## EXPLORING NEW HORIZONS

September 27 - 30, 2023

Continuing Education Credits provided by NASW & NAADAC

Schedule at a Glance (subject to change) CI Clinical Bm Board Bu Business/Upper Management

Wednesday | September 27, 2023 | CBHC Pre-Conference Workshops

8:00am - 4:30pm 8:00am - 4:30pm

11:00am - 12:00pm

#1 Pre-Conference Workshop | Using Solution-Focused Brief Practice for Lasting Change | Teri Pichot, LCSW, LAC, MAC #2 Pre-Conference Workshop | Equity in Practice: The What, Why, and How | Christina S. James, JD, MSW & Dante J. James, Esq. Thank you to The Colorado Health Foundation for sponsoring Equity in Practice

Thursday | September 28, 2023 | CBHC Conference

Keynote & Mental Health First Aid Awards | Awards Sponsored by AFSP CO Chapter | 🖸 💷 🖼 8:45am -Leveraging the New Determinants of Health to Improve Patient Outcomes | Daniel E. Dawes, JD 10:30am

10:30am - 11:00am Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

#101 🔤 🖪 | Revolutionizing Community Mental Health Through Collaborative Care Clinics | *Ginger Low; Amelia Spiegel; Brandon Ward* #102 🖸 🔤 🔤 | Adding Wellness Into Your Workday Schedule: The Paradigm Shift to Change Mindset of Well-Being | LaDonna Reed #103 [1] Treating the Whole Person: Comorbid Disorders and Expanding Practice to an Integrated Recovery Model | Frank Vega

#104 🖸 🖭 | Improving Access to Care for Adults Transitioning from the Dept. of Corrections | Krista Anderson; Lindsay Cowee; Courtney Holmes

Lunch | Attendees; CCBHC Meeting; MarComm Meeting; Training & Development Meeting 12:00pm - 1:30pm

#200 CI Em Bu | Eliminate the Wait for Justice: Bridging the Gap Between Systems | Leora Joseph 1:30pm - 3:00pm #201 🔤 | CO-CARES - Colorado Alliance for Resilient and Equitable Systems: Supporting Behavioral Health Worker Wellness | Chad Morris & Cindy Morris

#202 🖸 | Adapting Trauma Therapy for Justice Involved Youth | Amy Fox & Bonnie Graham

#203 🖸 | The Importance of Providing Culturally Relevant and Affirming Care to Members of the LGBTQ+ Community | Steve Haden #204 🖸 💷 | Permanent Supportive Housing & Medicaid: Addressing Unmet Health Related Social Needs (HRSN) Through Supportive Services | *Amy Austin* 

#206 🖸 📴 🖭 | CBHC Legislative Update | Frank Cornelia; Gilbert Romero; Karen Wick; Edie Sonn

Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom 3:00pm - 3:30pm

#301 🔤 | Closing the Gap: Strategies to Improve Access to Services in CMHCs | Michelle Gaffaney & Nadia Haddad 3:30pm - 5:00pm

#302 CI | Innovative Approaches to Peer Support | Ashleigh Jones & Christine McCue #303 🖸 | Creating a Community Driven Crisis Response Model: A Paradigm Shift | Vinnie Cervantes; Maria Martin; Stephanie Van Jacobs

#304 🖸 ACT: The EBP That Travels Well | Rhonda Hornsby; Teah Miller; Diamond Mobbely; Lisa Traudt; Consuelo Villalvilla

#305 🖸 💷 🖭 | Psychological Safety With a Ted Lasso Twist | Sarah Prager & Meli Reumann

#306 🔤 | Managing Change in Behavioral Health Organizations | Mindy Klowden & Victoria Romero 

Sponsored by: Colorado Access | Health Colorado | Magellan Healthcare Please note: The Golden Abacus & Golden Lightbulb Awards will be held on Friday morning 5:15pm - 6:30pm

HEALTH Magellan

Friday | September 29, 2023

8:45am -Keynote & Golden Abacus & Golden Lightbulb Awards

10:30am Escape the Burnout Trap: Three Steps to Beat Burnout and Sustain Peak Performance | Erin Stafford, MA

Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom 10:30am - 11:00am #400 🔃 | Colorado Mobile Crisis Response and Behavioral Health Secure Transportation | Emily Holcomb & Meghan Morrissey 11:00am - 12:00pm

#401 🔟 | Serving Children and Families Impacted by Violence Through Innovative Community Partnerships | *Nicole Lopez & Rebecca Smith Tucker* 

#402 🔲 | Attention-Deficit Hyperactivity Disorder in Women and Girls: Diagnostic Assessment Across Developmental and Reproductive Periods | Rebecca Richey #403 🖪 | Community Collaborative Response to Suicide in Veterans: An Upstream Approach | *Damian McCabe* 

#404 🖸 🖭 🖭 | Policy is Personal: Grassroots Advocacy in Mental Health Settings | Amy Lyden-Cardinal

#405 🖸 🖭 | Teens and Tech: Navigating a Digital Landscape | Miranda Jankowski; Julia Kalis; Ashley Oxton #406 🖸 🔤 📼 | Building a Culture of Equity and Inclusion in an Organization | Lesley Brooks; Stephanie Madsen-Pixler; John McKay

12:00pm - 1:30pm Lunch | Attendees; Mental Health First Aid Meeting; Deputy Directors Meeting; CMO's Meeting

12:00pm - 1:30pm Em CBHC Board of Directors Lunch Meeting & Board Member Awards Ceremony (Board Members Only) | (Imperial Ballroom)

1:30pm - 3:00pm #500 🖸 🖭 | Using Technology to Increase First Language and Culturally Responsive Behavioral Healthcare to Youth in Rural Communities | Eleonora Cahill;

Laura McArthur; Ebonie Barnes; Michelle Turner #501 💷 💷 | The Little Program That Could: Building and Sustaining a Specialized Mental Health Program for Outpatient Obsessive Compulsive Disorder Treatment | Rachel Davis; Emily Hemendinger; Stephanie Lehto

#502 CI Bm Eu | Creating a Lifestyle of Well-being: Putting Positive Psychology Into Practice | Steve Fisher

#503 🖸 🔯 | Therapeutic Preschool: An Off-Ramp from the Preschool to Prison Pipeline | Kristie Dorwart; Wendy Romero; Julie Zobolio

#504 🖸 | The Wild West of Withdrawal Management | Michelle Gaffaney & Nadia Haddad #505 🖸 | Hoarding Disorder 101: The Reality vs. What You See on Reality TV | *Amy Miller* 

1:30pm - 3:30pm Bm | Board Member Special Session (Board Members Only Session) | (Imperial Ballroom)

3:00pm - 3:30pm Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

3:30pm - 4:15pm #600 🔤 | Exploring New Horizons in Business Processes: Utilizing ChatGpt for Process Documentation, Coding and Marketing in Behavioral Health Care | Cody Campbell & Eric Sagel

> #601 📵 🔤 🖭 | Building Connection and Leadership Opportunities: Lessons Learned from Implementing an Inclusive Mentorship Initiative Within a Community Mental Health Center | Tiffany Erspamer & Amber Olson

#602 🖸 | Expanding Access: Why TMS is Critical to Diverse Mental Health Care | Christopher Perez

#603 CI | Maternal Healthcare in 2023 | Whitney Frost

#604 Bu G | Measuring the "Value" of Behavioral Care | Rick Rowley #605 Bu | You've Been Hacked! Now What? | Andrew Bronson & Kevin Light

3:30pm - 4:30pm Bm | Board Member Reception (Board Members Only) | (Imperial Ballroom)

Saturday September 30, 2023

(15 minute break)

#700 CI Bm BU | Mental Health in the Workplace: U.S. Surgeon General Framework | Sandy Black; Erin Knudson; Kylie Slavek; Chelsea Vibert 8:00am - 11:00am

#701 🖸 | Walking the Happy Path: A Roadmap to a Successful Competency Restoration Program | Kathryn Davis; Dolores Duran; Tara Rienow; Jody Whitright

#702 🖸 📴 🖭 | Expanding the JEDI Horizon with Cultural Humility | Sara Anderson & Kat Martinez

Registration Open: www.cbhc.org \$500 | Full Conference | (Thur, Fri & Sat) | (Includes training sessions, networking reception, breakfasts, lunches & coffee breaks)

\$150 | #1 Pre-Conference | (Wed Only) | Using Solution-Focused Brief Practice for Lasting Change (Includes Wednesday training session, breakfast, lunch & coffee breaks)

\$100 | #2 Pre-Conference | (Wed Only) | Equity in Practice: The What, Why, and How (Includes Wednesday training session, breakfast, lunch & coffee breaks)

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