



Schedule at a Glance

- 8:00 Networking Breakfast
- 8:45 Keynote: National Council: Mental Health First Aid: Forward Together – Tramaine El-Amin
- 9:45 Breakout Sessions A**
- Talk Saves Lives by the American Foundation of Suicide Prevention – Sherry Davis
- Youth Mental Health First Aid: Updates and Insights – Brittany Riffle
- 10:45 Break
- 11:00 Owning Your Wellness Each Day – LaDonna Reed
- 12:00 Lunch Begins
- 12:15 Working Lunch: Addressing the Needs of the Colorado MHFA Community through Qualitative Research – Adam Snell
- 1:30 Breakout Sessions B**
- Addressing Mental Health Stigma Barriers Through a Cultural Lens – JR Kuo
- Disaster Behavioral Health Incidents: How to Support Your Communities – Paul Reich and Ed Hagens
- 2:30 Break
- 2:45 Breakout Sessions C**
- Perspectives From the Field on Unique Challenges of Mental Health First Aid: A Panel Discussion
- Supporting the Latino Community with Mental Health Well-Being Resources – Diana Pineda–
- 3:45 Wrap-up and Announcement of Awards