

Selected Slides from:

A Recipe for Collaboration and Care Coordination:
What's the Secret Sauce of Community Engagement?

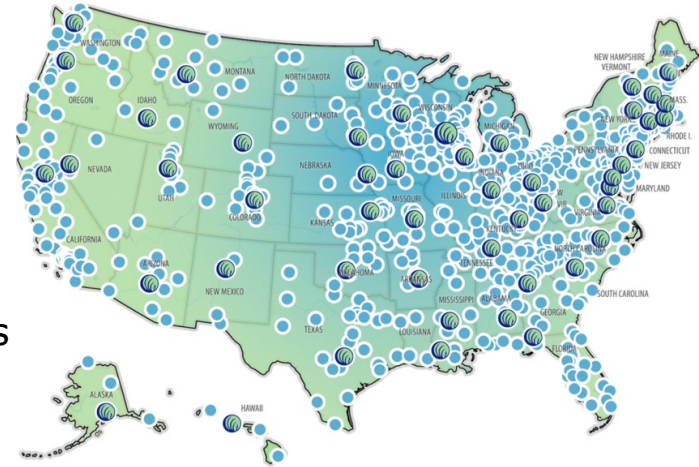
CBHC 2023
Behavioral Health Training Conference

Ray Merenstein, Executive Director, NAMI Colorado

Who We Are

The National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of people affected by mental illness.

What started as two mothers gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. **Today, NAMI is an alliance of more than 600 local Affiliates and 49 State Organizations** who work in your community to raise awareness and provide support and education that was not previously available to those in need.



NAMI Affiliates

14 Affiliates

Metro area includes
NAMI Adams County,
Arapahoe/Douglas,
Aurora, Boulder County,
Denver, and Jeffco

Colorado Springs and
Southeast

Chaffee County, High
Country, San
Miguel/Ouray, Roaring
Fork

Larimer, Union
Colony/Greeley

Western Slope

Our Values

Hope: We believe in the possibility of recovery, wellness and the potential in all of us.

Inclusion: We embrace diverse backgrounds, cultures and perspectives.

Empowerment: We promote confidence, self-efficacy and service to our mission.

Compassion: We practice respect, kindness and empathy.

Fairness: We fight for equity and justice.

What NAMI Does



EDUCATION AND
SUPPORT



HELPLINE



LAW LINE



WEBSITE
RESOURCES



ADVOCACY



OUTREACH AND
TRAINING
PRESENTATIONS

Help Line: 800-950-NAMI

www.nami.org

Text HELP to 741741

Locally

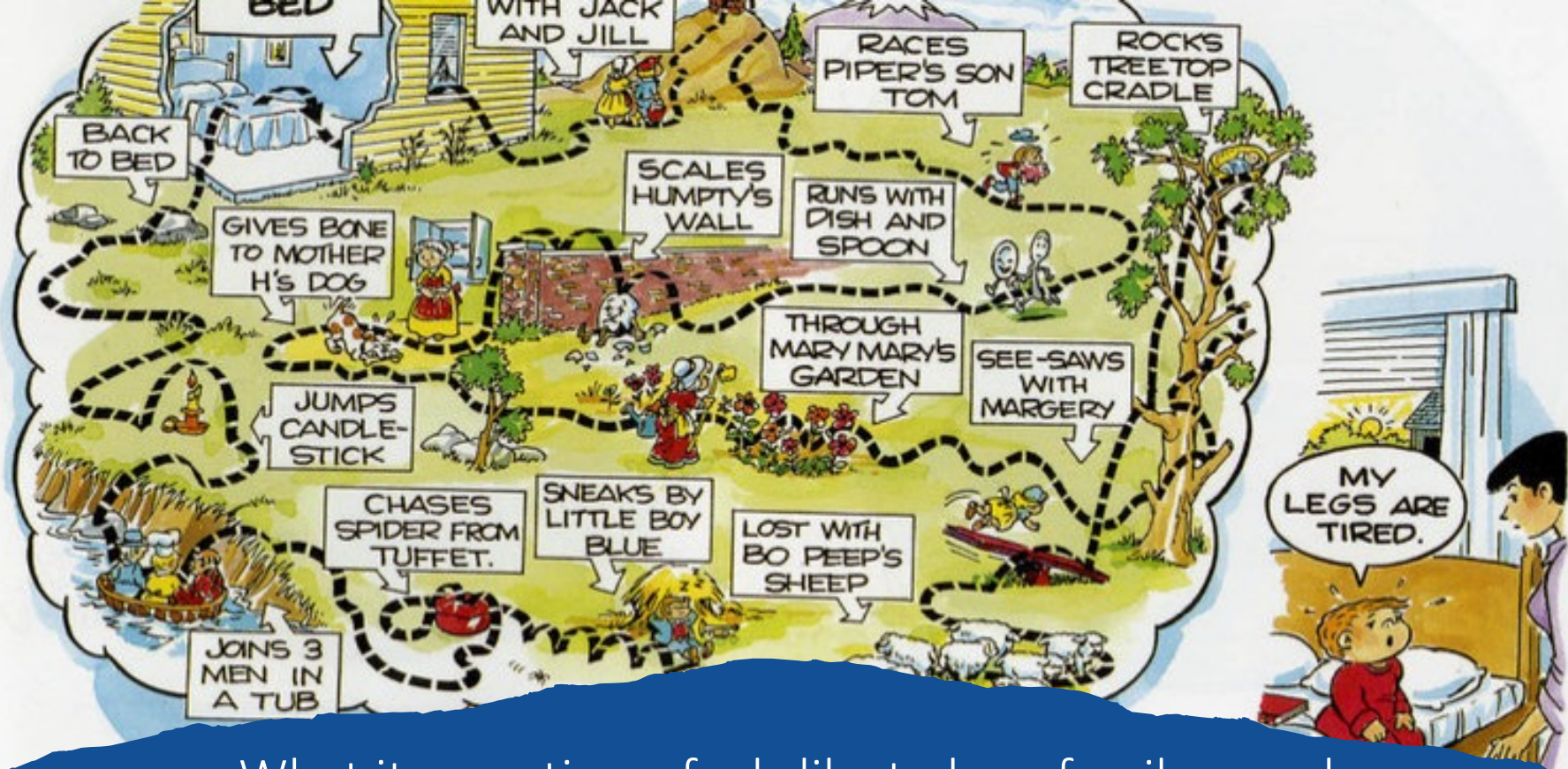
303-321-3104

What NAMI Does

- NAMI BASICS
- NAMI CONNECTIONS
- FAMILY SUPPORT
- SHARING HOPE/COMPARTIENDO
ESPERANZA/CHAI & CHAT
- NAMI HOMEFRONT
- ENDING THE SILENCE
- FAMILY AND FRIENDS/FAMILY TO
FAMILY/PEER TO PEER
- NAMI FRONTLINE WELLNESS
- NAMI PROVIDER
- HEARTS & MINDS

White = Community Resources = Your referral

Lime = Clinical Resources = For you!



What it sometimes feels like to be a family member

What You and Your Organization can do

- An in depth look at some evidence-based programs and educational curricula from NAMI National
- The Who/What/Where/When/Why and How of bringing these to your organization
 - For staff
 - For partners
 - For those you serve



nAMIProvider

National Alliance on Mental Illness

- What it is
- Who from your staff should participate
- How many “groups” should participate
- Format: 4 hour seminar or 2-day full curriculum
- What partners of yours could you sponsor to take it
- What would you need to truly implement this



nami

National Alliance on Mental Illness

Hearts



Minds

- What is it
- How and who you can recruit
- How many “groups” should participate
- Format: Up to 8 one-hour sessions
- What would you need to truly implement this



nami In Our Own Voice

National Alliance on Mental Illness

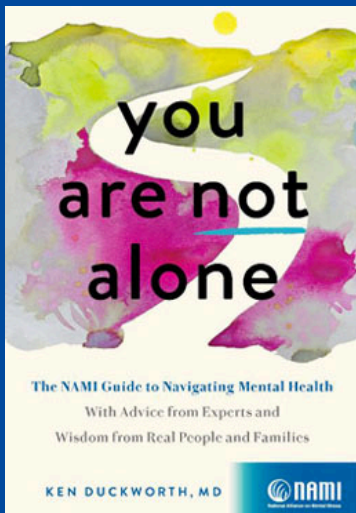
- Make it a part of your culture
- Think of venues
 - In service
 - Orientation
 - Continuing Education
 - Conferences
 - Board meetings
- Find partner opportunities
 - Co-responders
 - Fellowships and Practicum



Other NAMI Resources for those you serve (visit www.nami.org)

- NAMI Basics/Basics on Demand
- NAMI Family to Family, Family and Friends, Peer2Peer
- NAMI Family Support and NAMI Connections
- Sharing Hope/Compartiendo Esperanza/Chai and Chat
- NAMI Colorado Lawline – 303-321-3104
- NAMI Colorado Helpline – 303-321-3104
- NAMI Colorado Infoline
info@namicolorado.org
- Stigma Free –
 - <https://www.nami.org/Get-Involved/Pledge-to-Be-StigmaFree/>





The NAMI Guide to Navigating Mental Health—With Advice from Experts and Wisdom from Real People and Families

Written with authority and compassion, this is the essential resource for individuals and families seeking expert guidance on diagnosis, treatment and recovery, featuring inspiring, true stories from real people in their own words.

Ken Duckworth
“You Are Not Alone”

NAMI’s First Ever Book

[https://nami.org/Support-Education/ Publications-Reports/You-Are-Not-Alone](https://nami.org/Support-Education/Publications-Reports/You-Are-Not-Alone)

Thank You

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