SOW THE SEEDS OF AUTHENTIC COMMUNITY ENGAGEMENT

Children are undoubtedly the most photographed and the least listened to members of society."
-Roger Hart

THE YOUTH COMMITTEE FOR MENTAL HEALTH

The Youth Committee for Mental Health (YCMH) is a youth-led, adult-supported committee. YCMH was created to advise Partners for Children's Mental Health as we work to improve youth mental health and reduce youth suicide in Colorado.

RESOURCES TO HELP YOU PLANT YOUR GARDEN

- Roger Hart <u>Ladder of Children's Participation</u>
- Sugata Mitra Kids Can Teach Themselves
- Youth Move Y-VAL

WANT TO CHAT WITH US? GET IN TOUCH!

- Stephanie De Jesus Ayala: stephanie.dejesusayala@childrenscolorado.org
- Brandy Davis: brandy.davis@childrenscolorado.org

