



## Schedule at a Glance

**8:00 Networking Breakfast**

8:45 Keynote Address – Tramaine El-Amin of The National Council for Mental Wellbeing

**9:45 Breakout Sessions A**

Understanding Your Why and Purpose with MHFA | *Janicanne Shane, National Council*

Empowering Communities: Strengthening MHFA Programs for Sustainable Impact | *Jasmine Breeden and Michelle Quattlebaum, WellPower*

10:45 Coffee Break

**11:00 Breakout Sessions B**

MHFA Purpose and importance of Curricula Activities | *Richard Infranca, National Council*

NARCAN Training | *Maggie Seldeen*

**12:00 Networking Lunch**

**1:30 Breakout Sessions C**

Psychological Safety Training Presentation | *Lori Sassali, AllHealth Network CO*

Does Anybody Have a Map? Navigating Mental Health Resources in Today's Environment | *Ray Merenstein, NAMI*

2:30 Coffee Break

**2:45 Breakout Sessions D**

Bring teen Mental Health First Aid to Colorado Schools | *Kayla Blasher, National Council*

Connecting Before Learning – Support for MHFA coordinators in the early stages of connecting with learners | *Rebecca Mitchell, JCMH*

3:45 Instructor and Coordinator of the Year Ceremony

4:00 End