

# Plant the School-Based Seed and Watch it Grow



#### **Outline:**

- 1. School demographics
- 2. Program beginnings
- 3. Data and collaboration meetings
- 4. Service buckets
- 5. Opportunities



The School-Based Youth and Family Services team at North Range Behavioral Health provides comprehensive mental health and substance use services for students struggling with life's challenges.

#### **Engagement Services**

- School Based Engagement Specialist
- Youth and family meetings
- Engagement groups
- Caregiver workshops
- Screening for services
- Linkage between school and mental health center

### **Enhanced Services**

- Consultation
- Education
- Training
- Classroom observation
- School planning and data meetings
- Mental health education
- Teacher support groups
- Mental Health First Aid

### **Direct Services**

- Assessment
- Individual therapy
- Group therapy
- Safety planning
- Case management
- School meetings/ IEP
- Data collection and dissemination
- Referral to other services as needed

## Notes





Becky Wyperd, LPC Youth and Family Services; Crisis Services Administrative Director Rebecca.Wyperd@NorthRange.org



Becky holds a Master of Arts in Clinical Counseling with an emphasis in couples and family therapy. She is a Licensed Professional Counselor (LPC) in the state of Colorado. For fifteen years, Becky served as the Director of Youth and Family Outpatient Services, overseeing all youth outpatient mental health and substance use services, school-based services, and many community-based programs including Multi-Systemic Therapy, services in Weld County's Boys and Girls Clubs and the juvenile detention center. Becky currently serves the community as Administrative Director of Youth and Family Outpatient Services; Youth and Family Intensive Services, and two of North Range's Crisis Support networks.