

Harm Reduction

Harm Reduction is most often referred to as a "practical set of strategies and ideas aimed at reducing negative consequences associated with drug use."
(National Harm Reduction Coalition)

Harm reduction as a principle understands that drug and alcohol use are a complex and multifaceted. They encompasses a continuum of behaviors from severe use total abstinence.
(National Harm Reduction Coalition)

This presentation provides an overview of Harm Reduction and will discuss strategies of integrating a harm reduction philosophy to individual, social and systems levels.

