



CBHC

Colorado Behavioral
Healthcare Council

2025 Behavioral Health Training Conference

Rooted in Resilience: Transforming Together



September 17 - 20, 2025

Pre-Conference Workshops | Wednesday, September 17th

*Beaver Run Resort & Conference Center
Breckenridge, Colorado*



CBHC | Colorado Behavioral
Healthcare Council

Greetings,

Welcome to the 2025 Colorado Behavioral Healthcare Council (CBHC)

Conference: ***Rooted in Resilience: Transforming Together.***

This year's conference theme reflects the strength and adaptability of Colorado's behavioral health community. Just as the strongest trees are anchored by deep roots, our collective commitment to resilience grounds us in the face of challenges. Together, we continue to evolve, adapt, and transform systems and services to meet the needs of individuals, families, and communities across our state.

Over the next few days, we invite you to explore innovative approaches, deepen connections, and celebrate the progress we've achieved together. Through thought-provoking keynotes, dynamic workshops, and meaningful discussions, this conference is an opportunity to share ideas, foster collaboration, and build a healthier future for all Coloradans.

Our keynote speakers, Dr. Susan Biali Haas and Allison Massari, will share insights on reducing stress and burnout, and the transformative power of compassionate care, respectively. Their experiences and expertise will inspire and equip us to fortify our minds, bodies, and communities as we face today's unprecedented challenges.

We extend our heartfelt gratitude to the providers, advocates, policymakers, and community leaders who make up the backbone of behavioral health services in Colorado. Your dedication ensures that our work remains firmly rooted in compassion, equity, and innovation. Together, we are not just surviving but thriving, as we push the boundaries of what is possible.

Thank you for joining us as we celebrate the power of resilience and the transformative strength of unity. Let's inspire one another, learn from each other, and leave this conference ready to shape a future of hope and well-being for all.

Kara L. Johnson-Hufford, MPA

Chief Executive Officer

Colorado Behavioral Healthcare Council

Mandy Kaisner, LPC

Conference Chair

CEO/President, Solvista Health



CBHC Awards Presentations | *(Breckenridge Ballroom)*

Thursday | Mental Health First Aid Awards | 8:45am - 9:00am

Friday | Golden Abacus & Golden Lightbulb Awards | 8:45am - 9:00am

Golden Abacus & Golden Lightbulb Awards Sponsored by 

Keynotes



Thursday | 9:00am - 10:30am | *(Breckenridge Ballroom)*

**The Resilient Life: Reducing Stress & Burnout
in Today's Wild World | *Susan Biali Haas, MD***



Friday | 9:00am - 10:30am | *(Breckenridge Ballroom)*

**Transforming Lives: The Heart and Soul of Health Care
*Allison Massari***

CMHC & CBHC Board Member Awards & Events

(Imperial Ballroom)

CBHC Annual Board Meeting | Friday 12:00pm - 12:30pm

CMHC & CBHC Awards Lunch | Friday 12:30pm - 1:30pm

CMHC & CBHC Board Special Session

Behavioral Health at a Crossroads: Federal & State Policy, Medicaid Insights...

Federal Policy & Budgets | Friday 1:30pm - 2:30pm

State Policy & Budgets | Friday 2:30pm - 3:30pm

CMHC & CBHC Board Networking Reception | Friday 3:30pm - 4:30pm

Networking Reception

Thursday Evening | 5:15pm - 6:30pm | *(Colorado Ballroom)*

Gather for our networking reception with appetizers and drinks

Sponsored by





CBHC

Colorado Behavioral
Healthcare Council

Pre-Conference Workshops | Wednesday, September 17, 2025

#1 Pre-Con: \$165 | Communicating Assertively: Finding Balance

Jorie Cotton, MA, LPC, PHR | The Employers Council

#2 Pre-Con: \$165 | Transforming Toxic Stress and Burnout: Moving From Overwhelm and Depletion to Empowerment and Vitality

Janine D'Anniballe, PhD

(Wednesday | 8:00am - 4:00pm | Includes training, breakfast, lunch, and coffee breaks)

(Note: Pre-Conference workshop fees are separate from conference fees shown below)

CBHC 2025 Conference Registration Fees

Full Conference | \$500 per person

Thursday/Friday/Saturday | (Thursday 7:45am - Saturday 11:00am)

(Includes Thursday networking reception, all conference sessions, breakfasts, lunches, and coffee breaks)

#1 Pre-Conference Workshop + Full Conference | \$665 per person

Wednesday/Thursday/Friday/Saturday | (Wednesday 8:00am - Saturday 11:00am)

(Includes Wednesday and all Thursday-Saturday sessions, breakfasts, lunches, and coffee breaks)

#2 Pre-Conference Workshop + Full Conference | \$665 per person

Wednesday/Thursday/Friday/Saturday | (Wednesday 8:00am - Saturday 11:00am)

(Includes Wednesday and all Thursday-Saturday sessions, breakfasts, lunches, and coffee breaks)

Credits | Up to 19 CEU Credits from NASW & NAADAC

Hotel room block
open now:

[Reserve your room](#)

Visit our website
to learn more about CBHC:
cbhc.org

Register Now!
Click the link below:
[CBHC 2025](#)

CBHC Conference Cancellation/Refund Policy

Conference registration fees will be refunded upon written notice of cancellation if received no later than August 1, 2025.

Questions: Contact Tracy O'Shaughnessy

Tracyhmsr@gmail.com or call 303-525-2811

CBHC Members

Thank you member organizations!

Aurora Mental Health and Recovery
Axis Health System
Centennial Mental Health Center
Clinica Family Health and Wellness
Community Reach Center
Diversus Health
Health Solutions
Health Solutions West
Jefferson Center for Mental Health
North Range Behavioral Health
San Luis Valley Behavioral Health
Group
Servicios de La Raza
Solvista Health
SummitStone Health Partners
Valley-Wide Health Systems
WellPower




Continuing Education Credits

CBHC provides pre-approved Certificates of Attendance for attendees to submit to NAADAC & NASW for their continuing education credits.



CEU Credits Provided!

**Up to 19 CEU Credits from
NASW & NAADAC**

 @CBHC_News | #CBHC25Conf

2025 CBHC Conference

Planning Committee

Mandy Kainser, LPC

Conference Chair

Chief Executive Officer/President

Solvista Health

Canyon City, CO

Kara L. Johnson-Hufford, MPA

Chief Executive Officer

CBHC, Denver, CO

Brittany Langevin

Administrative Director

CBHC, Denver, CO

Ann C. Noonan, MA, CAS, LPC

Behavioral Health Consultant

Noonan Consults

Longmont, CO

Allye Batterton, BA

Crisis Manager

Valley-wide Health Systems

Alamosa, CO

Megan Coatley, MA, BCBA

Chief Culture Officer

North Range Behavioral Health

Greeley, CO

Diamond Mobbley, LPC, CAS

Clinical Director of Intensive

Programs

San Luis Valley Behavioral Health Group

Alamosa, CO

Brian Jensen, MBA, BSW

Staff Development Manager

Health Solutions

Pueblo, CO

Jes Rau

Director of Training and Staff

Development

WellPower

Denver, CO

Sara Reid, MA

Director of Quality and Program

Development

Clinica Family Health & Wellness

Lafayette, CO

Hotel Reservations

Beaver Run Resort & Conference Center

620 Village Road, Breckenridge, Colorado 80424

Call 1-800-525-2253 for reservations.

Hotel rooms start at \$156 + tax and service charge.

Be sure to mention you are attending the CBHC
Conference to receive the group rate.

[Reserve your room today!](#)



*Enjoy,
Explore,
Experience*



Beaver Run Resort & Conference Center

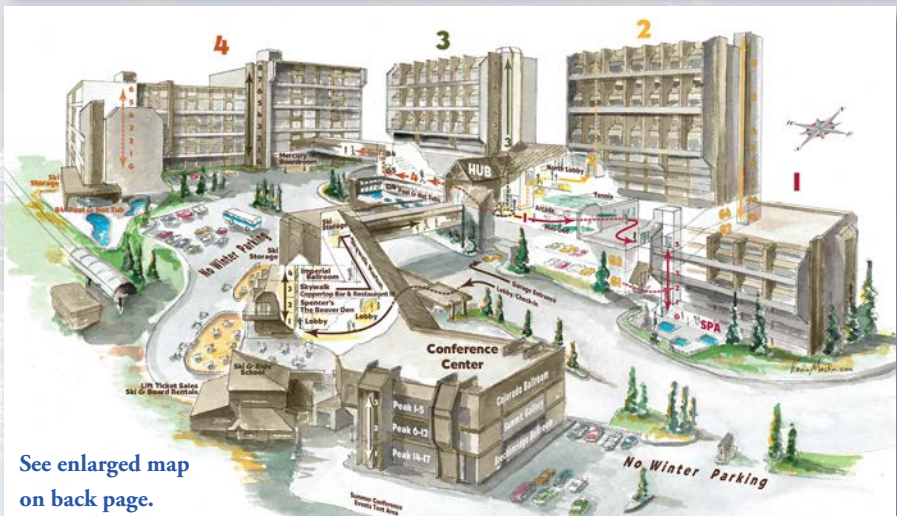
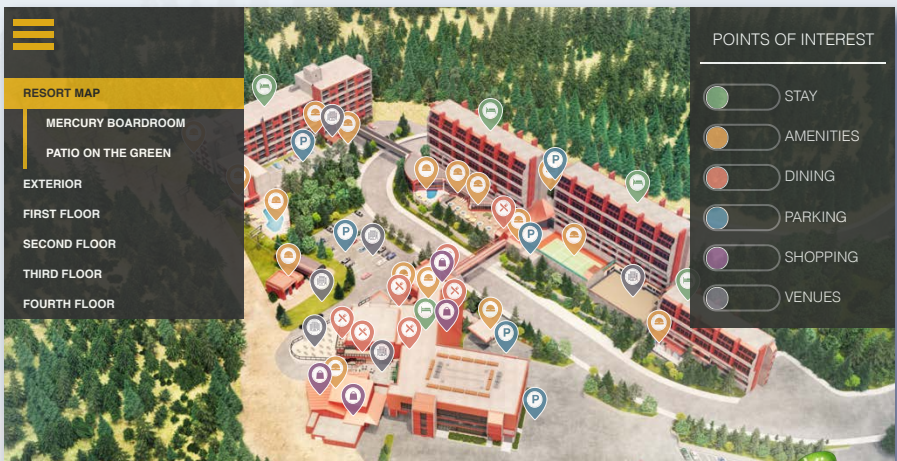
Interactive Map

[Click here to access the Beaver Run Interactive Map](#)

Or go to: <https://beaverrun.com/welcome-back-cbhc>

For use on tablets, laptops & desktop devices: **(not available on phones)**

Locate all your session rooms!



See enlarged map
on back page.

When your EHR has gaps, don't replace it. Mend it.

Trusted by **thousands** of providers, Mend seamlessly fills **EHR workflow gaps** for mental & behavioral healthcare organizations—reducing no-shows, helping capture lost revenue, and making engagement effortless.

You don't need a new EHR.
You need a partner that can help mend the gaps.

Mend integrates directly with your existing EHR and:

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- ✓ Increases attendance while reducing your staff's workload
- ✓ Supports Measurement-Based Care (MBC) with AI
- ✓ Offers an industry-unique ROI guarantee

That's why so many **Colorado providers** trust Mend to support their teams and serve their communities better.



SEE HOW MEND WORKS WITH YOUR EHR!
SCHEDULE YOUR ONLINE DEMO TODAY.

mend

CBHC Pre-Conference Workshops | Wednesday Only

CI Clinical Bd Board Bu Business/Upper Management

8:00am - 4:00pm

CI Bd Bu

Peak 17
(Front of the
Breckenridge
Ballroom)

#1 Pre-Con | Communicating Assertively: Finding Balance

(Download the *Communicating Assertively* 47-page handout at CBHC.org)

Jorie Cotton, MA, LPC, PHR | The Employers Council

This interactive training is tailored specifically for middle managers to enhance their communication effectiveness. Participants will examine common communication challenges, clarify their own needs and boundaries, and develop assertive strategies to navigate complex workplace dynamics. Through practical tools and guided exercises, learners will build the confidence to communicate clearly, manage difficult conversations, and lead with intention. Learners will identify their needs and desires and practice stating them clearly. This course examines ineffective aspects of personal communication and develops an assertive, clear, and direct communication approach.

- Identify barriers and tools to apply an assertive mindset.
- Recognize and manage ineffective communication.
- Manage criticism and rejection effectively.
- Facilitate difficult conversations confidently and manage conflicts responsibly.

(Includes training, breakfast, lunch, and coffee breaks)

Schedule:	8:00am - 8:45am	Breakfast & Networking
	10:45am - 11:00am	Coffee Break
	12:30pm - 1:30pm	Lunch
	2:30pm - 2:45pm	Coffee Break
	4:00pm	End

8:00am - 4:00pm

CI Bd Bu

Imperial
Ballroom

#2 Pre-Con | Transforming Toxic Stress and Burnout: Moving from Overwhelm and Depletion to Empowerment and Vitality

Janine D'Anniballe, PhD

Toxic stress is more than just a buzzword—it's a physiological and psychological burden that, if unaddressed, can lead to chronic burnout. This engaging and interactive pre-conference session explores the nature of toxic stress, its impact on the brain and body, and why it's critical to recognize and respond to it early. Participants will gain a deeper understanding of how toxic stress differs from everyday stress, how it manifests in the body, and practical, evidence-based strategies for managing its effects. The session will also delve into how unmanaged toxic stress can evolve into burnout, offering insights into how to identify the warning signs and implement sustainable approaches for building resilience, vitality, and long-term well-being—both personally and within teams

(Includes training, breakfast, lunch, and coffee breaks)

Schedule:	8:00am - 8:45am	Breakfast & Networking
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	12:30pm - 1:30pm	Lunch
	2:30pm - 2:45pm	Coffee Break
	4:00pm	End

THURSDAY

7:30am - 4:30pm | CBHC Registration Open | *Third Floor Foyer*7:45am - 6:30pm | Exhibit Hall Open | *Colorado Ballroom*7:45am - 8:45am | Breakfast in Exhibit Hall | *Colorado Ballroom*

8:45am - 10:30am | Keynote & Awards

8:45am -
10:30am

CI Bd Bu

Breckenridge
Ballroom

Keynote & Mental Health First Aid Awards

Keynote | The Resilient Life: Reducing Stress & Burnout
in Today's Wild World | *Dr. Susan Biali Haas, MD*

10:30am - 11:00am | Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

11:00am - 12:00pm

Peak 17 | #100 The Resilient Life: Strengthening Our Roots to Fortify
Our Days | *Dr. Susan Biali Haas, MD* CI Bd BuPeak 14-16 | #101 Young Minds, Big Challenges: The Current State of
Pediatric Mental Health in Colorado | *Mark Allen, MD* CI Bd BuPeak 6-10 | #102 Building Resilience for Clients From Marginalized
Communities: A Roadmap for Clinicians | *Jane Flournoy, PhD,
LMFT, LPC, LAC; Hannah Haddadi, BS; Leela Romero, BA* CIPeak 11/12 | #103 Veteran Outreach & Suicide Prevention in Rural
Communities | *Brad Roe & Craig Rauwolf* CICoppertop 2 | #104 Support Comes from Unexpected Places: Prosecutor-Led
Beaver Den Behavioral Health Diversion | *Jenny Dusseau, MA, CAS & Ayla Perez* BuCoppertop 3 | #105 Supporting Employees Affected by Substance Use
Disorder: The Colorado Recovery Friendly Workplace Initiative™
David Shapiro Bu CIImperial
Ballroom | #106 Flexible Framework for Helping Clients on the Autistic
Spectrum | *Autumn L. Matsutani, MA, CRC, LPC, NCC* CI12:00pm - 1:30pm | Lunch (*Note room locations below*)Lunch for all attendees (*Colorado Ballroom*)CCBHC Lunch (*Base Nine Lounge*)MarComms Meeting & Lunch (*Mercury Board Room - Bldg. 4*)Training & Development Meeting & Lunch (*Spencer's Private Dining Room*)

1:30pm - 3:00pm	
Peak 17 <i>Sponsored by</i> mend	#200 General Session State of the State Perspective: CI Bd Bu Panel With the BHA and HCPF Leadership With BHA <i>Commissioner Dannette R. Smith, MSW; Cristen Bates, MPH; Bettina Schneider</i>
Peak 6-10	#201 Targeted Violence Prevention CI Bu <i>Brytany Lemon, MA, LPC & Rebecca Rickard, MSW, LCSW, Certified Master Trainer, NTER, DHS</i>
Coppertop 2 Beaver Den	#202 Building Community Support Networks for People Experiencing Homelessness CI <i>Becc Mace, MSW; Rosy Rodriguez, MSW; Wren Duggan, LPC</i>
Coppertop 3	#203 Survivor and Provider: Living as Wounded Healers CI Bd Bu <i>Brandon Wilcox, BS & Tiffany Erspamer, PsyD, LP</i>
Imperial Ballroom	#204 Empowered Leadership: How Managers Can Drive Culture Change in Behavioral Health CI Bd Bu <i>Vanessa Alarcón, LCSW, LAC, ACS; Daniela Rossi, LPC; Michael Marsico, LCSW</i>
3:00pm - 3:30pm Coffee Break Visit the Exhibits & Sponsors in the Colorado Ballroom	
3:30pm - 5:00pm	
Peak 17	#300 Psilocybin in Practice: The Launch of Colorado's Psychedelic Therapy Program CI <i>Natasia Poinsatte, MA; Mikki Vogt, LAC, LPC, NMCF; German Ascani, MD, MS</i>
Peak 14-16	#301 Deep Roots for Big Storms: Colorado's Disaster Behavioral Health Program CI Bd Bu <i>Aimee Voth Siebert, MA, CPH</i>
Peak 6-10	#302 Resilient Leadership: Building Trust & Collaboration on Leadership Teams Bd Bu <i>Megan Coatley, MA, BCBA</i>
Peak 11/12	#303 Enhancing Overdose Prevention Using Innovative Technology CI <i>Jorge R. Petit, MD</i>
Coppertop 2 Beaver Den	#304 Behavioral Health Fundraising in Flux: Centering Community and Securing Support Bu <i>Nia Wassink, MNM & Maegan Vallejo</i>
Coppertop 3	#305 Evolving the Behavioral Health Delivery System Through Mergers and Acquisitions Bu <i>Joshua Rubin, MPP</i>
Imperial Ballroom	#306 Policy, Legislation and Budgets: State and Federal Developments CI Bd Bu <i>Edie Sonn, MPP; Frank Cornelia, MS, LPC; Veronica Bell, MPPA; Gilbert Romero, JD; Karen Wick, MPP</i>

CI Clinical **Bd** Board **Bu** Business/Upper Management



CBHC

Colorado Behavioral
Healthcare Council



CBHC

Colorado Behavioral
Healthcare Council

Networking Reception

Thursday | 5:15pm - 6:30pm | *(Colorado Ballroom & Patio)*

Gather for our Networking Reception with appetizers and drinks

Sponsored by

 **Rula**

FRIDAY

7:30am - 4:30pm | **CBHC Registration Open** | *Third Floor Foyer*

7:45am - 1:30pm | Exhibit Hall Open | *Colorado Ballroom*

7:45am - 8:45am | Breakfast in Exhibit Hall | *Colorado Ballroom*

8:45am - 10:30am | **Keynote & Awards**

8:45am -
10:30am



Breckenridge
Ballroom

Keynote & Golden Abacus & Golden Lightbulb Awards

**Keynote | Transforming Lives: The Heart and Soul of
Health Care | *Allison Massari***

10:30am - 11:00am | Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

11:00am - 12:00pm

Peak 17

#400 Mastering the Art of Resilience | *Allison Massari*



Peak 14-16

**#401 Supporting Others Without Depleting Yourself: Practical
Mindfulness for Helping Professionals | *Liz Chamberlain, PhD***



Peak 6-10

**#402 Building Smarter Schedules: Community-Based Staffing
Models for Access and Growth | *Dante Gonzales, MBA &
Elly Bailey, MSHCT, RN, NE-BC***



Peak 11/12

**#403 Building Resilient Communities: CHWs as the Future
of Equitable Healthcare | *Emily Lentz, MSW & Jennifer Cannon, BA***



Coppertop 2
Beaver Den

**#404 Addressing Acute Suicidality: A Call for a Paradigm Shift in
Suicide Prevention and Public Health Practices | *Alexis Alltop &
Christina Walker, MPA***



Coppertop 3

**#405 The Evolving Federal Landscape for CCBHCs: Updates
and Opportunities | *Rebecca Farley David, MPH***



12:00pm - 1:30pm | **Lunch** (*Note room locations below*)

Lunch for all attendees (*Colorado Ballroom*)

Deputy Directors' Lunch (*Spencer's Private Dining Room*)

CBHC Member CFOs' Lunch (*Mercury Board Room - Bldg. 4*)

Clinical **Board** **Business/Upper Management**

CBHC & CMHC Board Members Only Half-day Events (Imperial Ballroom)**12:00pm - 1:30pm | Annual CBHC Board Meeting & Board Awards Lunch****#506 | Behavioral Health at a Crossroads: Federal & State Policy, Medicaid Insights...****1:30pm - 2:30pm | Federal Policy & Budget | Reyna Taylor, MBA, MS, BS****2:30pm - 3:30pm | State Policy & Budget | Cristen Bates, MPH & Adela Flores-Brennan, PhD****3:30pm - 4:30pm | CMHC & CBHC Board Member Only Reception****1:30pm - 3:00pm**

Peak 17	#500 Avoiding Data Black Holes: Actionable Use of CCBHC Quality Measures Sara Reid, MA; Julia Lamb, MS-HSA; Andrea Raasch, LCSW; Sean Hansen, MS	Bu Cl
Peak 14-16	#501 Addressing Current Events, Mass Tragedies, and Global Conflicts in Therapeutic Spaces Eunice Kwon, LCSW, PMH-C	Cl Bd Bu
Peak 6-10	#502 Breaking the Cycle: Addressing Adverse Childhood Experiences Among Marginalized Youth Steven Haden, MSW, MBA, CPRP	Cl
Peak 11-12	#503 Enhancing Parity Using Data From the Transparency in Coverage Rule Jessica Dunbar, MSPH & Mindy Klowden, MNM	Bu
Coppertop 2 Beaver Den	#504 Language Equity in Clinical Assessments When Working With Interpreters Vivion Sloan, PhD	Cl
Coppertop 3	#505 Colorado System of Care (CO-SOC) for Children and Youth: 6-Year Plan for Intensive In-Home Services for Medicaid Members Robert Werthwein, PhD & Stacey Davis, LCSW	Cl Bd Bu

3:00pm - 3:30pm | Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom**3:30pm - 4:30pm**

Peak 17	#600 University and Provider Collaboration: Addressing Colorado's Workforce Shortage With Apprenticeships Casey Riley; Devon Cozens, LCSW, MSW; Hanna Madison Lignell, MA; Jess Retrum, MSSW, PhD; Sara Reid, MA; Susie Ryder, CAC, LAC, MSW, LCSW	Bu
Peak 14-16	#601 Overview of 988 Suicide & Crisis Lifeline Center Operations Cassie Villegas, LAC, CHC & Jaime Brewer, MA, LPC, CCI	Cl Bd
Peak 6-10	#602 Building Social Connection in Rural Communities to Support Mental Wellness: The COMET Program Linda Zittleman, MSPH & Jennifer Pollmiller, MA	Cl Bd
Peak 11/12	#603 Certified Community Behavioral Health Clinics & Colorado Melissa Eddleman, MSW, FL, LCSW, MPA & Thomas Miller, JD, MA	Cl Bd Bu
Coppertop 2	#604 Fostering Healthy Futures: Promoting Resilience Among Youth With Child Welfare Involvement Heather Taussig, PhD	Cl Bu
Coppertop 3	#605 Achieving No-Barrier Behavioral Healthcare in Medical Settings Scott Simpson, MD, MPH; Cory Caven, BSW; Sandra Fritsch, MD; Thida Thant, MD	Cl Bd Bu

SATURDAY

7:30am - 11:00am | CBHC Registration Open | Third Floor Foyer

7:00am - 8:00am | Breakfast | Colorado Ballroom

8:00am - 11:00am (with 15-minute break)

Peak 17	#700 Implementing Ketamine-Assisted Psychotherapy: Lessons Learned From a Community Behavioral Healthcare Provider <i>Zane Guilfoyle, LPC, LAC, ACS, ADS, MAC; Sabrina Rubaud, LCSW; Blaire Kabernagel, RN</i>	CI	Bu
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Coppertop 3	#701 Implementation Best Practices for Artificial Intelligence in Behavioral Health <i>Dennis Morrison, PhD</i>	CI	Bd	Bu
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Imperial Ballroom	#702 Suicide Prevention Training & Certificate Workplace-Based Suicide Prevention Training Certification: Implementation, Management and Outcomes <i>Matt Mishkind, PhD & Alex Yannacone, MA</i>	CI	Bd	Bu
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CI Clinical Bd Board Bu Business/Upper Management

#702 | Saturday Skills Training

Suicide Prevention Training & Certificate

Workplace-Based Suicide Prevention
Training Certification: Implementation,
Management and Outcomes



**MENTAL HEALTH
FIRST AID
COLORADO**



Take a course today!

Identify. Understand. Respond.

Mental Health First Aid is a skills-based training that teaches participants about mental health and substance-use issues.

Mental Health First Aid Awards Presentation

Thursday | 8:45am - 9:00am | *(Breckenridge Ballroom)*

Evaluations Available Online



Evaluations Drawing

**Two-Night Stay at Beaver Run Resort
and \$100 Visa Gift Card**

**Complete your online evaluation
for a chance to win.**



QR code for live online session feedback!

Enter your email to access the online evaluations.

Also at www.cbhc.org/conference until October 3rd.





Free WiFi in Beaver Run Conference Center

Free WiFi

Open a browser on your device.

Select network: **Beaver Run Meeting 1**

Enter Password: conferencewifi

#1 Pre-Conference Workshop

Wednesday | September 17, 2025

8:00am - 4:00pm | (Peak 17 - Front of Breckenridge Ballroom)

CI Bd Bu

#1 Pre-Conference Workshop | Communicating Assertively: Finding Balance

This interactive training is tailored specifically for middle managers to enhance their communication effectiveness. Participants will examine common communication challenges, clarify their own needs and boundaries, and develop assertive strategies to navigate complex workplace dynamics. Through practical tools and guided exercises, learners will build the confidence to communicate clearly, manage difficult conversations, and lead with intention. Learners will identify their needs and desires and practice stating them clearly. This course examines ineffective aspects of personal communication and develops an assertive, clear, and direct communication approach.

- Identify barriers and tools to apply an assertive mindset.
- Recognize and manage ineffective communication.
- Manage criticism and rejection effectively.
- Facilitate difficult conversations confidently and manage conflicts responsibly.

Jorie Cotton, MA, LPC, PHR is a Trainer and Coach who has helped organizations reach their goals by facilitating learning and change for over 12 years. Jorie became a Licensed Clinical Counselor in 2012 and a Professional in Human Resources (PHR) in 2022. Her passions include helping people and organizations align perceptions with intentions and seeing others happy in their work.

(Includes training, breakfast, lunch, and coffee breaks)

Schedule:	8:00am - 8:45am	Breakfast & Networking
	10:45am - 11:00am	Coffee Break
	12:30pm - 1:30pm	Lunch
	2:30pm - 2:45pm	Coffee Break
	4:00pm	End



Jorie Cotton, MA, LPC, PHR

CI Clinical Bd Board Bu Business/Upper Management

Workshop Evaluations Drawing!

[Click here](#) to enter online workshop feedback
for a chance to win a



**Two-Night Stay at Beaver Run Resort
and \$100 Visa Gift Card.**

#2 Pre-Conference Workshop

Wednesday | September 17, 2025

8:00am - 4:00pm | (Imperial Ballroom)

CI Bd Bu

#2 Pre-Con | Transforming Toxic Stress and Burnout: Moving From Overwhelm and Depletion to Empowerment and Vitality

Toxic stress is more than just a buzzword—it's a physiological and psychological burden that, if unaddressed, can lead to chronic burnout. This engaging and interactive pre-conference session explores the nature of toxic stress, its impact on the brain and body, and why it's critical to recognize and respond to it early. Participants will gain a deeper understanding of how toxic stress differs from everyday stress, how it manifests in the body, and practical, evidence-based strategies for managing its effects. The session will also delve into how unmanaged toxic stress can evolve into burnout, offering insights into how to identify the warning signs and implement sustainable approaches for building resilience, vitality, and long-term well-being—both personally and within teams.

Janine D'Anniballe, PhD is a Licensed Psychologist and a nationally recognized expert in sexual assault, traumatic stress, and treatment for trauma survivors. A native of Ohio, she received her undergraduate degree from the University of Dayton and her Doctorate in Counseling Psychology from the University of Tennessee. Janine currently serves as the Director of Psychological Health and Performance in the Athletics department at the University of Colorado, Boulder. In 2017, Janine's vision of offering a trauma center of excellence to the community was realized when Moving Beyond Trauma, a trauma-focused holistic counseling program opened under a local nonprofit organization. Additionally, for 23 years, she was the Director of Moving to End Sexual Assault (MESA), the rape crisis center serving Boulder County, Colorado. Through her private consulting and training practice, Janine has provided guidance on psychological trauma in over 40 states to prosecutors, law enforcement officers, military personnel, child welfare workers, university staff, mental health workers, and victim advocates. As a faculty member of the National Judicial Education Program, she has educated judges on ways of minimizing the re-traumatization of sexual assault victims while still ensuring defendants' rights. Janine has provided expert forensic court testimony in over 75 civil and criminal sexual assault trials across Colorado. Additionally, Janine is a registered yoga teacher specializing in trauma-informed yoga. When she is not practicing or teaching yoga, Janine loves to garden, hike, follow her beloved Cleveland sports teams, and share quality time with her charming cats, Felix and Nemo, and sweet labrador golden retriever, Fievel.

(Includes training, breakfast, lunch, and coffee breaks)

Schedule:	8:00am - 8:45am	Breakfast & Networking
	10:45am - 11:00am	Coffee Break
	12:30pm - 1:30pm	Lunch
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	4:00pm	End



Janine D'Anniballe, PhD

CI Clinical Bd Board Bu Business/Upper Management

Keynote & Awards

Thursday | 8:45am - 10:30am

The Resilient Life: Reducing Stress & Burnout in Today's Wild World

Dr. Susan Biali Haas, MD



With stresses in work and life at all-time highs, we need new ways to work and live. This Keynote based on stories, evidence-based knowledge and strategies featured in Dr. Biali Haas's most recent book, *The Resilient Life: Manage Stress, Prevent Burnout & Strengthen Your Mental and Physical Health*, will equip you to fortify your mind, body, life, and workplace as we face today's unprecedented challenges.

Takeaways:

- **How to make and protect time for what matters most.**
- **Understanding burnout: What it is, what it's not, and what to do about it.**
- **Fundamentals for building work-life boundaries that enhance both individual well-being and contribution at work.**
- **Simple, powerful tools to reduce stress, improve mental and physical resilience, and boost energy.**
- **The foundational elements of a resilient life and how to leverage these to enhance your own resilience.**
- **How to increase connection to purpose and meaning, for enhanced resilience and protection from burnout.**

Dr. Susan Biali Haas is an award-winning medical Doctor, internationally recognized for her expertise in stress resilience, burnout prevention, and leadership. She has delivered keynotes and workshops on these topics to a wide range of organizations including the United States Navy, Google, Harvard Medical School, McKinsey & Company, Deloitte, The Coca-Cola Company, and MIT. In addition to her 20 years of primary care experience, she also coaches a broad range of clients — from senior executives to physicians and other health professionals — to embrace change and excel without sacrificing well-being. Susan's popular Psychology Today blog has over 11 million views, and she has been featured in media such as The Today Show, Today with Hoda & Jenna, BBC World Service, Inc., Fast Company, Forbes, The Washington Post, The Chicago Tribune, and The New York Post. She's also the author of the bestselling book, The Resilient Life: Manage Stress, Prevent Burnout, and Strengthen Your Mental and Physical Health.

#100 | The Resilient Life: Strengthening Our Roots to Fortify Our Days CI Bd Bu

This interactive workshop builds upon foundational elements of the morning keynote. You'll be guided through a process combining personal reflection and engaging discussion, empowering you to apply key insights, tools, and strategies to your own work and life.

(Download the Resilient Life handout at CBHC.org or bring a notebook to journal in)

Susan Biali-Haas, MD (See bio page 20)

#101 | Young Minds, Big Challenges: The Current State of Pediatric Mental Health in Colorado CI Bd Bu

Attendees will gain insight into systemic challenges, innovative solutions, and actionable strategies to improve outcomes for youth across the state. We will explore the pediatric mental health landscape in Colorado.

Mark Allen, MD is a double board-certified Psychiatrist specializing in child, adolescent, and adult mental health. He is based out of Denver, Colorado, and serves as the Colorado Regional Medical Director for SOL Mental Health.

#102 | Building Resilience for Clients From Marginalized Communities: A Roadmap for Clinicians CI

This breakout session will provide an overview of current and ever-changing challenges faced by marginalized populations seeking behavioral health services. We will address clinician response strategies and provide a roadmap to help best conceptualize and respond to the needs of clients from marginalized communities. Presenters will reference emerging research and best practices to address how to help clients build coping skills, psychological flexibility, and resilience. We will address clinician compassion fatigue, stress management, empowering others when feeling powerless, and avoiding burnout.

Jane Flournoy, PhD, LMFT, LPC, LAC is the Clinical Director of the Department of Human Services and Counseling at MSU Denver and teaches in the Clinical Behavioral Health: Addictions Emphasis program. Jane has a PhD in Counselor Education and Supervision. She is a licensed marriage and family therapist (LMFT), a licensed professional counselor (LPC) and a licensed addictions counselor (LAC).

Leela Romero, BA (she/her) is a Master of Science student in Clinical Behavioral Health with an emphasis in Addiction Counseling at Metropolitan State University of Denver. Leela received her Bachelor of Arts from the University of California, Berkeley in Psychology. Leela plans to pursue licensure as an addiction counselor (LAC) and professional counselor (LPC) after graduation. Her areas of interest are Adlerian theory, gestalt therapy, and dialectical behavioral therapy. Leela has worked in higher education, spent 15 years in eCommerce at Sephora Americas, and has volunteered with mutual aid harm reduction/needle exchange programs.

Hannah Haddadi, BS (they/them/theirs) is a Death Doula, Spiritual Death Worker, Community Herbalist, Teacher, Spoken Word Poet and Writer. Hannah is pursuing a Master's in Clinical Behavioral Health, Emphasis in Addictions at MSU of Denver and will seek multiple licenses. Hannah is inspired by existential theory, feminist theory, IFS and multicultural approaches.

#103 | Veteran Outreach & Suicide Prevention in Rural Communities**CI**

This session explores effective strategies for preventing rural veteran suicide through outreach, community engagement, and trauma-informed care. Attendees will gain insight into the challenge's veterans face, how to build trust, and ways to connect them with life-saving resources—empowering providers to better serve those who served.

***Brad Roe** is the Veteran Outreach Coordinator for the SSG Fox Suicide Prevention Grant Program at Valley-Wide Health in La Junta, working with veteran service organizations and the community to connect veterans with resources, people and programs that will help raise awareness about veteran suicide in the lower Arkansas Valley.*

***Craig Rauwolf** is the SLV Veteran Outreach Coordinator for the SSG Fox Suicide Prevention Grant Program at Valley-Wide Health. A veteran advocate and educator, he connects rural communities with resources, raises awareness about veteran suicide, and promotes trauma-informed care to support the well-being of those who served.*

#104 | Support Comes From Unexpected Places: Prosecutor-Led Behavioral Health Diversion**Bu**

Staff from the Center for Prevention and Restorative Justice (CPRJ) in the Boulder County District Attorney's Office will present about their successful restorative diversion programs, which offer an alternative to prosecution for youth and adults in eligible cases. Presenters will describe the program's model, programming, and positive outcomes.

***Jenny Dusseau, MA, CAS** is the Lead Diversion Coordinator at the Center for Prevention and Restorative Justice in the Boulder DA's Office. Her work focuses on case management, program support and development, helping to oversee diversion coordinators, and providing moderation and harm reduction support to diversion participants.*

***Ayla Perez** is a Behavioral Health Navigator for the Diversion Opportunity for Resources & Stabilization (DORS) program within the Boulder DA's Office. Ayla has dedicated her career to supporting individuals across the mental health continuum, spanning inpatient, outpatient, and community-based programs such as diversion and probation.*

#105 | Supporting Employees Affected by Substance Use Disorder: The Colorado Recovery Friendly Workplace Initiative™**Bu CI**

This training equips professionals to understand how the workplace impacts individuals affected by substance use disorders. Participants will explore legal protections, employer perspectives, and best practices for reducing stigma, addressing impairment, and fostering recovery-supportive environments. This training is ideal for anyone partnering with employers on SUD recovery and workplace well-being.

***David Shapiro** is Assistant Director of Programs and Partnerships at the Centers for Health, Work & Environment (CHWE) where he oversees signature public health outreach programs, Health Links®, and the Colorado Recovery Friendly Workplace Initiative™. A proud husband and father of three, David's hobbies include tennis, walking, reading, and traveling.*

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**Session Handouts**

Download CBHC session handouts on the
CBHC website at www.cbhc.org after September 1, 2025

#106 | Flexible Framework for Helping Clients on the Autistic Spectrum

CI

This presentation educates on a flexible framework of thinking for working with clients on the autism spectrum, emphasizing the importance of individualized treatment planning. It highlights evidence-based approaches, the need for flexibility, and recent updates in language to foster better communication, promote inclusion, and improve outcomes in therapy and support services.

***Autumn L. Matsutani, MA, CRC, LPC, NCC** is a passionate Therapist with 5 years of direct human services experience and 3+ years in community mental health care. Specializing in chronic pain, illness, disability, and LGBTQIA+ support, she offers individual, group, couples, and family therapy. Raised in Fort Collins, Autumn now resides in Greeley, Colorado.*

#200 | General Session | BHA & HCPF | State of the State Perspective: Panel With the BHA and HCPF Leadership

Sponsored by **mend**

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Join top leadership from the Behavioral Health Administration (BHA) and the Department of Health Care Policy & Financing (HCPF) for one of the most anticipated sessions of the CBHC Annual Conference. This 90-minute panel will provide a high-level overview of Colorado's behavioral health landscape from the agencies leading its transformation. Panelists will share timely updates on critical initiatives including ACC 3.0, the implementation of new BHA regulations, BHASO developments, state and federal budgetary changes, and the evolving role of Medicaid in supporting behavioral health services. With unprecedented shifts underway, this session offers a unique opportunity to hear directly from state leadership on what lies ahead—and how it impacts providers, communities, and consumers across Colorado. Attendees will gain insights into key reform efforts, cross-agency collaboration, and strategic priorities for the coming year. The session will conclude with an extended audience Q&A, fostering meaningful dialogue and connection between the field and decision-makers. Don't miss this opportunity to stay informed, engaged, and connected with the leaders shaping the future of behavioral health in Colorado.

***Dannette R. Smith, MSW** is BHA Commissioner and a visionary executive leader who has spent more than 25 years serving families, children, the aging population, and people experiencing homelessness. She's led human services departments across the country, utilizing data-driven outcomes and engagement strategies, fostering staff development and community involvement, all with the goal of developing and maintaining innovative, stable, and effective programs. The 2023 recipient of the Lifetime Achievement Award from the American Public Human Services Association (APHSA), Commissioner Smith holds a Bachelor's of Science in Psychology from Eastern Michigan University and a Master's degree in Social Work from the University of Illinois Chicago.*

***Cristen Bates, MPH** is a dedicated public health executive with over 20 years of service to the community. She currently serves as the Office Director for Medicaid and CHP+ Behavioral Health Initiatives & Coverage and the Deputy Medicaid Director at the Colorado Department of Health Care Policy and Financing (HCPF), the state's Medicaid agency. Cristen has focused her public service efforts on improving healthcare policy, expanding access to behavioral health, and fighting stigma and systemic barriers to health.*

***Bettina Schneider** began her career in Colorado government at the State Auditor's Office in 1998 and less than a year later accepted a position at the Colorado Department of Health Care Policy and Financing (HCPF) in the Budget Office. In 2006, Bettina left state government for a promotional opportunity as Finance Director of the community health centers at Denver Health and Hospital Authority. She left DHHA in January 2011 to become the OSPB Senior Management/Budget Analyst for HCPF under Governor Hickenlooper. After successfully passing the CBMS transformation project, implementing the Adult Dental bill, and ACA expansion, Bettina accepted the position of CFO/Deputy Executive Director at Denver Human Services in late 2017. Bettina returned to HCPF in January 2020 as the Deputy Finance Office Director and was promoted to the Chief Financial Officer position in May 2021.*

#201 | Targeted Violence Prevention

This course covers targeted violence prevention in Colorado, emphasizing threat assessment, early intervention, and collaboration. Using real-world case studies, it highlights Colorado's vital role in national prevention efforts, shaped by past high-profile incidents. Participants gain practical tools to identify warning signs, assess risk, and improve safety in their communities.

Brytany Lemon, MA, LPC is the Clinical Director of Diversion with AllHealth Network. Beginning her career in corrections, she spent 3 years working as a counselor in a maximum-security state prison in Texas. There, she developed a program for the chronic mentally ill population, specializing in schizophrenia. Her time with AllHealth began in 2018, as a Co-Responder with Sheridan and Englewood Police Departments until she was promoted to the Co-Responder Supervisor at the end of 2020. Since then, she has overseen several programs including the Co-Responder Program, Mobile Response Unit, Walk-In Crisis center, Targeted Violence Prevention, Forensic Assertive Community Treatment, Specialty Courts, and the psychology team. She also currently serves on the board for the Colorado Co-Responder Alliance.

Rebecca Rickard, MSW, LCSW is the Targeted Violence and Prevention Co-Responder with AllHealth Network in Colorado. She received her Master's of Social Work from the University of Denver's Graduate School of Social Work in 2008. Rebecca has always been interested in crisis services and has worked exclusively in this area since its inception in Colorado in 2014. Rebecca's current role involves collaborating with the four police jurisdictions where AllHealth has co-responders to review, assess, and manage individuals of concern from the lens of targeted violence.


#202 | Building Community Support Networks for People Experiencing Homelessness

This presentation outlines the importance of creating intentional, client-centered spaces to foster community building for individuals experiencing homelessness. By leveraging strengths within this population, these spaces promote social connection, reduce isolation, and support housing retention. The proposal explores the role of staff, client participation, and the benefits of culturally specific programming in enhancing long-term outcomes for people experiencing homelessness.

Becc Mace, MSW (they/them) has worked with people experiencing homelessness for almost 5 years at Colorado Coalition for the Homeless. Formerly a PATH case manager, they now co-manage the program, supporting efforts to increase accessibility and promote client-centered community care. Becc is committed to disrupting systems and elevating client voices.

Rosy Rodriguez, MSW is Program Manager for Native American Services at the Colorado Coalition for the Homeless. She passionately provides culturally responsive care for individuals experiencing homelessness, veterans, and Indigenous communities. A proud Kickapoo descendant, she blends her personal heritage and professional expertise to promote healing, empowerment, and systemic change.

Wren Duggan, LPC (she/her) is a Licensed Professional Counselor and Clinical Program Manager at the Colorado Coalition for the Homeless. With expertise in trauma-informed care, harm reduction, and person-centered approaches, Wren has valuable experience working with individuals experiencing homelessness, providing staff mentorship, and leading efforts to improve equitable access to behavioral healthcare.



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#203 | Survivor and Provider: Living as Wounded Healers**CI Bd Bu**

This session supports providers with lived experience of suicide. The intersection of personal history and professional role is both deeply personal and professionally complex. Presenters will explore this dynamic across direct care, management, and leadership/ systems change, offering insights, ethical considerations, and meaning-making practices to support sustainable, purpose-driven careers.

Brandon Wilcox, BS has 17 years of behavioral health experience serving underserved Colorado communities. He has extensive experience directing, managing, and innovating peer support services. A visionary leader, he champions lived experience in system design and is deeply committed to transforming systems through the voices of those directly impacted by them.

Tiffany Erspamer, PsyD, LP is a licensed clinical psychologist who works as a clinical director at Aurora Mental Health and Recovery. Her professional background is in suicide prevention training, child and adolescent psychology, and the provision of supervision. Her current role focuses on clinical supervision oversight and student training.

#204 | Empowered Leadership: How Managers Can Drive Culture Change in Behavioral Health**CI Bd Bu**

This session illustrates how clinical need inspired executive leadership to empower managers and emerging leaders, redefining billable hours as an engagement model. Prioritizing best clinical care, our payment models align with consumer clinical needs, shifting the organization from fragmented practices to a unified vision that inspires engagement across behavioral healthcare.

Vanessa Alarcón, LCSW, LAC, ACS began her career at Community Reach Center in 2017 as a bilingual outpatient Therapist and now serves as a Program Manager. Under her leadership, the Westminster Outpatient team was honored as the center's 2024 Clinical Team of the Year. She also hosts Reach for Wellness, the center's podcast.

Daniela Rossi, LPC began her mental health career as an outpatient Therapist in Illinois after earning her Master's in Clinical Psychology. With over 15 years in the field, she has supported diverse populations in outpatient and community settings. Daniela became Clinical Director at Community Reach Center in 2023, focusing on equitable care.

Michael Marsico, LCSW is Vice President of Clinical Services at Community Reach Center, overseeing clinical services at all levels. He serves on boards and committees focused on improving healthcare access in the Denver Metro Area. Michael has worked in various non-profit and for-profit settings, helping provide access to services for marginalized populations.

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You can also access the online evaluations at
www.cbhc.org/conference until October 3rd.

#300 | Psilocybin in Practice: The Launch of Colorado's Psychedelic Therapy Program

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This spring, Colorado's first natural medicine healing centers began offering psilocybin therapy to clients seeking to address a range of challenging conditions. This session will include an overview of Colorado's program, including practical information for providers, along with reflection and learnings from the first 6 months of state-legal psychedelic care.

Natasia Poinsette, MA is the Colorado Director of the Healing Advocacy Fund, a nonprofit that works to protect and expand safe, affordable state-regulated access to psychedelic healing. She has played a central role in shaping Colorado's psilocybin therapy program, integrating lessons learned from the first state-legal psilocybin program launched in Oregon in 2023.

Mikki Vogt, LAC, LPC, NMCf is a Counselor and addictions specialist with 10+ years in mental health, including 7 years in private practice. She is co-founder and Clinical Director of The Center Origin, Colorado's first licensed healing center where adults can access psilocybin therapy. She co-authored Colorado's safety screening form for psychedelic services.

German Ascani, MD, MS is a board-certified Psychiatrist, licensed in Colorado and California, who is owner and founder of the Treehouse Sanctuary, a healing center in Denver. He has worked for nearly two decades in community mental health settings and private practice. He has vast experience as a clinician, educator, and trainer in psychedelic medicine and advocates for the safe and ethical use in mental health settings.

#301 | Deep Roots for Big Storms: Colorado's Disaster Behavioral Health Program

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Colorado's Disaster Behavioral Health Program promotes psychosocial capacity and adaptive functioning during disasters. Learn about how this state initiative uses national models, Colorado disaster lessons, and public health approaches to engage community behavioral health organizations, emergency partners and communities and to promote people-centered emergency systems and community resilience in disasters.

Aimee Voth Siebert, MA, CPH is the Disaster Behavioral Health and Inclusion Program Manager for CDPHE's Office of Emergency Preparedness and Response. Aimee holds a Masters in International Disaster Psychology, a CPH, and 15 years of experience responding to local through international disasters, spanning public health emergencies, natural disasters and community violence.

#302 | Resilient Leadership: Building Trust & Collaboration on Leadership Teams

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With the obstacles behavioral health faces today, it's essential that leadership teams remain strong, unified, and nimble. This interactive workshop empowers executives to build trust, enhance collaboration, and drive results within their teams and beyond. Hands-on practice with five proven tools will equip leaders to navigate challenges with confidence and clarity.

Megan Coatley, MA, BCBA is an accomplished Executive Coach and Behavior Analyst. Megan brings 20+ years of experience designing training, performance management, and leadership development systems. Passionate about equipping leaders with practical, evidence-based tools, she specializes in building collaborative cultures and driving sustainable outcomes in behavioral healthcare.

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#303 | Enhancing Overdose Prevention Using Innovative Technology**CI**

This session highlights how innovative technology can enhance overdose prevention through real-time risk identification, digital safety planning, and clinical decision support. Attendees will explore integrated tools that streamline workflows, improve care coordination, and support primary prevention strategies—empowering providers to proactively address overdose risk across diverse behavioral health populations.

***Jorge R. Petit, MD** is a board-certified Psychiatrist, healthcare executive, and CEO of Quality Healthcare Solutions. He provides strategic consulting across behavioral health, I/DD, and health systems, and serves as advisor to multiple organizations including Zero Overdose and Cantata Health. He is a nationally recognized thought leader and speaker.*

#304 | Behavioral Health Fundraising in Flux: Centering Community and Securing Support**Bu**

In a time of funding uncertainty, explore how philanthropic partnerships—from foundations to individual donors—can better reflect community priorities. This session offers strategies to build strong relationships, align fundraising with lived experience, and design flexible programs. Leave with tools to diversify revenue, engage donors, and stay grounded in community leadership.

***Nia Wassink, MNM** (she/her) is Owner and Principal of Prismatic Consulting. Nia, a career nonprofit professional, specializes in opening up possibilities and removing barriers for clients. She is passionate about DEIA, focusing on board governance, community-centric fundraising, and inclusive strategic planning.*

***Maegan Vallejo** (she/her) is Senior Consultant of Prismatic Consulting. Maegan, with over a decade in nonprofit fundraising, innovates equitable philanthropic practices. She empowers clients through writing, strategy, and coaching, committed to expanding community participation for lasting social change.*

#305 | Evolving the Behavioral Health Delivery System Through Mergers and Acquisitions**Bu**

Josh will discuss the ways safety net behavioral health delivery systems and the environments in which they operate are changing and the implications for community behavioral health providers, including the importance of considering mergers and acquisitions as a strategy for evolving to meet the needs of your community. This session will provide an understanding of the evolving landscape of health and behavioral health delivery systems, their strategic implications, and the potential of mergers and acquisitions as a strategic response to those evolutions.

***Joshua Rubin, MPP** is a Vice President for Client Solutions in HMA's New York office, where much of his work focuses on supporting behavioral health provider organizations in developing their strategies for adapting to a rapidly changing healthcare environment, including by facilitating nonprofit mergers and acquisitions.*

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#306 | Policy, Legislation and Budgets: State and Federal Developments



Colorado legislators managed to close a \$1b budget hole this year, but our state budget is still in trouble. Budget constraints shape legislative opportunities, and these challenges are exacerbated by federal changes to Medicaid and behavioral health funding. This session will provide an overview of key 2025 state legislative initiatives and budget actions for behavioral health, then talk about how the latest federal funding and policy moves are shaping CBHC's—and the state's—future priorities.

Edie Sonn, MPP is the Senior Director of External Affairs for CBHC and joined them in 2022. Edie leads CBHC's government relations team. She also represents the organization with key stakeholders, oversees communications, and assists members with their own communications, outreach and engagement strategies. Edie served as a board member of WellPower for much of the last 20 years and was actively involved in the development of Colorado's integrated care SIM plan. Edie came to CBHC after 8 years as the Vice President of Public Affairs at Pinnacol Assurance. Previously, she worked in health policy for 20+ years, including as the Vice President of Strategic Initiatives for the Center for Improving Value in Health Care, Colorado Medical Society and as a public affairs consultant for a wide range of healthcare clients. Sonn holds a Master's degree in Public Policy from Duke University and is a Bachelor of Arts graduate and a Boettcher Scholar from Colorado College. She was named a 2018-2019 Governor's Fellow by Governor John Hickenlooper. In 2017, she was named the "Outstanding Woman in Business: Communications/Media" by the Denver Business Journal.

Frank Cornelia, MS, LPC is the Deputy Executive Director & Chief Strategy Officer for CBHC. Before joining the organization in 2012, he was a direct care professional with years of experience providing services to diverse client populations. In his role with CBHC, he reports directly to the CEO and is responsible for developing and maintaining relationships with a variety of community and government stakeholders. He also helps set the strategic vision for the organization. Frank provides leadership to CBHC's advocacy team and leads the development of CBHC's yearly policy platform. He holds a Bachelor's degree in Psychology from the University of Minnesota and a Master's degree in Health and Human Development from Montana State University.

Veronica Bell, MPPA is a Public Policy Specialist at CBHC, leveraging her experience in the education and nonprofit sectors to advocate for strengthening the behavioral health safety net and increasing access. Collaborating closely with Edie and Frank, Veronica conducts policy analysis, engages diverse stakeholders, and monitors legislative and regulatory developments. She holds a Bachelor's in Spanish and a Master's degree in Public Policy and Administration from Colorado State University.

Gilbert Romero, JD is a Principal/Attorney with Capitol Success Group, a government affairs and lobbying firm he started in 1999. He is currently the lead lobbyist for CBHC. Gil served in the Colorado House of Representatives from 1984 to 1998; 8 of those years he served on the powerful Joint Budget Committee. He is a former Judge Advocate General and a Major in the Army National Guard. He holds a Juris Doctorate degree from the University of Colorado Law School, and a Bachelor's degree in Political Science, University of Colorado, with a Master's degree from Harvard University.

Karen Wick, MPP is a Principal at Swift Strategies, a government relations firm in Denver, Colorado. She has more than 15 years of legislative and political experience honed while working for top advocacy organizations in Colorado and Washington, DC. As Political Director and Lobbyist for the Colorado Education Association, an affiliate of the National Education Association, she led strategic campaigns to advance their political and legislative goals and engage their 35,000 members across the state. Her previous experience also includes advancing rights for LGBTQIA+ individuals nationally with the Gill Foundation; advocating for union members with the American Federation of State, County and Municipal Employees; and advancing the rights of working women at Women Work! The National Network for Women's Employment. A native of New Jersey, Karen completed her Bachelor's degree at Montclair State University. She later earned her Master's in Public Policy at the Trachtenberg School of Public Policy and Public Administration at George Washington University in Washington, DC.



Keynote & Awards CI Bd Bu

Friday | 8:45am - 10:30am

Transforming Lives: The Heart and Soul of Health Care | *Allison Massari*

What is the mindset needed to be vibrant, alive and in command of your life? What does it look and feel like? At any moment, life can throw turmoil in our direction—uncertainty and unrest from changes at work, the shock of sudden financial loss, an automobile accident, serious illness. What does it take to be ok inside of ourselves no matter what? Allison's journey, delivered through the art of storytelling, reveals that we can discover untold amounts of strength, joy and aliveness when we learn to embrace our challenges in a new way. Allison states, "In the fullness of true resilience you don't just survive—you become a better version of yourself on every level. You become a force of light for yourself and others." With vision, clarity, and compassion, Allison teaches audiences the potent life lessons that she learned on each step of her path after she was severely burned in a fire and faced seemingly insurmountable odds. Her riveting keynote boosts confidence and well-being and offers a balm of hope as she intimately shares the nuances of how to respond to difficult circumstances and maintain personal command and integrity despite life's disruptions. You'll receive a new perspective from which to see the world and walk away with effective methods to handle challenges and move towards your dreams and goals with courage, purpose, and the strength of an open heart.

Allison Massari knows that you have the power to transform lives. As an advocate for both patients and healthcare professionals, Massari has an intimate understanding of the demands and challenges of the medical profession, and compelling authority to address the current needs of the healthcare industry. She experienced firsthand the critical value of receiving personalized health care from committed leadership teams and empathetic providers after surviving two life-threatening car accidents, one where she suffered second and third degree burns on over 50 percent of her body. In addition, raised by parents who were both clinicians—her father an Otolaryngologist whose primary focus was on oncologic cases, and her mother a Nurse who worked in the Emergency Department, Operating Room and even Newborn Nursery across her career—Allison grew up immersed in the healthcare field. Captivated by her parent's compassionate work, she shadowed her father in his practice and also worked in hospitals and medical office settings. As she shares her riveting and courageous journey from absolute loss to a triumphant and hope-filled life, Allison shines light on how all healthcare professionals provide immense value to a patient who is suffering. Her artistic storytelling and the profound lessons she learned inspire confidence and self-leadership while elevating hearts and building resiliency within the challenges of the high-pressure healthcare work environment.

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#400 | Mastering the Art of Resilience

CI Bd Bu

Continuing the conversation about resilience, this session provides more content on Allison’s unique model of a fully functioning resilient mindset. She describes it as “5 Kinds of Courage”: Curiosity, Truth, Defiance, Compassion, and Trust. Prepare for an opportunity to ask questions and get Allison’s support on specific issues you may be facing.

Allison Massari (See full bio page 30)

#401| Supporting Others Without Depleting Yourself: Practical Mindfulness for Helping Professionals

CI

Participants in this interactive workshop will experience community with colleagues and identify components of mindfulness-based stress reduction (MBSR) and mindful self-compassion (MSC). The workshop will offer didactic and experiential learning of these evidence-based practices and how they can support helping professionals in moments of stress.

Elizabeth Chamberlain, PhD is a Licensed Psychologist with over 20 years of practice, an Assistant Professor and Faculty Wellness Officer in the Department of Psychiatry at the University of Colorado Anschutz School of Medicine. She is also the Director of Well-Being Programs at the CU Anschutz Health and Wellness Center.

#402 | Building Smarter Schedules: Community-Based Staffing Models for Access and Growth

Bu

This session explores how community-based staffing and scheduling models can align workforce capacity with local service demand. Learn how to use known data to design scalable staffing plans and schedule templates that support access, efficiency, and sustainable growth in behavioral health settings. Practical tools and real-world examples will be shared.

Dante Gonzales, MBA is the CEO of Centennial Mental Health Center and holds an MBA in Leadership from Adams State University. Since 2022, he has led strategic transformation efforts focused on client experience and sustainable growth. Dante is passionate about shaping the future through strategic influence, operational excellence, and cultivating resilient mindsets across organizations and teams.

Elly Bailey, MSHCT, RN, NE-BC is the Vice President of Operations at Centennial Mental Health Center. With a Master’s degree in Healthcare Transformation, she leads multi-county operations, blending strategic oversight with sarcasm, spreadsheets, and heart. She is passionate about access, efficiency, and making systems work better—while staying caffeinated.

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Session Handouts

Download CBHC session handouts on the
CBHC website at www.cbhc.org after September 1, 2025

#403 | Building Resilient Communities: CHWs as the Future of Equitable Healthcare

CI Bd Bu

Minoritized communities continue to experience healthcare barriers and broken trust from historical and ongoing discrimination. This presentation details how the 2024 Golden Abacus-winning Community Health Worker program rebuilds trust by empowering the othered through culturally responsive education and connection, ending with a call to action—building your own program.

Emily Lentz, MSW is a Program Evaluation Specialist at Clinica Family Health & Wellness. With a background in clinical work and passion for data transparency, she aims to include all staff—leadership and clinicians—in data sharing to empower their incredible work and encourage dynamic CQI through interdisciplinary participation.

Jennifer Cannon, BA (she/her) serves as the Community Outreach Program Manager at Clinica Family Health & Wellness where she leads the Community Health Worker Program. Dedicated to enhancing equitable mental health accessibility, Jennifer is passionate about developing programs that empower communities and foster resilience through meaningful outreach and education.

#404 | Addressing Acute Suicidality: A Paradigm Shift in Suicide Prevention

CI

Addressing Acute Suicidality: A Paradigm Shift in Suicide Prevention will summarize key findings and actionable strategies resulting from the 2024 convening and white paper on acute suicidality. This presentation will identify barriers to progress and share recommendations for integrating suicide-specific risk detection into clinical, public health, and systems.

Alexis Alltop serves as the Policy Manager at Healthier Colorado, where she advocates for equitable access to high-quality, affordable healthcare. In her role, Alexis leads Healthier Colorado's mental and behavioral health policy agenda, driving change through detailed research analysis, coalition building, and strategic advocacy.

Christina Walker, MPA is the Senior Director of Policy at Healthier Colorado working on health policy. Previously, Christina led policy efforts at Clayton Early Learning. In DC, she worked at CLASP, Pew's Home Visiting Campaign, and DC Public Schools. Christina has a Master's of Public Administration from Cornell University.

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#405 | The Evolving Federal Landscape for CCBHCs: Updates and Opportunities

Bd Bu

Join this session to hear about the latest developments in DC, their likely impact on current and future CCBHC efforts, and emerging opportunities for providers to make the most of the fast-evolving landscape. This presentation will also cover strategic considerations for cross-sector partnership and messaging strategies to drive investment.

Rebecca Farley David, MPH leads the National Council for Mental Wellbeing's CCBHC Success Center, an initiative to advance the CCBHC model. Rebecca has been involved in the CCBHC movement since its inception. Today, she provides strategic guidance and implementation support to state officials, provider organizations, and other stakeholders working to adopt the CCBHC model.

#500 | Avoiding Data Black Holes: Actionable Use of CCBHC Quality Measures

Bu Cl

This panel will be a facilitated discussion with current CCBHC grantees on how to make meaningful use of clinical quality measure (CQM) data at the client and population levels. The discussion will highlight how to use data to help improve health outcomes for real people in community-based care settings.

Sara Reid, MA has worked in community behavioral health program development, evaluation, and research for over 15 years. As the Program Evaluator for the first CCBHC expansion grant in Colorado, at Mental Health Partners, she led development of an outcome evaluation framework, clinical quality measurement, and data-informed decision-making.

Julia Lamb, MS-HSA is a healthcare leader with 13 years of experience advancing and optimizing high-quality care. As CCBHC Project Director at Aurora Mental Health and Recovery, she drives system-wide transformation, leveraging data-driven insights to strengthen population health strategies, trauma-informed practices, and patient satisfaction, ultimately improving health outcomes.

Andrea Raasch, LCSW has decades of experience providing administrative and clinical oversight of behavioral health programs. As the Director of Operations at Jefferson Center for Mental Health, she serves as the Project Director for the agency's Certified Community Behavioral Health Clinic (CCBHC) grant, supporting the implementation of quality measures.

Sean Hansen, MS is a biostatistician and data scientist, serving as the Grant Evaluator for the CCBHC-PDI grant. He oversees data tracking, reporting, and compliance with all reporting requirements and quality measures. He has developed automated, streamlined systems and leverages his comprehensive knowledge to ensure accurate data interpretation and compliance.

#501 | Addressing Current Events, Mass Tragedies, and Global Conflicts in Therapeutic Spaces

Cl Bd Bu

The goal of this training is to offer guideposts on how to be responsive to collective experiences, from natural disasters to geopolitical events in our sessions, supervisions, and meetings. Attendees will leave with more clarity and confidence around their role tending to our clients/supervisees/peers as they are impacted by current events.

Eunice Kwon LCSW, PMH-C (she/her) is Aurora Mental Health & Recovery's DEI Clinical Supervisor. With over 12 years in mental health and change management, Eunice's approach to her work is rooted in community-based healing and collective liberation and is informed by her own lived experience as a neurodivergent queer Asian femme.

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#502 | Breaking the Cycle: Addressing Adverse Childhood Experiences Among Marginalized Youth CI

Breaking the Cycle: Addressing Adverse Childhood Experiences Among Marginalized Youth Through Affirming Mental Health Care explores how trauma from adverse childhood experiences (ACEs)—such as abuse, neglect, and household dysfunction—disproportionately impacts marginalized youth and contributes to long-term mental and physical health disparities. The presentation emphasizes the importance of protective and compensatory experiences (PACEs)—such as stable relationships, community support, and opportunities for meaningful engagement—in fostering resilience and healing. By centering culturally responsive, identity-affirming mental health care, this approach seeks to disrupt intergenerational cycles of trauma and promote well-being among youth who face systemic barriers and discrimination.

Steven Haden, MSW, MBA, CPRP (*helhim*) is a mental health advocate, social justice champion, and business leader focused on advancing economic opportunities and addressing health disparities in disadvantaged communities. With a background in advocacy, community-focused behavioral health programming and training, social work, and psychotherapy, Steven brings a unique blend of strategy, empathy, and impact to his work. Currently pursuing a Doctor of Public Health, Steven also holds degrees in business, political science, and social work, and is a Certified Psychiatric Rehabilitation Practitioner.

#503 | Enhancing Parity Using Data From the Transparency in Coverage Rule Bu

In 2022, CMS approved new regulations to create greater price transparency in the American healthcare market. In this presentation, speakers will discuss how the data can be leveraged by behavioral health providers to support payer negotiations and parity enforcement. Jefferson Center's case study and lessons learned will be highlighted.

Jessica Dunbar, MSPH is the Business Development Officer at Jefferson Center; she oversees strategic planning, business development, marketing, community engagement, and philanthropy. She led Every Child Pediatrics and contributed to establishing Contexture and Connect for Health Colorado. Jessica holds a MSPH from CU, and Bachelor's degrees in Religious Studies and Psychology from Westmont College.

Mindy Klouden, MNM is a national consultant, leader, and strategist. As Managing Director at Third Horizon, she oversees client relationships and provides strategic consulting and facilitation services. Mindy has 25+ years in behavioral health and healthcare policy. She earned a Master's in Non-profit Management, Regis University and a BA in Sociology from Colorado College.

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You can also access the online evaluations at www.cbhc.org/conference until October 3rd.

#504 | Language Equity in Clinical Assessments When Working With Interpreters

CI

This session explores how linguistic awareness helps to develop person-centered treatment for non-native English speakers and Deaf sign language users. It highlights English-centric biases in mental health assessments and considerations when working with interpreters. Participants will learn strategies to avoid linguistic assumptions, recognize sociolinguistic differences, and support equitable clinical evaluations.

***Vivion Sloan, PhD, NIC** is a linguist, an educator, and nationally certified English/ASL Interpreter with over 20 years of experience. She specializes in language equity, access, and cross-cultural communication. At WellPower, she supports clinicians and promotes equitable care for marginalized communities through her work in language services and interpretation.*

#505 | Colorado System of Care (CO-SOC) for Children and Youth: 6-Year Plan for Rolling Out Intensive In-Home Services for Medicaid Members

CI Bd Bu

The Department of Health Care Policy and Financing will be presenting on its approved 6 year plan to roll out a comprehensive system of care for children and youth with complex behavioral health needs. This session will review the details of the proposed plan to incorporate intensive in-home services and high-fidelity wraparound into the Medicaid capitation by June 30, 2031, as well as introduce the new Colorado-System of Care Workforce Capacity Center and workforce capacity plan.

***Robert Werthwein, PhD** has been employed by the State of Colorado in several leadership roles since 2013. In his current role, he is the Senior Advisor for Behavioral Health and Access at the Colorado Department of Health Care Policy and Financing. Previously, he has served as the Director of the Office of Children, Youth and Families and the Office of Behavioral Health for the state of Colorado.*

***Stacey Davis, LCSW** is the Systems of Care Section Manager at HCPF. She has over 18 years of experience with children, youth and families in Colorado. As a Licensed Clinical Social Worker, she has overseen clinical teams, developed quality metrics, developed and implemented behavioral health policy and led statewide program implementation.*

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#506 | CMHC & CBHC Board Member Only Session: Behavioral Health at a Crossroads: Federal & State Policy, Medicaid Insights, & the Road Ahead**Bd**

As Colorado's behavioral health system continues to evolve amid complex federal reforms, state-level innovation, and budgetary pressures, this year's Special Board Session offers a critical opportunity for leadership across our community mental health system to gain high-level insights and direction for the path ahead. This dedicated session—exclusively developed for CBHC Board members and the board members of our member organizations—brings together esteemed national and state experts to explore the policy, funding, and Medicaid landscapes shaping behavioral health services today and into 2026.

Federal Policy & Budgets - Part 1 (1:30pm - 2:30pm)

Featuring Reyna Taylor, Senior Vice President of Public Policy at the National Council for Mental Wellbeing, this presentation will examine key federal behavioral health priorities, policy shifts, and budget implications. Reyna will offer strategic insights into what federal developments mean for Colorado's providers and system.

***Reyna Taylor, MBA, MS, BS** brings extensive experience with federal public policy initiatives to protect access and affordability to her role as Senior Vice President, Public Policy & Advocacy at the National Council for Mental Wellbeing where she leads public policy and government affairs activities, supervises legislative matters and guides overall public policy strategy. With nearly two decades of specialty pharmaceutical and medical device experience, Reyna has a wide range of knowledge on public policy issues, including Medicare, Medicaid and commercial management of managed care organizations, hospitals, pharmacies and mental health centers. She holds a Bachelor's of Science in Neuroscience from Bates College and earned a Master's of Science in biotechnology and Master's of Business Administration from Johns Hopkins University. Currently, she serves on the board of the Mental Health Liaison Group.*

State Policy & Budgets - Part 2 (2:30pm - 3:30pm)

A timely and informative dialogue with Cristen Bates, Colorado's Deputy Medicaid Director at Health Care Policy and Financing and Office Director for Colorado Medicaid and CHP+ Behavioral Health Initiatives & Coverage, along with Adela Flores-Brennan, Medicaid Director and Health Policy Office Director. Together, they will provide a deep dive into state-level behavioral health policy developments, Medicaid funding trends, and the implications of current reforms on community-based care.

***Cristen Bates, MPH** is a dedicated public health executive with over 20 years of service to the community. She currently serves as the Office Director for Medicaid and CHP+ Behavioral Health Initiatives & Coverage and the Deputy Medicaid Director at the Colorado Department of Health Care Policy and Financing (HCPF), the state's Medicaid agency. Cristen has focused her public service efforts on improving healthcare policy, expanding access to behavioral health, and fighting stigma and systemic barriers to health.*

***Adela Flores-Brennan, PhD** is the Medicaid Director and Director of the Health Policy Office at HCPF. Adela oversees the design and maintenance of Medicaid fee-for-service benefits, strategy and policy development on children and family health, and the CHP+ program. She earned a Doctorate from the University of Colorado Boulder.*

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#600 | University and Provider Collaboration: Addressing Colorado's Workforce Shortage With Apprenticeships BU

This presentation will highlight a grant-funded partnership to create a sustainable apprenticeship-based model for MSW graduate degree completion. The aim of this project is to create an employment based, accessible and affordable pathway to licensure for postgraduates to address workforce shortages.

Casey Riley has worked in community mental health for over 15 years. Early in her career, she worked providing support to individuals in acute crisis. Later, she found her passion guiding strategic priority for the professional development of workforce members in the behavioral health field and training community members in evidence-based practices.

Devon Cozens, LCSW, MSW has been faculty at MSU Denver for over 3 years and started in January as the Clinical Supervisor and Apprenticeship Pathway Liaison (CSAPL). She meets with employers and student employees regarding the Apprenticeship Pathway feasibility/preferences for learning and developed the first draft of the new apprenticeship workflow.

Hanna Madison Lignell, MA is an activist, artist, and griever. After working in youth program management in the US, UK and Germany, she now brings her expertise in program development and passion for JEDI work to the Intern Program Coordinator role at CFHW, helping graduate students thrive.

Jess Retrum, MSSW, PhD is Department Chair and Professor in the Department of Social Work at MSU Denver and is lead on the awarded grant project. Among other duties, she supervises faculty and staff within the department and mentors graduate students conducting research.

Sara Reid, MA has worked in program development, grants, and evaluation for over 15 years. As a Grant Writer and Program Evaluator, Sara has been fortunate to participate in organization-wide and local partnership efforts to inform system improvements and use best practices to build an engaged workforce.

Susie Ryder, CAC, LAC, MSW, LCSW has worked in the field for 33 years. She has focused on children, adolescents and families and was a supervisor and administrator in a variety of settings. She has worked in academia since 2004 at Smith College School for Social Work and has been the Director of Social Work Internships at Metropolitan State University of Denver since 2016.

#601 | Overview of 988 Suicide & Crisis Lifeline Center Operations CI Bd

Crisis line services have been a cornerstone of crisis continuum services in Colorado for nearly two decades. With the shift from the National Suicide Prevention Lifeline to 988 Suicide & Crisis Lifeline in 2022, began the impetus of national standards in delivering crisis care. Learn what it means to be a designated 988 crisis lifeline center, including required trainings and accreditations, interventions utilized, and what an individual calling, texting, or chatting with 988 can expect during their interaction.

Cassie Villegas, LAC, CHC is the current Chief of Crisis services at Solari overseeing all crisis operations in Arizona, Oklahoma, and Colorado. Cassie has worked in the behavioral health field in various capacities including case management, intake assessment, counseling services, and quality and compliance over the last 20+ years.

Jaime Brewer, MA, LPC, CCI has over a decade of experience spanning various levels within crisis and behavioral health, driving positive change and improving outcomes. She currently serves as Director of Contact Center Operations and Clinical Services at Solari and on the CrisisCon executive committee, helping to bring innovative ideas to the field.

#602 | Building Social Connection in Rural Communities to Support Mental Wellness: The COMET Program CI Bd

Changing Our Mental and Emotional Trajectory (COMET) prepares rural community members to support others' mental and emotional health in everyday conversations—before a crisis. We will review the COMET, its conversational guide, reach and effectiveness, and how it complements other programs in Colorado, including extension and community mental health centers' prevention programs.

***Linda Zittleman, MSPH** is a Senior Instructor in the University of Colorado School of Medicine and directs the High Plains Research Network and the Changing Our Mental and Emotional Trajectory (COMET) Program. She has extensive experience leading multi-method projects that aim to build connections between rural healthcare settings, public health, and communities.*

***Jennifer Pollmiller** is a long-time rodeo athlete, raises performance horses, and is part of a small cattle operation. She joined the Coffee Break Project in 2019 and has been running the Marketing and Public Relations aspect of the Coffee Break Project since. Pollmiller serves as the Director of Public Affairs and Outreach for Valley-Wide Health Systems where she oversees the Farm Worker program for the agency. Pollmiller has overseen The Coffee Break Project as it was featured in multiple publications, including The New York Times, The Team Roping Journal, Rocky Mountain PBS, The Fence Post and more.*

#603 | Certified Community Behavioral Health Clinics & Colorado CI Bd Bu

The state will present updates on CCBHC Planning Grant efforts, in addition to a discussion on next steps.

***Melissa Eddleman, MSW, FL, LCSW, MPA** is a seasoned healthcare professional with over 15 years of experience in Medicaid policy and administration. For the past decade, working in Colorado, focusing on behavioral health policy. Before transitioning into policy work, Melissa was a practicing clinician with expertise in substance use disorders (SUD). She holds a Masters of Social Work and Public Administration. She began her career in Florida, bringing a strong foundation in direct clinical care to her policy roles.*

***Thomas Miller, JD, MA** is the Division Director for Quality and Standards Division and has served in Colorado state government since 2011, helping to ensure quality services are guaranteed to Colorado citizens, across a variety of settings. Prior to this work, Thom led legal advocacy efforts for students in special education and coordinated services on behalf of adults with intellectual and developmental disabilities in community settings.*

#604 | Fostering Healthy Futures: Promoting Resilience Among Youth With Child Welfare Involvement CI Bu

Fostering Healthy Futures (FHF) is an evidence-based therapeutic mentoring and skills training program for youth with child welfare involvement. FHF evidences high rates of program engagement and retention. Three RCTs demonstrated reductions in trauma symptoms and suicidality, mental health and residential treatment, placement changes, substance use, and juvenile justice involvement.

***Heather Taussig, PhD** is a Clinical Psychologist and a Professor with joint appointments at the University of Denver's Graduate School of Social Work and the University of Colorado's Kempe Center. Her research focuses on designing, testing, and implementing prevention programming for young people with child welfare involvement.*

Friday & Saturday | Sessions & Speakers

#605 | Achieving No-Barrier Behavioral Healthcare in Medical Settings CI Bd Bu

Emergency departments, hospitals, and primary care offices are vital settings for assessing and providing behavioral health services. We describe Colorado programs that improve behavioral healthcare for high-risk psychiatric patients in medical settings. These models help primary care and medical providers care for patients with behavioral health conditions.

Scott Simpson, MD, MPH is Director of the Division of Community, Population, and Public Mental Health and Professor of Psychiatry at the University of Colorado Department of Psychiatry. Scott has a national reputation for training and program development in emergency psychiatry.

Cory Caven, BSW is a Follow-up Specialist with the Hospital Follow-up Program at the University of Colorado Department of Psychiatry. Her expertise is working with patients in crisis and with substance use disorders in community settings.

Sandra Fritsch, MD is the Medical Director of the Pediatric Mental Health Institute at Children's Hospital Colorado, the Medical and Project Director of CoPPCAP (Colorado Pediatric Psychiatry Consultation & Access Program), and Professor of Psychiatry at the University of Colorado School of Medicine.

Thida Thant, MD is an Assistant Professor of Psychiatry at the University of Colorado and the medical director of EASY Consultation, an adult and geriatric mental health access program. Her areas of expertise include cannabis in medical education and psychiatry and psychiatric care of medically complex patients, including those with long COVID.

Saturday | Sessions & Speakers

#700 | Implementing Ketamine-Assisted Psychotherapy: Lessons Learned from a Community Behavioral Healthcare Provider CI Bu

Mile High Behavioral Healthcare developed a ketamine-assisted psychotherapy program for Medicaid recipients. In this session, a panel of administrative, medical, and mental health professionals will share their experiences and practical advice on implementing this innovative treatment. Attendees will be able to apply these lessons to organizations considering this treatment.

Zane Guilfoyle, LPC, LAC, ACS, ADS, MAC serves as the Director of Public Health and Community Engagement at Mile High Behavioral Healthcare, bringing more than a decade of experience in the behavioral health and public health fields. Hailing from Colorado, he holds an affinity for outdoor activities.

Sabrina Rubaud, LCSW is a Ketamine-Assisted Therapist at Mile High Behavioral Healthcare with a Master's in Social Work from Boston University. Specializing in trauma-informed care, she uses EMDR and DBT techniques to support clients with PTSD. Sabrina is dedicated to advancing innovative, evidence-based approaches to mental health and healing.

Blaire Kabernagel, RN brings 10 years of emergency nursing experience to her current role at Mile High Behavioral Healthcare. Passionate about the mind-body connection, she now provides ketamine-assisted psychotherapy to individuals facing treatment-resistant depression and PTSD, aiming to fill critical gaps in the mental healthcare system.

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#701 | Implementation Best Practices for Artificial Intelligence in Behavioral Health

CI Bd Bu

In the past several years, AI in behavioral health has gone from an oddity to a mainstream application. Many organizations have either implemented an AI product, chosen one but not implemented or are considering doing so. This session will provide an overview of best practices for AI implementation from the implementation research literature and feedback from actual users of AI that have successfully reviewed, selected and implemented AI products. By the end of this session attendees will be able to list at least three best practices for successful AI implementations, describe at least one way to handle organizational resistance to using AI technology and be able to explain what an AI Policy is and why having one is worthwhile.

Dennis Morrison, PhD is the owner of Morrison Consulting providing consulting services to the behavioral health information technology field since 2017. He serves as Chief Clinical Officer for Eleos Health and was Chief Clinical Officer for Netsmart Technologies, CEO of Centerstone Research Institute, and CEO of Center for Behavioral Health.

#702 | Suicide Prevention Training & Certificate | Workplace-Based Suicide Prevention Training Certification: Implementation, Management and Outcomes

CI Bd Bu

This session describes the development, implementation, and outcomes of a national workplace-based suicide prevention training. Participants will participate in and receive certification in VitalCog Suicide Prevention Training for the Workplace, identify best practices for dissemination to specific communities including athletics and the construction industry, and discuss workplace mental health needs.

Matt Mishkind, PhD is Deputy Director of the Johnson Depression Center, and Associate Professor with the Department of Psychiatry at the University of Colorado Anschutz Medical Campus. He holds a PhD in Organizational Psychology, SHRM-SCP certification and regularly develops and trains in community-based mental health education programming.

Alex Yannacone, MA is Director of Education and Community Programs for the Johnson Depression Center, and Senior Instructor with the Department of Psychiatry at the University of Colorado Anschutz Medical Campus. She holds an MA in International Disaster Psychology and regularly trains on suicide prevention and other mental health topics.

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Session Handouts

Download at www.cbhc.org after September 1, 2025

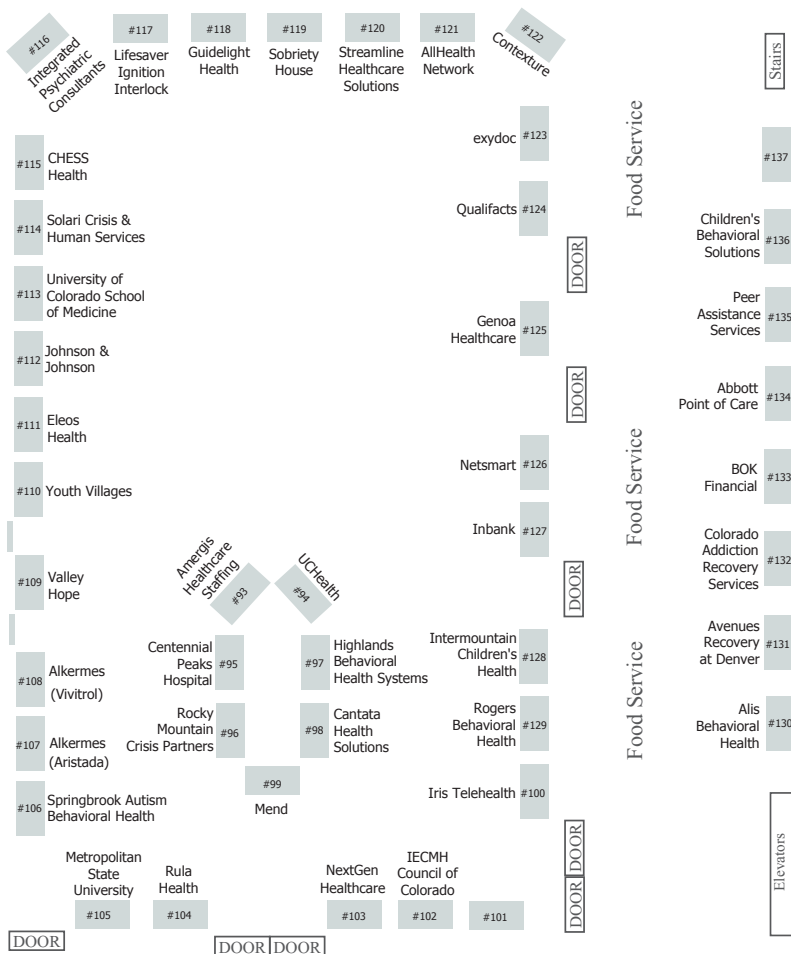




CBHC

Colorado Behavioral Healthcare Council

Exhibit Hall | (Colorado Ballroom)



Food Service Times and Locations

(See Schedule for Coffee Breaks)

Thursday | 7:45am - 8:45am | Breakfast in Exhibit Hall

Thursday | 12:00pm - 1:30pm | Lunch in Exhibit Hall

Friday | 7:45am - 8:45am | Breakfast in Exhibit Hall

Friday | 12:00pm - 1:30pm | Lunch in Exhibit Hall

Saturday | 7:00am - 8:00am | Breakfast in Exhibit Hall

Thank You to Our Partners in Education!



#134 | **Abbott Point of Care Diagnostics** | 400 College Road East, Princeton, NJ 08540 | 303.882.3374 & 800.366.8020 | www.globalpointofcare.abbott

The i-STAT 1, i-STAT Alinity and Piccolo Xpress systems help deliver collaborative, patient-centered care and can drive performance in a variety of healthcare settings. In minutes, these products can deliver lab-quality results and accurate record-keeping. This allows healthcare professionals to quickly respond to any need and condition where and when care is needed.



#130 | **Alis Behavioral Health** | 1325 S. Colorado Blvd., Suite B705, Denver, CO 80222 & 2921 W. 120th Ave., Suite 100, Westminster, CO 80234 | 888.528.3860 www.alisbh.com

Alis Behavioral Health is an adolescent-focused mental health agency in Denver and Westminster, Colorado. Alis offers hope to adolescents between 11-17 offering specialized PHP/IOP programs created to proactively address the issues youth struggle with today. Alis is in-network with major insurance carriers (including Kaiser) and all RAEs of Colorado Medicaid.



#107 | **Alkermes Inc. (Aristada)**
#108 | **Alkermes Inc. (Vivitrol)**
Sponsor of Breakfasts | 852 Winter St., Waltham, MA 02451 | 720.355.3938 www.alkermes.com

Alkermes is a global biopharmaceutical company developing innovative medicines for the treatment of central nervous system (CNS) diseases. The company has a diversified commercial product portfolio and a substantial clinical pipeline of product candidates for chronic diseases that include schizophrenia, bipolar disorder and addiction.



#121 | **AllHealth Network** | 116 Inverness Drive E. Suite 105, Englewood, CO 80112 | 303.730.8858 www.allhealthnetwork.org

AllHealth Network is a trusted family of mental health and substance use providers. We have over 250 clinical providers and more than 30 psychiatrists and nurse practitioners. Beyond our 12 physical locations, our teams provide service in schools, detention centers, community centers and other community locations throughout Arapahoe and Douglas Counties.



#93 | **Amergis Healthcare Staffing** | 143 Union Blvd., Suite 1000, Lakewood, CO 80228 | 303.322.7108 www.amergis.com

Amergis Government Services specializes in providing personalized workforce solutions for various government agencies, including federal, state, and local entities. We focus on addressing staffing shortages and ensuring that qualified professionals are available to meet the needs of public and private agencies.

AVENUES

#131 | **Avenues Recovery Center at Denver** | 1820 S. Potomac St., Aurora, CO 80012 | 720.686.6060
www.avenuesrecovery.com

Avenues Recovery Center at Denver is a medical detox and residential treatment center for adults struggling with substance abuse and co-occurring disorders. Avenues offers evidenced-based treatment modalities for 30-60 days, followed by access to our robust alumni program after graduation.



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#98 | **Cantata Health Solutions** | 2303 Ranch Road, 620 S. Suite 160, #523, Lakeway, TX 78734 | 877.290.3296
www.cantatahealth.com

Cantata Health Solutions is transforming behavioral healthcare with our modern EHR solution, Arize. Developed by experts with deep industry experience, Arize is designed to simplify workflows and eliminate the frustrations of outdated systems—putting users in control with configurable tools that work the way they work.



#95 | **Centennial Peaks Hospital** | 2255 S. 88th St., Louisville, CO 80027 | 303.673.9990
www.centennialpeaks.com

At Centennial Peaks Hospital, your health is our priority. We treat a wide range of disorders and conditions related to your mental well-being. Our behavioral health hospital, located in Louisville, CO, strives to deliver excellent service while keeping your needs, goals, and wellness in mind.



#115 | **CHESS Health** | 333 W. Commercial St., Suite 2500, East Rochester, NY 14445 | 844.MY.CHESS
www.chess.health

CHESS Health is a leading provider of evidence-based digital health solutions that empower providers, health plans, and public sector organizations to tackle the substance use disorder (SUD) crisis, by enhancing prevention, facilitating care coordination, and improving care plan adherence and treatment retention.



#136 | **Children's Behavioral Solutions: Acadia Healthcare** | 6100 Tower Circle, Suite 1000, Franklin, TN 37067 | 870.945.0825 | www.acadiahealthcare.com

Children's Behavioral Solutions is a cost-free referral assistance service designed to aid in the location and selection of appropriate treatment solutions for vulnerable children and adolescents.



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800.511.5010 | www.coaccess.com

Colorado Access is the largest and most experienced public health sector health plan in the state, working to build better individual health by partnering with

communities to create access to quality, affordable care for all Coloradans. As a nonprofit organization with 30 years of experience, the company is committed to advancing meaningful, measurable improvements in delivering health care to improve the lives and whole-person health of members with Health First Colorado (Colorado's Medicaid program) and Child Health Plan *Plus* (CHP+) in the counties they serve. Learn more at coaccess.com.



#132 | Colorado Addiction Recovery Services | 6746 S. Revere Parkway, Suite 125, Centennial, CO 80112
843.350.8552 | www.coloradoars.com

Colorado Addiction Recovery Services is a full continuum, co-occurring / SUD treatment provider. We opened in Colorado

July 2022 and have had the privilege of growing with our community ever since. It is an honor to be a part of a statewide initiative dedicated to the people who need it most.



contexture
Creating connections. Improving lives.

#122 | Contexture | 2000 S. Colorado Blvd., Tower 1, Suite 12000, Denver, CO 80222 | 844.279.7120
www.contexture.org

Contexture is a nonprofit, regional organization that provides strategic, technical and administrative support to communities committed to advancing health through information sharing. Contexture means the manner of being woven or linked together to form a connected whole. Established in 2021 as the largest health information organization in the western region, our mission is to advance individual and community health and wellness through the delivery of actionable information and analysis. Learn more at contexture.org. Follow us on LinkedIn and X @ContextureHIT.



eleos

#111 | Eleos Health | PO Box 650190, West Newton, MA 02465 | 862.222.7924 | www.eleos.health

Eleos integrates and automates the behavioral care workflow. Eleos'

AI-powered tools reduce the time providers spend on documentation by more than 70%, allowing them to concentrate on their clients—not their paperwork. And that means less burnout, more meaningful client interactions, and better care outcomes.

exydoc

#123 | exydoc | 1201 Fulling Mill Road, Middletown, PA 17057 | 717.384.5585 | www.exydoc.com

exydoc is smart, simple PDM software designed for community therapy providers. It delivers secure, accurate, and affordable solutions with an intuitive interface. Fast onboarding and efficient credentialing streamline operations, boost revenue, and enhance patient care—empowering providers to focus on what matters most while making daily tasks easier and more efficient.





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www.forvismazars.us/about-us/locations/denver-co

Forvis Mazars helps healthcare organizations unlock their full potential and supports their pursuit of achieving health for their enterprises and those they serve. We provide holistic and tailored assurance, tax, and consulting services designed to help you develop and hone the core capabilities necessary to navigate the dynamic healthcare landscape and drive value, quality, and results.



#125 | Genoa Healthcare | 707 S. Grady Way, Renton, WA 98057 | 888.436.6279 | www.genoahealthcare.com

Genoa Healthcare® is the largest provider of behavioral health pharmacy and medication management services for individuals with behavioral health and other complex, chronic health conditions in the U.S. We are dedicated to improving the lives of these individuals, and that dedication has not wavered in 20 years.



Guidelight

#118 | Guidelight Health | Central Park 3401, Quebec St., Suite 7200, Denver, CO 80207 | 720.730.2523

www.guidelighththealth.com

Guidelight provides evidence-based transdiagnostic PHP and IOP programming for adults and adolescents facing primary mental

health challenges. We bridge the gap between acute inpatient and outpatient services, serving as a step-down option for those transitioning from higher levels of care or a step-up option for individuals struggling to make progress in outpatient settings.



#97 | Highlands Behavioral Health System | 8565 Poplar Way, Littleton, CO 80130 | 720.348.2800
www.highlandsbhs.com

Highlands Behavioral Health System offers a secure and nurturing environment for individuals seeking hope and healing from emotional, psychiatric and addictive behavioral health challenges. Our mission is to empower our patients as they navigate their journey from crisis to wellness.



#102 | IECMH Council of Colorado

***Sponsor of Conference Bags & Coffee Breaks* | lisa.schlueter@state.co.us**

www.earlychildhoodcolorado.org/iecmhadvisorycouncil

The Infant and Early Childhood Mental Health Council of Colorado (IECMH Council) is a collaborative of partners who leverage their expertise and experience to guide the development and implementation of a robust, equitable, accessible continuum of mental health services for pregnant persons, infants, young children, and their families.





INBANK

InBank is a \$1.3 billion bank headquartered in Colorado which specializes in healthcare banking. Our seasoned team of healthcare bankers provides sophisticated treasury management products, corporate card and financing for real estate, equipment and working capital needs.

#127 | InBank | 3615 Delgany St., Suite 1010, Denver, CO 80216 | 303.406.4671 | www.InBank.com



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**#116 | Integrated Psychiatric Consultants | 7501 College Blvd., Overland Park, KS 66210 | 316.833.2976
www.integrated-ps.com**

We are a behavioral health management staffing group. We provide psychiatric professionals to organizations such as CCBHC, CBHC, FQHC, Hospitals, Addiction Treatment, Eating Disorders and any others that are in needs of Psychiatrists, PNP, or Therapists. Our services can be tele, onsite or hybrid.



**#128 | Intermountain Children's Health - Mount Saint Vincent | 4159 Lowell Blvd., Denver, CO 80211
316.318.1758 | www.mschildrenshealth.org**

We partner with children and families so they can heal beyond trauma into a healthy and hopeful future. Our continuum of care includes: Preschool-learning 5/5 stars from quality rating agency Colorado Shines; Pediatric Behavioral Healthcare-offering outpatient, telehealth and in-home therapies as well as day treatment and education; Foster Care-providing training, certification and 24/7 support.



iris telehealth

**#100 | Iris Telehealth | 13740 N. Highway 183, St., L2, #221, Austin, TX 78750 | 888.285.2269
www.iristelehealth.com**

Iris Telehealth is a leading provider of virtual behavioral health services for healthcare organizations across the U.S. We're dedicated to improving patient outcomes with exceptional behavioral healthcare while decreasing the burden on your care team—delivering best-in-class support to make telepsychiatry a seamless, long-term solution for your team.

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**#112 | Johnson & Johnson | 1125 Trenton-Harbourton Road, Titusville, NJ 08560 | 609.737.2699
www.jnj.com**

Johnson & Johnson is a global healthcare leader, committed to solving the toughest health challenges and transforming lives through research, development, manufacture and distribution of innovative medicines and medical technologies. The company's Innovative Medicine business advances breakthrough science and develops transformational treatments in areas like oncology, immunology, neuroscience, and cardiopulmonary. In MedTech, the company is focused on developing and delivering cardiovascular, orthopaedics, surgery, and vision solutions. Visit jnj.com to learn more.

**LifeSafer
Ignition Interlock**

**#117 | LifeSafer Ignition Interlock | 6251 Greenwood Plaza Blvd., Suite 300, Greenwood Village, CO 80111
303.503.2448 | www.lifesafert.com**

LifeSafer® has helped over 1.5 million drivers get back on the road. We provide accurate and reliable services to help you complete your interlock program.





**#99 | Mend | *Conference Partner
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4767 New Broad St., Orlando, FL
32814 | 866.934.2713
www.mend.com

Community mental health organizations look to Mend to improve the patient experience and provide convenient access to care for everyone. The Mend approach empowers providers, staff, and patients to streamline communications through digital health solutions resulting in a better patient intake and check-in process and telehealth experience for both in-person and virtual care.



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in Clinical
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Emphasis in
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**#105 | Metropolitan State University of Denver, Dept.
of Human Services and Counseling | 890 Auraria
Parkway, Denver, CO 80204 | 303.556.5740**

<https://www.msudenver.edu/human-services-counseling/master-of-science-program>

The Master of Science in Clinical Behavioral Health, emphasis in Addictions Counseling program prepares students to work in a variety of treatment and recovery settings. Students will integrate research, skill development, education in treatment and recovery, evidence-based practices, and field work in treatment and recovery. This program meets the educational requirements one needs to pursue licensure as a Licensed Addictions Counselor (LAC) and Licensed Professional Counselor (LPC) in Colorado.



**Mile High
Behavioral
Healthcare**

**Mile High Behavioral Healthcare | 4242 Delaware St.,
Denver, CO 80216 | 303.825.8113 | www.mhbhc.org**

Since 1960, Mile High Behavioral Healthcare has empowered individuals to shape healthy, viable, complete lives. Our care is vital to those on the fringes of our community—individuals struggling to hold on and move forward. For high-risk, high-need individuals, there are significant barriers to services. We are there with life-changing care.



Netsmart

**#126 | Netsmart | 11100 Nall Ave., Overland Park,
KS 66211 | 800.842.1973 | www.ntst.com**

Netsmart is an Overland Park, Kansas-based SaaS company that designs, builds and delivers electronic health records, health information exchanges, analytics, care coordination, and telehealth solutions and services for the human services, post-acute and payer communities.



**#103 | NextGen Healthcare
*Sponsor of Golden Abacus & Golden
Light Bulb Awards***
1551 Emancipation Hwy., Suite 200,
Unit 1256, Fredericksburg, VA 22401
855.510.6398

www.nextgen.com/markets/specialties/behavioral-health

NextGen Healthcare integrates medical, dental, and behavioral health data into one record on a single platform for a comprehensive view of patient health, enabling a whole-health approach to care. Our solutions identify higher-risk patients for potential impact on quality and financial performance, simplify reporting, and enable practices to keep up with changes in regulations and compliance requirements. The results are better clinical outcomes, higher quality care, and improved clinician and patient satisfaction.



#135 | Peer Assistance Services, Inc. | 2170 S. Parker Road, Suite 229, Denver, CO, 80231 | 303.369.0039
www.peerassistanceservices.org

Peer Assistance Services, Inc. is a Colorado 501(c)(3) nonprofit agency leading with prevention and intervention for substance use and mental health concerns. Programs of PAS include: training, technical assistance and implementation support on Screening, Brief Intervention, Referral to Treatment – SBIRT, and the Mental Health Professionals Peer Health Assistance Program.



#124 | Qualifacts | 315 Deaderick St., Suite 2300, Nashville, TN 37238 | 866.386.6755
www.qualifacts.com

Qualifacts is a leading provider of behavioral health, rehabilitative, and human services software and SaaS solutions for clinical productivity, compliance and state reporting, billing, virtual care, and business intelligence. Its mission is to be an innovative and trusted technology partner, enabling exceptional outcomes for customers and those they serve.



#96 | Rocky Mountain Crisis Partners
***Sponsor of Coffee Breaks* | PO Box 460695**
720.397.2743 | www.rmcrisispartners.org

RMCP is a nonprofit organization dedicated to fostering connection, safety, and well-being in communities. Our mission is to create programs that enhance belonging and reduce isolation and loneliness, addressing factors related to suicidal ideation. We value both lived experience and clinical expertise, guided by individual insights and evidence-based practices.



#129 | Rogers Behavioral Health | 10333 E. Dry Creek Road, Suite 350, Englewood CO 80112
303.222.5300 | www.rogersbh.org/locations/denver-co

Rogers Behavioral Health in Denver provides specialized, evidence-based treatment for OCD, anxiety, depression, PTSD, and more. We offer PHP and IOP programs for children, adolescents, and adults, using proven therapies like CBT and ERP to help patients develop effective coping skills and improve daily functioning.



#104 | Rula Health | *Sponsor of Networking Reception* | 5201 Great America Pkwy., Suite 320, Santa Clara, CA 95054 | 323.205.7088
www.rula.com

Rula is on a mission to make mental healthcare work for everyone. For providers, Rula offers the flexibility of private practice, while also filling caseloads and offering the necessary behind-the-scenes support. We handle marketing, credentialing, billing, and admin tasks so providers can focus on what they do best: providing care.



#119 | Sobriety House | 121 Acoma St., Denver, CO 80223 | 720.381.4337 (intake line)
www.sobrietyhouse.org

A nonprofit drug and alcohol treatment center providing licensed residential treatment, outpatient treatment, and sober living services to men and women aged 18 and older. We specialize in supporting individuals experiencing extreme poverty or homelessness.



**#114 | Solari Inc. | 1355 S. Colorado Blvd., Suite 900,
Denver, CO 80222 | 988 | www.solari-inc.org**

Solari answers the calls for Colorados 988 Mental Health line, 24/7 Statewide Crisis line and Support line. The 988 Colorado Mental Health Line is available for free, immediate, human support 24/7. If you or someone you know is struggling with an emotional, mental health, or substance use concern, call, text, or live chat with 988 today. We're here to listen.



**#106 | Springbrook Autism Behavioral Health
1 Havenwood Lane, Travelers Rest, SC 29690
864.660.6220 | www.springbrookautismbehavioral.com**

Springbrook provides residential and acute stabilization and assessment programs for children and adolescents with Autism Spectrum Disorder. We accept all major insurances, as well as Colorado Medicaid.



**#120 | Streamline Healthcare Solutions | 1301
W. 22nd St., Suite 305, Oak Brook, IL 60523
877.467.4741 | www.streamlinehealthcare.com**

Since 2003, Streamline Healthcare Solutions has focused exclusively on behavioral health and human services. We understand people choose this work out of a deep desire to help others. We partner with our customers to build innovative solutions that empower people who improve the quality of life for those in need.



**#94 | UCHealth | Multiple Locations Throughout
Colorado | 720.848.0000
www.uchealth.org/services/behavioral-health**

UCHealth provides a full continuum of behavioral healthcare—from outpatient therapy to inpatient treatment and crisis stabilization—with both in-person and virtual options. We serve individuals of all ages with personalized, evidence-based mental health and addiction services, ensuring compassionate, effective care at every stage of recovery.



Department of Psychiatry
SCHOOL OF MEDICINE
UNIVERSITY OF COLORADO
ANSCHUTZ MEDICAL CAMPUS

**#113 | University of Colorado, School of Medicine/
Children's Hospital Colorado | 1635 Victor Street,
Aurora, CO 80045 | 303.408.4504
[https://medschool.cuanschutz.edu/psychiatry/home/
recruitment](https://medschool.cuanschutz.edu/psychiatry/home/recruitment)**

The CU Anschutz Medical Campus is a world-class medical destination at the forefront of transformative science, medicine, education, and patient care. The campus encompasses CU health professional schools, more than 60 centers and institutes, and two nationally ranked hospitals, including CHCO, that treat more than two million patients each year.



**#109 | Valley Hope | 22422 E. Mainstreet, Parker, CO
80138 | 303.672.2761 | www.valleyhope.org**

Valley Hope provides alcohol and substance abuse treatment in Colorado as well as 5 other states. Locally we offer co-ed inpatient treatment in Parker, outpatient in Centennial, and inpatient treatment for mothers with their children in Littleton. We are in network with most insurance as well as some Medicaid.



**#110 | Youth Villages | 3320 Brother Blvd., Bartlett,
TN 38133 | 877.983.6767 | www.youthvillages.org**

Every child should have the opportunity to reach for their dreams. Over 35 years, Youth Villages has worked to radically improve the lives of children across the country through an array of program models and services built around preserving and restoring families. We do what works — partner with others to expand our reach and advocate for positive, long-term change in child welfare, juvenile justice and children's mental health systems.





Colorado Community Mental Health Associates Fall 2025 Conference Schedule

CCMHA 2025

Administrative & Non-Clinical Conference

Together We Thrive: Unlocking the Power of Collaboration

September 15 - 17, 2025
Beaver Run Resort & Conference Center

Registration | 9:00am – 9:45am (*Coppertop 3*)

Monday, September 15, 2025

- 10:00am – 12:00pm From Surviving to Thriving: Cross-Cultural Collaboration
Rooted in Lived Experience | *Gemma Chacon-Acevedo, BS*
- 12:00pm – 1:00pm Lunch provided
- 1:00pm – 3:00pm Curating Collaboration in the Workplace: Uplifting Voices
Willy Sorila

Tuesday, September 16, 2025

- 8:30am – 9:00am Breakfast
- 9:00am – 12:00pm Powering Collaboration from the Ground Up | *TBD*
- 12:00pm – 1:00pm Lunch provided
- 1:00pm – 3:00pm Stronger Together: Practical Tools for Collaborative Care in
Community Mental Health | *Steven Haden, MSW, MBA, CPRP*

Wednesday, September 17, 2025

- 8:30am – 9:00am Breakfast
- 9:00am – 12:00pm Build Your Collaboration Playbook: Turning Concepts
into Daily Practices | *Vanessa Alarcón, LCSW, LAC, ACS*
www.comentalhealthassociates.org





Mile High
Behavioral
Healthcare



MILE HIGH BEHAVIORAL HEALTHCARE

Since 1960, Mile High Behavioral Healthcare has empowered individuals to shape healthy, viable, complete lives. Our care is vital to those on the fringes of our community—individuals struggling to hold on and move forward. For high-risk, high-need individuals, there are significant barriers to services. We are there for them with life-changing care.



CHECK OUT OUR SERVICES



BEHAVIORAL HEALTHCARE

At Mile High Behavioral Healthcare, we bring a caring, seamless continuum of behavioral healthcare to the most vulnerable in our community, offering affordable care and housing services with focused programs to address life challenges. We are proud to say we have served more than 250,000 individuals to date. We could not have accomplished this without consistently standing by our mission and principles to benefit our programs, our clients, and our community.



MIRACLES

The Miracles Program provides specialized residential services for pregnant women or new mothers, featuring traditional and enhanced outpatient programming. Aimed at women aged 18 and older, it emphasizes self-care and respect through classes on life skills, job readiness, parenting, healthy relationships, cooking, yoga, and quilting. These activities promote sobriety, recovery, and personal growth in a nurturing environment.



WHO WE SERVE

Programs for Veterans, Women, Men, LGBTQ2S+, Single Parent Families, Men and Women Living with HIV, Transgender and Gender-Expansive Individuals, and Youth.

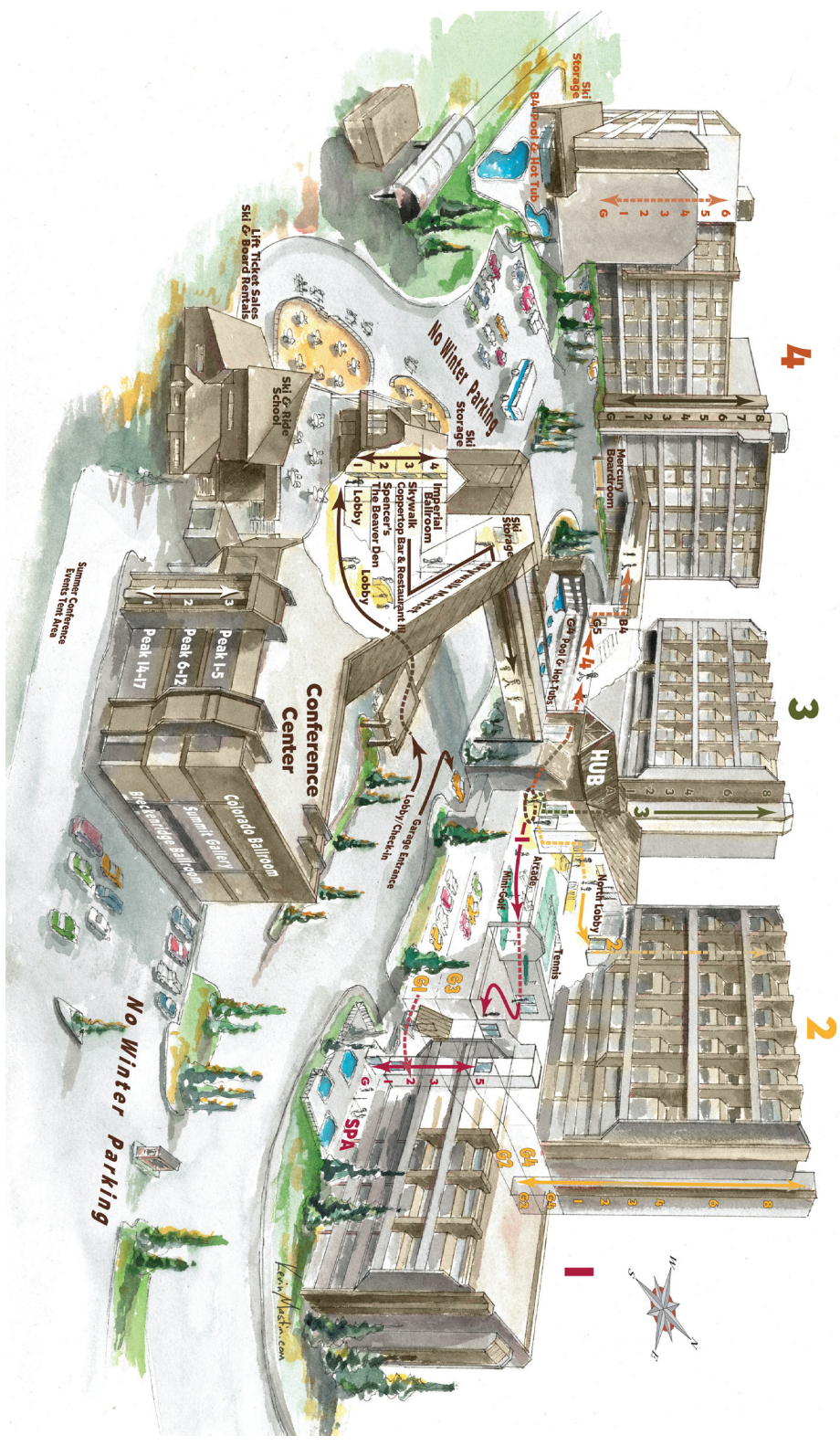


303.825.8113



www.mhbhc.org

Beaver Run Resort & Conference Center





CBHC

Colorado Behavioral
Healthcare Council

2025 Behavioral Health Training Conference

Rooted in Resilience | Transforming Together



Future CBHC Conference Dates

2026 | September 30 - October 3 (Wed-Sat)

2027 | October 5 - October 8 (Tues-Fri)

2028 | October 3 - October 6 (Tues-Fri)

Beaver Run Resort & Conference Center | Breckenridge, CO