

Moving from Trauma-Informed to Healing Centered & H.O.P.E. Frameworks to Address ACEs in Integrated Settings: Presentation Resources Handout

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ACEs Screening

- Concept stems from the [CDC and Kaiser Permanente's 1998 study](#), which demonstrated that exposure to Adverse Child Experiences (ACEs) can contribute to health disparities over an individual's lifespan.
- Substantial planning is recommended before engaging in ACEs screening.
 - Assessment of clinic culture and staff needs – from information to training, is critical
 - Defining the patient population to be screened and the workflow around screening will help in selection of the screening tool.
 - Will parents, youth, and/or adults be completing Having a plan for how to respond to screening results is part of planning include community partners and resources, and internal staff with necessary skills and capacity
 - **Establish community partners and an understanding of their capacity and the refer process to services**
 - Consider how you will address mandatory report requirements
 - Have clear roles for each staff member's involvement in the screening process
- Consider also screening for resilience
- ACE Screening Resources
 - CDC [update on ACES data](#) in November 2019
 - [Clinical Assessment Tools](#) resource page from [The Resilience Project](#), by American Academy for Pediatrics
 - [Pediatric ACEs and Related Life Events Screener \(PEARLS\)](#) by National Pediatric Practice Community on Adverse Childhood Experiences
 - [ACES AWARE](#) has [PEARLS screenings available in 17 languages](#)
 - ACEs Aware's [ACE Screening Clinical Workflows, ACEs and Toxic Stress Risk Assessment Algorithm, and ACE-Associated Health Conditions: For Pediatrics and Adults.](#)

Building Resilience through Healing Centered Engagement and H.O.P.E

- Healing Centered Engagement, conceived by Dr. Shawn Ginwright, is an extension of trauma-informed practices that moves from the trauma-informed approach framework of "what happened to you" to the lens of "what is right with you." It shows promise as a culturally responsive and strength-based approach while making space for awareness of the impact of trauma on individuals and communities.
 - Ginwright uses the acronym CARMA to describe the five elements of radical healing: (1) Culture and Identity (2) Agency (3) Relationship (4) Meaning (5) Aspirations.
- Healing Centered Engagement believes that the community builds resilience and community engagement is critical to heal community trauma.

- Dr. Ginwright adds the concept of engaging youth in transformative rather than transactional relationships.
- Having strong adult champions further increases protective factors such as positive adult relationships and purpose.
- To practice Healing Centered Engagement requires youth and adult partnerships to advocate for change in their community.
- Healthy Outcomes of Positive Experiences (H.O.P.E.) is a framework that promotes positive experiences for children and families to support children’s development into healthy, resilient adults, despite ACEs. This framework shifts the focus from the adverse experience toward the possibility for flourishing even in the face of adversity and the promotion of the positive experiences that children need.
 - Four categories of positive childhood experiences that encourage positive health outcomes are (1) nurturing and supportive relationships, (2) safe, stable, protective and equitable environments in which to develop, play, and learn, (3) constructive social engagement and connectedness, and (4) social and emotional competencies.
- Resources for Healing Centered Engagement and H.O.P.E.
 - [The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement](#) by Shawn Ginwright
 - [Flourish Agenda](#)
 - [Responding to ACEs with HOPE](#)
 - [Positive Childhood Experiences and Adult Mental and Relational Health in a Statewide Sample Associations Across Adverse Childhood Experiences Levels](#)

Additional Resources:

- [Aces Aware](#)
 - [Provider Toolkit](#)
 - [Clinical Assessment and Treatment Planning](#)
 - [ACE Screening Clinical Workflows, ACEs and Toxic Stress Risk Assessment Algorithm, and ACE-Associated Health Conditions: For Pediatrics and Adults](#)
 - [PEARLS Screener in 17 languages](#)
 - [Educational Events: Webinars and Blog posts](#)
 - [Applying the Science of Toxi Stress to Support Children’s Health](#)
 - [Assessing Readiness & Building Resilience in the Clinical Workforce: A Foundation for ACE Screening Integration](#)
 - [Regulating the Stress Response for Kids: Practical Tips for Primary Care Providers](#)
- [Center on the Developing Child at Harvard University](#)
 - [Stress and Resilience: How Toxic Stress Affects Us, and What We Can Do About It](#)
- [Center for Youth Wellness](#)
 - [Resources](#) (including Seven Domains of Wellness)
 - [Training resources](#) (costs apply)
- [The National Child Traumatic Stress Network \(NCTSN\)](#)

- [Trauma-Informed Care](#)
 - [Creating Trauma-Informed Systems](#)
 - [Trauma Screening](#)
- [American Academy of Pediatrics](#)
 - [The Resilience Project](#)
 - [Clinical Assessment tools](#)
- [Prevention Institute's: Adverse Community Experiences and Resilience: A FRAMEWORK FOR ADDRESSING AND PREVENTING COMMUNITY TRAUMA](#)
- [PACES Connection](#)
- [Trauma-Informed Care Implementation Resource Center](#)
- University of Buffalo's [Self-care Starter Kit](#)
- [Centers for Disease Control and Prevention \(CDC\): Adverse Childhood Experiences](#)
- [Health Outcomes through Positive Experiences \(HOPE\)](#)
- [Flourish Agenda](#)
 - [Healing Centered Engagement Certification](#) (costs apply)
- National Pediatric Practice Community on Adverse Childhood Experiences: [Pediatric ACEs and Related Life Events Screener \(PEARLS\)](#)
- [Number Story resource page](#)