



AllHealth  
NETWORK

HARMONY RECOVERY



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## HARMONY FOUNDATION AND ALLHEALTH NETWORK HAVE JOINED TOGETHER TO DELIVER EXCEPTIONAL ADDICTION HEALTHCARE SERVICES AT HARMONY RECOVERY IN ESTES PARK. THIS SESSION WILL PROVIDE EDUCATION AND INFORMATION TO INCLUDE:

- Addiction is a primary, chronic disease, of brain reward, motivation, memory, and related circuitry. Dysfunction in these circuits leads to characteristic biological, psychological, social, and spiritual manifestations. This is reflected in an individual pathologically pursuing reward and/or relief by substance use and other behaviors.
- 16.7% of Americans ages 12 and older could be diagnosed with a substance use disorder. However, only 11% of those with addiction receive treatment. This is compared to 70% of those with other chronic conditions such as diabetes and high blood pressure receiving care. It is staggering and unacceptable that 90% of those with addiction are not accessing the appropriate health care service.
- 23% of patients in primary care clinics have moderate to high risk substance use. 17% of patients being discharged from acute care settings could be diagnosed with a substance use disorder. Yet, less than 7% of patients receiving addiction healthcare were referred by another healthcare provider.
- Harmony Recovery, an AllHealth Network program, aims to aid our systems of care in accepting addiction as a disease that requires healthcare and chronic disease management. Through this effort, we will be improving the identification of those in need of care, access to appropriate care, and ease of care engagement through collaboration, communication, and coordination.
- Harmony Recovery is expanding and building upon our care model that began in 1969 to better meet the needs of individuals who require addiction healthcare. This updated model of care will include a multipathway approach to recovery support, specialty care to focus on trauma and co-occurring disorders, a more robust family program, and enhanced spirituality services in our natural environment just outside Rocky Mountain National Park.