from 2011 to 2016 according to hospital discharge data as well as implications for Medication Assisted Treatment (MAT) for substance use during pregnancy and for the newborn. We know that the use of substances during pregnancy not only impacts the developing fetus and the health of the mother in isolation, but also disturbs the developing attachment of mother and baby, in interaction. Perinatal substance use can have a widespread impact on the mother’s physical and mental health as well as the baby’s development and well-being creating an environment ripe for early relational trauma and later repetition of substance abuse. Given the alarming trends regarding substance use and related consequences in Colorado and across the country, the Graduate School of Professional Psychology’s specialty tracks in Substance Use Disorders and Infant and Early Childhood Mental Health have created the Expecting Well-being Program, with the hope of providing resources, services, and education to expectant parents and their networks. Implications for treatment will be discussed, as well as current best practices based on a relational/attachment model. We end with a call to action for providers across physical, mental health, and substance use specialties to provide effective screening, preventative care, early intervention, and attachment-informed treatments to the perinatal population and their infants.

Jennifer Tippett, PsyD is a Licensed Clinical Forensic Psychologist. She worked in the field of addiction and severe mental illness throughout the Denver area for several years while obtaining her Doctorate Degree in Clinical Psychology from the University of Denver’s Graduate School of Professional Psychology, before completing an APA-accredited internship at New York University-Bellevue Hospital in Manhattan. During that time, Dr. Tippett had the opportunity to receive training in the Harm Reduction model of addiction as well as several other treatment models.

Tracy Moran Vozar, PhD joined the Graduate School of Professional Psychology (GSPP) at the University of Denver in 2017 as the director of the new Infant and Early Childhood Mental Health Specialty. As the director, Tracy teaches the series of elective doctoral-level courses, supervises and advises doctoral students, and conducts applied research projects within the community. Previously at Tulane University in the Department of Psychiatry and Behavioral Science, at the University of Chicago’s Department of Psychiatry and Behavioral Neuroscience and at Erikson Institute in the Department of Infant Studies.
#102 | Current Issues in Cybersecurity: What Healthcare Leaders Need to Know

Security incidents are a way of life in the modern world, and how organizations respond to them makes a massive difference in how much damage is ultimately done. Incident response is the last line of defense. Designed for individuals without previous knowledge, participants will learn the basics of how to prepare for and efficiently respond to incidents. Being prepared is critical for proactively protecting your stakeholder’s data, protecting your reputation and customer trust, as well as protecting your revenue stream.

**Richard F. Lucy, CPA, CISA®** has more than 25 years of diversified experience in planning, accounting, auditing, governance and compliance management in corporate, not-for-profit and academic environments. His background encompasses managing, developing and executing compliance efforts and directing internal audit programs for smaller regional organizations to large multinational corporations in order to evaluate financial, operational and IT controls under many frameworks, including GAAP, GAGAS, COSO, HIPAA, PCI, NIST, ISO, FFIEC and GLBA. Given his previous business process, financial and IT experience, Rick has the ability to effectively communicate risks and solutions to both business and IT stakeholders.

**Johnny L. Sanders, QSA, CISM®, CISA®** is Senior Managing Consultant and has more than 25 years of information technology (IT) experience. The majority of his experience was acquired during active duty in the U.S. Air Force, where he was a system administrator on Novell and Windows platforms as well as an information security officer. He focuses on cybersecurity, IT audits, system security, policy, procedure, business continuity and disaster recovery reviews and electronic banking review testing for financial institutions.
Governor Polis launched the Behavioral Health Task Force in the spring of 2019 to evaluate the current system and make recommendations for how to establish a behavioral health system that works for all Coloradans. This session will review the priorities and recommendations reflected in the blueprint presented to the Governor, as well as the implementation plan to bring it to fruition.

Michelle Barnes is the executive director of the Colorado Department of Human Services. She was appointed in 2019 and oversees a broad portfolio of programs to help Coloradans thrive. Barnes has held a variety of leadership positions in the nonprofit sector and the outdoor industry. She spent more than a decade as an interim CEO for organizations experiencing significant transition, including Food Bank of the Rockies, Senior Housing Options and Outward Bound. Other roles were in youth development, domestic violence and early childhood education. Previously, Barnes was a tech sector marketing executive. She holds an MBA from UCLA and a BA from William and Mary. When she is not working or volunteering, Barnes continues to be an outdoor enthusiast and enjoys adventure travel. She lives in the foothills outside of Golden with her husband, Rick, and their two dogs.

Summer Gathercole is passionate about Behavioral Health and the opportunity to engage the larger community to improve the system in Colorado. She brings an array of experiences and expertise that not only inform her ability to examine issues from a variety of perspectives, but equip her to listen actively and attentively to the viewpoint of other stakeholders. Her years of experience spearheading philanthropic ventures have provided the tools and insights to effectively evaluate the current funding streams to examine and understand how the system can be more efficient and impactful. Facilitating last year’s Steering Committee that recommended improvements to Colorado’s crisis system increased the depth of her understanding of the complexities of the behavioral health system and the breadth of its stakeholders. She served as the first Project Manager for the Colorado Health Access Fund, which increases access to behavioral health care across the state. Summer has worked in direct service as well as at the systems levels, providing training to homeless and low-income individuals to help prepare them for a job, establishing a regional collaboration of workforce development agencies and serving as the Secretary of Labor for Washington, D.C. This wealth of experience positions her well to integrate the input and expertise of consumers, providers and policy makers from across the state.

Perry May, LCSW is the deputy executive director of health facilities. Joining CDHS in 2019, May provides supervision to the chief medical officer; the Office of Community Access and Independence; the Office of Children, Youth and Families; and the Office of Behavioral Health. This supervision includes oversight of the 10 facilities within the Division of Youth Services, the three Regional Centers, the two Mental Health Institutes, and the three Veterans Community Living Centers. May was previously the executive director of Devereux Advanced Behavioral Health—Colorado.
#104 | Innovating Clinical Care for the New Environment

The Marketing, Quality, Compliance, Information Technology and Clinical teams of these 4 CMHC’s worked together and leaned on each other’s knowledge, resources and experience to create a body of work in a short time frame that would have been difficult if not impossible for any CMHC to produce on their own. The combined resources allowed for innovative thinking and planning to occur. The Centers created an opportunity for Medicaid members to utilize up to 3 therapeutic sessions without having to do a full intake. Measurement based care is utilized as well as standard and consistent tools that are outcome driven.

Cyndi Dodds, MS, LMFT is the Chief Clinical Officer at SummitStone Health Partners. Her work has included more than two decades with behavioral health organizations in Northern Colorado. She provides clinical oversight and program development for a community mental health center with 320+ employees and 26 locations in Larimer County, providing 150,000+ services through a comprehensive continuum of care to nearly 10,000 individuals annually.

Michelle Hoy, LPC, CAC III is a Licensed Professional Counselor and a Certified Addictions Counselor, level three. Michelle joined the organization in 2004 and oversees all outpatient and residential services in Mesa County. She has worked as a school-based therapist and was embedded in the Department of Human Services. She has worked with individuals of all ages, having started at Mind Springs Health as a therapist, becoming Program Coordinator of Juvenile Justice services then Program Director of outpatient therapy before her current position.

Stacie Russell, LPC is the Chief Behavioral Health Officer at Axis Health System. She is a graduate of Adams State University and has been a Licensed Professional Counselor for more than 20 years. Stacie has diverse experience, including working with children and families, adult and juvenile offenders, nursing home residents and individuals in hospice care.

Amanda J. Jones, MA, LPC, CAC III is Chief Clinical Officer for The Center for Mental Health. Amanda has dedicated more than 20 years providing direct mental health services and leadership oversight in both a non-profit community mental health setting and behavioral managed care system. She has experience in a range of behavioral health needs and populations and is a Licensed Professional Counselor (LPC) with a specialty in addictions and credentialed as a Certified Addiction Counselor (CAC III).
Working Together to Fight Human Trafficking in Our Communities: An Interdisciplinary Effort

Perpetrators of human trafficking may victimize directly on an individual level and may also persecute and avoid detection by establishing highly organized and structured criminal enterprises. Thus, in order to successfully fight trafficking, systems, communities, and professionals need to be equally well coordinated. We will discuss the specific efforts of the mental health subcommittee and how these lead to the greater efforts of the full city-wide alliance.

Elaine Fisher, MEd, LPC, NCC is the Manager of Training and Clinical Supervision at Community Reach Center. A seasoned mental health professional with 20 years’ experience involving program development and training, Elaine holds a bachelor’s degree in Family Studies from Texas Woman's University and a master's degree in Mental Health Counseling from the University of North Texas. She is a certified Trust Edge Facilitator, certified Change Management Specialist and co-chairs the Denver Anti-Trafficking Alliance Mental Health Subcommittee.

Kristy Eldredge, EdD, LPC, ACS, NCC is a Licensed Professional Counselor in Denver where she works with adult survivors of complex trauma and human trafficking. She is also an Associate Professor in the online Clinical Mental Health Counseling Master’s degree program at the Chicago School of Professional Psychology and an Affiliate Faculty member at Regis University's Master's of Counseling program. She is the co-chair for the Denver Anti-Trafficking Alliance Mental Health Subcommittee.

Elise Rahn, MA is the Program Director of the Human Trafficking Unit at the Denver District Attorney’s Office and Director of the Denver Anti-Trafficking Alliance (DATA) Human Trafficking Task Force. In 2018, Elise received a Governor-appointment to serve as a member of the Colorado Human Trafficking Council and is a member of the Data & Research Task Force.

Colorado Mobile Crisis Training Project

In 2019, Colorado prioritized development of Mobile Crisis in its crisis services continuum of care. Statewide training for mobile crisis providers was provided with the goal of increasing standardization and adoption of best practices. This presentation provides an executive summary overview of this initiative.

Preston Looper, MS, LPC-S is a principal of Full Tilt Strategies LLC, a firm specializing in technology-enabled services for behavioral health care. For the past 13 years he has served as the Chief of Clinical Innovations for HarrisLogic, LLC and the Executive Director for Adapt Community Solutions, LLC. Together, these companies provide technology and technology-enabled services for crisis hotline, mobile crisis, crisis telehealth, and jail diversion operations. During his 32 years in the behavioral health industry, Preston has provided approximately 250 training and presentation events to over 3500 persons.
#202 | The Role of Mental Health Professionals in Preventing Targeted Violence in Colorado

This session will describe targeted violence, provide insight into the pathway to violence for vulnerable people, and describe team-based approaches to prevention and intervention in cases involving targeted violence.

Rachel Nielsen, PsyD is the Director of the Colorado Resilience Collaborative at the University of Denver within the International Disaster Psychology graduate program.

Jenny Presswalla, MA is the Regional Coordinator for Strategic Engagement for the U.S. Department of Homeland Security's Office for Targeted Violence and Terrorism Prevention, where she works to form partnerships between federal, state, and local government and western states communities to prevent targeted violence. She was formerly Branch Chief for Countering Violent Extremism (CVE) at the National Counterterrorism Center in Washington, DC, tasked with leading a team of subject matter experts who coordinated U.S. Government CVE policy and strategy and engaged American communities on CVE. Before NCTC, Jenny worked at the U.S. Department of Homeland Security's Office for Civil Rights and Civil Liberties, leading DHS engagement of diverse American communities in Los Angeles and training law enforcement on CVE nationwide. She was a National Security Education Program Boren Fellow in Mumbai, India, has an M.A. from American University’s School of International Service, and a B.S. in Psychology from the University of Florida.

Tiffany Sewell is the Colorado Department of Human Services - Collaborative Management Administrator. Tiffany has been working with children, youth and families for the last 20 years. During that time she has worked for the Denver District Attorney’s Juvenile Diversion Program, Savio House as a multystemic therapist, the Division of Youth Services as a Client Manager/Parole Officer, a caseworker and supervisor for Broomfield Health and Human Services, a Permanency Roundtable Coordinator at the Colorado Department of Human Services, Division of Child Welfare, and most recently as the Collaborative Management Administrator for the Colorado Department of Human Services. Throughout her career Tiffany has worked with children, youth and families that have been involved in multi-systems to overcome systemic barriers. Tiffany has served on the Crossover Youth Practice Model, Court Improvement Program, Truancy Review Boards, Community Review Board, Permanency Review Teams, served as the chair of the Broomfield Child Protection Team and helped develop the Denver Collaborative Partnership. She helped in the creation of the Colorado Juvenile Risk Assessment and its statewide implementation and has traveled across the United States as a permanency roundtable consultant for Casey Family Programs. As her role with the Colorado Department of Human Services she works in conjunction with counties, courts, probation, health departments, mental health centers and their partners to develop a more uniform system of collaboration.
Access to safe, quality, and affordable housing is one of the most pressing health-related issues currently facing Colorado and the nation. When affordable housing is not available, lower-income families are forced to use a variety of strategies to respond to high housing costs such as limiting spending for food and other important needs, instead of medical or dental care, and moving multiple times or into unsafe neighborhoods or areas further from jobs and schools. Research has shown that these strategies can have significant negative impacts on health, particularly among children, such as increased behavioral and emotional problems, violence, drug abuse, lack of consistent medical care and preventive services, and increased chronic medical conditions. In addition, lack of affordable housing contributes to poorer health among low-income populations, communities of color, children, individuals with disabilities, and the elderly. Housing, as a social determinant of health, is a vital yet often overlooked element impacting an individual’s overall health. The Colorado Division of Housing (DOH) in partnership with the Colorado Department of Public Health and Environment (CDPHE) and the Colorado Coalition for the Homeless (CCH), will present on how access to safe and permanent housing positively impacts the health outcomes of formerly homeless individuals and families, low-income families experiencing housing instability, and families affected by severe rent burden. Through established research, we will demonstrate how increased affordable housing opportunities ultimately results in improved well-being and decreased use of public funds (i.e. - emergency room visits, jail stays, and other costly services). The housing and health connection becomes even more obvious in public health crises, like the COVID-19 outbreak, where people become at greater risk of losing housing because of illness, and people experiencing homelessness have no place to isolate to prevent the spread of disease. This presentation will include how DOH, CDPHE, and CCH worked through some of those challenges.

Cathy Alderman, JD, MSPH has served as the Vice President of Communications and Public Policy for the Colorado Coalition for the Homeless (CCH) since 2015 and oversees the Education and Advocacy (E&A) Team. The E&A Team is responsible for public/media relations, lobbying activities, social media, publications, community engagement, public outreach, and education. During her four years at CCH, Cathy has successfully advocated for state and local housing resources resulting in first time housing investments by both Denver and the Colorado State Government. She has contributed to media relations and interviews that have resulted in over $7.5 million in ad value reaching over 825 million readers/viewers annually. Before joining CCH, Cathy served as the Vice President of Public Affairs for Planned Parenthood of the Rocky Mountains (PPRM) and the PPRM Action Fund overseeing policy, political, and community engagement work for a four-state region. In that role, she directed four successful opposition campaigns of statewide anti-abortion ballot measures and successfully lobbied for proactive legislation to improve access to reproductive healthcare. Cathy also worked for the Association of Peri-Operative Registered Nurses (AORN) on legislative issues related to patient safety in the operating room, working in up to 13 states annually to pass proactive legislation.
#203 | Housing Is Healthcare (Speaker bios continued)

**Kristin B. Toombs, MPA** is the Director of the Office of Homeless Initiatives for the Colorado Department of Local Affairs (DOLA), Division of Housing (DOH). Kristin guides the state’s vision and efforts to make homelessness rare and brief by managing housing and homeless services resources and by providing leadership to communities regarding homeless response strategies.

**Cate Townley, MURP, MUD** is a Senior Built Environment Specialist for the Colorado Department of Public Health and Environment (CDPHE). Her primary role at CDPHE is to work with community organizations, local public health agencies, and local governments on policy and environmental change efforts to promote access to safe spaces for physical activity, increase access to shade, and prevent chronic disease for all Coloradans. Cate is an appointed member of Colorado’s Inter-Agency Trails Council and the Safe Routes to Schools Advisory Board, and a Planning and Zoning Commissioner for Englewood, Colorado.

**Katherine Helgerson, BA, MSS** is the Director of the Office of Rental Assistance at Colorado’s Department of Local Affairs, Division of Housing. The Office of Rental Assistance assists nearly 8,000 low-income families, persons experiencing homelessness, and persons with disabilities in accessing affordable rental housing in the private market. Katherine began her work in the affordable housing field almost 20 years ago at Community Reach Center, the community mental health center in Adams County, serving the housing needs of the consumers as the Housing Choice Voucher residential coordinator. Katherine earned a Master of Social Science degree from the University of Colorado Denver in 2012 where her focus of study was on the housing barriers faced by criminal justice involved individuals as they are released from prison. She also received a B.A. in Sociology from Luther College in Decorah, Iowa.

#204 | Grant Management: Avoid Common Pitfalls & Navigate the Guidance on Grants and Contributions

If grant management and compliance were not complicated enough before, new funding sources and legislation such as the Coronavirus Aid, Relief, and Economic Security Act (CARES Act) are presenting additional challenges for health care organizations. Join us as we discuss top considerations to help your organization avoid common pitfalls of grant management and discuss ways your organization can stay agile in the current environment.

**Neely D. Duncan, CPA, CFE, FCPA** is a member of BKD National Not-for-Profit Group, Neely has more than 18 years of audit and advisory experience in public accounting. Her expertise includes financial statement audits, single audits, grants management and compliance, outsourced accounting functions, standards implementation, internal audit procedures, strategic planning and tax-exempt matters for a wide range of not-for-profit entities. Neely also performs forensic work and internal controls consulting.

**Jami Johnson, CPA** has more than nine years of experience in the accounting industry. As a member of BKD National Health Care Group, she provides accounting and audit services to a variety of not-for-profit and governmental clients, including health care systems, critical access hospitals, research-oriented hospitals, mental health centers, community health centers and for-profit physician practices.
This session is designed to create a common language and framework from which to engage in equity work. This session is designed to deeply educate all participants on the horrific and insidious racial history and how the ghosts of the past are foundational to, and still exist in, present-day policies, practices and procedures. This is done from a focus on the institutional and systemic aspects of racism. It is not done from an approach of “blame” or instilling “guilt” neither of which are specifically beneficial to changing outcomes, and equity is concerned with outcomes, not intent. The definition, examples, and discussions address the intersectionality of identity, and allow participants to understand how to utilize an equity lens for any marginalized or under-represented population with a specific focus on health. The goal is that participants leave any training knowing how to implement equity, not just “understand” it.

**Christina S. James, JD, MSW** has over 20 years of senior level leadership and management experience within state and federal government, higher education, private industry and the nonprofit sector. Her focus has been on civil rights, organizational development, strategic planning, leadership coaching, team building, workplace assessments, auditing human resources policies and practices, discrimination investigations, etc. Her approach was always focused on increasing equity, workplace productivity, health, and positive climate and culture change.

**Dante J. James, Esq.** has over 25 years of political and legal experience and has worked in senior leadership positions with government and civil society. An attorney by education and training, Mr. James has provided legal representation, served as an administrative hearing officer, political appointee and political consultant. He worked and traveled for the Clinton Administration leading Advance work nationally and internationally. He served as an appointee of the Mayor of Portland as the city’s first director of the Office of Equity and Human Rights, providing racial and disability equity-focused training and technical support for policies and programs citywide. The office became a national model of equity work in government.

**Session Handouts**

*Download CBHC session handouts on the ‘Agenda’ page of the virtual platform!*
**#300 | Colorado’s Response to the Opioid Crisis: What We’ve Done and Where We’re Going**

Colorado has utilized two large federal grants to address the opioid crisis and is embarking on the third, and largest grant thus far, from the Substance Abuse and Mental Health Services Administration (SAMHSA). This session will discuss what has been done to date and the impact made. Data will be shared showing the continued challenges Colorado faces, while presenting new initiatives to bring resources throughout the state to reduce overdose death and expand the promise of recovery for all who want it.

*Marc S. Condojani, LCSW, CAC III* is a licensed clinical social worker and a senior certified addictions counselor in Colorado. He has been working in the behavioral health field for 27 years, during which time he has held a variety of positions including clinician, manager, educator and administrator.

**#301 | Strategic Management in a Multi-Generational Workforce: Leveraging Strengths and Experiences of Each Generation**

This session will give an overview of the traits and characteristics of different age groups in the workforce. It will outline opportunities and challenges in an intergenerational workforce. It will also highlight the need of organizations to address meaning, purpose, and professional growth with all generations.

*Adam C. Roberts, MBA* is President and CEO of AspenPointe. He has 10 years of strategic management experience in the Veterans Health Administration, America’s largest integrated health care system, and Federally Qualified Health Centers.
This interactive program will help community mental health providers understand the community-based programs now afforded to the forensic population, become familiar with these programs and learn how they can collaborate with OBH to serve this population. Through learning and discussion, the directors of both the Outpatient Restoration Program and Forensic Community-Based Services will facilitate an appreciation of the forensic population, addressing both the challenges and opportunities working with Forensic Services.

Kathryn Davis, MA, LPC is the Program Director of the Outpatient Restoration Program, which positioned competency restoration services for adults and juveniles in communities across Colorado. This program leverages partnerships with local mental health, criminal justice, and education professionals to provide comprehensive education, behavioral health and support services for individuals found incompetent to proceed in court and have been placed on bond to receive their restoration services in their communities. Kathryn spent over a decade in community behavioral health developing various community-focused programs including recovery court, medically integrated collaborative care, jail-based services, and disaster response and led an extensive educational outreach initiative throughout Colorado’s mountain region. Kathryn also serves as affiliate faculty for Regis University in their division of Counseling and Family Therapy. Kathryn received her BS in Psychology from Regis University and her MA in Counseling Psychology and Counselor Education from the University of Colorado, Denver, is a Certified Adult and Juvenile Mental Health First Aid instructor and a Certified Professional Coach.

William (Bill) Martinez, JD is the Program Director for Forensic Community Based Services (FCBS) which is the outpatient-aftercare program for persons adjudicated Not Guilty by Reason of Insanity (NGRI). FCBS provides early in-reach support to persons identified as eligible to transition from inpatient to community-based treatment. This in-reach provides the foundation for safe and seamless transition to the community for NGRI patients. After discharge from the Colorado Mental Health Institute, patients/clients continue to receive intensive case management and, when needed, psychiatric care and consultation from the FCBS team. In 2019, the Colorado Legislature mandated that the Office of Behavioral Health provide case management services for persons adjudicated (PITP). The FCBS team will soon be providing the same behavioral health and intensive case management services for this population that it has provided for NGRI patients since 2000. Bill received his BA in Political Science from The Colorado College with a Thematic Minor in Theories of Ethics. After receiving his JD from the University of Colorado School of Law, Bill joined the Colorado State Public Defender’s Office where he represented persons with mental and behavioral health disorders. From 2007 to 2009, Bill represented, exclusively, persons committed to the Colorado Department of Human Services.
Sessions & Speakers | Thursday

#303 | Bilingual Spanish/English Counseling: A Form of Social Justice
Bilingual Spanish/English counseling is a specialized form of counseling and entails significant multicultural and social justice implications. Hardy’s (2016) Context Talk Model, coupled with current literature, serve as a guide for ensuring multiculturally competent and socially just practice. Bilingual counseling as a form of social justice will be emphasized.

Bradley Crookston, PhD, LPC, NCC holds a PhD in Counselor Education & Supervision with a doctoral minor in applied statistics and research methods and a M.A. degree in Clinical Counseling with an emphasis in couples and family therapy. He is an LPC in CO and a NCC. He has seven-plus years of experience in the mental health field working with adolescents, families, couples, children, and adults. He is bilingual in Spanish and English and is trained in bilingual counseling.

#304 | Get Results With Your Community Outreach Using Targeted Video
Effectv, a Comcast Advertising company, will educate attendees on how they can impact local community outreach campaigns with the power of TV advertising. They will share how they use a data-based approach to find and target audiences with a strategic campaign across the screens and sites in the specific geographies that matter the most for your outreach efforts. Attendees will see numerous examples of successful campaigns in the behavioral health industry.

Amanda Sheehan has 25+ years of advertising, marketing and digital experience and has worked with a wide variety of advertisers including a heavy focus on health categories. Amanda has been with Effectv (a Comcast company) for 10 years. She is excited to discuss her perspective on successfully creating comprehensive marketing strategies with medical professionals.

Take a break and get some popcorn for the movie!

Movie Screening
The Shake-Up
Thursday from 5:30pm - 6:30pm
LIVE Q & A | 6:35pm - 7:00pm

Join Ben Altenberg, Director & David Ley, PhD, Executive Director of New Mexico Solutions, and Vice President, New Mexico Behavioral Health Providers’ Association
Join us for a special presentation by the author of “Hidden Valley Road,” an Oprah’s Book Club selection, and an instant #1 New York Times best-seller about one family’s struggle with mental illness in Colorado and their role in furthering research into schizophrenia.

Oprah Book Club Interview | https://rb.gy/q3by7r
Oprah Book Club Guide | https://rb.gy/3k88c1
Listen to a sample of Hidden Valley Road | https://rb.gy/aiy87w
#400 | Human Connection as Harm Reduction: How One Public Safety Department Is Using the Power of Relationships and Lived Experience to Heal Its Community

This session addresses how Longmont’s Department of Public Safety transformed its behavioral health response using harm reduction principles and the power of human connection. Through practical information and real-life examples, we’ll discuss how other agencies can implement this innovative, best practice model, along with data that demonstrates its effectiveness.

**Dan Eamon** is Assistant Public Safety Chief; Dan is the Assistant Public Safety Chief with Longmont Department of Public Safety and oversees the Community Health and Resilience Division. This includes the Office of Emergency Management, the Victim Services Group, Public Safety Volunteer Programs, and Community Health and Criminal Justice Diversion Programs. These programs include the Law Enforcement Assisted Diversion (LEAD) program, the Crisis Outreach, Response and Engagement (CORE) co-responder teams, and the Community Health programs.

**Annabel Perez** is the Peer Case Manager; Annabel works for Longmont’s Law Enforcement Assisted Diversion program, as one of Public Safety’s Peer Case Managers. She compassionately helps participants connect with resources that positively impact their life. She relates to them and builds relationships with them by sharing from her own recovery story. Through harm reduction and a sense of mutuality, Annabel works with her participants to build community and improve their overall quality of life.

**Emily Van Doren** is the Case Management Supervisor; Emily supervises Longmont Public Safety’s team of Peer Case Managers who advocate for community members experiencing addiction and mental health disorders. Working in the behavioral health field for 10 years, she values a recovery oriented, strengths-based approach rooted in the principles of harm reduction. Emily and her team emphasize self-determination while valuing the journey of meeting people where they are at, and caring enough not to stop there.

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Session Evaluation Drawing
Enter to win one of three $100 Visa Gift Cards
Peer Review is a quality management activity that promotes personal and organizational growth in documentation standards and continuous improvement. This process allows Mental Health Center of Denver to engage in meaningful quality assurance and provides opportunities to influence staff in how to effectively convey the story of treatment (medical necessity) in documentation. The quality department has been able to leverage technology and staff feedback resulting in consolidating forms, decreasing redundancies and creating meaningful treatment conversations. Attendees will learn about the peer review process and key benefits, understand on a large scale how this improvement process can positively impact the organization and increase efficiency, will review examples that led to data informed clinical workflow enhancements, and will gain resources and tools to implement and or integrate into their own peer review process.

Sarah Harrison, MNM, CPRP has a Masters in Nonprofit Management (MNM) and is a Lean Six Sigma Green Belt. She was the awarded the Karen A. Pattern Award for Community and Organizational Change at Regis University in 2013. She has 10 years of experience working in behavioral healthcare and leads improvement projects that focus on clinical initiatives and has a passion for health and employee engagement.

Stephanie Johnson, LCSW, LAC is a Program Manager at Mental Health Center of Denver. She earned her undergraduate degree in Social Work and Sociology from Pacific Lutheran University in Tacoma, WA, before returning to Denver to pursue her Master’s in Social Work from the University of Denver. Stephanie’s passion for mental health treatment was sparked when she worked in forensic mental health, community behavioral health and substance abuse treatment.

Visit all the exhibits to automatically be entered into the online CBHC Exhibit Passport Prize Drawing!

CBHC will issue $100 Visa Gift Cards to THREE WINNERS.
#402 | Values, Gratitude, and Happiness: Building Resiliency During the School Day

Through the use of positive psychology and resiliency research, curricula were developed for elementary, middle, and high school students. Curricula development, educator training, and implementation will be discussed. Pilot data and lessons learned will also be a focus. Discover how to build relationships, train and engage educators, build community resiliency, and deploy the information. Didactic learning and experiential exercises are included. For enhanced learning, please take the free Values-in-Action survey at www.viacharacter.org. Participants will identify several concepts of positive psychology & how they relate to resiliency, and discover how to implement resiliency curricula within schools and community. Using pilot cohort data, participants will understand the impact that building resiliency can have across schools and communities.

**Sharon Raggio, LPC, LMFT, MBA.** Sharon’s vision, energy, and passion for mental health care have been the motivating factors in Mind Springs Health’s dramatic, across-the-board improvements since she joined what was then known as Colorado West in March 2008. Under Sharon's leadership, quality of services has dramatically improved, processes have been streamlined, and staff training, education, and credentials increased. Mind Springs Health has successfully expanded psychiatric hospital beds with the opening of the new West Springs Hospital, expanded access to substance use disorder treatment and facilities, expanded psychiatric providers, and has spirited a move to measurement-based care in our outpatient facilities, resulting in quicker and sustained treatment success. Additionally, she has worked with insurance companies to implement a Community Health Worker model to support assessment and access to the social determinants of health and behavior change, resulting in demonstrated cost savings. Prior to joining Mind Springs Health, Ms. Raggio served as COO at Pikes Peak Behavioral Health Group.

**Amy Gallagher, PsyD** is a Licensed Psychologist and the Vice President of Whole Health, LLC, a subsidiary of Mind Springs Health. She provides innovative support, training, and consultation for Mind Springs Health and West Springs Hospital. For six years, she was responsible for training and supervising a multi-county team of Community Health Workers and with building strong relationships between the payer plan, medical offices, and other bio-psycho-social agencies. Previously, Dr. Gallagher directed Mind Springs’ APPIC-membered, pre-doctoral psychology internship program. Her research interests include integrated care initiatives, health care reform, affective supervision/consultation, and resiliency/positive psychology.
#403 | So Everyone Is Doing Telehealth: Now What?

Telemental care is now a necessity. Follow-up care is vital for long-term positive outcomes. Building a successful telepsychiatry program to support a high-quality patient experience requires coordinated care, thoughtful technology and training implementation, regulatory/billing expertise, and community partnerships along the continuum of care.

**Calvin Parshad, MHA** is a neuroscientist, health technologist, and entrepreneur having over a decade of experience in a myriad of digital health industries. He has helped build a number of successful digital health businesses and has published articles including topics on patient engagement strategies, integrative approaches to medicine, and sustainable technology in mental health care. Calvin holds a Masters in Healthcare Administration from the University of Southern California, and currently serves as the Clinic Partnerships Manager at Genoa Healthcare, an Optum/UnitedHealth Group company.

#404 | New Ways to Win: A Provider Perspective on What It Takes to Become Data-Driven

For anyone contemplating implementing an analytics solution or, perhaps just looking for new ways to jump start your current efforts, this presentation will help as it highlights some of the successes at Crossroads Health. Learn first-hand as a Behavioral Health executive discusses their success in implementing and using an analytics platform “to win” in a post COVID environment. Jonathan Brown, Controller for Crossroads Health in Ohio shares his insights in this presentation as to how the line staff are asked “what is helping you win?” and “what is getting in your way?” Hear how they are able to pinpoint successes and replicate while removing roadblocks for staff to continue to win!

**Jonathan Brown** is the Controller for Crossroads Health. Using the prism of Accounting and Finance, his career has provided him 26 years of perspective on how clinicians orient to performance standards, and constantly battle the fallacy of budget based performance as a standard of financial truth. In various leadership roles throughout his career JB has led organizational efforts from the millions to the billions.
Several local, state and national suicide prevention organizations have come together to form the Colorado National Collaborative to address suicide in our state. The CNC supports six geographically and demographically diverse counties in Colorado in order to support these communities in identifying, implementing, and evaluating community-based strategies for suicide prevention.

Jerry Reed, PhD, MSW serves as Senior Vice President for Practice Leadership at Education Development Center, Inc., (EDC). His interests include suicide, injury and violence prevention, public policy, geriatrics, and health. Dr. Reed received a Ph.D. in Health-Related Sciences with an emphasis in Gerontology from the Virginia Commonwealth University in Richmond in 2007 and his MSW degree from the University of Maryland at Baltimore in 1982 with an emphasis in Aging Administration. He served in the United States Navy during the period 1974-1978.

Sarah Brummett, MA, JD is the Director of the Office of Suicide Prevention at the Colorado Department of Public Health and Environment. The Office is legislatively mandated as the state coordinating body for suicide prevention, intervention and post-vention efforts. The Office sets statewide priorities and works with state agencies and community organizations to develop and implement effective strategies, including a community grant program, means restriction education initiatives, the Zero Suicide initiative, education and awareness programs, emergency department and hospital outreach and education, the Colorado-National Collaborative, federal grant-funded initiatives, Mental Health First Aid, and a school grant program. Before joining CDPHE, Ms. Brummett practiced family and appellate law in both Colorado Springs and the Denver Metro area. Ms. Brummett received her JD from the Sturm College of Law, University of Denver and also a Master’s of Forensic Psychology from the Graduate School of Professional Psychology, University of Denver.

Heather N. Pelser, MSW is the Youth Suicide Prevention Coordinator for El Paso County and the Colorado National Collaborative Coordinator for Pueblo County. Heather worked for 10 years in the El Paso County child welfare system, where she lost a teenage client to suicide. She recently earned her Master of Social Work degree in which she completed a year-long internship at Pikes Peak Suicide Prevention. Heather was hired as the Youth Suicide Prevention Coordinator in June 2018. She is involved in several state and local suicide prevention initiatives and has provided QPR Training to over 600 professionals and community members throughout El Paso and Pueblo Counties. She is a single parent to two teenagers, one of which lost his best friend to suicide and lives with chronic suicidal ideation.

Duane K. L. France, MA, MBA, LPC is the director of veteran services for the Family Care Center, a private mental health clinic in Colorado Springs, Colorado. He is also the executive director of the Colorado Veterans Health and Wellness Agency, a 501(c)3 nonprofit professionally affiliated with the Family Care Center. Upon retiring from the Army after a 22-year career, including five combat and operational deployments, France began serving as a clinical mental health counselor in 2014.
#501 | Innovation in Real Life Part 1: Making Innovation Work

The application of Innovation can be difficult to understand in the context of behavioral health. How do we utilize the benefits of innovation when supporting our communities? This two-part session will cover the full spectrum of innovation from definition to execution - with specific examples and hands-on experiences.

Wes Williams, PhD joined the Mental Health Center of Denver in 2007 and now serves as vice president and chief information officer. Wes started Mental Health Center of Denver’s Innovation Technology Lab, using human centered design to find digital health innovations to improve access, engagement, and treatment efficacy. Wes is currently serving a three-year appointment by the governor to Colorado’s eHealth Commission, representing behavioral health interests. Wes is a licensed psychologist in Colorado.

Alires J. Almon, MA is the Director of Mental Health Center of Denver’s Innovation Technology Lab 150. The lab utilizes technology solutions as a force multiplier for increased access, efficacy and engagement for all people we serve. Solutions include technologies in virtual/augmented reality, artificial intelligence and clinical & business optimization. Alires’s experience stems from a background in psychology, aerospace, and advanced technologies. She ensures that innovation engenders an environment where everyone can have an extraordinary experience.

Session Evaluation Drawing
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#502 | Transforming Behavioral Health Requires Mature IT Capabilities

Aurora Mental Health Center is transforming our organization. Technology will not replace what we do, but it will enhance engagement. Information at our fingertips will vastly improve client outcomes. Come hear our vision and how we assessed our IT organizational capabilities and are leveraging PEAK’s MatureIT™ Model to enable this transformation. This session will explore our “burning platform” and the challenges facing AuMHC and traditional behavioral health providers; our vision for a bright future in our transformed industry through tech-enablement; and how we are transforming our traditional IT to rapidly and drastically improve our IT capabilities. Session participants will learn to appreciate the interdependence of an overall organizational strategy and a specific IT strategy; become familiar with the PEAK MatureIT™ Model and the value associated with moving beyond basic IT functionality; and be able to generally identify an organization’s maturity level and the resources and investments necessary to advance.

Kelly Phillips-Henry, PsyD, MBA is an experienced behavioral healthcare leader with 20+ years of executive leadership in the Colorado Community Mental Health & DoD healthcare systems. A two-time CEO of large, not-for-profit community mental health centers in Colorado, Kelly holds a MA and PsyD in clinical psychology & an MBA.

Kathie Snell, LPC is the Chief Strategy and Operations Officer for Aurora Mental Health Center. Kathie has more than 25 years-experience in executive leadership in Colorado’s Community Mental Health System, and currently oversees strategy development, operational and administrative functions, and supervises executive & senior level staff responsible for delivering a broad continuum of clinical programs from prevention to intensive services for infants to older adults.

Doug Reynolds is the Co-Founder of PEAK Leadership Frameworks and Interim CIO at Aurora Mental Health Center. Doug is a specialist in strategic transformation, operational excellence, operating model design, leadership development and executive coaching. Doug has leveraged decades of experience improving the way work gets done by guiding teams through important change and advising executives on the management of complexity.

Get to know the Speakers!

Schedule a 1-to-1 Meeting to connect with them at any time during the three-day live conference.
Beyond the School-to-Prison Pipeline: Trauma-Informed Care in Schools

Over the course of the last decade, many scholars have examined the impact of the school-to-prison pipeline in the criminalization of youth. The school-to-prison pipeline refers to exclusionary disciplinary practices (i.e., suspensions, expulsions), the school environment (i.e., security cameras, security guards), and school policies (i.e., zero tolerance policies, dress code violations) which result in students, particularly students of color and sexual minority students, to be displaced from schools altogether and pushed into the juvenile and criminal justice systems. However, there has been recent attention brought to other life factors that facilitate this pipeline. Scholars have expanded their study of the school-to-prison pipeline to examine other environmental and societal influences. For instance, the cradle-to-prison pipeline, which examines how limited access to pre-natal care, early childhood health care, and mental health care for children and families, may contribute to later incarceration. Relatedly, childhood maltreatment and victimization may impact youth’s trajectory into the juvenile justice system. Others have examined the sexual abuse-to-prison pipeline, which recognizes the high prevalence of sexual abuse among adolescent girls in the juvenile justice system. Dr. Alexander will share her own research, examining the abuse-to-prison pipeline in justice-involved youth. Finally, the workshop will discuss trauma and culturally informed interventions to assist in dismantling these pipelines.

Apryl Alexander, PsyD is an Associate Professor in the Graduate School of Professional Psychology at the University of Denver. She received her doctorate in clinical psychology from the Florida Institute of Technology with concentrations in forensic psychology and child and family therapy. Dr. Alexander’s research and clinical work centers around violence and victimization, human sexuality, and trauma-informed and culturally informed practice. She is an award-winning researcher and her work has been published in leading journals including Journal of Forensic Psychology Practice, Child Maltreatment, Journal of Child Sexual Abuse, and Sexual Abuse. Dr. Alexander received the 2019 APA Early Career Award for Outstanding Contributions to Benefit Children, Youth, and Families and the 2020 Michele Alexander Early Career Award for Scholarship and Service from the Society for the Psychological Study of Social Issues (SPSSI).

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#504 | Piloting Uncharted Territory: Teen Mental Health First Aid

As the only site in Colorado chosen to pilot teen Mental Health First Aid during the 2019/2020 school year, we will provide an overview of implementation, preliminary data results, testimonial statements from Sterling and Caliche High School youth who participated in the program and a plan for moving forward.

Allie Miller, BA is the Family Support Specialist for Re-1 Valley School District. She is currently working through her Master’s of Social Work program through CSU. Allie has always had a passion for working with at-risk populations and has grown to love working in the area of special education and social, emotional learning through her current role. Allie has enjoyed having the opportunity to teach teen Mental Health First Aid to students in her school district and continues to support their social-emotional needs.

Kara Bellendir, BS, CPS II is a School Based Mental Health Specialist for Centennial Mental Health Center. She is a graduate from the University of Phoenix, where she received her BS in Psychology. She is currently studying Trauma and Resiliency in education settings at Concordia University. Since starting with the company, Kara has been helping schools integrate various programs into classrooms from 3rd grade to 12th grade focusing on Social Emotional Learning, Suicide Prevention and Substance Prevention.

#505 | Best Practices for an Effective Finance Committee & Financial Statement Basics for New Board Members

Sound financial management is one of the most important responsibilities of a nonprofit board. Changes in the economy, laws, and donor expectations have placed a greater emphasis on accountability and transparency with organizations. The finance committee has the important task of ensuring the organization is financially stable and is meeting its obligations. Yet committee members often lack proper training and understanding of their important roles. This session includes information on the key responsibilities of a finance committee, reading and developing important financial documents, developing policies and procedures, and working alongside key staff to communicate important information to stakeholders at all levels who have an interest in the organization’s stability and effectiveness.

Dan Prater is the Senior Managing Consultant of Nonprofit Excellence at BKD. He has an extensive background in nonprofit leadership and higher education. He was the founder and executive director of the Center for Nonprofit Leadership at Drury University (Springfield, MO) and Co-created the university’s popular Master of Nonprofit and Civic Leadership, where he continues to serve as the program’s lead instructor.

Lindie Eads, CPA has more than eight years of public accounting experience. As a member of BKD National Health Care Group, she provides audit services for a variety of health care clients, including governmental and not-for-profit hospitals, foundations, mental health centers and physician groups. She is a member of the American Institute of CPAs, Colorado Society of CPAs, Colorado Healthcare Financial Management Association and Colorado Springs Rising Professionals. Lindie serves as the chair on the board of directors for the Humane Society of the Pikes Peak Region.
The outbreak of the novel coronavirus, and the public health response to contain it, have caused numerous challenges and opportunities related to the delivery of mental health and addiction treatment. This session will provide an overview from a national perspective and reflect on trends that will continue to influence the delivery of care for the foreseeable future. Learning objectives include understanding the major federal policy changes that have occurred related to the delivery of mental health and substance use treatment; description of the challenges that behavioral health organizations face when implementing new delivery methods; implications on the future of telehealth, competition and value-based care within the sector in the future.

Chuck Ingoglia, MSW is president and CEO of the National Council for Behavioral Health, where he leads the national charge to ensure people have access to their potential to live full and complete lives. Ingoglia is transforming the conversation about mental health and delivery of services. He effects change at both the national and state policy level by, among other things, playing a major role in federal and state policy advocacy and analyses on a myriad of issues relevant to behavioral health financing and health reform. His influence and advice on policy is informed by insight gained as a result of providing site-of-service technical assistance to members. He holds both a master’s degree and a bachelor’s degree in social work from the Catholic University of America.

This two-part session will cover the full spectrum of innovation from definition to execution - with specific examples and hands-on experiences.

Alires J. Almon, MA is the Director of Mental Health Center of Denver’s Innovation Technology Lab 150. The lab utilizes technology solutions as a force multiplier for increased access, efficacy and engagement for all people we serve. Solutions include technologies in virtual/augmented reality, artificial intelligence and clinical & business optimization. Alires’s experience stems from a background in psychology, aerospace, and advanced technologies. She ensures that innovation engenders an environment where everyone can have an extraordinary experience.

Liz Hamel, MSW joined the Mental Health Center of Denver in May 2019 as Project Manager of Strategic Community Partnerships. She has a background in community organizing, social justice education, and nonprofit program development. At the Mental Health Center of Denver, Liz develops relationships and creative community-driven projects, breaking down barriers and building bridges to inclusive, accessible and authentic mental health care across Denver.
Successful non-profit organizations with visionary leadership take on increasing responsibility in initiatives to create social change for their service use between populations and the community. In a trauma informed system we are all responsible for building, aligning and actively managing the change process. This presentation will discuss the crucial importance of improving management capabilities so the organization will deliver great and achievable outcomes.

**Kathy Tromans, MSW, LCSW** is a Training and Clinical Supervision Specialist at Community Reach Center in Westminster, CO. Kathy has a diversified background including Change Management, Quality Assurance and Compliance, Disaster Behavioral Health Coordination, Webinar and Training Facilitation, Clinical Supervision and Risk Management.

**Elaine Fisher, MEd, LPC, NCC** is the Manager of Training and Clinical Supervision at Community Reach Center. She is a seasoned mental health professional with 20 years’ experience involving program development and training. Elaine holds a bachelor’s degree in Family Studies from Texas Woman’s University and a master’s degree in Mental Health Counseling from the University of North Texas. She is a certified Trust Edge Facilitator, certified Change Management Specialist and Co-chairs the Denver Anti-Trafficking Alliance Mental Health Subcommittee.
#603 | Update on Health First Colorado’s SUD Benefit Expansion

This session will summarize the Department’s progress to date on the implementation of coverage for residential and inpatient SUD treatment and withdrawal management services through Colorado’s Medicaid program. The Department will share available utilization data and discuss provider capacity across the state. The session will also be used to discuss and troubleshoot issues that may have arisen in a variety of areas including: provider enrollment, contracting with the RAEs, claims payment and utilization management. The Department will also elicit stakeholder input on SUD system improvements. Since the passage of HB18-1136 in 2018, the Department of Health Care Policy and Financing has been working to prepare for the expansion of SUD treatment coverage to include residential and inpatient services. Implementation of the new benefit was planned for January 2020. This session will update participants on work toward implementation of the benefit. Presenters will discuss capacity for services across the continuum and the State’s plans to expand capacity where needed. Presenters will provide available data pertaining to the utilization of these services and their impact on utilization of other SUD treatment. Presenters will highlight areas where continued effort is needed by the Department, RAEs and provider network to improve service delivery. Presenters will invite audience members to engage in a collaborative discussion about areas that would benefit from targeted attention.

**Victoria Laskey, MPA** is the SUD Treatment Access Specialist for the State of Colorado’s Department of Health Care Policy and Financing. Victoria has previously worked in direct service supporting Medicaid Members and individuals in recovery from substance use disorder. She earned her Master’s in Public Administration at the University of Colorado Denver School of Public Affairs.

**Kim McConnell, PhD** serves as the ACC SUD Administrator for the State of Colorado’s Department of Health Care Policy and Financing. Dr. McConnell is a licensed psychologist and has worked as a direct service provider and administrator in the substance use disorder field. She has held positions in an acute care hospital, the VA and an adult probation department in Texas. She has also taught undergraduate and graduate-level psychology courses at Regis University, Texas State University, and St. Edward’s University.
Implementation of SBIRT in Primary Care will be covered for both successes and barriers to intervention practice to prevent, identify, and reduce misuse of alcohol, marijuana, prescription, and illicit drugs. In this one-hour session, you will receive a primer on SBIRT, its effectiveness in primary care settings and the steps that make SBIRT a flexible approach to systematically identifying risky substance use, engaging patients in meaningful ways, and promoting behavior change.

Kevin Hughes, BS, CAS is a SBIRT Coordinator and Trainer. He has his Bachelor of Science in Sociology and is a Certified Addictions Counselor, Level II. He has been training on SBIRT for the last four years and has personally trained over 1,000 health and mental health care professionals. He was a residential treatment counselor for four years, providing direct services to individuals with substance use disorders. He also has four years of experience working with parolees with substance use and mental health disorders.

Adam Musielewicz, MPA is a SBIRT Practice Facilitator, supporting primary care settings implementing SBIRT in Larimer County. Adam has over 13 years of experience working with youth and families in a variety of settings, from nonprofits assisting homeless youth and refugees, to families in public housing. Additionally, he served as a program specialist, assisting in the prevention funding coordination and program development with the Tony Grampsas Youth Services Program at the Colorado Department of Human Services. Adam most recently worked as Coalition Director for a nonprofit in Larimer County where he was responsible for convening multi-sector stakeholders and coordinating youth focused, environmental substance use/misuse prevention strategies for three community-based coalitions.

Christin Sutter is a Practice Facilitator and Community Liaison for the High Plains Research Network (HPRN). Christin joined the HPRN in 2006, and in the past 13 years has worked with primary care clinics and communities throughout the nine counties of northeastern Colorado. She has over nine years of facilitation experience, working with practices on a broad range of practice transformation programs and initiatives. She helps implement, maintain, and evaluate research studies, covering topics such as drug and alcohol screening and brief intervention, medication assisted treatment, colon cancer, asthma, home blood pressure management, childhood obesity, behavioral health, opioid use disorder, COPD, and cancer survivorship.
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Colorado Community Health Alliance is the Health First Colorado (Colorado’s Medicaid Program) regional organization serving the counties of Boulder, Broomfield, Clear Creek, El Paso, Gilpin, Jefferson, Park and Teller. We administer physical and behavioral health benefits and coordinate care and services for approximately 303,000 members.

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The American Foundation for Suicide Prevention (AFSP) is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that’s smart about mental health through education and community programs, develops suicide prevention through research and advocacy, and provides support for those affected by suicide. AFSP has local chapters in all 50 states with programs and events nationwide.

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Colorado Access is a nonprofit health plan serving members with Child Health Plan Plus or Health First Colorado (Colorado’s Medicaid Program). We administer behavioral and physical health benefits for two regions under the Regional Accountable Entity program through the state. We have been caring for the health of Coloradans for more than 25 years. Learn more at coaccess.com.

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Colorado Community Health Alliance (CCHA) is the Health First Colorado (Colorado’s Medicaid Program) regional organization serving the counties of Boulder, Broomfield, Clear Creek, El Paso, Gilpin, Jefferson, Park and Teller. We administer physical and behavioral health benefits and coordinate care and services for approximately 303,000 members.
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The Office of Behavioral Health (OBH) administers the two state mental health hospitals, purchases services to prevent and treat mental health and substance use disorders through contracts with behavioral health providers, regulates the public behavioral health system, and provides training, technical assistance, evaluation, data analysis, prevention services and administrative support to behavioral health providers and stakeholders.

CHA Broadband Services is the state consortium leader in administering federal dollars to aid eligible health care entities, especially in under-served regions of the state, gain access to broadband connectivity to provide health care services in their communities. Broadband Services leverages the FCC Rural Health Care Program’s Healthcare Connect Fund, an annual $581 million federal fund, to administer these subsidies.

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Peer Assistance Services, Inc. is a Colorado 501(c)(3) non-profit agency leading with prevention and intervention for substance use and mental health concerns. PAS’ Peer Health Assistance Programs provide comprehensive evaluation and case management to licensed professionals with behavioral health concerns, including nurses, dentists, pharmacists, mental health practitioners, veterinarians, and emergency medical service providers. PAS provides training statewide for health and mental healthcare providers on Screening, Brief Intervention, and Referral to Treatment (SBIRT), including technical assistance and implementation support.
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We serve Coloradans who have low income and have historically had less power or privilege. We are informed by the community and those we exist to serve. We do everything with the intent of creating health equity.

Willow Springs Center | 690 Edison Way, Reno, NV 89502
800.448.9454 | www.willowspringscenter.com

Willow Springs Center is an intensive psychiatric and co-occurring addiction treatment residential program for males and females 5 through 17. Of our 116 beds, 40 are for our Dialectical Behavior Therapy (DBT) program for adolescent girls. We have an on-site fully accredited private school and are Joint Commission Accredited. Contracted with private insurances and TriCare, we can do single case agreements on a case basis.

Visit all the exhibits to automatically be entered into the online CBHC Exhibit Passport Prize Drawing!
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DRAWING

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Supporting Community Resilience
We are a local, nonprofit health care company, and we’ve been caring for the health of members, providers, and community partners across Colorado for more than 25 years.

With the COVID-19 pandemic affecting the way we all operate, we’re here to continue supporting you.

Visit coaccess.com for more information.
CBHC Future Conference Dates

2021 | September 29 - October 2, 2021
2022 | September 21 - September 24, 2022
2023 | September 27 - September 30, 2023

Beaver Run Resort & Conference Center, Breckenridge, CO