

## Annual Behavioral Health **Training Conference**

nextgen

Navigating Changing Landscapes

September 25 - 28, 2024

Beaver Run Resort, Breckenridge, CO

Up to 18 CEU Credits Provided by NASW & NAADAC

# Schedule at a Glance (subject to change)

© Clinical Board Business/Upper Management

## Wednesday | September 25, 2024 | CBHC Pre-Conference Workshops

8:00am - 4:30pm #1 Pre-Con Workshop @ @ D | Mental Health First Aid of the Rockies Summit

8:00am - 4:30pm #2 Pre-Con Workshop 🕲 🕮 🕲 | Skills Training (with Certificate) | Enhancing De-Escalation and Risk Management Skills in a

Clinical Setting: Keeping the Peace | Emily Machin-Mayes & Sara Jeckovich

### Thursday | September 26, 2024 | CBHC Conference

Sponsored by

mena

8:45am -

Keynote & Mental Health First Aid Awards | @ @ @ Awards Sponsored by American Foundation for Suicide Prevention 8:45am -Conquering Tomorrow: Reframing Our Outlook on Change | Jeff Havens | View details at www.cbhc.org/conference 10:30am

Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

11:00am - 12:00pm 

#101 📵 🙃 💷 | State Efforts to Upgrade Children's Behavioral Health Services | *Robert Werthwein* 

#102 🥶 | Strategic Resource Allocation in Behavioral Health: Leveraging Big-Data to Address Colorado's Clinician Shortages | *Steve Holloway* #103 🥝 | Building an Innovative Continuum of Care for I/DD Youth and Adults | *Nichole Schreiner & Bradley Crookston* 

#104 🕲 🕲 | Addressing the Cost of Loneliness and Social Isolation on Coloradans: Lessons Learned from a State-Wide Initiative | Sarah Nelson; Ron Goldman;

Chris Kesterson #105 10 | How To Do "Same Day Access" Right | Adam Roberts

#106 Dusing Data to Drive Change: Maximizing Community Needs Assessments in Behavioral Health | Mindy Klowden & Tina Riendeau

#### 12:00pm - 1:30pm Lunch | Attendees; CCBHC; Training & Development; MarComm Meeting

1:30pm - 3:00pm General Session | #200 | @ 100 | BHA/HCPF | General Session Sponsored by Mend General Session

#201 🙃 🖭 | Exploring the Future of Philanthropy: Elevating Fundraising in the Post-2020 Era | Nia Wassink & Maegan Vallejo

#202 1 | Proactive Distress Planning: A Precursor to Crisis Safety Planning for Suicide Prevention | Erin Ralston

#203 🖸 🔯 🗓 | Pathways to Healing: Opportunities for Providers and Patients in Colorado's State-Regulated Psychedelic Therapies Program | *Josh Kappel;* Kristin Kilbourn; Natasia Poinsatte

#### 3:00pm - 3:30pm Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

#300 📵 👽 🔞 | Harmony: Recovery in the Rockies! An Introduction to AllHealth Network's Newest Addiction Health Care Service | William Henricks & 3:30pm - 5:00pm Shane Hudson

#301 [9] | Justice, Health and Hope: Transforming Mental Health Care for the Marginalized | Bonnie Wright; Leora Joseph; Victoria Trapp #302 🥝 | Integrating Care: Embedding Behavioral Health Providers and Services Within LGBTQ and QTPOC Communities for Enhanced Outcomes

#303 🥶 | Updating Your Trauma-Care Toolbox: EMDR, Virtual Groups, and Yes, Video Games | *Julie Perlin & Braulio Rivera* 

#304 📵 👨 📵 | Placing the Head Back on the Body: The Long View Paradigm Shift | Cassie Damato & Lesley Brooks

#305 <sup>30</sup> | Embracing Change Through Extreme Ownership: A New Paradigm for Healthcare Leadership | *Teah Miller*; *Andrea Alvarez*; *Heather Hankins*; Katie Ledbetter; Maurissa Morones

#306 🧿 💷 📵 | CBHC 2024 Legislative Update | Frank Cornelia; Gilbert Romero; Edie Sonn; Karen Wick

Networking Reception @ @ | For all attendees | (Colorado Ballroon) | Sponsored by: Colorado Access & NextGen 5:15pm - 6:30pm Please note: The Golden Abacus & Golden Lightbulb Awards will be held on Friday morning

Friday | September 27, 2024

# ACCESS ACCESS

#### 10:30am Merging Technology and Neuroscience: The Battle For Your Brain | Nita Farahany | View details at www.cbhc.org/conference 10:30am - 11:00am Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

Keynote & Golden Abacus & Golden Lightbulb Awards | @ 🖘 📵

11:00am - 12:00pm #400 🕲 🤢 🐿 | DEI Mini Series: Lessons Learned from Piloting an Interactive, Relationship-Based Intervention for Healthcare Teams | *Samantha Monson*;

Brigitte McClellan; Laura Ramzy 

#402 📵 🕫 🕩 | Advancing Biopsychosocial Care Through Policy Change for Fifty Million Americans in Chronic Pain | Mara Baer

#403 🥶 💷 | Katz Amsterdam Foundation Shared Measurement Framework: How a Thriving Network of Mountain Resort Towns are Assessing & Tracking the Mental Behavioral Health of Their Communities | Heather Trish

#404 🥯 | Practical and Ethical Considerations for the Use of AI Within Healthcare Settings | *Brandon Ward & Amy Miller* 

#405 🕲 🕲 | An Academic Community Hospital's Multilevel Approach to Treating Substance Use Disorders in Adolescents | *Mario Lintz* 

#### Lunch | Attendees; Medical Directors; Deputy Directors; CBHC Member CFOs 12:00pm - 1:30pm

#### 12:00pm - 1:30pm <sup>10d</sup> CBHC Board Annual Meeting, Lunch & Awards Ceremony (CMHC & CBHC Board Members Only) | (Imperial Ballroom)

1:30pm - 3:00pm Skills Training | #500 🙆 | A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client & Therapist Well-Being (Part 1)

(Part 1 of 3 Part Skills Training) | Janine D'Anniballe #501 🔞 🕫 📵 | Assembling the Puzzle: What the CCBHC Model Is and Where it Fits in Colorado's Evolving Behavioral Healthcare Landscape | Sara Reid &

Rebecca Farley David #502 🕮 🜖 | Charting the Path to Recovery: National Trends and Insights in Peer Services and Recovery Support Service Organizations | Racquel Garcia;

Jason DeaBueno; Emily Brady; Kat Lilley

#503 1 How to Succeed in APMs: An Integrated Behavioral Health Perspective | Rachel Shuck & Britta Fuglevand

#504 How to Enhance Psychological Fortitude in Black Clients | Lexxus Washington

#505 (a) The Benefits of Competency Restoration: Utilizing Alternative Strategies to Improve Client Outcomes and Compliance with BHA Regulations Tara Rienow & Kathryn Davis

#### 1:30pm - 3:30pm #506 Bd | CMHC & CBHC Board Members Session | TBD | (Imperial Ballroom)

3:00pm - 3:30pm Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

3:30pm - 4:30pm Skills Training | #600 📵 | A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client and Therapist Well-Being (Part 2) (Part 2 of 3 Part Skills Training) | Janine D'Anniballe #601 Bilingual Spanish/English Counseling: Clinical Implications | Bradley Crookston

#602 (19) | Changing the Culture of Access and Performance | Kevin Light & Katie Blickenderfer

#603 (a) Youth at the Helm: Navigating the New Frontier of Peer-to-Peer Mental Health Advocacy | Sharon Tuttle #604 🧿 📴 📵 | The Care Compact: An Enhanced Care Coordination Model | *Melissa Bortnem & Leandra Montoya* 

#605 📵 🕮 Expanding Medicaid Access and Coverage Through Federal Waivers | Amy Austin; Emily Holcomb; Jennifer Holcomb

3:30pm - 4:30pm #606 Bd | CMHC & CBHC Board Member Reception (Board Members Only) | (Imperial Ballroom)

#### 4:45pm - 5:45pm CI BO BO | Medical Education Event | TBD | (Coppertop 3) Saturday | September 28, 2024

8:00am - 11:00am (15 minute break)

Skills Training | #700 🔨 😳 🕲 | A Framework for Trauma-informed Yoga Facilitation & Trauma-informed Yoga Practice (Part 3) (Part 3 of 3 Part Skills Training) | Janine D'Anniballe

#701 😉 😳 🐿 | Harmonizing Minds: Exploring the Mental Well-Being Benefits of Sound Bowl Meditation | Ashley Oxton; Miranda Jankowski; Julia Kallis #702 @ 10 10 Harness the Vitality of Health and Wellness in the Professional Realm | LaDonna Reed & Adam Roberts

## **Registration Open June 1st** | <u>www.cbhc.org</u> | Full Conference Program available June 25th

\$60 | #1 Pre-Conference | (Wed Only) | Mental Health First Aid of the Rockies Summit (Includes Wednesday training session, breakfast, lunch & coffee breaks) \$165 | #2 Pre-Conference | (Wed Only) | Skills Training | Enhancing De-Escalation and Risk Management Skills in a Clinical Setting: Keeping the Peace (Includes Wednesday

training session, breakfast, lunch & coffee breaks) \$500 | Full Conference | (Thur, Fri & Sat) | Full Conference (Includes sessions, networking reception, breakfasts, lunches & coffee breaks)

\$560 | #1 PreCon + Full Conference | (Wed, Thur, Fri & Sat) | (Includes Wednesday workshop, and full conference sessions, networking reception, breakfasts, lunches & coffee breaks)

\$665 | #2 PreCon + Full Conference | (Wed, Thur, Fri & Sat) | (Includes Wednesday workshop, and full conference sessions, networking reception, breakfasts, lunches & coffee breaks)