HOW WELLBEING DRIVES RESULTS



PRODUCTIVITY

Well rested and healthy people are more focused and productive. They are less likely to experience burnout or absenteeism, leading to higher output and efficiency



REDUCED TURNOVER

When employees feel valued and supported, they are more likely to stay with the company, reducing recruitment and training costs



TALENT ATTRACTION

High-caliber employees are more likely to join and stay with organisations that prioritise their health and well-being, contributing to overall organisational success



PROFIT MARGINS

Improved productivity, reduced costs, better decision-making, and a positive reputation can result in higher profit margins



DECISION MAKING

When employees are physically and mentally well, they make better decisions. This can lead to cost savings and more efficient operations, positively impacting the organisation's bottom line



JOB SATISFACTION

When people feel their physical and mental health needs are met, their overall job satisfaction increases. Happy people are more likely to be loyal and motivated





REDUCED ABSENTEEISM

Healthier employees are less likely to call in sick, ensuring that work continues without disruptions and reducing the costs associated with



ENHANCED ENGAGEMENT

Engaged people are more committed, more likely to stay with the company, and contribute positively to organisational performance

