**Alcohol: Still Number 1! Takeaways**

* Alcohol remains the most abused drug through every other drug epidemic (crack, methamphetamine, opioids, etc.)
* We can reduce harm significantly by reducing levels of use
* Alcohol is high in ***Morbidity*** (ongoing serious health issues), not ***Mortality*** (death), so stays under the radar
* Alcohol causes the most harm in the sectors monitored (self/others/societal)
* Many who overuse alcohol do not meet SUD diagnosis, and intervention can be effective for those folks
* Stigma and outdated ideas about treatment block people from seeking help
* High level of social acceptance and media/advertising create reduced perception of harm
* Pandemic use of alcohol has skyrocketed and should be a concern in all health and human service arenas

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