

2021 Behavioral Health Training Conference

Celebrating Community Partnerships

September 30 - October 2, 2021 Pre-Conference | Wednesday, September 29, 2021

Beaver Run Resort & Conference Center Breckenridge, Colorado



Greetings,

Welcome to the Colorado Behavioral Healthcare Council 2021 Annual Conference. We are delighted to be back in-person this year! Our theme, *Celebrating Community Partnerships*, certainly speaks to the joy that comes with creating a space for us to physically come together to grow and learn from one another.

This year's focus was not chosen lightly. Over the past few years, we have seen many of our communities suffer due to lack of physical and behavioral health resources, exacerbated by the COVID-19 pandemic, extreme political divides, and racial and cultural injustices. While these themes are sadly nothing new, the resurgence—and importance—of working together to solve these societal issues is something that CBHC strives to help achieve not only during this conference, but far beyond.

As we come together to discuss the importance of proper social and emotional care for all individuals across all communities, we realize the value that building partnerships at a local, state, and national level is the backbone of creating real and lasting change.

This year, we are excited to have Dr. Lesley Brooks, our Thursday morning keynote, speak to the need for systemic change within the behavioral health field to ensure equal access for all, especially for communities of color.

We are also pleased to welcome Johann Hari as our Friday morning keynote. He authored *Lost Connections: Uncovering the Real Causes of Depression – and the Unexpected Solutions* in 2018, at a time when many of us had never thought about the impact of a global pandemic and the hardships associated with isolation and "lost connections." Hari's take on how—over time we have lost real, valuable human connections and how to regain what we have lost is not only eye opening, but offers us all a way to "start over" when it comes to finding the connections we crave as humans to keep us happy, healthy, and, above all, compassionate towards each other.

Throughout this conference, you will have the opportunity to take part in breakout sessions that enhance the importance of connecting through a culturally-informed lens, offer insights into the value of creating partnerships, and teach resilience in the face of trauma.

We have created this conference with not just you, the attendee, in mind, but for all of those with whom you work and serve daily. We hope you enjoy your time here with us, and with each other, and that you bring home the knowledge needed to spark change within your own community, for as Nelson Mandela once said, "Education is the most powerful weapon which you can use to change the world."

Let's start that change today.

Doyle Forrestal *CEO, CBHC*



Sharon Raggio, LPC, LMFT, MBA Conference Chair, President & CEO, Mind Springs Health & West Springs Hospital



Keynote Speakers

Thursday **Community Mental Health:** The Future of the Movement with Lesley Brooks, MD Thursday | 9:00am - 10:30am (Breckenridge Ballroom)



Friday

Lost Connections: Uncovering the Real Causes of Depression with Johann Hari Friday | 8:30am - 10:00am (Breckenridge Ballroom)



CBHC Awards Presentations

Mental Health First Aid Awards | Sponsored by the AFSP CO Chapter Thursday | 8:45am - 9:00am | (Breckenridge Ballroom)

> Golden Lightbulb & Golden Abacus Awards Thursday | 6:00pm - 6:30pm | (Colorado Ballroom)

Board Member Awards Saturday | 7:15am - 8:15am | (Imperial Ballroom)

Networking Reception

Thursday | 5:00pm - 6:30pm | (Colorado Ballroom) Gather for our Networking Reception with light hors d'oeuvres

Sponsored by





CBHC Colorado Behavioral Healthcare Council

Pre-Conference Workshops | Wednesday, September 29, 2021

#1 Pre-Conference | \$125 | Managing Time in Times of Change: Tools for Productivity, Satisfaction, Personal Innovation, and Authentic Connection | Doug Gertner, PhD (Wednesday | 8:00am - 5:00pm | Includes training, breakfast, lunch, and coffee breaks)

#2 Pre-Conference | \$50 | Boosting & Building Wellbeing: A Collaborative Workshop on Values-driven Wellness Strategies Megan Kearns, MA, LPCC; Muneer Kirmani, MA, LPCC; Chelsea Vibert, MA, LPC; Sarah Greenbaum

(Wednesday | 1:00pm - 4:15pm | Includes training and coffee break)

(Note: Pre-Conference fees are separate from conference fees shown below)

Full Conference | \$475 per person

Thursday/Friday/Saturday | (Thursday 7:45am - Saturday 11:30am) (Includes Thursday networking reception, all conference sessions, breakfasts, lunches, and coffee breaks)

2 Day (Friday & Saturday Only | \$350 per person

Friday & Saturday | (Thursday 5:00pm for Reception, Friday 7:00am - Saturday 11:30am) (Includes Thursday reception, Friday and Saturday sessions, breakfasts, lunches, and coffee breaks)

Hotel room block open now: <u>Reserve your room</u> Visit our website to learn more about CBHC: <u>cbhc.org</u> Register Now! Click the link below: <u>CBHC 2021</u>

CBHC Conference Cancellation/Refund Policy

Conference registration fees will be refunded upon written notice of cancellation if received no later than August 1, 2021.

> Questions: Contact Tracy O'Shaughnessy at <u>Tracyhmsr@gmail.com</u> or call 303-525-2811.

CBHC Members

Thank you to our member organizations!

Community Mental Health Centers

AllHealth Network Aurora Mental Health Center Axis Health System Centennial Mental Health Center Community Reach Center Diversus Health Health Solutions Jefferson Center for Mental Health Mental Health Center of Denver Mental Health Partners Mind Springs Health North Range Behavioral Health San Luis Valley Behavioral Health Group Solvista Health Southeast Health Group SummitStone Health Partners The Center for Mental Health

Managed Service Organizations

Diversus Health Mental Health Partners Signal Behavioral Health Network West Slope Casa

Specialty Clinics

Asian Pacific Development Center Servicios de La Raza

Continuing Education Credits

CBHC provides pre-approved Certificates of Attendance for attendees to submit to NAADAC & NASW for their continuing education credits.





2021 CBHC Conference

Planning Committee

Sharon Raggio, LPC, LMFT, MBA CBHC Conference Chair President & Chief Executive Officer Mind Springs Health & West Springs Hospital Grand Junction, CO

Doyle Forrestal Chief Executive Officer *CBHC, Denver, CO*

Barbara Becker, PhD Director of Mental Health First Aid Colorado *CBHC, Denver, CO*

Natalie Strom

Membership Services and Communications Coordinator *CBHC, Denver, CO*

Shakira Berg, BA, CCMA

Quality Improvement Specialist The Center for Mental Health *Montrose, CO*

Pamela Collins Vaughn, MA, LPC

Program Manager of Training and Consumer Advocacy I Quality Improvement North Range Behavioral Health *Greeley, CO*

Danielle Smith, MBA

Chief Administrative Officer Southeast Health Group La Junta, CO

Eric Smith

Manager of Training and Staff Development Mental Health Center of Denver Denver, CO



Hotel Reservations

Beaver Run Resort & Conference Center

620 Village Road, Breckenridge, Colorado 80424

Call 1-800-525-2253 for reservations today!

Hotel rooms start at \$133 + tax and service charge

Be sure to mention you are attending the CBHC Conference to receive the group rate.

Reserve your room today



Explore, Play & Enjoy!

Resort Workout Facilities | Building 3

All attendees staying at the Beaver Run Resort are provided complimentary access to the workout facilities located next to the pool in building 3.

Pool & Hot Tub | Building 3

Take a dip in the indoor/outdoor pool or soak in a hot tub.

Spa & Massage | Building 1

Enjoy a relaxing massage at the Beaver Run Spa in building 1. For spa appointments call: 970-453-8757.

Hiking | Mountain Trails

Take advantage of the beautiful mountains and trails surrounding Beaver Run for a hike.

Check out our Breckenridge hospitality table, located in the convention center on the third floor, to get details about local tours, hiking trails, fly-fishing, and mountain biking!

BEAVER RUN RESORT & CONFERENCE CENTER



Celebrating Community Partnerships



Networking Reception

Thursday | 5:00pm-6:30pm | (Colorado Ballroom & Patio) Gather for our Networking Reception with hors d'oeuvres

5:45pm - 6:00pm | Presentations by our sponsors 6:00pm - 6:30pm | Golden Abacus & Golden Lightbulb Awards



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CBHC Pre-Conference Workshops		
Separate registration fee required		
8:00am - 5:00pm <mark>CI Bm</mark> Bu	#1 Pre-Conference Managing Time in Times of Change: Tools for Productivity, Satisfaction, Personal Innovation, and Authentic Connection <i>Doug Gertner, PhD</i>	
Breckenridge Ballroom	This pre-conference workshop takes a deep dive into time management, reviewing current and best practices, grounding in core values clarification, and introducing new skills to help focus on priorities, get organized, and stay on track, especially during times of transition. Participants will discover how to identify and attain long-term goals, both personally and professionally, and laser-focus activities on a daily basis to help manage priorities and reach these goals, with an outcome of greater connection, productivity, satisfaction, authenticity, and enhanced workplace relationships. Bring your current planning tool to the session and leave with skills to practice daily and enjoy more of what's most important to you every day. (Includes training, breakfast, lunch, and coffee breaks) Schedule: 8:00am - 9:00am 10:30am - 10:45am 2:45pm - 3:00pm End	
1:00pm - 4:15pm	#2 Pre-Conference Boosting & Building Wellbeing: A Collaborative Workshop on Values-Driven Wellness Strategies	
CI Bm Bu Imperial Ballroom	Megan Kearns, MA, LPCC; Muneer Kirmani, MA, LPCC; Chelsea Vibert, MA, LPC; Sarah Greenbaum This presentation focuses on the five dimensions of wellness and their adaptability to the individual consumer. We developed value-driven, actionable self-care strategies for our community and Jefferson Center partners. Through our interactive workshop, we will facilitate collaborative strategies to support consumers coping with stress, such as the global pandemic.	
	(Includes training and coffee break) Schedule: 1:00pm 2:30pm - 2:45pm Coffee Break 4:15pm End	

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7:45am - 4:45pm CBHC Registration 7:45am - 4:45pm CBHC Registration Open Third Floor Foyer		
7:45am - 6:30pm Exhibit Hall Open <i>Colorado Ballroom</i>		
7:45am - 8:45a	m Breakfast in Exhibit Hall <i>Colorado Ballroom</i>	
8:45am - 9:00am	Mental Health First Aid Awards FIRST AID COLORADO	
9:00am - 10:30am	Keynote Community Mental Health: The Future of the Movement <i>Lesley Brooks, MD</i>	
Breckenridge Ballroom	Dr. Brooks offers some recommendations for consideration to improve the behavioral health care system and expand reach to marginalized and minority populations.	
10:30am -	11:00am Coffee Break Visit the Exhibits & Sponsors in the Colorado Ballroom	
	11:00am - 12:00pm	
Peak 17	#100 How the CCBHC Model Overcomes Barriers to Care CI Bm Bu <i>Rachelle Glavin & Julie Hiett, LMSW</i>	
Peak 6-10	#101 Lease Standard Bu Jami L. Johnson, CPA & Grant Smith, CPA	
Coppertop 2	#102 Moving from Trauma-Informed to Healing Centered and H.O.P.E. Frameworks to Address ACEs in Integrated Care <i>Rebecca Gostlin, MEd</i>	
Coppertop 3	#103 Peer Support Specialist: How to Hire, Train, and Retain Quality Peer Support Staff Brandon Wilcox, BS	
Imperial Ballroom	#104 The Value of a Facility Dog: Demonstrating Impact for Clients and Staff in a Trauma Clinic <i>Lindsey Breslin, LCSW & Janine D'Anniballe, PhD</i>	
12:00pm - 1:30pm Lunch (Note: Room locations)		
Lunch for all attendees (Colorado Ballroom) Mental Health First Aid Lunch (Base Nine Lounge) Training & Development Lunch (Spencer's Private Dining Room) MarComm Group Lunch (Mercury Board Room - Building 4)		
Join your colleagues for lunch in the Colorado Ballroom or in the assigned lunch meeting rooms above.		

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Schedule at a Glance | September 30, 2021 | Thursday

1:30pm - 3:00pm	
Peak 17	#200 Putting People First: Advancing Whole Person Care Figure 8 Through a Behavioral Health Administration <i>Robert Werthwein, PhD; Summer Gathercole; Barbara Drake, MSW</i>
Peak 6-10	#201 Staging a Successful Community-Based Restoration: Image: Community Behavioral Health from Transition to Restoration Amanda Myers, MPA & Kathryn Davis, MA, LPC
Peak 11/12	#202 The Power of Gratitude: A Business Case for Positive El Em Eu Psychology <i>Doug Gertner</i> , <i>PhD</i>
Coppertop 2	#203 How the West Central Colorado Threat Assessment CI Em Bu Team (WCC TAT) Formed and Implemented a Standardized Suicide Risk Assessment Model <i>Laura Byard, MA, LPC; Matt Smith;</i> <i>James R. Pavlich</i>
Coppertop 3	#204 The Creation of Sustainable Mental Health Care Through Collaborative Community Work Sophie Keeley, MA, LPC & Anny Mejia, MA, LPC
Imperial Ballroom	#205 How to Introduce Trauma-Informed Yoga into Community Mental Health Center Treatment <i>Janine D'Anniballe</i> , <i>PhD</i>
Peak 14-16	#206 Medicaid Behavioral Health Payment Reform Bm Bu Melissa Eddleman & Shane Mofford
3:00pm - 3:15pm Coffee Break Visit the Exhibits & Sponsors in the Colorado Ballroom	
	3:15pm - 4:45pm
Peak 17	#300 Behavioral Health Entities: Phase 1 Jane Flournoy, MA, LMFT, LPC, CAC III & Kara Johnson-Hufford, MPA
Peak 6-10	#301 Alcohol, Still Number One! CI Ann C. Noonan, MA, CAC III, LPC
Peak 11/12	#302 Providing Technology-Based and Culturally-Competent Mental Health Care to Military-Connected Populations <i>Matt Mishkind, PhD</i>
Coppertop 2	#303 Treasury and Cash Management Deb Kozlowski, CPA
Coppertop 3	#304 Colorado's CCBHCs in Action: A Panel Discussion Bu Bm 🖸
afia	Mindy Klowden, MNM; Jacki Kennedy, LPC, CAS; Sara Reid, MA; Danielle Smith, MBA; Esther Clark, MA
Imperial Ballroom	#305 CBHC Policy Update Frank Cornelia, MS, LPC; Bu Bm C Moses Gur, MA; Gilbert Romero, JD; Karen Wick
Peak 14-16	#306 Your Brand, Your Identity: Investing in the Value of Knowing Who You Are <i>E. J. Rickey, MCG</i>

Free WiFi

Open a browser on your device. Select network: <u>Beaver Run Meeting</u> Enter Password Voucher: <u>CBHC</u>



WiFi Lounge Sponsor

7:30am - 4:30pm CBHC Registration		
7 :30am - 4:30pm CBHC Registration Open <i>Third Floor Foyer</i> 7:30am - 6:30pm Exhibit Hall Open <i>Colorado Ballroom</i> 7:30am - 8:30am Breakfast in Exhibit Hall <i>Colorado Ballroom</i>		
8:30am - 10:00am Keynote		
Breckenridge Ballroom	KeynoteLost Connections: Uncovering the RealCI Em BuCauses of Depression and the Unexpected SolutionsJohann HariJohann HariJohann Hari shares the incredible forty-thousand-milejourney he took across the world to interview the leading expertsabout what causes depression and anxiety, and what solves them.	
10:00am -	10:30am Coffee Break Visit the Exhibits & Sponsors in the Colorado Ballroom	
	10:30am - 12:00pm	
Peak 17	#400 Strengthening the Behavioral Health Safety Net by 2024 <i>Camille Harding, LPC & Tracy Johnson, PhD</i>	
Peak 6-10	#401 Diagnostic Classification of Mental Health and ⊡ Developmental Disorders in Infancy and Early Childhood: DC: 0-5 [™] An Overview Shannon Bekman, PhD, IECMH-E [®]	
Peak 11/12	#402 Technocratic and Democratic Community Engagement: Guides For Transformative Community Partnerships Bradley Crookston PhD, LPC, NCC	
Coppertop 2	#403 Health In Action: Screening and Addressing Social Determinants of Health David Hayden, MBA, MA; Kathryn Jantz, MSW, MPH; Sarada Leavenworth	
Coppertop 3	#404 Partnering with Law Enforcement for EffectiveImage: Ben EuBehavioral Health Crisis Response Elizabeth Everett LPC; Christopher 'Troy' Padilla, BS; Samantha Rabins, LCSW; Mike EngebrechtImage: Ben Eu	
Imperial Ballroom	#405 Substance Use Disorders and the Brain Ann C. Noonan, MA, CAC III, LPC & Jess Fear, MA, LPC, LAC *Session #405 (10:30am - 11:30am)	

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Session Handouts

Download CBHC session handouts on the

CBHC website at www.cbhc.org after September 1, 2021

Schedule at a Glance | October 1, 2021 | Friday

12:00pm - 1:30pm Lunch (Note: Room locations)		
Lunch for all attendees (Colorado Ballroom) CBHC Board of Directors Lunch (Imperial Ballroom) Deputy Directors Lunch (Base Nine Lounge) Progressive Health Options / CMHC IT Leadership Networking (Spencer's Private Dining Room)		
1:30pm - 3:00pm		
Peak 17	#500 Behavioral Health in The Next Normal: Planning for CI Bm E a Changing Market <i>Monica E. Oss, MS</i>	Bu
Peak 6-10	#501 Harm Reduction in the Clinical Setting and in Everyday Life Ann C. Noonan, MA, CAC III, LPC & Jess Fear, MA, LPC, LAC	Cı
Peak 11/12	#502 Importance of Providing Culturally-Relevant and Affirming Care to Members of the LGBTQ+ Community <i>Steven Haden, MSW, MBA, CPRP</i>	Сі
Coppertop 2	#503 Changing the Workplace Landscape Mike Richards, BBA & Casey L. Wolfington, PsyD	Bu
Coppertop 3	#504 Rural & Frontier Disaster Behavioral Health Ed Hagins, MEd, LPC, NCC; Aimee Voth Siebert, MA; Justin Carbee, BS; Mandy Kaisner, MA, LPC	Bu
Peak 14-16	#505 Permanent Supportive Housing Zoe LeBeau & Katie Symons, MA	CI
3:00pm -	3:30pm Coffee Break Visit the Exhibits & Sponsors in the Colorado Ballroom	
	3:30pm - 4:30pm	
Peak 17	#600 The "How to" Behind the "Why": A Practical Guide to Bm CI E Leverage DEI Champions <i>Danielle Jackman, PhD, CDP</i>	Bu
Peak 6-10	#601 Mobilizing Addiction Treatment <i>Dayna DeHerrera-Smith</i> , MPH; Donna Goldstrom, LAC, LPC; Meredith Davis, BA, MS	Cı
Peak 11/12	#602 Collaboratively Developing a Report to Track Staff Productivity Adam Doherty, MSW; Cherilyn Barringer, MS, CHFP; Jacki Kennedy, LPC, CAS	Bu
Coppertop 2	#603 Q: How Might We Solve the Access to Care Problem?	Bu
= eleos	A: With Human Centered Design Alires Almon, MA & Wes Williams, PhD	
Coppertop 3	#604 Plant the School-Based Seed and Watch it Grow Becky Wyperd, LPC	Cı
Imperial Ballroom	#605 Collaborative Chess Versus a Complex Opponent: Suicide Prevention in the Military Population <i>Duane K. L. France, MA, MBA, LPC</i>	Cı
Peak 14-16	#606 System-Wide Psychological Autopsy Shakira Berg, BA, CCMA	Cı

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Schedule at a Glance | October 2, 2021 | Saturday

7:00am - 11:15am CBHC Registration Open Third Floor Foyer			
	7:30am - 11:00am		
Clinical	Business Upper Management <i>Breakfast </i>		
7:30am -	Breakfast for Session: #700		
8:30am	For all conference attendees.		
Coppertop 3			
8:30am -	#700 The Beauty of Community Partnerships: A Panel		
11:00am	Discussion with North Range Behavioral Health - Parts 1 & 2 Bradley Crookston PhD, LPC, N CC; Elisabeth Jacquot, BA, MS; Janis		
Coppertop 3	Pottorff, LCSW, IMH-E [®] III; Breanna Rangel, LPC, LAC; Allyce Torres,		
	MSSW, LCSW; Becky Wyperd, LPC; Kelly Slade LCSW, LAC, RPT-S		
7:00am - 11:30am Board <i>Breakfast, Awards, & Session</i>			
7:00am - 8:15am	Board Member Recognition Breakfast		
Imperial	For board members only.		
Ballroom			
7:15am - 8:15am	Board Member Awards Bm		
8:15am - 8:30am	Coffee Break		
8:30am -	#701 Board Members Only The "Next Normal": Strategic Bm		
11:30am	& Sustainability Challenges to Community-Based Behavioral Health Organizations Monica E. Oss, MS		

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DRAWING



Two Night Stay at Beaver Run Resort

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One entry per conference attendee. Please include your name and email with your evaluation.



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of individuals with mental disorders are treatable.

1 IN 4 people will experience a

mental health challenge or crisis in their lifetime. of all lifetime cases of mental illness begin before age 14.

50%

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#1 Pre-Conference Workshop Wednesday | September 29, 2021

#1 Pre-Conference Workshop (Full-day)

8:00am - 5:00pm Bm Cl Bu

Breckenridge Ballroom Managing Time in Times of Change: Tools for Productivity, Satisfaction, Personal Innovation, and Authentic Connection

This pre-conference workshop takes a deep dive into time management, reviewing current and best practices,



grounding in core values clarification, and introducing new skills to help focus on priorities, get organized, and stay on track, especially during times of transition. Participants will discover how to identify and attain long-term goals, both personally and professionally, and laser-focus activities on a daily basis to help manage priorities and reach these goals, with an outcome of greater connection, productivity, satisfaction, authenticity, and enhanced workplace relationships. Bring your current planning tool to the session and leave with skills to practice daily and enjoy more of what's most important to you every day.

Schedule:

8:00am - 9:00am Breakfast & Networking 10:30am - 10:45am Coffee Break 11:45am - 1:15pm Lunch 2:45pm - 3:00pm Break 5:00pm End

Doug Gertner, PhD is an author, educator, trainer, consultant, broadcaster, and activist whose professional career includes service to higher education, non-profit, small business, corporate, independent, organizational, men's issues, and fatherhood consulting. Doug earned his doctorate from the University of Northern Colorado, his Master's degree from Teachers College, Columbia University, and his Bachelor's degree from Kenyon College. He has taught at ten colleges and universities in Colorado and Wyoming, lectured, published, and consulted widely in the areas of education, management, and gender studies.

Since the year 2000, Doug has worked independently to deliver training, team-building, and facilitation for a list of premiere clients. He travels the region as founder and principal of Doug Gertner Workplace Seminars and Solutions.

#2 Pre-Conference Workshop Wednesday | September 29, 2021

#2 Pre-Conference Workshop (Half-day)		
1:00pm - 4:15pm Bm Cl Bu	Boosting & Building Wellbeing: A Collaborative Workshop on Values-Driven Wellness Strategies	
Imperial Ballroom	This presentation focuses on the five dimensions of wellness and their adaptability to the individual consumer. We developed value-driven, actionable self-care strategies for our community and Jefferson Center partners. Through our interactive workshop, we will facilitate collaborative strategies to support consumers coping with stress, such as the global pandemic.	
	Schedule: 1:00pm 2:30pm – 2:45pm Coffee Break 4:15pm End	
	Megan Kearns, MA, LPCC is a COVID-19 Crisis Counselor with Jefferson Center's Colorado Spirit Team. She got her BA in Psychology and Asian studies from UNC. She graduated from the University of Denver with her Master's in International Disaster Psychology. She joined the Colorado Spirit team because of the ability to help people directly affected by Covid-19. Megan has one paper under review and two published on math anxiety and India's response to their 2005 tsunami.	
	Muneer Kirmani, MA, LPCC is the Child and Family Specialist with Jefferson Center's Colorado Spirit Team. He graduated from the University of Denver with a Master's in International Disaster Psychology. He joined the Colorado Spirit team to provide service to children, families, and school communities directly impacted by COVID-19.	
	Chelsea Vibert, MA, LPC is the clinical team lead for Colorado Spirit, a team working with those impacted by COVID-19 through Jefferson Center. She received her Master's degree in International Disaster Psychology and specializes in trauma-based treatments, such as EMDR and TF-CBT. Prior to this role, she provided individual, group, and family therapy to students in Jefferson County schools, as well as providing professional development for educators and administrators on mental health and trauma.	
	Sarah Greenbaum is the Resource Linkage Coordinator and a Community Liaison for Colorado Spirit, a team working with those impacted by COVID-19 through Jefferson Center. She received her undergraduate degree in Pre-Medicine and Public Health, with a minor in Business. She is currently a second year Master's student in Clinical Mental Health Counseling. Prior to this role, she worked as a Medical Assistant and Coordinator in Pediatric Endocrinology and Orthopedic Surgery offices.	

Keynote | *Thursday* | 9:00am - 10:30am Community Mental Health: The Future of the Movement

Lesley Brooks, MD Bm CI Bu

www.cbhc.ord



Dr. Brooks is a family medicine physician who recently began work in a Community Mental Health Center overseeing a program expansion and more deeply developing their MAT program for substance abuse services. Dr. Brooks was immediately struck by the different rules, policies, and processes а CMHC must operate under as compared to her experience as a family practice physician working in a physical health care setting. It led her to examine how these differences contribute to stigma and create barriers for minority and marginalized populations to engage in behavioral health care. Dr. Brooks offers recommendations for consideration to improve the behavioral health care system and expand its reach to marginalized and minority populations. Lesley Brooks, MD serves as the Chief of Addiction Medicine for SummitStone Health Partners and as the Assistant Medical Director for the North Colorado Health Alliance (NCHA) in northern Colorado. Dr. Brooks, a board-certified family physician, has practiced full-scope family medicine including prenatal care, chronic pain, and substance use disorder/addiction in northern Colorado for more than a decade. Since her transition to SummitStone Health Partners in 2020, she specializes in substance use and mental health. As the Chief of Addiction Medicine at SummitStone, Dr. Brooks leads SummitStone's partnership in the design, development, and implementation of behavioral health services in a new 55,000 sf facility in a public-private partnership with Larimer County's Behavioral Health Services. The focus of the facility will be provision of services to persons and families with acute mental and substance use needs. In her role as Assistant Medical Director for NCHA, she directs the Alliance's opioid prevention efforts, including an innovative team of care managers providing support for persons with opioid use disorder in northern Colorado, and provides oversight of care plans for Medicaid patients enrolled in the Regional Accountable Entity (RAE 1,2). Dr. Brooks also serves as the co-chair of the Provider Education Work Group for the Colorado Consortium for Prescription Drug Abuse Prevention which leads the state's coordinated response to the opioid and prescription drug epidemic. She has spoken across the state, educating her colleagues in medicine on safe opioid prescribing and substance use disorder. She earned her undergraduate degree from Kenyon College in Ohio and her medical degree from the University of Colorado School of Medicine. Her residency training was completed at North Colorado Family Medicine in Greeley, Colorado. She and her husband live in Greeley with their 2 children, 2 dogs, and a hedgehog.

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Sessions & Speakers | Thursday

CI Bm Bu

#100 | How the CCBHC Model Overcomes Barriers to Care

In this workshop, we will explore Missouri's Certified Community Behavioral Health Clinic (CCBHC) journey starting in 2017. As CCBHCs expand across Colorado, the lessons learned in Missouri will help attendees learn how the level of adoption and success in leveraging this transformational program is truly unique and replicable. In addition, this workshop provides a glimpse into how a statewide care network led by a provider coalition can transform service delivery across an entire state.

Rachelle Glavin is the VP of Clinical Operations for the Missouri Behavioral Health Council (MBHC). Rachelle has served in various roles during her tenure at the Council and has had the opportunity to develop and support the implementation of statewide integrated care initiatives and data solutions that inform and drive care management, population health, and outcomes reporting. The collaboration in Missouri between the state and provider system is a key element to the success of these programs, and the MBHC continues to be a good partner in supporting our system of care.

Julie Hiett, LMSW has over 25 years of experience in mental health, social services, population health, and care coordination. She began her career as a crisis case manager at a community mental health center and was a school social worker before moving out of direct care and into healthcare IT. Julie has been at Netsmart for over 9 years, working with clients across the country at provider, association/council, county, and state levels.

#101 | Lease Standard

Lease Standard: The largest overhaul to lease accounting since 1973 is finally here. New guidance requires lessees to recognize substantially all leases on their balance sheets and changes many definitions and bright-line rules historically used. Join us as we provide an overview of the requirements and lessons learned from early adopters.

Jami L. Johnson, CPA has more than 12 years of experience working with not-for-profit and health care entities. As a member of BKD National Health Care Group, she provides accounting and audit services to a variety of clients, including health care systems, critical access hospitals, community mental health centers, and community health centers. Jami specializes in providing single audit compliance and as an audit Director, Jami leads the client engagement process, supervising and training the audit team, reviewing audit work papers and providing timely completion of all audit phases. Jami is a member of the American Institute of CPAs, Colorado Society of CPAs, and Healthcare Financial Management Association. She is also active in charitable organizations such as BikeDenver, No Kid Hungry, and Fins Attached: Marine Research and Conservation. She is a 2008 graduate of the University of Hawai'i, Mānoa, with a degree in accounting and finance.

Grant Smith, CPA joined BKD in 2015 and is a member of BKD National Health Care Group. He provides audit services for a variety of health care clients, including rural hospitals and mental health centers. Grant leads the client engagement process, including the supervision and training of the audit team, review of the audit workpapers and communication with the client, lead audit partner, and manager. He is a member of the American Institute of CPAs and Colorado Society of CPAs. Grant is a 2015 graduate of University of Northern Colorado, Greeley, with an MAcc degree and a BS degree in business administration with an emphasis in accounting.

CBHC 2021 | Behavioral Health Conference | 19

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Thursday | Sessions & Speakers

#102 | Moving from Trauma-Informed to Healing Centered and H.O.P.E. Frameworks to Address ACEs in Integrated Care

This session presents an approach to screening youth for ACEs, responding with Trauma-informed care inclusive of H.O.P.E. and Healing Centered Engagement frameworks, and emphasizes collaboration among providers and community agencies.

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Rebecca Gostlin, MEd, LPC is the Director of Clinical Initiatives for Colorado Association for School-Based Health Care (CASBHC). Rebecca leads CASBHC's clinical initiatives, including current work on increasing ACE's screening and implementation of Trauma-informed care with a focus on resilience and equity.

#103 | Peer Support Specialist: How to Hire, Train, and Retain Quality Peer **CI** Bu Support Staff

This session will cover the dynamics of hiring, trainings, and creating a workforce that values and respects the role of peer support within a behavioral healthcare setting. Course attendees will learn about best hiring practices, training options, supervision techniques, and other factors necessary to consider when building a workforce of peers.

Brandon Wilcox, BS is the current Program Manager of Peer Support at Community Reach Center. He has worked with peer organizations such as Colorado Mental Wellness Network and the Peer Support Credentialing board with OBH to help grow and sustain peer support within his organization and across the state of Colorado.

#104 | The Value of a Facility Dog: Demonstrating Impact for Clients and Staff **C1** in a Trauma Clinic

This session will discuss how Fievel our Facility Dog is used in our clinic, things to consider when planning for a facility dog in a community mental health setting, and the chance to meet Fievel in person for snuggles and pets.

Lindsey Breslin, LCSW is the Program Supervisor for Moving to End Sexual Assault (MESA). She has over 25 years of experience in the social work field, providing direct service in the areas of gender-based violence, HIV/AIDS prevention, anti-human trafficking, suicide prevention, and crisis work.

Janine D'Anniballe, PhD currently serves as the Director of Trauma Services at Mental Health Partners in Lafayette, Colorado. She is a licensed psychologist, and a nationally recognized expert in sexual assault and traumatic stress, and treatment for survivors. She has been the Director of Moving to End Sexual Assault (MESA), the rape crisis center serving Boulder County in Colorado for the last 22 years.

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#200 | Putting People First: Advancing Whole Person Care Through a CI Bm Bu Behavioral Health Administration

Session attendees will hear a recap of the Behavioral Health Task Force work and the process that led to the unanimous recommendation of creating a BHA. The panel will explain BHA work to-date, including key findings from the state's BHA planning process, progress on implementation and next steps. The session will also cover the vision for care coordination—a central component of the new system—and share how a whole person approach embeds equity and inclusion at every level of care.

Robert Werthwein, PhD has served as the Director of Colorado Department of Human Services, Office of Behavioral Health since October 2017. Robert directs the operations and administrative oversight of the public behavioral health system, including mental health and substance use community programs and the Colorado Mental Health Institutes at Fort Logan and Pueblo. He also leads policymaking, performance management and fiscal and administrative affairs for mental health facilities, treatment centers, and clinics statewide. **Summer Gathercole** is passionate about Behavioral Health and the opportunity to engage the larger community to improve the system in Colorado. She has worked in direct service as well as at the systems levels, providing training to homeless and low-income individuals to help prepare them for a job, establishing a regional collaboration of workforce development agencies and serving as the Secretary of Labor for Washington, D.C. This wealth of experience positions her well to integrate the input and expertise of consumers, providers, and policy makers, all of whom view the system through a unique lens.

Barbara Drake, MSW is the Deputy County Manager in Douglas County. In June of 2014, at the request of the Board of County Commissioners and the County Manager, Barbara formed the Douglas County Mental Health Initiative to address unmet mental health needs of county residents. Barbara serves on the Executive Committee of the Behavioral Health Reform Committee. Prior to becoming Deputy County Manager, Barbara was the Douglas County Director of Human Services.

#201 | Staging a Successful Community-Based Restoration: Partnering with Community Behavioral Health from Transition to Restoration

This session will explore the transition from jail to community restoration. Collaboratively, the Forensic Navigators, Community Behavioral Health, and Outpatient Restoration will share innovative community transition strategies and insights that have proven successful.

Kathryn Davis, MA, LPC is the Director of Outpatient Restoration, a program she developed and implemented in 2018 for the Office of Behavioral Health. In three short years, Colorado's Outpatient Restoration Program has grown to one of the largest statewide programs in the country providing innovative, community-based solutions for individuals needing competency restoration and other services in their own communities. Ms. Davis holds a Master's degree in Counseling Psychology and Counselor Education from the University of Colorado—Denver.

Amanda Myers, MPA earned a Master's of Public Administration at the University of Colorado Denver. Amanda's journey into the criminal justice system began in 1999. Presently, Amanda serves as the Director of the Forensic Support Team at the Colorado Office of Behavioral Health. Amanda has consistently been recognized by her peers and the community as a leader in criminal justice and behavioral health intersections, earning various awards and commendations. Thursday | Sessions & Speakers

#202 The Power of Gratitude: A Business Case for Positive Psychology G Em Eu Gratitude can change a bad day and make it great. Positive Psychology confirms that for anyone who seeks to make the most out of each day, an 'attitude of gratitude' can make all the difference. Join Doug Gertner PhD, *The Grateful Dad*[®], to learn why and how to 'have a grateful day.' Citing work by Robert Emmons, Michael E. McCullough, and others, this session provides hands-on experience to appreciate and document all that there is to be grateful for on a daily basis, with tools, techniques, and exercises to plug-in and pump-up gratitude on-purpose and in practice. There truly is a business case for gratitude and anyone can profit from being grateful every day. *Doug Gertner, PhD (see bio page 16)*

#203 | How the West Central Colorado Threat Assessment Team (WCC TAT) CI Em EU Formed and Implemented a Standardized Suicide Risk Assessment Model and Increased the Safety of Our Youth and Our Community

This prevention-based model has demonstrated that successful early intervention can mitigate risk factors and increase protective factors, showing that success relies upon strong community partnerships.

Laura Byard, MA, LPC is a Clinical Director for The Center for Mental Health and has spent more than 20 years working in rural behavioral healthcare. During this time, she has worked creatively with community partners to improve access to care for our most vulnerable populations. Her work with the West Central Colorado Student Threat Assessment Team illustrates the impact of a collaborative response to the growing concerns of suicide, substance abuse, and safety of our youth.

James R. Pavlich is the Executive Director of Operations, Montrose County School District RE-1J. James has led the community in the adoption and implementation of the Salem-Keizer Model for student threat assessments. After Parkland, he consulted with the FBI and local community agencies on how to improve our response to student threats when they occur. James's experience serving in the United States Army as an Intelligence Officer combined with years of working as the Montrose County High School Assistant Principal make him uniquely qualified to lead this team.

Matt Smith is the Administrative Commander for the Montrose Police Department. In this role he oversees the school resource officers and coordinates with local behavioral health providers. Matt has been a champion of improving access to services for community members as they encounter law enforcement with the goal of increasing the safety of the community through preventative efforts.

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Session Handouts

Download CBHC session handouts on the CBHC website at www.cbhc.org after September 1, 2021

#204 | The Creation of Sustainable Mental Health Care Through Collaborative Community Work

This session will focus on how creating community collaborations with organizations is an important part in offering sustainable mental health care. We will discuss how community relationships allow for a shift away from an individual focus of mental health to a culturally-attuned, collectivistic and shared responsibility of our community's well-being.

Sophie Keeley, MA, LPC is a trilingual, bicultural therapist and supervisor who offers Gestalt therapy, with a foundation in Social Justice Counseling. She currently works at the Mental Health Center of Denver as Program Manager for El Centro de las Familias, serving the Latinx, Hispanic, and immigrant community in the Denver area. She brings over thirteen years of experience supporting people to deepen their community connection and personal growth.

Anny Mejia, MA, LPC is a bilingual and bicultural therapist at the Mental Health Center of Denver El Centro de las Familias Clinic. She has been providing bilingual services to the Latinx, Hispanic, and immigrant communities for over five years. As a first-generation American whose parents emigrated from Honduras, she is passionate about destigmatizing mental health issues, pushing through systemic barriers, working with multi-generational families as a unit, and developing a sense of community in a therapeutic setting.

#205 | How to Introduce Trauma-Informed Yoga into Community Mental Health Center Treatment

This presentation will discuss how Trauma-informed yoga can be used as a tool for nervous system regulation for people who are experiencing traumatic stress. The program is designed to be used either in conjunction with traditional counseling or as a stand-alone practice. Workshop participants will have the opportunity to participate in two short Trauma-informed yoga practices that focus on skills for emotion regulation. *Janine D'Anniballe, PhD (see bio page 20)*

#206 | Medicaid Behavioral Health Payment Reform

With a growing emphasis on access to quality care in the behavioral health system, the need for payment models that provide adequate provider flexibility and accountability is critical. Come learn about Medicaid's drive for value-based purchasing and alternative payment methodologies in the behavioral health capitation program and the intersection with other key state policy such as licensure changes and efforts to bolster the behavioral health safety net.

Melissa Eddleman is the Behavioral Health and Managed Care Manager at the Department of Health Care Policy and Financing. Melissa is a Florida Licensed Clinical Social Worker with eight years of community-based behavioral health experience and 11 years of Medicaid experience in two states.

Shane Mofford is a health care consultant who specializes in public sector financing, provider payment strategies, and data analytics; he works with states around the country to increase value, access, and health equity in public programs. With two years of national consulting experience, 10 years with HCPF in a leadership role, and five years with a Colorado-based hospital system, he has a broad perspective that he leverages to inform public policy that drives meaningful change.

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Thursday | Sessions & Speakers

#300 | Behavioral Health Entities: Phase 1 Transition Update, Process Guidance, and Q & A with CDPHE

This session will provide an overview of the development of the Behavioral Health Entity license, and an update on implementation efforts and the Phase 1 transition process. Jane Flournoy, MA, LMFT, LPC, CAC III is the Behavioral Health and Community Services Section Manager in the Health Facilities and Emergency Medical Services Division at the Colorado Department of Public Health and Environment. Previous roles have included serving as Team Lead/Program Manager of 2-Gen Initiatives and Adolescent Behavioral Health within the Children, Youth and Family Behavioral Health unit at the Office of Behavioral Health, as a Clinical Diagnostician and Treatment Unit Supervisor in the Division of Youth Services, as well as roles in child protective services, community corrections, and several residential treatment settings. Jane has worked for the state for the past 14 years and served in several regulatory oversight roles for the behavioral health field for over 9 years. Kara Johnson-Hufford, MPA is the Associate Division Director of the Health Facilities and EMS Division at the Colorado Department of Public Health and Environment. Kara is a results-oriented, outcome-driven professional with 15+ years of successful experience providing management in the administration of health and human services programs. She has been one of the key CDPHE staff responsible for the development and implementation of the Behavioral Health Entity (BHE) licensing effort and has the privilege of overseeing the various survey teams responsible for BHE provider compliance, as well as the FGI plan review team, and CDPHE's sister agency partners at the Colorado Dept. of Public Safety for all fire and life safety code inspections. Kara has been with the state for 11 years and greatly enjoys working and partnering with a wide-array of providers and stakeholders across behavioral health and IDD programs. Outside of her work role, Kara is often found hiking, camping, or otherwise adventuring Colorado's great outdoors with her spouse and two cattle dogs.

#301 | Alcohol, Still Number One!

While the epidemics of opiate and methamphetamine abuse rightly are in the spotlight these days, we should not lose sight of the fact that the single most devastating substance of abuse remains alcohol. How can we address the acute issues of the opiate/meth crisis, while still maintaining awareness of the role of alcohol in creating devastating impact on persons, families, and communities?

Ann C. Noonan, MA, CAC III, LPC has been an addictions professional for 35+ years, working in many modalities and roles, ranging from volunteering in acute care, to managing the Boulder County MSO. She is now a consultant in the field of Behavioral Health transformation, offering coaching, training, and sharing expertise in adopting evidence-based practices, and designing programs to best take advantage of the ever-morphing climate of prevention, treatment, and recovery supports.

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#302 | Providing Technology-Based and Culturally-Competent Mental Health Care to Military-Connected Populations

Geography and mobility issues can be significant barriers to mental health care. This session will discuss the use of technology to deliver care to Service Members, Veterans, and their families. This session will include an understanding of Military Culture as a component to care especially when delivered via technology.

Matt Mishkind, PhD is a faculty member with the Department of Psychiatry at the University of Colorado School of Medicine, Anschutz Medical Campus, and serves as Deputy Director of the Johnson Depression Center. He graduated Phi Beta Kappa with a BS in Psychology from the University of Oregon and received both his MA and PhD in Organizational Psychology from the University of Vermont. He has over 35 publications focused on improving access to behavioral health care.

#303 | Treasury and Cash Management

Cash management is one of the most critical and complex processes of an organization, yet it may not always get the attention needed. Join us as we take a closer examination of working capital and cash flow, including best practices around policies, internal controls, and evaluating financing.

Deb Kozlowski, CPA is a member of BKD's Health Care Performance Advisory Services division. She has eight years of experience providing consulting, financial, process improvement, and technology support to health systems, physician practices, community hospitals, rehabilitation, and behavioral health facilities. Prior experience includes consulting services with a large international accounting firm and a large regional health system in the Chicagoland area with multiple acute care facilities.





Thursday | Sessions & Speakers

#304 | Colorado's CCBHCs in Action: A Panel Discussion

Certified Community Behavioral Health Clinics (CCBHCs) have gained significant traction nationally, with four in Colorado. What does it take to be successful? Join this discussion to explore the model and lessons learned from these pioneers.

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Mindy Klowden, MNM is a national consultant, leader, and strategist in behavioral health and integrated care. She is currently the Senior Director with THS, where she manages client relationships and deliverables, conducts research and policy analysis, and provides strategic consulting services to health systems, safety net providers, payers, and associations. Mindy has more than 25 years of experience in behavioral health and health care policy, and nonprofit management. Previously, Mindy held leadership positions with the Colorado Behavioral Healthcare Council, National Council for Behavioral Health, and Jefferson Center for Mental Health. She was also the Chair of the Practice Transformation Committee for the Colorado State Innovation Model. Mindy earned a Master's degree in Nonprofit Management from Regis University and a Bachelor of Arts in Sociology from The Colorado College.

Jacki Kennedy, LPC, CAS began working in the behavioral healthcare field providing mental health and substance abuse care in 1980, first as a provider and later as a manager/ director. Currently, Ms. Kennedy is the Chief Clinical Officer at North Range Behavioral Health in Greeley, Colorado. In this capacity, she oversees Support Staff, Information Systems, Data Services, and the Electronic Medical Record. She oversees the CCBHC project director and the system changes that come with this project. Ms. Kennedy holds a Master's degree in Counseling Psychology from the University of Northern Colorado, is licensed as a Professional Counselor, and certified as an Addictions Specialist in the state of Colorado.

Sara Reid, MA has worked in behavioral health program development, program evaluation, and research for over 10 years. In her role as Program Evaluator for both of MHP's CCBHC-E grants, she has managed the implementation of an organization-wide behavioral health outcomes measurement process (using the SAMHSA-NOMS tool), assisted in the development of the Community Health Worker program, guided quality measure reporting, implemented project-specific evaluation plans, and used data to inform continuous quality improvements.

Danielle Smith, MBA joined Southeast Health Group in 2015 and has held multiple roles within the organization. She sees CCBHC from an administrative standpoint, including best uses of the funding, lean practices, and how CCBHC funding can be used to enhance services in a rural setting.

Esther Clark, MA joined Aurora Mental Health Center in 2019, and oversees grant strategy, proposal development, and project implementation for AuMHC and its subsidiaries, Asian Pacific Development Center and Aurora Research Institute. Ms. Clark focuses on developing the structure and strategic alignment needed to ensure all grant projects support agency mission, clinical and financial needs, and community needs. Ms. Clark led development of AuMHC's CCBHC proposal. In her prior role at Mental Health Partners, Ms. Clark led their CCBHC proposal and was a part of the initial implementation team.

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#305 | CBHC Policy Update

Bu Bm C1 I what's on the horizon for 2022?

How did Behavioral Health fare in 2021 and what's on the horizon for 2022? Join CBHC's policy team to understand how your legislators' actions affect how you will be providing services in your community.

Frank Cornelia, MS, LPC is the Deputy Director & Chief Strategy Officer for CBHC. Before joining the organization in 2012, he was a direct care professional with years of experience providing services to diverse client populations. In his role with CBHC, he reports directly to the CEO and is responsible for developing and maintaining relationships with a variety of community and government stakeholders. He also helps set the strategic vision for the organization. Frank provides leadership to CBHC's advocacy team and leads the development of CBHC's yearly policy platform. He holds a Bachelor's degree in Psychology from the University of Minnesota and a Master's degree in Health and Human Development from Montana State University. He and his wife Jenny live in Denver with their two beautiful—but exhausting—children, Madeline, and Max.

Moses Gur, MA is the Director of Policy and Member Engagement for CBHC. He earned his Bachelor's degrees in Criminal Justice and Psychology from the University of North Carolina at Charlotte and his Master's degree in Forensic Psychology from the University of Denver, where he studied the broad intersection of mental health and the law. His experience includes working across every sequential intercept both in direct services and in professional training and policy development. Before joining the CBHC policy team, he was a policy fellow for the Substance Abuse and Mental Health Service Administration in the Region 8 office. Moses is dedicated to bringing evidence-supported innovation to Colorado's mental health policy landscape and is passionate about reforms that increase self-directedness and access to support for individuals living with behavioral health conditions who are navigating the criminal justice system.

Gilbert Romero, JD is a Principal/Attorney with Capitol Success Group, a government affairs and lobbying firm he started in 1999. He is currently the lead lobbyist for CBHC. Gil served in the Colorado House of Representatives from 1984 to 1998; eight of those years he served on the powerful Joint Budget Committee. He is a former Judge Advocate General and a Major in the Army National Guard. He holds a Juris Doctorate Degree from the University of Colorado Law School, and a Bachelor of Arts Degree in Political Science, University of Colorado, with a Master's degree from Harvard University.

Karen Wick is a principal at Swift Strategies, a government relations firm in Denver, Colorado. She has more than 15 years of legislative and political experience honed while working for top advocacy organizations in Colorado and Washington, DC. As Political Director and Lobbyist for the Colorado Education Association, affiliate of the National Education Association, she led strategic campaigns to advance their political and legislative goals and engage their 35,000 members across the state. Her previous experience also includes advancing rights for LGBTQ individuals nationally with the Gill Foundation, advocating for union members with the American Federation of State, County and Municipal Employees, and advancing the rights of working women at Women Work! The National Network for Women's Employment. A native of New Jersey, Karen completed her Bachelor's degree at Montclair State University. She later earned her Master's in Public Policy at the Trachtenberg School of Public Policy and Public Administration at George Washington University in Washington, D.C. Thursday | Sessions & Speakers

#306 | Your Brand, Your Identity: Investing in the Value of Knowing Who Bu Bm You Are

Throughout 2020, Diversus Health engaged in a branding overhaul that culminated with a change in name, change in how stakeholders are engaged, and a more clear and focused identity. This presentation will share the story of how Diversus Health came to be and focus on incorporating ROI models into your marketing programs to identify value in multiple ways.

E. J. Rickey, MCG oversees branding, marketing and communications across Diversus Health and was responsible for overseeing the development of the Diversus Health brand, in addition to overseeing the brand's implementation. Mr. Rickey joined the Diversus Health team in July 2019 and has largely focused on modernizing communication systems and strategy to enhance the experience of Diversus Health stakeholders.

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KEYNOTE | Friday | 8:30am - 10:00am

Lost Connections: Uncovering the Real Causes of Depression and the Unexpected Solutions

with Johann Hari CI Bm Bu



There was a mystery haunting award-winning investigative journalist Johann Hari. He was thirty-nine years old, and almost every year he had been alive, depression and anxiety had increased in Britain and across the Western world. Why? In this eye-opening talk, Hari shares the incredible forty-thousandmile journey he took across the world to interview the leading experts about what causes depression and anxiety, and what solves them. As he writes about in the book that came from this journey, *Lost Connections*, he learned that there is scientific evidence for nine different causes of depression and anxiety and that this knowledge leads to a very different set of solutions: ones that offer real hope. An empathetic investigation of a worldwide issue, this talk will leave your audience hopeful, fascinated, and full of knowledge that can help all of us—whatever our experience with depression and anxiety—to make our lives more connected and psychologically healthy.

Johann Hari is the author of The New York Times bestselling book, Chasing the Scream: The First and Last Days of the War on Drugs, the product of his four-year, 12-country, 30,000-mile journey into the war on drugs. Called "breathtaking" by The Guardian, "gripping" by the Financial Times and "riveting" by the San Francisco Chronicle, Chasing the Scream explores three startling truths: drugs are not what we think they are, addiction is not what we think it is, and the drug war has very different motives than the ones we have seen on our TV screens. Hari's viral TED Talk based on the book is a funny, fascinating and moving look at the ways we turn to addiction as a response to conditions of isolation and disengagement in our lives, and has been viewed online nearly 12 million times. His new book, Lost Connections, was an instant New York Times bestseller. In it, Hari turns his empathetic lens into depression, discovering, as with drugs and addiction, that everything he thought he knew was wrong. He has written for many of the world's leading newspapers and magazines, including The New York Times, Le Monde, The Guardian, the Los Angeles Times, The New Republic, The Nation, Slate, El Mundo, and The Sydney Morning Herald. He was a lead op-ed columnist for The Independent, one of Britain's leading newspapers, for nine years and was twice named National Newspaper Journalist of the Year by Amnesty International. He was named Environmental Commentator of the Year at the Editorial Intelligence awards, Gay Journalist of the Year at the Stonewall awards, and won the Martha Gellhorn Prize for political writing.

Friday | Sessions & Speakers

#400| Strengthening the Behavioral Health Safety Net by 2024

This session will provide an overview of the statewide implementation plan to strengthen and expand the behavioral health safety net system in Colorado. The speakers will walk through the safety net model, anticipated changes and timelines, clear goals, and outcomes, and what to expect with the implementation of this model in 2024.

Camille Harding, LPC serves as the Strategy and Innovation Officer for the state's Office of Behavioral Health within the Department of Human Services. Camille has worked in behavioral health as a clinician for over a decade and has held several leadership roles at the state in both Medicaid and CDHS, using her clinical experience to improve the behavioral health delivery system for Coloradans.

Tracy Johnson, PhD brings more than 20 years of experience in health policy and program development, research, and evaluation. Johnson currently serves as the State of Colorado Medicaid Director in the Health Programs Office. Previously she was with Denver Health and Hospital Authority (DHHA) where she served as DHHA's Director of Health Care Reform Initiatives. She led Denver Health's implementation of federal health care reform, specifically in the areas of delivery system and payment reform. Prior to that, she served as principal of her own health policy consulting firm and in state government. Throughout these roles, she has directed numerous research and consulting projects across the population health spectrum—health insurance coverage, population segmentation/data analytics, delivery system design, health system financing and payment models, safety net provider issues, and health equity.

#401| Diagnostic Classification of Mental Health and Developmental Disorders in Infancy and Early Childhood: DC: 0-5[™] An Overview

What does mental health have to do with babies? Can very young children be diagnosed with clinical disorders? This session will provide an overview of the DC:0-5[™] diagnostic classification system and help practitioners understand the relevance of DC:0-5 for community mental health.

Shannon Bekman, PhD, IECMH-E[®] is a licensed clinical psychologist and Director of Right Start for Colorado at Mental Health Center of Denver. Right Start for Colorado is a statewide infant and early childhood mental health (IECMH) initiative that seeks to expand IECMH services across Colorado by increasing workforce capacity. Dr. Bekman is a ZERO TO THREE fellow and teaching faculty at UC Denver Department of Psychiatry. She has published on assessment and treatment of infant/early childhood mental health disorders.

#402 |Technocratic and Democratic Community Engagement: Guides For Transformative Community Partnerships

Community partnerships are essential for community mental health. Servant Leadership along with Technocratic and Democratic community engagement, serve as guides for transformative community relationships to benefit every party involved.

Bradley Crookston, PhD, LPC, NCC possesses a PhD in Counselor Education and Supervision with a doctoral minor in applied statistics and research methods and a MA degree in Clinical Counseling with an emphasis in couples and family therapy. He is an LPC in CO and an NCC. He has eight-plus years of experience in the mental health field working with adolescents, families, couples, children, and adults, forming community partnerships as well as serving in management. He is bilingual in Spanish and English and is trained in bilingual counseling.

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#403 | Health In Action: Screening and Addressing Social Determinants of Health

For three years, Axis Health System, Mind Springs and Rocky Mountain Health Plans have worked to address social needs through social needs screening and referral. This session will cover key data from the 60,000 screenings to date, workflow strategies, and alternative ways to address social needs in addition to, or instead of, screening.

David Hayden, MBA, MA is leading quality and compliance efforts at Mind Springs Health, the regional delivery system of inpatient, residential, and outpatient behavioral healthcare in northwestern Colorado. Dave brings 18 years of clinical and administrative healthcare experience to Mind Springs. Certified in Healthcare Compliance and Lean Six Sigma, Dave's areas of focus include data-driven, continuous quality improvement of healthcare delivery, and integration of behavioral health into a coordinated system of high-quality, low-cost, whole-patient care.

Kathryn Jantz, MSW, MPH is the Accountable Health Communities Director for Rocky Mountain Health Plans where she oversees social needs strategies and population health for the Medicaid population. Previously, she was the Strategy Lead for the development of the Accountable Care Collaborative Phase II at the Colorado Department of Health Care Policy and Financing. She has a Master's in Social Work with a focus on clinical services and a Master's in Public Health with a focus in Public Health Law.

Sarada Leavenworth is the Senior Director of Strategy and Development for Axis Health System, where she oversees various areas of the organization, including development, public relations, engagement services and patient experience. Prior to serving with Axis, Sarada was the Division Director for Volunteers of America (VOA) in Southwest Colorado for over six years, overseeing the VOA Southwest Safehouse, Durango Community Shelter, and Veteran Support Services.

#404 | Partnering with Law Enforcement for Effective Behavioral Health CI Bm Bu Crisis Response

In our session we will be discussing our Crisis Intervention Response Unit and our collaborative partnerships with law enforcement and first responders. We will inform attendees how our co-responder program is modeled, and operates to address the needs of community members in crisis. Additionally, we look at community impact by how our team identifies needs and allocates appropriate resources, while working with first responders in the city and county of Denver.

Michael "Mike" Engebrecht is the Deputy Chief of the La Junta Police Department. Mike started his career in public safety in 2003 with the fire service and went into law enforcement in 2008. At the end of 2017, Mike left the La Junta Police Dept. to pursue a job with Southeast Health Group as their Law Enforcement Liaison Coordinator. Mike's focus turned to developing a Co-Responder program with local law enforcement to help alleviate the pressure on law enforcement and the local emergency department by coordinating appropriate services for the community members in the six county catchment area that suffer with behavioral health issues. Southeast Health Group launched a Behavioral Health Co-Responder pilot program working with local law enforcement agencies in Otero County. In 2019 the program grew to include two Co-Responders that serve Otero, Crowley, Prowers, and Baca Counties. In January of 2021, Mike returned to the La Junta Police Department as the Deputy Chief.

Friday | Sessions & Speakers

#404 | Partnering with Law Enforcement (Speaker bios continued)

Elizabeth Everett, LPC is one of two of the Assistant Program Managers that supervise the Crisis Intervention Response Unit with the Mental Health Center of Denver, in partnership with the Denver Police Department. Before being promoted to supervisor she was a Co-Responder in two different police districts since its inception in 2016. She is currently a Licensed Professional Counselor and has been at MHCD for nine years. She considers it a professional privilege having the opportunity to partner with the Denver Police Department, finding creative and lasting solutions for people in crisis.

Christopher 'Troy' Padilla, BS is currently the Criminal Justice Program Manager/Co-Responder for Southeast Health Group. This program works with law enforcement and fire/ EMS agencies in a six-county area (currently 14 different agencies), to build and maintain relationships, to provide partnership, early intervention, and support to the community we serve. Effective strategies are implemented to divert individuals, with behavioral health concerns, from the criminal justice system and/or emergency department into treatment. Samantha Rabins, LCSW is one of two Assistant Program Managers that directly supervises the Crisis Intervention Response Unit (CIRU). She supervises Mental Health Center of Denver clinicians (i.e., "Co-Responders") who directly partner with Denver Police Department, Denver Fire Department, and Denver Sheriff's Department. She originally joined CIRU as a Co-Responder in 2016 at the start of this program and worked primarily with Denver Police. Samantha began with Mental Health Center of Denver in 2012 as a case manager and became a Licensed Clinical Social Worker (LCSW) in 2015. Working in the field of crisis, partnering with Denver's First Responders, and growing the CIRU has been the highlight of her career, and she continues to look forward to what our team and partnerships can do to support the larger community.

#405 | Substance Use Disorders and the Brain

Lack of social connection is a key factor in addiction, but what is the biology behind this dis-ease?

Ann C. Noonan, MA, CAC III, LPC (see bio page 24)

Jess Fear, MA, LPC, LAC is a full time Forensic Manager at SummitStone Health Partners. Her clinical experience has focused on SPMI, and SUD and clients involved with Criminal Justice. Jess is passionate about harm reduction and has worked to educate clients and the mental health community on the pervasiveness and brain science of SUD.

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Visit all the exhibits to be entered into the **CBHC Exhibit Passport Prize Drawing!**

Win a 2 Night Stay at Beaver Run Resort & \$100 Visa Gift Card

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#500 | Behavioral Health in The Next Normal: Planning for a Changing Market

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Join OPEN MINDS CEO Monica E. Oss for an update on the evolution of health and human service field from crisis to 'next normal'. This session will recap the strategic developments that are reshaping how behavioral health services are financed and delivered—and how consumer and payer preferences for services have changed in the past 18 months. The session will include a discussion of the emerging competitive forces, and the new opportunities on the horizon. The session will cover:

- The key changes in the health and human landscape during the pandemic
- Changing payer and consumer preferences for behavioral health treatment
- New opportunities for behavioral health organizations in the 'next normal'

Monica E. Oss, MS is the Founder and Chief Executive Officer of OPEN MINDS, a national market intelligence and strategic advisory firm specializing exclusively in the markets of the health and human service field serving consumers with chronic conditions and complex support needs. For the past three decades, Ms. Oss has been at the forefront of clinical, management, and technological innovation in the sectors of the health and human service field serving consumers with chronic conditions and complex support needs. She leads a team of 200+ advisors, subject matter experts, and analysts focused on a single mission—to improve the care delivered to these consumers by supporting the business information needs of the organizations that finance and deliver their care. Ms. Oss is well known for her thought leadership in this market sector—her daily executive briefing, industry forums, keynote engagements at national conferences, and numerous books and articles—focused on the strategic and marketing implications of the evolving health and human service field. She has unique expertise in market modeling, payer financing models, provider rate setting, and service system design and reimbursement.

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Friday | Sessions & Speakers

#501 | Harm Reduction in the Clinical Setting and in Everyday Life

We hear the phrase Harm Reduction used in many different contexts these days. From the term's roots in syringe exchange programs, to its role in strategies like Motivational Interviewing, the concept has wide application. Take some time to understand the nuances of Harm Reduction as both a strategy and a way of life!

Ann C. Noonan, MA, CAC III, LPC (see bio on page 24) Jess Fear, MA, LPC, LAC (see bio on page 32)

#502 | Importance of Providing Culturally-Relevant and Affirming Care to Members of the LGBTQ+ Community

LGBTQ+ affirming care training is necessary for staff working in behavioral health settings, hospitals, and social service organizations. LGBTQ+ individuals experience higher rates of mental health challenges and often experience troubling encounters with mental health providers who do not fully understand or appreciate the concerns that stem from being a part of a marginalized community (or more than one marginalized identity).

Steven Haden, MSW, MBA, CPRP is a mental health and social justice advocate with a focus on the disproportionate burden behavioral health concerns have on marginalized communities especially those that identify as LGBTQ+. In 2018, Steven co-founded Envision: You, an initiative that works to improve behavioral health outcomes by addressing the disparity in care that LGBTQ+ individuals encounter every day. As chief executive officer of Envision: You, Steven has led the initiative to implement an awareness campaign, behavioral health provider training program and no-cost virtual behavioral telehealth services to increase access to LGBTQ+ affirming care. His leadership continues to lay the groundwork for additional programs that support, educate, and empower members of the LGBTQ+ community living with mental health and substance use disorders. In addition to leading Envision: You, Steven works at the Mental Health Center of Denver on an Assertive Community Treatment (ACT) team providing intensive, integrated community mental health care services to criminal justice involved individuals. Trained to provide trauma-informed care, he also creates therapeutic materials for behavioral intervention management strategies for incarcerated women through the non-profit Insights Foundation. As a person with lived experience, Steven understands the importance of providing affirming care to individuals that identify as LGBTQ+.

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#503 | Changing the Workplace Landscape: How Technology Can Revolutionize One of the Most Common, Yet Underutilized, Behavioral Health Resources

Suicide is a global health crisis and the tenth leading cause of death. This session will explore how Vail Health-EVBH has revolutionized existing services, such as EAPs, through utilization of technology to expand services, increase accessibility, enhance awareness, and address affordability.

Mike Richards, BBA is an accomplished technical leader with over 18 years of Management Information Technology experience in both the public and private sectors. He has designed, developed, and deployed a variety of technical solutions in a number of business sectors. In this time, he has run a successful web development and consulting agency, worked for the Town of Vail as a Senior Systems Engineer, and more recently accepted the position of Data System Director for Eagle Valley Behavioral Health. Casey L. Wolfington, PsyD is a licensed psychologist and the Community Behavioral Health Director for Eagle Valley Behavioral Health. Dr. Wolfington has focused her career on the development of behavioral health workforce strategy with a specific focus on rural communities. Dr. Wolfington founded, developed, and supervised several student training programs, including the creation and accreditation of Colorado's only rural APA-accredited Predoctoral Internship Consortium. As of 2021, over 50 students have completed their clinical training under her supervision.

#504 | Rural & Frontier Disaster Behavioral Health: A Panel Discussion **Cl Bm Bu** on Meeting Community Needs Amidst Disasters, Pandemics, and Suicides

For rural disaster behavioral health, guiding communities through traumatic events is especially challenging, rewarding, and unique. Join a panel discussion on how the Colorado Office of Disaster Behavioral Health and three CMHCs collaborate to support their vast regions during disasters, suicides, and pandemics.

Ed Hagins, MEd, LPC, NCC serves as the Director of Physical Operations & Special Projects at The Center for Mental Health. In this role, he leads a team of professionals in disaster behavioral health, suicide crisis debriefing, oversight of physical and fleet operations, purchasing & procurement, and grants administration along with several other special projects. Ed has served a variety of populations within behavioral health in his 25-plus year career, including corrections clients, children in residential placement, sex-offenders, and persons with chronic mental illness.

Aimee Voth Siebert, MA is the Disaster Behavioral Health and Inclusion Worklead in CDPHE's Office of Emergency Preparedness and Response. The DBH program builds statewide relationships and capacity to help respond to the psychosocial needs of Colorado communities during disasters.

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Friday | Sessions & Speakers

#504 | Rural & Frontier Disaster Behavioral Health (Speaker bios continued) CI Bm Bu

Justin Carbee, BS is the Safety Manager for Health Solutions. In addition to his management position, Justin serves as the Disaster Response Coordinator for Health Solutions and within his first few days of joining Health Solutions responded to the Spring Fire in southern Colorado. Justin is a Captain in the Utah Army National Guard assigned to 19th Special Forces Group, in which he participates with the Homeland Response Force as the Safety Officer. Previously Justin was Medical Operations Officer for the New Hampshire National Guard where he worked in the Joint Operations Center coordinating medical operations for state disasters.

Mandy Kaisner, MA, LPC is the Chief Operating Officer for Solvista Health. She has served in the field of Disaster Behavioral Health for over 20 years, providing direct behavioral health response to several major wildfires and serving her organization as Incident Command during the COVID-19 pandemic. She has led efforts to bring First Responder supports for resiliency and suicide prevention, including partnerships with community colleges to incorporate resiliency training into the curriculum for First Responder training programs for Fire and EMS partners.

#505 | Permanent Supportive Housing: An Evidence-Based, Trauma-informed, Cl Long-term Housing Solution for People Who Are Leaving Homelessness With Behavioral Health Needs

This session will provide an overview of permanent supportive housing and housing first, using harm reduction and Trauma-informed care practices.

Zoe LeBeau is the CEO of BeauxSimone Consulting, a women-owned, small business that specializes in assisting communities develop and manage high-quality supportive housing. Zoe brings over 25 years of hands-on and direct experience in all aspects of housing, service development and implementation. In her 25-year career, Zoe has worked on over 2,000 units of housing that range from transitional, permanent supportive, multi-family affordable and homeownership. Zoe has developed multiple programs including the Women in Construction Training Project, which trains low-income women and men of color to build homeless housing and helps them get jobs in the construction field. Zoe plays a national role in public policy work to secure more funding for supportive housing. She recently was a leading force behind a pilot project to bring new operating and services dollars to Indian Country to help house homeless veterans (HUD Tribal VASH). Zoe is also a nationally-recognized trainer and expert on supportive housing in tribal communities and is regularly asked to speak at national conferences and events. Recently, Zoe was the keynote speaker at the National American Indian Housing Council's annual legal symposium as well as at the Colorado National Association of Housing Authorities.

Katie Symons is CFO of BeauxSimone Consulting and brings a diverse past to this work, having worked in K-12 and higher education, the non-profit and for-profit sectors and with local and state governments for close to twenty years. She brings a deep appreciation for community engagement and inclusiveness when approaching work in affordable housing and homelessness. Katie served two years as the Program Manager for Denver's Road Home, the City's homeless plan, where she oversaw emergency shelter and street outreach efforts, coordinated nine Project Homeless Connect events and managed community engagement with various neighborhoods. Katie then consulted with Governor Hickenlooper's Office of Community Partnerships, leading a statewide effort to help communities assess the needs of their most vulnerable and at-risk populations around the state of Colorado.

36 | www.cbhc.org

#600 | The "How to" Behind the "Why": A Practical Guide to Leverage Em CI EU DEI Champions in Order to Integrate Diversity, Equity, and Inclusion Into the Workplace

This interactive session will engage the audience in understanding the importance of diversity, equity, and inclusion and how to leverage the skills of those championing such efforts in our workplace.

Danielle Jackman, PhD, CDP is the Director of Diversity, Equity, and Inclusion at Aurora Mental Health Center (AuMHC). For the past 16 years, Dr. Jackman has been devoted to increasing diversity, equity and inclusion both nationally and internationally. Currently, Dr. Jackman is involved in providing coaching, consulting, and training both staff within AuMHC as well as across several Executive Boards. Dr. Jackman is focused on building racial equity, social justice, and belongingness, where all folks can thrive.

#601 | Mobilizing Addiction Treatment: MAT on Wheels

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This session will discuss the planning and implementation process of providing MAT to rural populations utilizing mobile clinics. It will also highlight the importance of community partnerships to expand MAT.

Dayna DeHerrera-Smith, MPH is the Marketing and Outreach Coordinator for Front Range Clinic. Dayna is tasked with building and maintaining community partnerships throughout the state as well as managing a handful of grants.

Donna Goldstrom, LAC, LPC is the Clinical Director for Front Range Clinic. Donna has worked in a variety of settings including residential, outpatient, private practice, and medical clinics for the last 20 years. At FRC, Donna oversees the Behavioral Health program, the Mobile Health Unit projects, and manages multiple grants.

Meredith Davis, BA, MS is Grant Coordinator at the Colorado Office of Behavioral Health Meredith has worked for the Office of Behavioral Health (OBH) for three and a half years, working on multiple federal grants aimed at expanding and improving treatment and recovery services in Colorado.

#602 | Collaboratively Developing a Report to Track Staff Productivity

This presentation will be in panel form. The intention is to walk through a PowerPoint presentation of the main Dashboards available in our Productivity report while focusing on the collaboration of the Executive Management, Support Staff, Clinical, Fiscal and Human Resource interests that needed to be considered during design and development. *Adam Doherty MSW is a Report Developer with North Range Behavioral Health. He has worked for North Range for over 8 years in the Electronic Medical Record department and focuses on Data Services.*

Cherilyn Barringer, MS, CHFP is the CFO for North Range Behavioral Health. She has worked at North Range for over 17 years and has been in the CFO role for the past four. *Jacki Kennedy, LPC, CAS* (see bio on page 26)

Friday | Sessions & Speakers

#603 | Q: How Might We Solve the Access to Care Problem? A: With Human Centered Design

We used human centered design, asking how technology might address the access to care problem. We illustrate our process, with examples at each phase of design thinking: discover, define, develop, and deliver. We apply an equity lens to ensure we meet the needs of those we are committed to serve.

Alires Almon, MA is the director of Mental Health Center of Denver's Innovation Technology Lab 150. The lab utilizes technology solutions as a force multiplier for increased access, efficacy, and engagement for all people we serve. Solutions include technologies in virtual/augmented reality, artificial intelligence, and clinical & business optimization. Alires's experience stems from a background in psychology, aerospace, and advanced technologies. She ensures that innovation engenders an environment where everyone can have an extraordinary experience.

Wes Williams, PhD joined Mental Health Center of Denver in 2007 and serves as Vice President and Chief Information Officer. Wes's technology leadership was recognized with a 2020 Denver Business Journal C-Suite Award, the 2020 Colorado CIO of the Year Corporate ORBIE, and a 2021 National CIO of the Year ORBIE nomination. Wes is serving a second three-year appointment by the governor to Colorado's eHealth Commission. Wes is a licensed psychologist in Colorado.

#604 | Plant the School-Based Seed and Watch it Grow

Successful school-based work involves planting a seed and intentionally tending to it. This session focuses on tools needed to grow your agency's important reach in schools. **Becky Wyperd, LPC** holds a MA degree in Clinical Counseling with an emphasis in couples and family therapy. She is an LPC in Colorado and has been the Director of Outpatient Youth and Family Services at North Range Behavioral Health since 2006. Becky oversees all youth outpatient mental health and substance use services, school-based services, and many community-based programs including Multi-Systemic Therapy, services in Weld County's Boys and Girls Clubs and the juvenile detention center. She has experience working with youth across many different levels of care.

#605 | Collaborative Chess Versus a Complex Opponent: Suicide Prevention in the Military Population

This session is intended to help attendees to understand the complexities inherent in suicide in the military-affiliated population and the challenges that exist in reducing suicide in a community.

Duane K. L. France, MA, MBA, LPC is the Director of Veteran Services for the Family Care Center, an outpatient behavioral health clinic in Colorado Springs specializing in the mental health needs of the military-affiliated population.

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Session Handouts

Download CBHC session handouts on the CBHC website at www.cbhc.org after September 1, 2021 С

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38 www.cbhc.org

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#606 | System-Wide Psychological Autopsy: The Center for Mental Health for a Colorado University

This session will cover what was done in order to perform a system wide psychological autopsy in conjunction with a college university in Colorado to see what could help as far as suicide prevention, resources, and training.

Shakira Berg, BA, CCMA was certified to perform psychological autopsies by the American Association of Suicidology after a training in Louisiana the summer in 2020. She currently works as a Quality Improvement Specialist at The Center for Mental Health and has held this position for three years, prior to that she worked in the medical services department at The Center for Mental Health for 6 years. As part of her position, she handles all critical incidents, including reporting requirements as well as requesting autopsies, so the transition to doing psychological autopsies was within the realm of her position.

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MHFA Awards Presentations

Mental Health First Aid Awards | Sponsored by the AFSP CO Chapter Thursday | 8:45am - 9:00am | (Breckenridge Ballroom)

MENTAL HEALTH FIRSTAID COLORADO

Saturday | Sessions & Speakers

#700 | The Beauty of Community Partnerships: A Panel Discussion with North Range Behavioral Health (NRBH) - Parts 1 & 2

The panel will discuss the lifespan, creation, maintenance, and individualization of community partnerships. NRBH's unique approach for community partnerships, encompassing its values of collaboration, compassion, and customer first, is emphasized.

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Bradley Crookston PhD, LPC, NCC (see bio on page 30)

Elisabeth Jacquot, BA, MS earned her MS in Clinical Counseling from the University of Mary and is a Licensed Professional Counselor in the state of Colorado with 5-plus years of experience in the mental health field. She has worked with children, families, adolescents, individuals, and couples. She is the Program Director of the Counseling Center at Fort Lupton, Counseling Center at Carbon Valley as well as the Crisis Resiliency Center. She oversees the development of her programs while building community partnerships to serve the community in Southern Weld County.

Janis Pottorff, LCSW, IMH-E[®] **III** is the Program Director for all the early childhood and family programs at North Range Behavioral Health.

Breanna Rangel, LPC, LAC holds a Master of Arts in Clinical Counseling from the University of Northern Colorado. She is dually-licensed in Colorado as a Licensed Professional Counselor and Licensed Addiction Counselor. Bre has been working in the behavioral health field since 2012 in a variety of settings which include crisis services, corrections, and outpatient therapy with justice-involved populations. She has worked in clinical roles and in leadership.

Allyce Torres, MSSW, LCSW holds her LCSW in Colorado after receiving her Master's in Science and Social Work from the University of Texas at Austin. She has 11-plus years of experience in the child welfare and mental health fields working with adolescents, adults, and families. Allyce currently oversees the Adult Crisis Respite facility, Co-Responders, Squad One and Suicide Education Support Services at North Range Behavioral Health.

Kelly Slade, LCSW, LAC, RPT-S is the Program Director of Intensive Youth and Family Services with NRBH. The YFI programs serve youth who are typically involved with external providers and stakeholders making collaboration vital to their success across all systems.

Becky Wyperd, LPC (see bio on page 38)

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#701 | The "Next Normal": Strategic & Sustainability Challenges to Community-Based Behavioral Health Organizations

This session for board members will focus on two key governance issues. First, what are the pandemic-driven market forces that are changing the sustainable business models of community-based behavioral health organizations? Then, what is the framework for strategy development and maintaining competitive advantage in the 'next normal.' The session will be a combination of executive briefing and interactive strategy discussion. *Monica E. Oss, MS (see bio on page 33)*

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Evaluations Drawing!

Turn in your Evaluations to the CBHC Registration Desk and be entered to win a Two Night Stay at Beaver Run Resort & \$100 Visa Gift Card.



2021 CCMHA Annual Conference

Non-clinical Staff Pre-conference

September 27th and 28th, 2021 | Beaver Run Resort

CCMHA is focused on bringing professional development and growth.

Opportunities to support (non-clinical) staff across the state.

This year's exciting session topics include:

- Being Your Best Self in a Virtual World
 - Planting Seeds of Kindness
 - Reframing Poverty

We can't wait to see you!

For the full conference schedule, visit our website at: www.Colomhassociates.org

Do not forget to celebrate the hard work and stand out performances of your support staff and peers, by nominating them for the prestigious excellence award: in memory of Pam Medina. We are currently accepting applications, visit our website for more information.



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Exhibit Passport

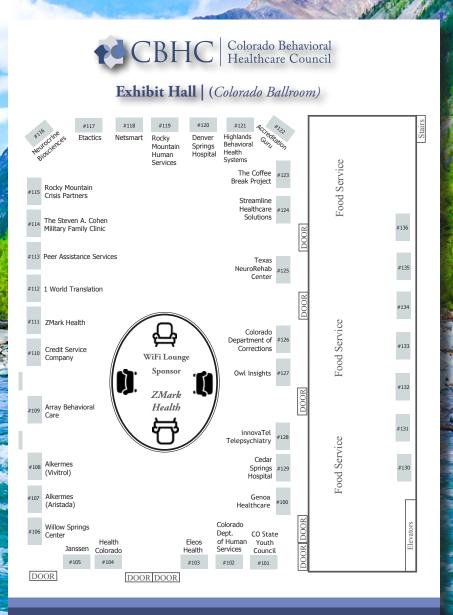
Have each Exhibitor STAMP their Logo on your Exhibit Passport in your welcome packet for a chance to win!

Two Nights at Beaver Run Resort & \$100 Visa Gift Card

Be sure to include your name and email address on the passport and turn it into the CBHC Registration Desk.







Food Service Times and Locations

Thursday | 7:45am - 8:45am | Breakfast in Exhibit Hall Thursday | 12:00pm - 1:30pm | Lunch in Exhibit Hall Friday | 7:30am - 8:30am | Breakfast in Exhibit Hall Friday | 12:00pm - 1:30pm | Lunch in Exhibit Hall Saturday | 7:30am - 8:30am | Session #700 Breakfast in Coppertop 3 Saturday | 7:00am - 8:15am | Board Member Breakfast in Imperial Ballroom

Thank You to Our Partners in Education!

Westminster CO 00000 (1999 W. 120th Ave., Westminster, CO 80234 | 303.485.5200 www.oneworldtranslation.com

Did you know? 1 World Translation has championed Bridging the Gap Interpreter Education since 1998 through Carolina Weaver, RN, BSN, owner. Equipped with Behavioral Health & teaching expertise, Carolina offers linguists the (2017) 64 Hour course which emphasizes Best Practices in Interpreting for Behavioral Health. Ethics, cultural competency, and navigating challenges included.

#122 Accreditation Guru, Inc. | 180 E. Prospect Ave., #142, Mamaroneck, NY 10543 | 212.209.0240 ACCREDITATION GURU, INC. https://accreditationguru.com

Accreditation Guru helps guide organizations through the national accreditation process (The Joint Commission, CARF, COA) via an efficient and systematic approach with 100% success rate. We also provide support with strategic planning, risk management practices and quality improvement programs. We are ready to support your organization to Prepare for Greatness!

Afia | Sponsor of Session #304 and Lanyards 555 Briarwood Circle, Suite 116, Ann Arbor, MI 48108 480.734.8391 | www.afiahealth.com

We are the behavioral health data experts. We create empowered behavioral health agencies by uniquely combining people, processes, and technology. Our services include: EHR Selection/Implementation/Optimization; Data Analytics; Cloud/Managed IT; Revenue Cycle Optimization; Clinical Best Practice Implementation.



#107 | Alkermes Inc. (Aristada) Alkermes Inc. (Aristata) #108 | Alkermes Inc. (Vivitrol) Sponsor of Friday AM Breakfast | 852 Winter Patient inspired[°] St., Waltham, MA 02451 | 720.355.3938 www.alkermes.com

Alkermes is a global biopharmaceutical company developing innovative medicines for the treatment of central nervous system (CNS) diseases. The company has a diversified commercial product portfolio and a substantial clinical pipeline of product candidates for chronic diseases that include schizophrenia, depression, addiction, and multiple sclerosis.



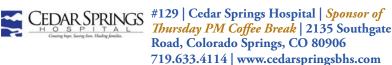
American Foundation for Suicide Prevention, Colorado Chapter Sponsor of Mental Health First Aid Awards | 8200 S. Quebec St., A207, Centennial, CO 80112 | 303.565.9215 www.afsp.org/colorado

The American Foundation for Suicide Prevention is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health through education and community programs, develops suicide prevention through research and advocacy, and provides support for those affected by suicide.



#109 | Array Behavioral Care | 1120 Route NJ-73, Suite 300, Mount Laurel, NJ 08054 | 856.797.4772 | www.arraybc.com

Array Behavioral Care (formerly InSight + Regroup) is the leading telepsychiatry service provider in the country with a mission to transform access to quality, timely behavioral health care. Array offers telepsychiatry solutions and services across the continuum of care from hospital to home with its OnDemand Care, Scheduled Care and AtHome Care divisions.



Cedar Springs Hospital is a provider of both acute and residential inpatient psychiatric and substance abuse treatment as well as partial hospitalization and intensive outpatient programs for individuals of all ages including children, adolescents and adults.



Colorado Access | Sponsor of Networking Reception | 11100 East Bethany Drive, Aurora, CO 80014 | 800.511.5010 | www.coaccess.com Colorado Access is the largest and most experienced

public sector health plan in the state. As a nonprofit

organization dedicated to more than just providing access to care, Colorado Access is committed to advancing meaningful, measurable improvements in the way health care is delivered to create healthier lives.



Colorado Community Health Alliance Sponsor of Thursday Breakfast | 1125 17th St., Suite 1000, Denver, CO 80202 | 720.612.6600 www.CCHAcares.com

As the Regional Accountable Entity (RAE) for Health First Colorado (Colorado's Medicaid Program) in Regions 6 and 7, we unite behavioral and physical

health under one entity. Through this coordinated system of care, we expand access to services, improve quality of care, and reduce avoidable costs for approximately 379,568 members.



#102 | Colorado Department of Human
Services, Office of Behavioral Health (OBH)
Sponsor of Lunch Breaks
Princeton Circle, Denver, CO 80236
303.866.7400 | cdhs.colorado.gov/behavioral-health

The Office of Behavioral Health (OBH) administers the two state mental health hospitals, purchases services to prevent and treat mental health and substance use disorders through contracts with behavioral health providers, regulates the public behavioral health system, and provides training, technical assistance, evaluation, data analysis, prevention services and administrative support to behavioral health providers and relevant stakeholders. OBH serves as the federally designated "Single State Authority" for mental health and substance use.



Colorado Workforce **Development Council** Colorado State Youth Counci

cwdc.colorado.gov/state-youth-council

#101 | Colorado State Youth Council Sponsor of Student Participation 633 17th St., Suite 900, Denver, CO 80202 | 303.318.8038

"The State Youth Council (SYC) is a sub-committee of the Education & Training Steering Committee of the Colorado Workforce Development Council (CWDC). The SYC advises and champions the creation of multiple pathways to economic and career success for Colorado's youth. The SYC serves as the youth expertise body of the CWDC and will: Identify and champion promising practices advancing youth talent development. Engage youth on their expertise and lived experiences to inform decisions. Advise on how to best engage youth in career-connected learning opportunities. Provide recommendations on policies and practices impacting youth talent development. Make recommendations for use of SYC funds."

Please join all of us in welcoming our student participants attending the conference this year!



#110 | Credit Service Company, Inc. | 2150 Lelaray St., Colorado Springs, CO 90909 | 719.634.3766 www.creditservicecompany.com

CSC provides third-party medical debt recovery services offering a competitive contingency fee basis. Our company focuses on ethics and compassion when recovering money owed to our clients. RFS is a full service, healthcare accounts receivable management company providing cost-effective methods of early out, self-pay accounts and insurance recovery services.



#120 | Denver Springs Hospital | 8835 American Way, Englewood, CO 80112 | 720.643.4300 | www.denversprings.com

Denver Springs is a behavioral health hospital dedicated to changing people's lives by delivering quality, compassionate care in a safe environment

to individuals struggling with mental, behavioral, and substance use issues. Our services include both inpatient and outpatient programming.

#103 | Eleos Health | Sponsor of **Performance Performance Networking Reception & Sponsor of Session #603 1 Broadway St., Cambridge, MA** 02142 | 914.677.1498 www.Eleos.Health

Eleos Health is an AI solution for behavioral health. Our Care Intelligence solution runs in the background of therapy sessions, and utilizing thousands of hours of analyzed sessions, is able to detect the use of evidence-based care, and surface key insights that improve consumer outcomes. Eleos can also generate clinical documentation, saving therapists hours each week. Eleos Heath allows clinicians to focus less on documentation, and more on their consumers.

#117 | Etactics, Inc. | 300 Executive Parkway West, Suite 300, Etactics Hudson, OH 44236 | 330.342.0568 | www.etactics.com

Etactics provides cost-effective revenue cycle solutions to more than 4,000 healthcare clients across the United States. Our services directly influence your revenue cycle and how it can be better improved. Additionally, our products and services assist to improve business processes, boost staff productivity, reduce expenses and accelerate payment.

#100 | Genoa Healthcare | 707 S. Grady Way, Renton, WA 98057 888.436.6279 | www.genoahealthcare.com

Genoa Healthcare[®] is the largest provider of behavioral health pharmacy and medication management services for individuals with behavioral health and other complex, chronic health conditions in the U.S. We are dedicated to improving the lives of these individuals, and that dedication has not wavered in 20 years.



#104 | Health Colorado, Inc. Sponsor of Networking Reception 1740 Eagleridge Blvd., Suite 110, Pueblo, CO 81008 | 888.502.4185 www.healthcoloradorae.com

Health Colorado's purpose is to improve member health, wellness, and life outcomes.

Promote member choice and engagement. Join physical and behavioral health benefits. Strengthen coordination of services through team-based care and health neighborhoods. Provide cost-effective health care services that deliver outcomes, and pay providers for the increased value they deliver for our members.



#121 | Highlands Behavioral Health Systems | 8565 Poplar Way, Littleton, CO 80130 | 720.348.2800 | www.highlandsbhs.com

Highlands Behavioral Health System is an 86-bed freestanding behavioral ing substance abuse and psychiatric care for adults and adolescents ages 11

health hospital offering substance abuse and psychiatric care for adults and adolescents ages 11 and older. Highlands now offers detox services, psychiatric inpatient hospitalization, partial hospitalization programming, as well as intensive outpatient programs. Our mission is to empower our patients as they navigate their journey from crisis to wellness.

#128 | innovaTel Telepsychiatry | 3939 W. Ridge Road, #A100, Erie, PA 16506 | 866.492.7597 | www.innovatel.com

innovaTel Telepsychiatry is a clinician owned and operated telepsychiatry provider that has a team of experienced psychiatrists, psychiatric nurse practitioners and licensed clinical social workers that seamlessly integrate into community-based organizations. With community mental health center roots, innovaTel was founded to help organizations increase access to care.



#105 | Janssen Pharmaceuticals Inc. | *Sponsor* of #1 Pre-Conference: Managing Time in Times of Change | 10543 Redcone Way, Highlands Ranch, CO 80130 | 303.345.3835 www.janssen.com/us

At Janssen, the Pharmaceutical Companies of Johnson & Johnson, we're fighting sickness with

science, improving access with ingenuity, and healing hopelessness with heart. We focus on areas of medicine where we can make the biggest difference: Cardiovascular & Metabolism, Immunology, Infectious Diseases & Vaccines, Neuroscience, Oncology, and Pulmonary Hypertension.

Vetsmart #118 | Netsmart Technologies, Inc. | 11100 Nall Ave., Overland Park, KS 66211 | 800.842.1973 | www.ntst.com

Netsmart, a leading provider of Software as a Service (SaaS) technology, services and solutions, designs, builds and delivers electronic health records (EHRs), health information exchanges (HIEs), analytics and telehealth solutions and services that are powerful and intuitive. Our platform provides accurate, up-to-date information accessible to care team members in human services and post-acute markets. We make the complex simple and personalized so our clients can concentrate on what they do best: provide services that support whole-person care. By leveraging the Netsmart network, providers can seamlessly and securely integrate information across communities, collaborate on the most effective treatments and improve outcomes.

Neurocrine #116 | Neurocrine Biosciences | 12780 El Camino Real, San Diego, CA 92130 | 303.335.7576 | www.neurocrine.com

Neurocrine Biosciences is a neuroscience-focused, biopharmaceutical company dedicated to discovering, developing and commercializing life-changing treatments for people with serious, challenging and under-addressed disorders. The company's diverse portfolio includes four FDA-approved treatments as well as clinical programs in multiple therapeutic areas. Headquartered in San Diego, Neurocrine Biosciences specializes in targeting and interrupting disease-causing mechanisms. For more information, visit neurocrine.com, and follow the company on LinkedIn.



#127 | Owl Insights | 2175 N. W. Raleigh St., Suite 110, PDX, OR 97210 | 800.910.6769 | www.owlinsights.com

Owl Insights is a measurement-based care cloud solution that enables healthcare providers to easily screen patients for behavioral health conditions, monitor their progress using patient-reported outcome measures (PROMs), and guide treatment for enhanced clinical confidence.



#113 | Peer Assistance Services, Inc. | 2170 S. Parker Road, Suite 229, Denver, CO 80123 | 303.36.-0039 www.peerassistanceservices.org

Prer Assistance Services Peer Assistance Services, Inc. is a Colorado non-profit agency dedicated to quality, accessible prevention and intervention services in workplaces and communities, focused on substance use and related issues. Our values of grit, integrity, and compassion are guideposts for all that we do in the service of our mission.



#115 | Rocky Mountain Crisis Partners Sponsor of Thursday AM Coffee Break PO Box 460695, Denver, CO 80246 303.928.7100 | www.rmcrisispartners.org

Rocky Mountain Crisis Partners (RMCP) is a non-profit organization created in 2008 to fill a unique void in mental health and substance abuse treatment that is in-the-moment crisis care. RMCP provides behavior health crisis intervention and suicide prevention to community members wherever and whenever they need support.

#119 | Rocky Mountain Human Services | 9900 Iliff Ave., Denver, CO 80231 | 303.636.6500 | www.rmhumanservices.org ain Human Services

Since 1992, Rocky Mountain Human Services has helped hundreds of thousands of Coloradans get the services they need to create the future they envision in their community of choice. RMHS is a non-profit that supports children with delays and disabilities, adults with intellectual and developmental disabilities, people with behavioral health challenges, children and adults in need of long-term care and veterans who are homeless or in jeopardy of losing their homes. Rocky Mountain Human Services is now home to the Momentum and Transition Specialist Programs state-wide, providing services to people of all ages with SPMI diagnoses to assist with transitioning in their community.



#126 | State of Colorado Department of Corrections | 1250 Academy Park Loop, Colorado Springs, CO 80910 719.226.4991 | cdoc.colorado.gov

Our MISSION is "To protect the citizens of Colorado by holding

inmates accountable and engaging them in opportunities to make positive behavioral changes and become law-abiding productive citizens." Our VISION is in "Building a safer Colorado for today and tomorrow."

Streamline

#124 | Streamline Healthcare Solutions | 1 Trans Am Plaza Drive, Suite 520, Oakbrook Terrace, IL 60181 Healthcare Solutions 877.467.4741 www.streamlinehealthcare.com

Streamline Healthcare Solutions has been providing EHR software solutions to behavioral healthcare organizations since 2003. Our meaningful use certified system, SmartCare™, is a web-based, enterprise application built for the delivery, management, and coordination of healthcare services. Our solution is equipped to evolve as business needs develop.



#125 | Texas NeuroRehab Center | 1106 W. Dittmar, Austin, TX 78745 | 512.462.6660 | www.texasneurorehab.com

Specialized 64-bed Residential Treatment Center treating youth ages

8-17 with Developmental Disabilities, Neurobehavioral difficulties, and Mental Health Dx. Delicate milieu treating youth with IQ or equivalent functioning levels between 45-75. Focus on Sensory Processing Disorders/Strategies, Neuropsychologial, Occupational, and Speech modalities to ascertain effects of environment, and treatment reducing maladaptive behaviors.



#123 | The Coffee Break Project | Sponsor of Friday AM Coffee Break | 711 Barnes Ave., La Junta, CO 81050 800.511.5446

The Coffee Break Project is made up of members of the agricultural community committed to reducing the suicide rates in the farming and ranching

community through education and rural stress awareness. The group trains the community on COMET, a concept created by the High Plains Research Network, and generates awareness through displays in areas frequented by members of the agriculture community.



The Steven A. Cohen Military Family Clinic at University of Colorado

#114 | The Steven A. Cohen Military Family Clinic University of Colorado Anschutz Medical Campus, 7800 E. Orchard Road, Suite 150, Greenwood Anschutz Medical Campus Village, CO 80111 | 303.724.4255 www.denvercohenclinic.org

The Steven A. Cohen Military Family Clinic at the University of Colorado Anschutz Medical Campus provides confidential, compassionate and personalized mental health care to Active Duty Service Members, post-9/11 Veterans and family members. Evidenced-based treatments and services are provided by culturally-competent professionals.



#106 | Willow Springs Center | 690 Edison Way, Reno, NV 89502 | 800.448.9454 | www.WillowSpringsCenter.com www.liftthelabel.org

Willow Springs Center (WSC) is a secure, locked 116-bed residential treatment hospital for children 12 to 17 years of age located in Reno,

NV. We employ a medical treatment model ensuring that a board-certified child and adolescent psychiatrist directs each child's care. WSC utilizes the Dialectical Behavior Therapy modality to inform our treatment throughout the hospital. We are in network with many insurance plans including Tricare West and East.



#111 ZMark Health | Sponsor of WiFi Lounge 100 Daisy Lane, Palmyra, PA 17078 | 717.943.3051 Zmarkhealth.com

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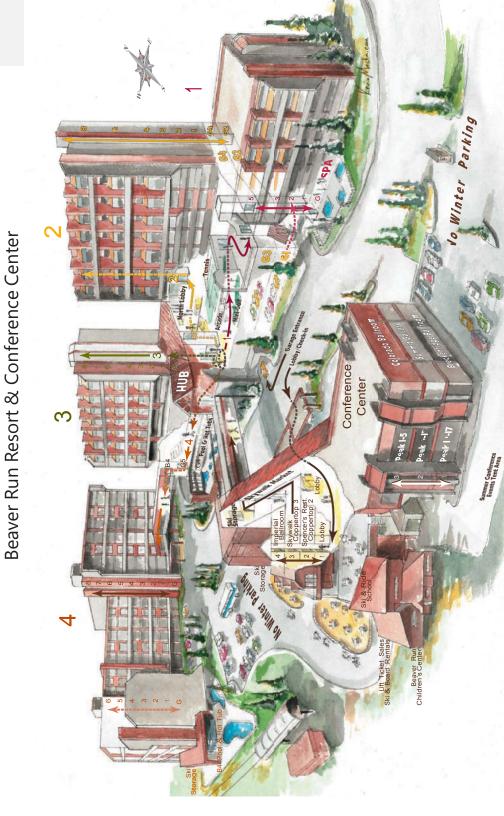
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Learn more about CBHC at cbhc.org or call 303-832-7594 Colorado Behavioral Healthcare Council 303 E. 17th Ave., Suite 910, Denver, Colorado 80203

