

# Fievel Helps at MHP

## Who is Fievel?



He is the facility dog with Moving Beyond Trauma (MBT) and Moving to End Sexual Assault (MESA) teams and Mental Health Partners. Facility dogs are expertly trained to work in this type of setting, so he is not only friendly and fun, he is also very sweet and gentle.

Fievel joined MHP in May 2018, Canine Companions for Independence. He can pull toy wagons, push drawers closed, and retrieve items of all kinds. He has over 40 specific commands that allow him to interact with clients in a calm and loving way.

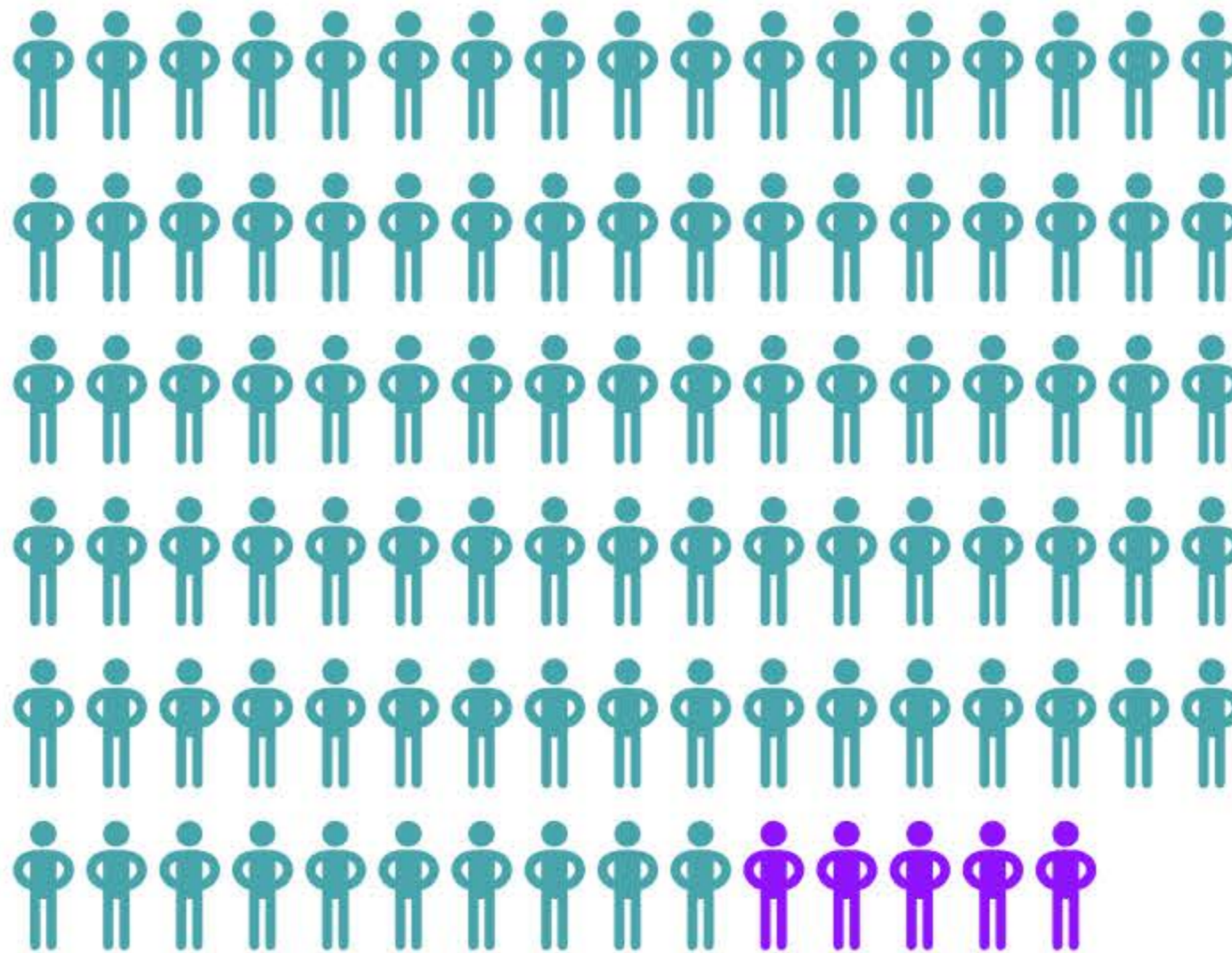
Fievel has an average of **54** client contacts per month. Nearing **700** client contacts in 12 months

## Fievel Helps Clients

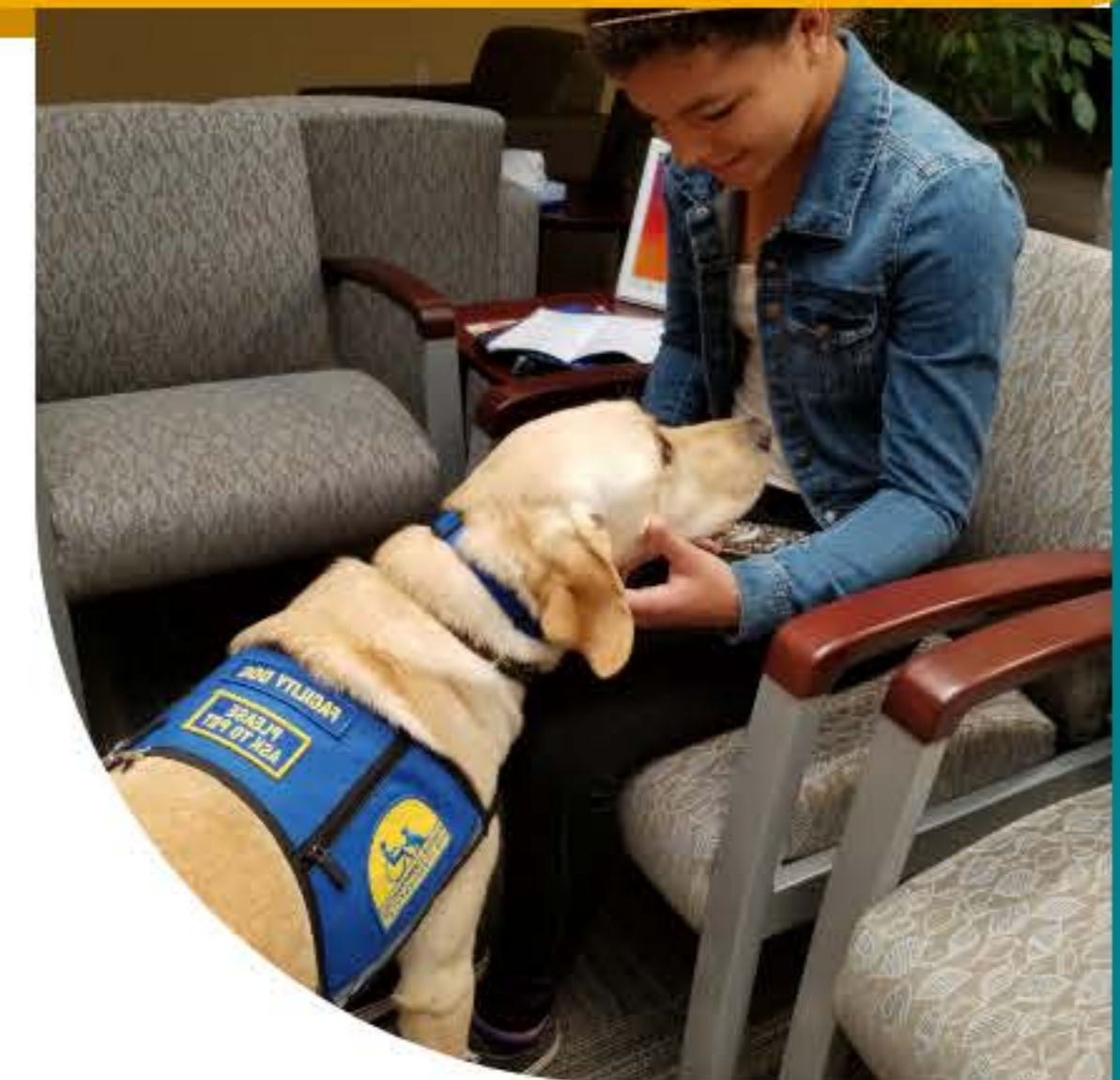
"He is so trusting. He helps me trust others."

"Fievel has been such a comfort when I've come out of pretty intense therapy sessions. I know there is good in the world."

"I needed this today."- A client petting Fievel and resting his head on Fievel's head.



■ Waiting Room (95.27%) ■ Therapy Room (4.73%)



"..., the hardest part about therapy is getting here repeatedly, if Fievel is in our brain then we can get to the door"

"When I get to see Fievel he makes me feel noticed..."



## Fievel Helps Staff

It brightens my day, it brightens that space, you can feel his impact.

"I smile every time I see Fievel in the hallway or meeting a waiting client, he brings such a calming and brightening presence to the center."

"Fievel brings such a calm and reassuring presence to our space – I know that our staff appreciates him as much as our clients."



"He has added joy, laughter and fun to the work environment..."

"He greatly reduces my stress, almost completely, in the moments I get to have with him."

"If I see him between sessions, I feel better able to shift from one client to the next."

