



Providing Culturally Relevant and Identity Affirming Care to Members of the LGBTQ+ Community

LGBTQ+ individuals experience higher rates of behavioral health concerns, and often experience troubling encounters with mental health providers who do not fully understand or appreciate the challenges that stem from being a part of a marginalized community (or holding multiple, marginalized, intersecting identities).

Presentation Topics:

- Health Disparities of the LGBTQ+ Population
- Barriers to Treatment
- Importance of Training for Professionals
- LGBTQ+ Affirmative Behavioral Healthcare
- Cultural Relevancy and Using an Intersectional Approach

About the Presenter:

Steven Haden (he/him/his) is a mental health professional with Queer Asterisk. Steven is responsible for providing diagnostic assessments, therapy, and counseling for a diverse caseload of individuals and groups utilizing trauma-informed care and strengths-based approaches. Steven is also the CEO of Envision: You, an LGBTQ+ behavioral health initiative in Colorado (<u>www.envision-you.org</u>.). As a person with lived experience, Steven understands the importance of providing affirming care to individuals that identify as LGBTQ+.

For more information contact Steven Haden, at steven.haden@envision-you.org

About the Envision: You Behavioral Health Provider Training Program:

To address these needs, Envision: You partnered with the OMNI Institute to develop a multi-phase, in-person, and online training program that delivers its content through an intersectional and trauma-informed lens to help providers create safe, welcoming spaces for queer individuals to start their recovery process. The training program is designed to help mental health professionals develop new skills and gain critical knowledge to enhance the delivery of quality, culturally relevant and affirming behavioral health interventions for members of the LGBTQ+ community. Social workers, psychologists, and licensed professional counselors can also receive continuing education credits for completing the training.

To learn more about the Envision: You Behavioral Health Provider Training Program contact Marie Hafner, at <u>marie.hafner@envision-you.org</u>, and visit <u>envision-you-training.org</u>.