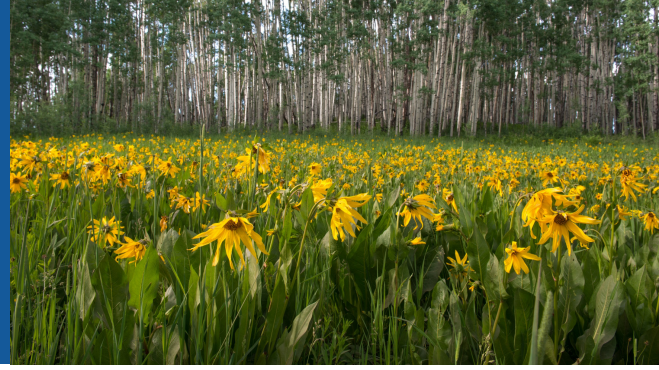


System-wide Psychological Autopsy



Purpose of a Psychological Autopsy

In situations where there is a suicide or unknown death, family/friends/peers are often left wondering why this happened and whether something could be done to prevent it.

A psychological autopsy is often the most effective tool for providing information and answers in the wake of a suicide. The psychological autopsy can be a useful tool in gathering data for the purposes of suicide prevention or to better understand suicidal behavior.

Specific Causation Opinion

There are differing ideas about as to why these deaths are occurring and why they have increased over the past few years. There is a lot more information related to suicide as well as resources over suicide prevention that have become a mainstream focus over colleges and universities over the past few years as well.

Findings

Discussion of what was found to be done well internally at the University as well as what was found to be lacking and needing additional support.

TRAINING, TRAINING, TRAINING

Mental Health First Aid, QPR, Trauma Informed Training for Staff and Resident Advisors

Paid time to attend trainings or help as weekly and monthly team meetings.

Tighter process
around CARES team

Suicide prevention
resources

Broader range of
counseling services
and availability

Resources: American Association of Suicidology - <https://suicidology.org/> - general information
<https://suicidology.org/pact/> - specific site for training for psychological autopsies